

Camp Registration Form

Athlete's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

DOB: _____ Age: _____

Parent/Guardian Name: _____

Phone: _____

Email Address: _____

Health Insurance Co: _____

Ins. Co. Member No.: _____

Allergies: _____

Previous Injuries / Health Status: _____

In case of Emergency, Please notify:

Name: _____

Phone: _____

The undersigned, being a parent or legal guardian of this camper, understands and accepts that injury is possible while participating in the sport of gymnastics. I authorize the directors to act for me according to their best judgment in any emergency requiring medical attention.

Parent or Guardian Signature: _____

Date: _____

CAMP PRICING:
\$175

Payment: Venmo or CashApp

Venmo: @TerpsGymnastics

CashApp: \$TerpsGymnastics

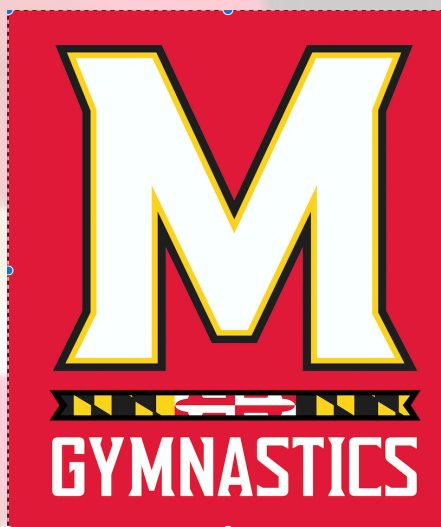


For All Levels

Beginner – Level 10, Elite

Ages 7-18

Friday, December 31st, 2021



Skill Questionnaire

Athlete's Name: _____

Club Name: _____

Club Email: _____

Current Level: _____

of years at that level: _____

Grade (2021–2022 Academic Year): _____

Skills You Have Competed:

Vault: _____

Bars: _____

Beam: _____

Floor: _____

Skills You Are Training:

Vault: _____

Bars: _____

Beam: _____

Floor: _____

EMAIL THIS PAGE TO
JIFERR@UMD.EDU AND SEND
PAYMENT VIA VENMO OR
CASHAPP TO COMPLETE YOUR
REGISTRATION!

Camp WILL fill, so get your
Registration in ASAP!

What to Bring

*Any Gymnastics apparel you will
need - leotards, grips, tape, tiger
paws, etc.

*Lunch and a Snack

*Water Bottle

Daily Schedule

9am-10am - Check in

10am-1:10pm - Warm-up & Session 1

1:10pm - 1:45pm - Lunch

1:45pm-4pm - Warm-up & Session 2

4pm - Camp Closure and Dismissal

Camp Pricing: \$175

Payments made via Venmo or
CashApp

Venmo: @TerpsGymnastics

CashApp: \$TerpsGymnastics



MARYLAND

GYMNASTICS

WINTER WORKOUT

Please contact JJ Ferreira if you have
any questions at jjferr@umd.edu

OR

visit us on the web at

www.marylandgymnasticscamps.com

or www.umterps.com

The University of Maryland Gymnastics
Program is proud to offer a one-day
clinic for either competitive or
recreational gymnasts ages 7 and up in
the Maryland Gymnastics Training
Facility (in the School of Public Health).
This clinic is designed to teach campers
the fundamentals of gymnastics and the
clinics goal is to meet the needs of each
individual gymnast. Rotations of vault,
bars, beam, floor, trampoline, strength,
dance and flexibility will be included.
The University of Maryland coaching
staff and current members of the
gymnastics team will provide
instruction.

Open to any and all entrants ages 7-18

**All Participants will receive a
Maryland Gymnastics Sack Pack!**

Local Hotels

The Hotel at the University of MD
7777 Baltimore Ave.
College Park, MD 20740

Cambria Hotel College Park
8321 Baltimore Ave
College Park, MD 20740

College Park Marriott Inn and
Conference Center
3501 University Blvd. E
Hyattsville, MD 20783

Parking for the clinic

*The University of Maryland is in
Winter Break during the clinic, so
parking is open and free!

*Good options for parking are the
Xfinity Center Lot 9B, or any open
meters available on Valley Dr.

Directions to the Gym

*The best option for directions is to
search "School of Public Health" in
College Park, MD on Google Maps,
Apple Maps, or Waze!

*If you plan on parking at the Xfinity
Center, search for "Xfinity Center" in
College Park, MD in any direction
map. When parked, you can search
for "School of Public Health" and
head to the building! Any entrance
will work, just find yourself to the 1st
floor (there are entrances at Ground,
1st, and 2nd floors). Look for the
gymnastics gym, you can't miss it!