

## 19th Sunday in Ordinary Time - Year B

11th August - 12th August 2018

**First Reading:** 1 Kings 19:4-8

*Strengthened by the food, he walked to the mountain of the Lord.*

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said, 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The Word of the Lord.

**Responsorial Psalm:** Ps 33:2-9

R/ Taste and see the goodness of the Lord.

**Second Reading:** Ephesians 4:30 - 5:2

*Walk in love, just as Christ.*

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The Word of the Lord.

**Gospel Acclamation:** Jn 6:51

**Alleluia, alleluia!** I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. **Alleluia!**

**Gospel:** John 6:41-51

*I am the living bread come down from heaven.*

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everyone who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.

The Gospel of the Lord.

PLEASE TAKE THE  
BULLETIN HOME



## Sacred Heart Parish Preston

322 Bell St, Preston 3072

Parish Contacts: Phone: (03) 9480 3398 Or (03) 9484 2124  
Email: preston@cam.org.au Website: www.sacredheartpreston.com.au



### 19TH SUNDAY IN ORDINARY TIME - YEAR B 11th August - 12th August 2018

#### “...Give us this day Our Daily Bread...”

Today we continue to hear the teaching from the Gospel of John which identifies Jesus as ‘The Bread of Life’ sent from God not just to some but to all humanity without exemption. Many of Jesus’ sayings that are found in John’s gospel have Jewish roots. Jesus was a Jew as were the Jewish Christians for whom this Gospel was written long after Jesus’ lifetime and after the destruction of Jerusalem, the national centre of their religious faith, rituals and pilgrimage. For Jewish people including Jewish Christians this was a time of ongoing regeneration, restoring and re-interpreting the sacred traditions of their faith in the broader Hellenistic world of diverse beliefs and philosophies.

In Jewish tradition, the Word of God and wisdom are often described in imagery related to food and specifically bread. Recalling the forty years of God’s people wandering in the desert under the leadership of Moses, “manna” (the bread from heaven) was rained down by God to physically sustain a disheartened people during years of wandering in the wilderness. It came to be a term to describe the gift of God’s life- sustaining Word expressed in the Law – the Torah – by which every devout Jew was to live and carry in their hearts. Torah was not just a code of law, Torah was a way of life rooted in timeless principles of justice, compassion and humility that guided ones living in the presence of God and each other through times of extreme tragedy, as well as times of well-being and liberation.

The story of the Manna from heaven has a parallel in the first reading of Elijah the prophet in the depths of despair being miraculously fed bread to sustain him to continue his perilous prophetic journey confident that God is with him.

In John’s Gospel, Jesus is the Word of God in the flesh, the one who makes the Father’s message of love present to among us and in the world. When he uses the imagery of the manna saying, “I am the bread of life... He is saying, “I am God’s life giving Word. To share in my life is to live in right relationship with God.

St Paul to the Ephesians spells out what sharing in Jesus’ life means for us. We are to be imitators of God as his very dear children, made in His image: never bearing grudges towards another or belittling each other; forgiving as God forgives us, never judging others until we have walked in their shoes. Rather we should walk in love because Christ has first loved us. He is the life that empowers, the Bread to be shared.



#### Office Hours:

Tuesday to Friday  
10.00am - 12.30pm

#### Acting Parish Priest:

Fr Elmer Ibarra, SVD

#### Priests in Residence:

Fr Ennio Mantovani SVD  
Fr Phuong Vu SVD, La Trobe  
University Chaplain

**Parish Office:** Cristina Agius

**School Principal:** Mark Tierney

**School Phone:** 9484 3514

**Sacrament Co-ordinator:**

Judeline Wadhvani

**Child Safety Officer:**

Judeline Wadhvani

Contact: 0490660787

judeline.wadhvani@gmail.com

**Parish Council Members:**

Catherine Zanatta (chairperson),  
Kay Dufty (secretary), Gerard  
Grant, Ophelia Swai, Anisasio  
(Pauline) Veamatahau, Mark  
Tierney, Timothy Nolan,  
Fr Jan Szweda SVD

