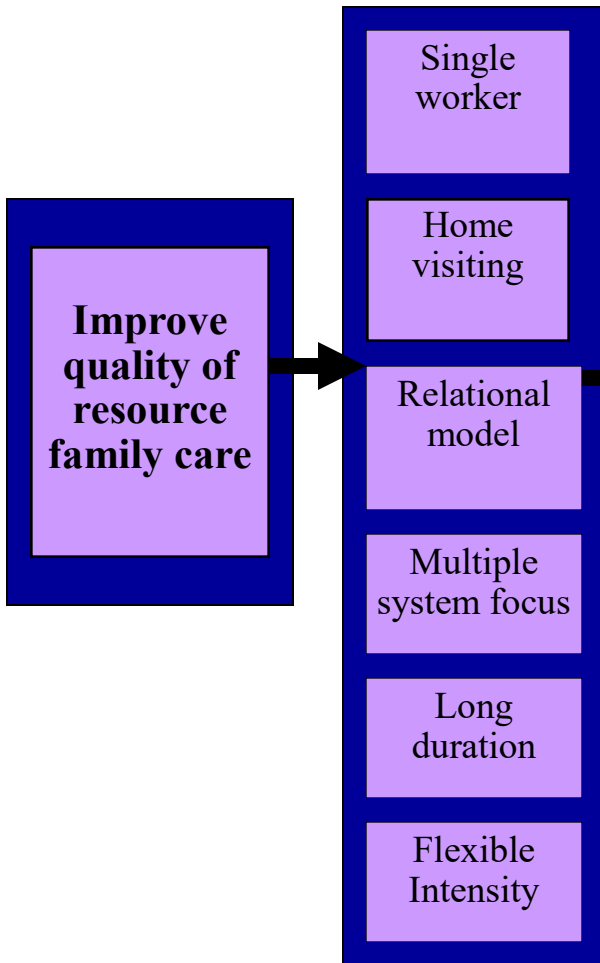


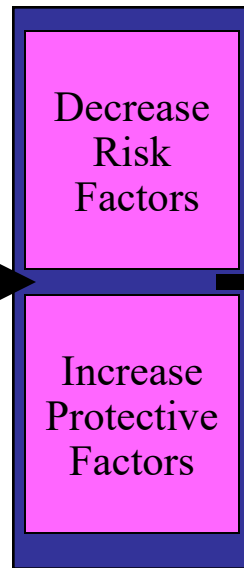
Strengthening Resource Families

A Program of Resilience

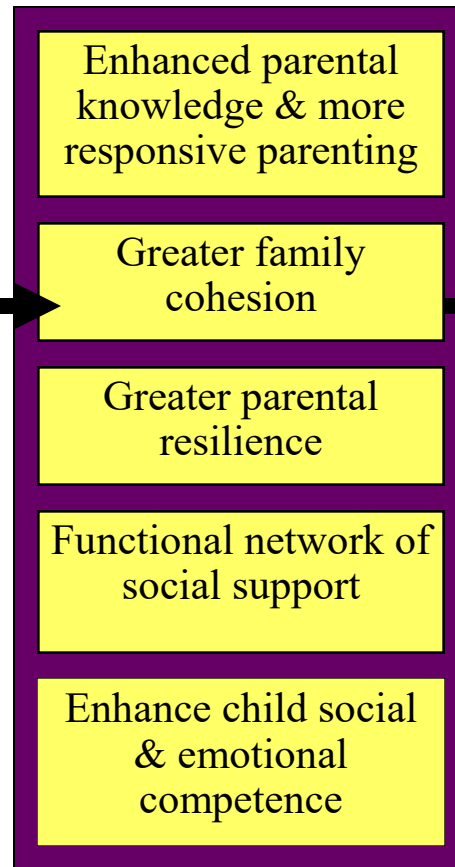
Key Program Components



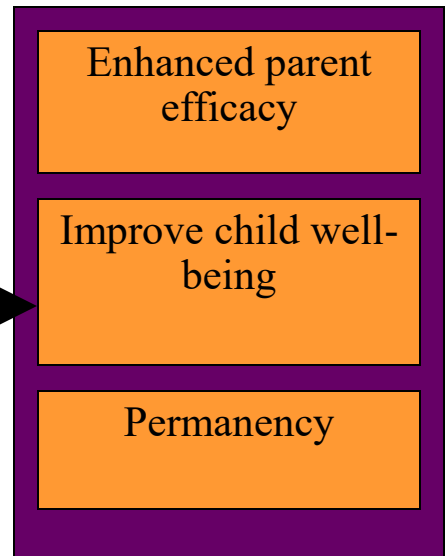
Targets



Proximal (Short-Term) Outcomes



Distal (Long-Term) Outcomes



Program Components

A clinical coach meets in the home or community with caregivers as frequently as needed to accomplish goals. Services are provided until permanency is achieved or risk of disruption has been reduced.

Interventions

Specific strategies and techniques are selected & tailored after careful assessment. Interventions are carefully monitored for effectiveness and modified as needed. Listed below are a sample of possible strategies.

Targeted Risk and Protective Factors

Risk factors, which increase the likelihood outcomes are targeted for a decrease. Protective factors, which exert a positive influence and buffer against negative outcomes, are targeted for an increase.

Proximal Outcomes

Outcomes impacted by the program immediately following program completion.

Distal Outcomes

Outcomes impacted by the program from months to years following program completion.

Individual Interventions

GOAL: Enhance parental knowledge, skill, and resilience to improve parental responses.

Psychoeducation

Co-regulation

Parent self regulation

Family Interventions

GOAL: Improve family functioning and empower caregivers to address youth problems across ecologies.

Social Emotional Training

Co-Parenting Interventions

Sensory Interventions

Intervene in Community Ecology

GOAL: Improve integration of relationships for adults in the child's life; improve family connections with informal supports; improve cohesion in the formal support team

Build social supports & resources

Facilitating team discussions around best interests

Targeted Risk Factors

Child Characteristics

- Trauma
- Challenges to attachment
- Behavioral health challenges

Parent-Child Interactions

- Poor affective relations between youth and caregivers

Family Cohesion

- Poor sibling interactions
- Marital distress

Service Issues

- Lack of adoption competent behavioral health
- Overwhelming quantity of providers

Parental Adjustment

- Unrealistic expectations

Targeted Protective Factors

- Parental Resilience
- Parenting Knowledge
- Social Support Network
- Attachment & Nurturance
- Emotional & social competence of children

More Responsive Parenting

- Increase in use of relational parenting strategies
- Decrease in rigid parenting practices
- Commitment to permanency

Greater Family Cohesion

- Improved family functioning
- Decreased family discord
- Enhanced child attachment & parental reinforcement

Greater Parental Knowledge & Resilience

- Improved parental competence
- Improved self-regulation
- Decrease in stress

Functional Social Support

- Increase extended family cohesion, adaptability, and supportiveness

Improve emotional competence of children

- Expand emotional vocabulary
- Improve emotional regulation
- Improve distress tolerance and expression of emotions
- Decrease anger and oppositional behavior

Improve social competence of children

- Enhance feelings of safety in relationships
- Improve behavioral responses

Enhanced Parent Efficacy

- Improved parental competence
- Improved parental satisfaction
- Strengthened parent child relationship

Improved child well-being

- Improved resiliency
- Increased mood stability
- Positive social relationships

Move children to the highest level of permanency

- Increase integration among adults in child's life, preserving relationships for children
- Decrease adoption disruptions and dissolutions