

The 2016/2017 flu vaccination is available now at Performance Pediatrics by appointment only.



As long as we have vaccine on hand, flu shots will be offered at all scheduled well exams (for established siblings, too – just be sure to call us at least a week ahead to request). We have set aside several mornings (for babies and preschoolers) and afternoons (for school-aged kids) just for flu vaccine in order to get everyone in. We are also offering appointments on the morning of Saturday, October 1. Please call 508-747-8277 weekdays between 9 am and 5 pm to schedule an appointment.

WHY VACCINATE?

There are lots of options of where to get a flu vaccine (retail urgent-care clinics, schools, churches). We don't care where our patients get their flu shot – as long as they get one! It is important that we all do everything we can to minimize our chances of getting the flu: Wash your hands frequently, or use an alcohol-based hand sanitizer, cover your mouth with a tissue, or in a pinch, your elbow when you cough or sneeze. **All patients age 6 months and older should get flu vaccination.**

TIMING

Influenza or "The Flu" is a viral illness that spreads across the world every year. Flu season in the Northeast of the United States tends to be from January to March, but occasionally will start earlier. Symptoms of the flu include fever, body ache, headache, sore throat, cough and fatigue. Our goal is to have all patients vaccinated by the end of November.

NO FLU MIST

[The CDC has concluded that the Flu Mist nasal spray is not as effective as a flu shot.](#) We will not be offering Flu Mist this year.



LIMITED SUPPLY

Unfortunately we cannot provide flu vaccine to anyone who is not a patient at Performance Pediatrics (including parents). Please contact your primary care provider to arrange to get a flu shot for other household members of your family who are not patients at Performance Pediatrics.

COST

Most insurance plans do not require patients to pay a co-pay for vaccine-only visits. For those patients who do end up owing co-pay, co-insurance or a deductible, a bill will be sent to you after your insurance plan processes the claim.