



## FUNDED TRAINING FOR JOBSEEKERS IN COUNTY DURHAM

We have been fortunate enough to secure another 2 years of (ESF Co-financed ) funding from the Skills Funding Agency via Durham County Council-Please see page 3 for details



## IMPORTANT RESUSCITATION COUNCIL UPDATES OCTOBER 2015

Every 5 years the Resuscitation Council (UK) and the International Liaison Committee on Resuscitation (ILCOR) review the latest research and evidence in resuscitation, and then release updated guidelines. This year the European Resuscitation Council (ERC) have also produced guidelines for first aid for the first time.

### Below is a summary of the changes

- ‘Shouting for help’ is no longer a step to be taught on its own. The guidelines now state that the first aider should ‘ask someone to call 999’ after checking for normal breathing.
- Increased emphasis on seizure as a possible presentation of cardiac arrest
- first aiders to activate the speaker function on their phone when calling 999 to help communication.
- Elevation and Indirect pressure points are no longer recommended for the treatment of bleeding.
- Haemostatic dressings and tourniquets are to be used when direct pressure cannot control severe bleeding
- Sucking chest wounds should be left open to the environment - Three sided dressings are no longer recommended.
- For the treatment of Asthma, first aiders should be taught how to administer an inhaler and how to use a spacer device.
- Hypoglycemia – first aiders should aim to give 15-20g of glucose(adult)-guidance for children to follow
- Oral Carbohydrate-electrolyte beverages (sports energy-rehydration drinks) now recommended for exertion related dehydration
- Burns should be cooled with water for a minimum of 10 minutes, as soon as possible-we have always advocated this-but it is nice to see it officially confirmed!

These changes will be implemented from early 2017-however we have updated our courses with immediate effect-if you have any questions regarding these changes-please get in touch

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*“First aiders should now be trained in how to administer an inhaler.” –  
UK Resus Council 2015*

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## SPOTLIGHT ON.....CHOKING



In the light of the tragic event in Hartlepool in 2015-many parents & staff have concerns over how to treat a baby or child who is choking. Our First aid courses all include practical activities around dealing with choking but we have also developed a video resource on our website to remind everyone of the important techniques in desaling with a baby , child or adult who is choking [www.fanetraining.uk](http://www.fanetraining.uk) or scan the code to go direct to the page



We hope that these will help in CPD sessions and keep staff up to date between requalification and annual updates.

### FREE SESSIONS ON DEALING WITH CHOKING

We would also like to offer a number of free training sessions for parents and carers of children in our local schools-if you would like to take advantage of this training in your school-please give us a call-(these will be 1-2 hours in duration & offered on a first come-first served basis

### Contact Us

#### Fane Ltd

Unit 12 & 13

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## First Aid Training For Children in School

This update is rapidly turning into a bit of a ‘Resus Council Edition’! The recent guidelines suggest that all school children should be taught both CPR & also use of the AED- in our opinion this is a very very positive move, developing a culture where performing CPR & therefore saving lives is embedded into the education system (from Key stage 2) should result in a significant impact on survival rates over time – we have delivered our ‘Kidsafe First Aid’ programme in local schools for a decade, we have always said-cpr is so simple even a child could do it..... & now the UK Resus Council agree!

This move comes on the back of a British Heart Foundation campaign & survey and a petition to the UK Government with 80,000 signatures.

**Simon Gillespie, BHF Chief Executive, said: “Too many lives are lost needlessly every day simply because people don’t know how to perform CPR. By making sure every young person is taught this life-saving skill, we can help more people survive a cardiac arrest and go home to their families”**



There have been a number of incidents recently where children have saved the lives of their parents, including 2yr old Riley Ward ( pictured above)who called 999 when his mother collapsed and 11yr old Josh Williamson

(also pictured above) who performed cpr on his father in Leicestershire. The above campaign was focused on training children at Key stage 3&4- but we have had considerable success with cpr training at Key Stage 2 (&

even Key Stage 1!) over the years-as far as we are concerned the earlier children are exposed to cpr training-the better! (AED training would most likely be most beneficial at Key Stage 3 & above)

Our school sessions are normally 1-2 hours in duration and cover

- What to do in an emergency
- Performing CPR on Adults & Children
- Putting a casualty into the Recovery position

We can also add in further topics such as bandaging & slings (usually very popular!), choking or any other topic you feel may be useful

The sessions are delivered in a fun & lighthearted way by our fully qualified & experienced ex-emergency services professionals (who have all been DBS checked)

If you would like more information on what we can deliver for you in school-please get in touch

***‘Josh should be an example to all children his age. By knowing about CPR he was able to give his dad the best fighting chance.’***

*– TIM HARGRAVES, EMAS TEAM LEADER, LEICESTERSHIRE AMBULANCE SERVICE(FEB 2015)*

## Funded Training for Parents & Volunteers in your school

Fane Ltd have once again been fortunate enough to secure some Skills Funding Agency funding through Durham County Council to allow us to train local jobseekers or volunteers free of charge. The funding will run until July 2017 and we can fund anyone who is

- aged 19+,
- a county durham resident
- A jobseeker or volunteer or low waged ( total household income less than £15,276)

We will be running regular funded course here in Consett, but if you have 10+ learners in your school who are interested in training we can arrange a course to be held on your premises. The course can be anything from a 3hr bespoke taster session to an 8 day Health & Social Care Course & anything in between!- please see our website [www.fanetraining.uk](http://www.fanetraining.uk) for more details or scan the code





