

AZDT Heavy Metal Meet January 2018

Scottsdale, AZ

1/27/2018

Shot Put

| | | |
|-----|----------------------|-------|
| M45 | Mark Landa | 13.67 |
| M50 | John Ryer | 11.80 |
| | David Bickel | 10.57 |
| M55 | Jim Biondolillo | 9.13 |
| M75 | Bob Osterhoudt | 9.20 |
| M80 | Phil Shipp | 11.94 |
| W40 | Angela Herzner | 14.08 |
| W55 | Kathleen Biondolillo | 6.87 |
| W60 | Carole Jackson | 6.16 |

Weight Throw

| | | |
|-----|----------------------|-------|
| M45 | Mark Landa | 16.72 |
| M50 | John Ryer | 16.61 |
| | David Bickel | 16.09 |
| M55 | Michael Gold | 11.22 |
| | Jim Biondolillo | 11.21 |
| M65 | Tim Muller | 14.99 |
| M75 | Bob Osterhoudt | 13.42 |
| M80 | Phil Shipp | 12.63 |
| W30 | Sara Shisslak | 13.68 |
| W40 | Angela Herzner | 13.63 |
| W55 | Kathleen Biondolillo | 8.27 |
| W60 | Carole Jackson | 8.48 |

Super Weight Throw

| | | |
|-----|----------------------|-------|
| M45 | Mark Landa | 11.40 |
| M50 | David Bickel | 7.94 |
| | John Ryer | 7.58 |
| M55 | Jim Biondolillo | 5.57 |
| M65 | Tim Muller | 7.42 |
| M75 | Bob Osterhoudt | 5.73 |
| M80 | Phil Shipp | 7.19 |
| W30 | Sara Shisslak | 8.04 |
| W40 | Angela Herzner | 8.30 |
| W55 | Kathleen Biondolillo | 4.52 |
| W60 | Carole Jackson | 5.11 |

| Age | Name | Total | PI | Weight | WT Points | Super Weight | SWT Points | Ultra 1 | Ultra 1 Points | Ultra 2 | Ultra 2 Points | Ultra 3 | Ultra 3 Points |
|-----|----------------------|-------|----|--------|-----------|--------------|------------|---------|----------------|---------|----------------|---------|----------------|
| M45 | Mark Landa | 4905 | 1 | 16.72 | 997 | 11.40 | 1101 | 5.41 | 1087 | 2.60 | 871 | 1.67 | 849 |
| M51 | David Bickel | 3424 | 1 | 16.09 | 842 | 7.94 | 794 | 3.50 | 719 | 1.66 | 563 | 1.00 | 506 |
| M50 | John Ryer | 2750 | 2 | 16.61 | 874 | F | F | 3.79 | 789 | 1.78 | 611 | 0.95 | 476 |
| M56 | Jim Biondolillo | 3185 | 1 | 10.99 | 583 | 5.52 | 570 | 3.34 | 749 | 1.80 | 683 | 1.06 | 600 |
| M67 | Tim Muller | 3933 | 1 | 14.99 | 833 | 7.42 | 715 | 5.77 | 711 | 3.51 | 935 | 1.67 | 739 |
| M75 | Bob Osterhoudt | 2699 | 1 | 13.05 | 794 | 5.73 | 514 | 4.67 | 526 | 3.51 | 502 | 1.30 | 363 |
| M82 | Phil Shipp | 3097 | 1 | 12.49 | 809 | 7.04 | 610 | 5.36 | 553 | 4.19 | 537 | 3.53 | 588 |
| W33 | Sara Shisslak | 3142 | 1 | 13.08 | 820 | 7.49 | 658 | 4.83 | 509 | 3.99 | 540 | 2.16 | 615 |
| W43 | Angela Herzner | 4608 | 1 | 13.44 | 859 | 7.83 | 846 | 6.76 | 929 | 5.77 | 1020 | 2.65 | 954 |
| W58 | Kathleen Biondolillo | 2807 | 1 | 8.27 | 534 | 4.52 | 419 | 4.07 | 537 | 3.62 | 613 | 3.20 | 704 |
| W63 | Carole Jackson | 2256 | 1 | 7.63 | 446 | 5.11 | 419 | 4.05 | 414 | 3.30 | 470 | 2.80 | 507 |