#### Parish Mass Schedule

##### WEEKEND MASSES:

**Saturday:** 6:00pm

**Sunday:** 9:00am (Italian),  
10:30 am, 6:00 pm

##### WEEKDAY MASSES:

**Monday to Friday:** 9.10am

**Healing Mass:** 1st Thursday of  
the month at 1.30pm

##### DEVOTIONAL PRACTICES:

**Adoration of the Blessed**

**Sacrament:** Wednesday after  
9.10am Mass

**Holy Rosary:** Thursday  
(English) & Friday (Italian) after  
9.10am Mass

**Legion of Mary:** Thursday  
7.30pm, in the Presbytery

##### Reconciliation:

Weekdays: 30 minutes before  
Mass or by appointment

**Baptisms & Weddings:**

By appointment only



**Our Church - A Safe Community**  
**A Shared Commitment**

**Child Safety Documents**

At Sacred Heart Parish, we launched our Child Safety Policy and Code of Conduct documents and ensure that Child Safety is on the agenda for every Parish Council meeting.

Documents available on our website at:  
[www.sacredheartpreston.com.au](http://www.sacredheartpreston.com.au)

**Today's Reflection**

*"Get up and eat, else the journey will be too long for you!"*  
1 KINGS 19:7

Jesus knows that our stewardship journey will be difficult; we are not designed to do it on our own. Fortunately, Jesus gave us the greatest gift of all – the gift of the Eucharist; His own body and blood. When we join our sacrifices with the sacrifice of the Mass, we find the strength and courage to be His joyful disciples.

**DATES TO REMEMBER**

**Wednesday 15th August:**

Assumption of the Blessed Virgin Mary - 7.30pm

**Thursday 6th September:** Healing Mass - 1.30pm

**Sunday 16th September:**

Sacrament of First Holy Communion - 10.30am

**NEW MASS TIMES PLANNER**

A new website to find mass times and locations across the entire Archdiocese of Melbourne is available. You can find masses near you by location or language and read the latest news from *Melbourne Catholic*.

**Details:** <http://masstimes.melbournecatholic.org.au/>

**Last Week's Collection: 05/08/18**

1st Collection for our Church: \$1244.35  
2nd Collection for support of clergy: \$643.20  
*Thank you for your kind generosity!*



**SACRED HEART PRIMARY SCHOOL**

Dear Parishioners and Visitors to Sacred Heart Parish

I would like to introduce you to our parish school, Sacred Heart Primary School.

Our school population is as vibrant and diverse as the suburb it is situated in, and we honour that rich diversity by providing a learning environment that is inclusive, proactive and innovative. Our school mantra, "Our students are at the heart of everything we do", is the foundation upon which every decision is made.

For more information visit:

<http://www.shpreston.catholic.edu.au>

**Tongan Community Church Fundraiser**

Thank you to Molly and our Tongan community for organising and conducting last Saturday evening's Fundraiser. Those who came had a great night and enjoyed the entertainment provided. It was a successful event which raised \$1440 towards Church donations and \$1618.70 for the renovation of our church; a total of \$3058.70.



Thank you again to all organisers and participants.

**VOLUNTEERS NEEDED**

Can you spare an hour each week to visit a newly arrived refugee or migrant to help them learn English? There are isolated people across Melbourne who need your help to settle into their new communities in Australia. Melbourne Adult Migrant English Program (AMEP) is currently seeking volunteers. Tutors work one-on-one with students, or in small groups if you'd prefer to work as a team. Free training and support is provided and will commence in August.

**Details:** [www.melbourneamep.com.au/volunteer/](http://www.melbourneamep.com.au/volunteer/)

**Contact:** 9269 1514 or

[amepvts@melbournepolytechnic.com.au](mailto:amepvts@melbournepolytechnic.com.au)

**CATHOLICCARE SUNDAY APPEAL**

**Saturday 11 August – Sunday 12 August**

CatholicCare is holding their annual Sunday Appeal which will be celebrated in churches across the Archdiocese of Melbourne and the Diocese of Sale. This year's appeal will support the youth in our community to give them a chance at a brighter future.

**Donate:** [www.ccam.org.au/give](http://www.ccam.org.au/give)

**DOWNLOAD FLYER AT THIS LINK:** <http://www.cam.org.au/portals/0/2018/ParishUpdateFlyers/PU30/CCAMSundayAppeal.pdf>



Sacred Heart Mission helps people experiencing homelessness and disadvantage to access food, shelter, care and support. Our network of shops aims to raise funds and awareness of this work.



