

March 2017 Central Connections, 3907 Central Ave, Middletown, OH 45044 / 513.423.1734 / Lunch served 11:30 AM–1:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
 	Suggested Donation = \$4	Chili Spaghetti Oyster Crackers Toss Salad Pineapple	Cabbage Rolls Mashed Potatoes Peas Apple Cornbread	Chicken and Dumplings Mixed Vegetables Fruit Cocktail Biscuit
6	7	8	9	10
Chicken Alfredo over Pasta Cucumber and Tomato Salad Garlic Roasted Broccoli Breadstick	Tomato Soup Grilled Cheese Onion Rings Peaches	Taco Salad Rice Lettuce and Tomato Marinated Mushrooms Fruit	Hearty Chicken and Noodles Mixed Vegetables Apricots Roll	Fish Sandwich with Cheese Potato Wedges Waldorf Salad
13	14	15	16	17
Beef Stroganoff Noodles Buttered Carrots Fruit Cornbread	Cider Baked Ham Roasted Garden Vegetables Mashed Potatoes and Gravy Roll	Chicken a la King over Biscuit Mixed Vegetables Mixed Fruit	Hearty Brisket Chili Toss Salad Fruit Blend Cornbread	Rib Tips with BBQ Sauce Potato Wedges Cole Slaw Bread and Butter
				
20	21	22	23	24
Liver and Onions Fried Potatoes Carrots Roll	Sliced Turkey and Gravy Stuffing Mashed Potatoes Broccoli au Gratin Roll	Autumn Pork Chop Ginger Squash and Carrots Oven Roasted Potatoes Biscuit	Sausage Gravy over Biscuit Hashbrowns Peaches Sausage	Chicken Pot Pie over Biscuit Capri Vegetables Baked Apples
				
27	28	29	30	31
Goulash/Johnny Marzetti Asparagus Vegetable Salad Dinner Roll	Grilled Chicken Seasoned Diced Potatoes Vegetable Fruit Roll	Sloppy Joes Baked Beans Broccoli Fruit	Double Cheeseburger Lettuce Curly Fries Tropical Fruit Blend	BLT on Croissant Kettle Chips Fried Green Beans

