

## A Day in the Life of Room 309 September-June

| 7:30      | Begin your day in room 207 – for morning care only  |
|-----------|---|
|           | Attendance is taken   |
|           | • Free play activities  |
| 8:35      | Children are brought outside and meet with their teachers on the playground   |
| 3:30      | Children and Day care staff meet on the playground  |
|           | • Once children are all signed in, head upstairs or to our designated outdoor play area   |
| 3:45      | Snack is served (outdoors picnic style when weather permits)  |
| 4:00-5:45 | Program activities – based on children's interests  |
|           | <ul> <li>Arts &amp; Crafts</li> <li>Outdoor Play</li> <li>Gym games</li> <li>Cooking Activities</li> <li>Team games (board game, trivia or card game challenges)</li> </ul> |
|           |   |

- 5:45-6:00 Quiet activities and tidy up
- 6:00 Home Time
- \* Children ask permission to use the washroom and always go with a partner



## A Day in the Life of Room 309 PA Days and School Breaks

| 7:30  | Families are welcomed in Room 309  |
|-------|--|
|       | Attendance is taken; hands are washed  |
|       | • Snack is available until 8:30  |
|       | • Free play and organized activities including board games, construction toys, puzzles, card games & organized activities (arts & crafts projects) |
| 9:00  | Community circle/Group activity  |
|       | • Prepare for the day's activities   |
| 10:00 | Leave for planned activity (times may vary) or get ready for   |
|       | outdoor play   |
|       | • Continue free play and organized activities (see calendar &  |
|       | program plan)  |
| 12:00 | Lunch time   |
|       | Attendance is taken  |
|       | Hand washing   |
|       | Lunch routine  |
| 12:30 | Outdoor or Gym time (weather permitting)   |
| 1:30  | Free play & organized activities (board games, construction  |
|       | toys, arts & crafts projects, etc).  |
|       | Special guest  |
| 4:00  | Return from trip & snack routine   |
|       | Community circle/ Group activity   |
|       | <ul> <li>Free play &amp; organized activities</li> </ul>   |
|       | Outside play   |
| 5:30  | Tidy up & quiet activities (board games, drawing,  |
|       | reading, etc.)   |
| 6:00  | Daycare Closes   |
|       |  |

\* Children ask permission to use the washroom and always go with a partner