We would love your help in opening our new Preston Store ([311 High St](#))! We are looking for committed and fun loving volunteers to give a few hours each week.

If this could be you please call Jacob (Store Coordinator) on 0488 048 659.

**PLENARY 2020 DIALOGUE SESSIONS**



**Friday 17th August, 10.30am and 7pm.**

**St Clement of Rome Parish, 7-21 Egan Dr, Bulleen.**

St Clement of Rome, Bulleen is hosting dialogue sessions as part of Plenary 2020. Each session will incorporate prayer, reflection, and conversation as part of the discernment process to understand and respond to our individual and collective mission given to us at Baptism. All are welcome. Topic: 'Home, Safety and Walking on Water.'



**HOLY LAND AND JORDAN PILGRIMAGE 2019**

**Departing Monday 7 January 2019 for 15 days**

Fr David Cartwright, parish priest of St Fidelis', Moreland and Vocations Director, Archdiocese of Melbourne, along with Fr Benedict La Volpe OFM Conv, parish priest of St Joseph's, Springvale and Provincial Delegate, Conventual Franciscans, invite you to join them for this special pilgrimage in early 2019, which they will accompany as chaplains. Historic and significant places to be visited include Nazareth, Cana, Tiberias, the Sea of Galilee, Mount Carmel, Haifa, Mount Tabor, Bethany, Bethlehem, Jerusalem, the Garden of Gethsemane, the Wailing Wall, the Mount of Olives, Mount Zion, the Via Dolorosa, Holy Sepulchre, the Dead Sea Scrolls, and the Dead Sea in Jordan, with optional visits to the Holocaust Museum in Israel and Petra in Jordan.

**Cost:** \$5650 includes Emirates return flights from Australia

**Details:** 9830 5489 or [kathryn@oconnortravelworld.com.au](mailto:kathryn@oconnortravelworld.com.au)

**DOWNLOAD FLYER AND FULL ITINERARY AT THIS LINK:** <http://www.cam.org.au/portals/0/2018/ParishUpdateFlyers/PU24/HolyLand&JordanJan2019.pdf>



**WE PRAY FOR:**

The elderly and the sick  
*Filippo Tovoli (Friuli, Italy)*

Our loved ones who died recently

*Guido Lucietti*

Those recommended to our prayers

*Giovanni Scapin,*

*George Edward White (1st Anni.) and*

*PioVigo (6 months.)*

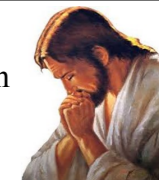
O Lord, may perpetual light shine upon them.  
May they rest in peace. Amen.



**MEDITATION ON JESUS**

John 15:4; "Remain in me, and I remain in you..."

Galatians 2:20; "No longer I who live, but Christ lives in me..."



**One Day Retreat: 9.30am - 4pm**  
Saturday 29th September

**5 day Retreat:**

August 20th-24th, 2018 (Mon. 9.30am - Fri.4pm)

Meditation on Jesus through breathing exercises and gentle postures, cleanses and heals...  
Body, mind and soul.

**Guided by Fr. Gilbert Carlo, SVD**

**At: Janssen Spirituality Centre, 22 Woodvale Rd, Boronia, Victoria 3155.**

**RSVP Tel: 03 9762 6625 or**

**Email: [enquiries@janssencentre.org](mailto:enquiries@janssencentre.org) or [gilbertcarlo@gmail.com](mailto:gilbertcarlo@gmail.com)**  
[www.janssencentre.org](http://www.janssencentre.org)



**Cleaning Roster: Saturday 18th August 2018**

**Anna/Volunteer**

Thank you for your time!



**Roster for weekend of 18th - 19th August 2018**

	Readers	Ministers
Sat 6.00pm	Terry Murphy Mary Harb	Barbara Fitzgerald Marlene Vergou
Sun 9.00am (Italian)	Fattori A. Bozzella C.	Santini G. Pavan M.
Sun 10.30am	Catherine Zanatta Ophelia Swai	Teresa Bernardini Alan Castles
Sun 6.00pm	Tim Rankin Marijana Jurjevic	Margaret Rankin