

Stephenson Nursing Center is proud of the gains our residents make with our comprehensive rehab approach, which includes input from nursing, rehab, physicians, residents and families.

We are committed to the latest and most advanced technologies and treatment modalities available. Our goal is to treat our residents in a way that they achieve their best level possible, as efficiently and quickly as possible.

This is why we have partnered with Infinity Rehab—they share our passion for patient outcomes. Come see our spacious, newly equipped, therapy department, designed to provide the latest in therapy services.

Stephenson Nursing Center

Stephenson Nursing Center
2946 S. Walnut
Freeport, IL 61032
Phone: 815-235-6173



Stephenson Nursing Center

We look forward to working together with you and your loved one to equip them to resume living their life to the fullest. For more information please give us a call today at 815.235.6173.

Therapy services provided by:



**The Rehab
Difference . . .**

**That Makes A
Difference
In Your Life!**

Stephenson Nursing Center



What Can Stephenson Nursing Center Offer You?

Physical Therapy
Occupational Therapy
Speech Language Pathology
Restorative Nursing

Therapy services provided by:



When Can Physical, Occupational and Speech Therapy Help?

Physical Therapists (PTs) are experts in restoring lost movement and function that resulted from an injury or illness. PTs work with our residents on:

- Basic mobility, like getting in and out of bed
- Balance and fall-risk reduction
- Walking and wheelchair mobility
- Strength and restoring lost movement
- Exercise treatment plans

Occupational Therapists (OTs) help correct or compensate problems with Activities of Daily Living (ADL) that resulted from an illness or injury. OTs work with our residents on:

- Mobility needed for functional tasks like kitchen activities or dressing
- Muscle strength and joint range of motion to be able to regain self care ability
- Logical thought processes for movement and activity planning, sensation, vision
- Dressing, grooming, hygiene, meal preparations, other household tasks

Speech Language Pathologists (SLPs) help our residents who have communication disorders resulting from illness or injury. SLPs work with our residents on:

- Language ability and cognitive retraining
- Alternative communication strategies
- Swallowing ability and diet textures to prevent aspiration

Restorative Nursing is an approach to assist residents to regain skills in basic Activities of Daily Living (ADL). This program offers:

- Self feeding Program
- Group exercise classes
- Exercise programs

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Interested in more information?
Call us today at 815.235.6173