



Kiddos Academy

September 24th to September 28th



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30 8:30	<ul style="list-style-type: none"> ✓ Scrambled Eggs & Ground Beef ✓ WG Bread ✓ Pears ✓ Milk 	<ul style="list-style-type: none"> ✓ Kellogg's Frosted Mini-Wheats ✓ berries ✓ Milk 	<ul style="list-style-type: none"> ✓ Laughing Cow Wedge Cheese on Whole Wheat Flatbread ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Grits & Honey ✓ Buttered Whole Wheat Bread ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Waffles & Berries ✓ Banana ✓ Milk
Lunch 11:00 11:30	<ul style="list-style-type: none"> ✓ Chicken Fajita ✓ Refried Beans ✓ WG Tortillas ✓ Peach ✓ Milk 	<ul style="list-style-type: none"> ✓ Steak & Cheese Chimichangas ✓ Tater Tots ✓ WG Rice with Black Beans ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Vegetables Chow Mein with Chicken ✓ WG Rolls ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Birds Eye Garlic Chicken ✓ Broccoli & Cheddar Soap ✓ WG Bread ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Bertolli Classic Skillet Chicken Florentine and Farfalle ✓ WG Bread ✓ Mixed Fruit ✓ Milk
Snack 2:00 2:30	<ul style="list-style-type: none"> ✓ Whole Grain Fig Bar ✓ Apple Sauce ✓ Milk 	<ul style="list-style-type: none"> ✓ NurturMe Organic Ancient Grain Cookie ✓ Tropical Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ NurturMe Yum-A-Roo's Organic Snacks ✓ Mandarin Oranges ✓ Milk 	<ul style="list-style-type: none"> ✓ Organic String Cheese ✓ Ritz Crackers ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Vegetables Chips ✓ Pears ✓ Milk
Dinner 4:00 5:30	<ul style="list-style-type: none"> ✓ Organic Quinoa and Brown Rice with Garlic ✓ Tilapia Fish ✓ WG Bread ✓ Water Melon ✓ Milk 	<ul style="list-style-type: none"> ✓ Chili with Ground Beef & Penne Pasta ✓ French Fries ✓ WG Bread ✓ Peach ✓ Milk 	<ul style="list-style-type: none"> ✓ Teriyaki Chicken with Brown Rice ✓ Potato Soap ✓ WG Garlic Bread ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef Fajita ✓ Refried Beans ✓ WG Dinner Roll ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Flat Bread Chicken Melt ✓ Broccoli & Cheese Soap ✓ WG Rice with Mixed Vegetables ✓ Mango ✓ Milk

Notes:
