

# Welcome to VIP Babies

## Toddler Packing List



Just when you get used to the routine and procedures in the baby room, your child gets promoted at daycare to our toddler room. Along with this promotion comes a new list of all of the things your child needs each day. Use this toddler packing list to make the transition easier for both you and your child.

### The Necessities

- **Diapers, Pull-ups and underwear** - depending upon the age of your toddler, you may be supplying one or more of these essential items. If your child is still in diapers, you will probably be asked to send in a case of diapers at a time. Anticipate that your toddler will require 6-8 diapers per day and plan accordingly. Cloth Diapers are not allowed. If your child is potty training, provide the same number of Velcro Pull-ups as diapers because many are wasted as part of the training process. When it comes to underwear, keep in mind that accidents happen. Send two pair of underwear for each extra outfit you send.
- **Wipes** - As your child gets older, wipes will be used for more than just diaper changes. Provide a full container initially and a refill package weekly. The portable container you will include in your diaper bag can be used as a back-up supply if necessary.
- **Diaper Rash Cream or Ointment** - Labeled with your child's name, in its original container and a **consent letter from a parent** allowing VIP Day Care Center the use of same.
- **Pacifiers** - young toddlers may still be using a pacifier. Send a supply of three to four to daycare in a labeled resealable plastic bag. Toddlers have a tendency to lose pacifiers. You wouldn't want your child to need one for comfort and not have it.
- **Sheets and blankets** - Please provide 2 fresh fitted crib sheets and 2 thin receiving blankets. Remember that accidents frequently happen during nap time. It's good to be on the safe side.

### Clothing

- **Extra Outfits** - send two to three extra outfits to be stored in your child's cubby. You may actually find that your toddler goes through more clothing changes per day than as a baby. Pack **each outfit** in an individual re-sealable plastic bag with your child's name on it. These bags can then be used to send home dirty or wet clothes. Be sure to include extra socks and extra underwear as well.

- **Bibs** - keep four or five bibs at daycare. Toddlers begin learning to feed themselves, which is a very messy process. Most toddler bibs can only be used once before needing to be laundered. Label with your child's name and place in a re-sealable plastic bag.
- **Things will get lost** - you'll be less stressed if you acknowledge this and simply don't send anything to daycare that can't be easily replaced.

## Food

VIP Daycare Center requires parents to provide drinks, snacks and lunch on a daily basis.

- **Bottles** – if your child is still taking bottles, send enough bottles w/covers for the time your child is scheduled to be at daycare plus one extra in the event of an emergency or if you are running late. If your baby drinks formula, send it pre-measured in each bottle. If you use powdered formula, your daycare provider will simply need to add water at feeding time. If you are sending breast milk, VIP Babies requires that you send thawed and prepared bottles each day, we do offer a freezer and will allow you to send in 1 **clearly identified frozen bag** including extraction date, as a back-up. Bottle warmers are provided by this Center.
- VIP Babies will quick-wash your child's bottles with dishwashing soap, water & a round brush, the used bottles & nipples returning home **must be properly washed before use.**
- **Breastfeeding-** VIP Babies encourages mothers who are able, to come in for breastfeeding.
- **Cereal** - if your child likes to munch on cereal, send in pre-measured portions on a daily basis, use small plastic containers with screw-on lids (both marked with child's name) to avoid messes while in transit.
- **Home-made food** - you must send it in daily in microwavable plastic container with a screw-on lid, both the bowl & lid should be marked with your child's name. The food must be "heat & serve" ready.
- **Other Bowls and spoon** – are provided by this Program.
- **Drinks** - Our centers provide 1% milk & water on demand or as specified by the parent & up to 4oz of 100% Apple Juice, at lunch time, a parent may refuse the serving of juice with a written note.
- **Sippy Cups** – send daily at least two at daycare clearly labeled with your child's name.
- **Finger foods** - you are encouraged to send finger foods so that your child can feed himself. In addition to some of the lunch and snack finger food suggestions listed below, consider sending cheerios and/or a banana. Most toddlers love these two options.
- **Lunch suggestions:** *lunch meat (turkey or ham) and cheese slices rolled together, macaroni and cheese, pasta, mini-bagels with cream cheese or jelly, crackers, sliced fruit, canned green beans, yogurt or applesauce.* VIP Daycare does accommodate the refrigeration of individual lunches & Snacks.
- **Snacks** - depending upon the age of your toddler, send snacks such as: *gold fish crackers, dry cereal, cheese slices, applesauce, yogurt, sliced fruit, or any combination of the above.*
- **Medicines and Other Sundries**
- **Medicines – VIP Daycare DOES NOT ADMINISTER MEDICINE.** A "**Medicine Consent Form**" is found in your Registration Package for you to sign, allowing a trusted adult to give your child medicine
- Label each individual medicine with your child's name.
- Teething ointment (Parent must provide a Consent letter, allowing the use of Teething Ointment).

- **Sunscreen**- since your toddler is likely to be outside once or twice per day, apply sun screen to your child as part of your morning routine and then be sure to keep some in your diaper bag so it can be reapplied throughout the day as necessary.

- 

### **It's the Little Things...**

- **Large t-shirt or smock** - as your toddler gets older, art projects will come into play. While this may become your child's favorite time of day, the addition of crafts will increase the mess. Send a large t-shirt or paint smock that your child can wear to protect clothes during art time.
- **Involve your child** - as your child gets older, make repacking the daycare bag or making lunches something the two of you do together each evening. It's never too early to begin teaching your child some basic organizational skills.

This daycare packing list will help make sure both of your mornings start well.

**Time**- Please allow an extra 5 minutes each morning & again at pick-up to touch base with our Staff, It is important for us to discuss basic needs such as: a rough night, not feeling well, or the last time he or she ate.

**Coming Soon: Daily Parent Notification email** - On a daily basis (3:30pm), you will receive a text informing of the day's essential activities: Food, Nap, Potty & Mood. This written "Daily Report" service, provides Center/Parent communication and peace of mind, you will know how the day is going or may serve as an option for an early pick-up need.

We feel this service, save both the Parent & our Staff, time spent on countless phone conversations, allowing our Team to provide VIP quality service to all the children under our care.