## Courses in Derwentside 2016

Please call (01207) 693828 or email [mike.green@fane.org.uk](mailto:mike.green@fane.org.uk) to book

Course	Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sept	Oct	Nov	Dec	Fee
<b>First Aid at Work</b> Meets requirements of the Health and Safety (First-Aid) Regulations 1981 as amended & follows HSE Syllabus ( 18 hours over 3 days)	13 <sup>th</sup> 14 <sup>th</sup> & 15 <sup>th</sup>	10 <sup>th</sup> 17 <sup>th</sup> & 24 <sup>th</sup>	9 <sup>th</sup> 16 <sup>th</sup> & 23 <sup>rd</sup>	26 <sup>th</sup> 27 <sup>th</sup> & 28 <sup>th</sup>	12 <sup>th</sup> 19 <sup>th</sup> & 26 <sup>th</sup>	20 <sup>th</sup> 21 <sup>st</sup> & 22 <sup>nd</sup>	13 <sup>th</sup> 14 <sup>th</sup> &15 <sup>th</sup>	-	14 <sup>th</sup> 21 <sup>st</sup> & 28 <sup>th</sup>	14 <sup>th</sup> 21 <sup>st</sup> & 28 <sup>th</sup>	16 <sup>th</sup> 23 <sup>rd</sup> & 30 <sup>th</sup>	13 <sup>th</sup> 14 <sup>th</sup> & 15 <sup>th</sup>	£115 ex vat
<b>First Aid at Work Requalification</b> Meets requirements of the Health and Safety (First-Aid) Regulations 1981 as amended & follows HSE Syllabus ( 12 hours over 2 days )	22 <sup>nd</sup> & 29 <sup>th</sup>	-	17 <sup>th</sup> & 18 <sup>th</sup>	-	18 <sup>th</sup> & 25 <sup>th</sup>	-	7 <sup>th</sup> & 8 <sup>th</sup>	-	13 <sup>th</sup> & 20 <sup>th</sup>	-	17 <sup>th</sup> & 24 <sup>th</sup>	-	£75 ex vat
<b>Quaisafe Paediatric First Aid Level 3</b> ( 12hrs over 2 days, Nationally Recognised (QCF)-Meets OFSTED requirements)	12 <sup>th</sup> & 19 <sup>th</sup>	25 <sup>th</sup> & 26 <sup>th</sup>	8 <sup>th</sup> & 15 <sup>th</sup>	14 <sup>th</sup> & 15 <sup>th</sup>	20 <sup>th</sup> & 27 <sup>th</sup>	10 <sup>th</sup> & 17 <sup>th</sup>	11 <sup>th</sup> & 18 <sup>th</sup>	15 <sup>th</sup> & 22 <sup>nd</sup>	8 <sup>th</sup> & 15 <sup>th</sup>	12 <sup>th</sup> & 13 <sup>th</sup>	15 <sup>th</sup> & 22 <sup>nd</sup>	6 <sup>th</sup> & 7 <sup>th</sup>	£75 ex vat
<b>Emergency First Aid at Work</b> Meets requirements of the Health and Safety (First-Aid) Regulations 1981 as amended & follows HSE Syllabus (6 hours)	27 <sup>th</sup>	19 <sup>th</sup>	14 <sup>th</sup>	29 <sup>th</sup>	17 <sup>th</sup>	16 <sup>th</sup>	5 <sup>th</sup>	23 <sup>rd</sup>	26 <sup>th</sup>	25 <sup>th</sup>	21 <sup>st</sup>	16 <sup>th</sup>	£45 ex vat
<b>CIEH Approved Food Safety in Catering Level 2 Award QCF (6 hours)</b>	18 <sup>th</sup>	23 <sup>rd</sup>	22 <sup>nd</sup>	21 <sup>st</sup>	24 <sup>th</sup>	23 <sup>rd</sup>	20 <sup>th</sup>	24 <sup>th</sup>	27 <sup>th</sup>	27 <sup>th</sup>	29 <sup>th</sup>	12 <sup>th</sup>	£45 ex vat
<b>Handling and Moving(People) (6 hours)</b>	20 <sup>th</sup>	22 <sup>nd</sup>	21 <sup>st</sup>	18 <sup>th</sup>	23 <sup>rd</sup>	28 <sup>th</sup>	21 <sup>st</sup>	18 <sup>th</sup>	22 <sup>nd</sup>	26 <sup>th</sup>	25 <sup>th</sup>	5 <sup>th</sup>	£55 ex vat
<b>Annual CPR Update (3hrs) AM or PM</b>	-	9 <sup>th</sup>	-	13 <sup>th</sup>	-	24 <sup>th</sup>	-	16 <sup>th</sup>	-	11 <sup>th</sup>	-	9 <sup>th</sup>	£15 ex vat
<b>CIEH Approved Health &amp; Safety in The Workplace Level 2 Award QCF(6hrs)</b>	11 <sup>th</sup>	-	-	20 <sup>th</sup>	-	-	6 <sup>th</sup>	-	19 <sup>th</sup>	-	8 <sup>th</sup>	-	£45 ex vat
<b>Automated External Defibrillator (AED) 3hrs</b>	21 <sup>st</sup>	-	-	19 <sup>th</sup>	-	-	9 <sup>th</sup>	-	23 <sup>rd</sup>	-	10 <sup>th</sup>	-	£45 ex vat
<b>Fire Safety Awareness (3hrs)</b>	26 <sup>th</sup>	-	-	25 <sup>th</sup>	-	-	12 <sup>th</sup>	-	12 <sup>th</sup>	-	9 <sup>th</sup>	-	£15 ex vat