

101 Ways to Praise a Child

WOW • Way To Go • Super • You're Special • Outstanding • Excellent • Great • Good • Neat • Well Done • Remarkable • I Knew You Could Do It • I'm Proud Of You • Fantastic • Super Star • Nice Work • Looking Good • You're On Top Of It • Beautiful • Now You're Flying • You're Catching On • Now You've Got It • You're Incredible • Bravo • You're Fantastic • Hooray For You • You're On Target • You're On Your Way • How Nice • How Smart • Good Job • That's Incredible • Hot Dog • Dynamite • You're Beautiful • You're Unique • Nothing Can Stop You Now • Good For You • I Like You • You're A Winner • Remarkable Job • Beautiful Work • Spectacular • You're Darling • You're Spectacular • You're Precious • Exceptional Performance • Great Discovery • You've Discovered The Secret • You Figured It Out • Creative Job • Super Job • Fantastic Job • You Are A Real Trooper • You Are Responsible • You Are Exciting • Terrific Job • You Learned It Right • Bingo • Magnificent • Terrific • Hip, Hip Hooray • You're Important • Marvelous • You're Sensational • Phenomenal • Super Work • What An Imagination • What A Good Listener • You Are Fun • You Are Growing Up • You Tried Hard • You Care • Beautiful Sharing • Outstanding Performance • You're A Good Friend • I Trust You • You're Important • You Mean A Lot To Me • You Make Me Happy • You've Got A Friend • Awesome • You Belong • You Make Me Laugh • You Brighten My Day • You Mean The World To Me • I Respect You • That's Correct • You're A Joy • You're A Treasure • You're Wonderful • You're Perfect • A+ Job • You're A-OK My Buddy • You Made My Day • That's The Best • A Big Hug • A Big Kiss • Say I Love You •

P.S. Remember, A Smile Is Worth 1,000 Words!

Conscious Discipline

Conscious Discipline® is an emotional intelligence program consisting of Brain Smart® strategies for responding rather than reacting to life events. Through responding, conflict moments are transformed into cooperative learning opportunities.
www.consciousdiscipline.com



Voices of Kindness

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Voices of Kindness

Harmonizing Together
Through Encouragement,
Collaboration, and Love!

Voices of Kindness is an organization designed to help families, children, and educators by offering enrichment and educational activities and services through music and techniques and teachings by Conscious Discipline. Conscious Discipline is a "comprehensive social and emotional intelligence classroom management program that empowers both adults and children. Based on current brain research, child development information and developmentally appropriate practices, the goal of the program is to provide systematic changes in schools and homes by fostering the emotional intelligence of adults first and children second." Conscious Discipline (CD) is a journey requiring an open mind and an open heart. The journey starts by learning the 7 Powers of Self-Control which shift your focus from blame to solutions, from punishment to teaching and from fear to love.

At Voices of Kindness we strongly encourage and reinforce self-esteem, self-control and self-respect as well as implementing many quality activities that positively influence growth in a child's physical, mental, emotional and social skills with caring and dedicated staff members. We understand the emotional needs and demands of all our children, as well as the needs and expectations from adults. We believe in providing the foundation necessary to help build confidence in the growing abilities of each individual child. Communication between parents, families, and the child's teacher and teacher assistant are a key part to learning.

Mission

It is the mission and goal at Voices of Kindness to provide each child and their caregivers with a safe and loving environment and the tools to create routines and rituals to connect with one another and learn through music and foundational skills developed by Conscious Discipline. We strongly encourage and reinforce self-esteem, self-control and self-respect, while also implementing many quality activities that positively influence growth in your child's physical, mental, emotional and social skills. It is our aspiration at Voices of Kindness to allow each child to become creative, independent, responsible, self-directed individuals who can make decision for themselves and become self-sufficient and motivated learners. At Voices of Kindness we understand that young children learn by actual contact with real objects, events, and people. Play activities are essential to healthy development. Play is a vital communication skill for children. It provides the tools and the surroundings to help children express themselves. Playing and engaging children, modeling language, and providing opportunities that give them positive interaction between a caregiver and them self will help stimulate learning. Children benefit academically and socially by having the opportunity to build relationships with their peers and caregivers. Our model is based on routines, structure, and positive developmental skills to support self-regulation and social-emotional learning. At Voices of Kindness we are setting the foundation for further growth and learning development for our individual students and their families. We welcome you to the Voices of Kindness Family.

The 7 Skills of Conscious Discipline & the Values They Teach

1. **Composure** - living the values you want your child to develop.
This teaches: INTEGRITY
2. **Assertiveness** - saying no and being heard.
This teaches: RESPECT
3. **Choices** - exercising free will.
This teaches: COMMITMENT
4. **Encouragement** - honoring your children so they can honor you.
This teaches: INTERDEPENDENCE
5. **Positive Intent** - turning resistance into cooperation.
This teaches: COOPERATION
6. **Empathy** - handling the fuss and fits.
This teaches: COMPASSION
7. **Consequences** - Helping children learn from mistakes.
This teaches: RESPONSIBILITY



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