









Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served Daily
 Monday Thru Friday
 11:30am TO 12:30Pm

January 2018

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Site Closed For New Year	2 Crochet & Knitting @2pm- 4pm Pinochle 12:30pm Folk Dancing 7pm - 9pm	3 Yoga @8:30am Chair exercise @10:00am H&F Cards @12:30	4 Boon Dock Band 10am-12pm Craft and Coloring @1:00-2:30pm	5 Yoga @8:30am Chair exercise @10:00am-11:00am Pinochle @12:30pm	6 
7 	8 Yoga @8:30am Chair exercise @10:00am-11:00am Pinochle @12:30pm Diabetic Sup Group@ 3-5	9 Crochet & Knitting @2pm- 4pm Folk Dancing 7pm - 9pm	10 Yoga @8:30am Chair exercise @10:00am-11:00am Bingo @1:00pm H&F Cards @12:30	11 Boon Dock Band 10am-12pm Craft and Coloring @1:00-2:30pm	12 Yoga @8:30am Chair exercise @10:00am-11:00am Bake Sale @11:00am Pinochle @12:30pm	13 
14 	15 Site Closed For Martin Luther King Day	16 Pinochle 12:30pm Movie@1:00pm Crochet & Knitting @2pm-4pm Folk Dancing 7pm - 9pm	17 Yoga @8:30am Chair exercise @10:00am-11:00am H&F Cards @12:30	18 Foster Grandparents@11:00 Craft and Coloring @1:00-2:30pm Karaoke@1:00	19 Yoga @8:30am Chair exercise @10:00am-11:00am Pinochle @12:30pm Legal @ 12:00	20 
21	22 Yoga @8:30am Chair exercise @10:00am-11:00am Pinochle @12:30pm	23 Crochet & Knitting @2pm-4pm Folk Dancing 7pm - 9pm RHS Commodities 1-3	24 Yoga @ 8:30am Chair exercise @10:00am - 11:00am H&F Cards @12:30 Caregiver Support@12 Homeless Presentation @11-1pm	25 Boon Dock Band 10 am-12pm Craft and Coloring @1:00-2:30pm	26 Yoga @8:00am Chair Exercise@10am Pinochle@12:30pm Birthday Luncheon	27 
28 	29 Yoga @ 8:30 Chair exercise @10:00am-11:00am Pinochle @ 12:30	30 Crochet & Knitting @2pm – 4pm Folk Dancing 7pm - 9pm	31 Yoga @ 8:30am Chair Exercise @10:00am – 11:00am H&F Cards @12:30			