

Mountain Ski & Toboggan Training Outline

| <i>DAY</i> | <i>TRAINING / ACTIVITIES</i> |
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| Day 1 | <ul style="list-style-type: none"> • Ski / Snowboard Skills • Mountain Orientation – Toboggan Locations • Patroller Responsibilities – Overview • Mountain Sweep Overview |
| Day 2 | <ul style="list-style-type: none"> • Ski / Snowboard Skills • Mountain Orientation –Fences (all types), Tower and safety pads • Radio Protocol Overview • Toboggan Overview –Locations, Daily Checking, Functionality, Weather factors • Unloaded Toboggan – green/blue runs • Toboggans and Chairlifts • Scene Safety & Patient Assessment • Mountain Sweep |
| Day 3 | <ul style="list-style-type: none"> • Ski / Snowboard Skills • Unloaded Toboggan – Patient Loading – green/blue runs • Introduction to platforms • Toboggans and chairlifts • Scene Safety & Patient Assessment • Mountain Sweep |
| Day 4 | <ul style="list-style-type: none"> • <i>Shadow Day</i> – ski with various patrollers – observe and assist when necessary • Mountain Sweep |
| Day 5 | <ul style="list-style-type: none"> • Ski / Snowboard Skills • Scene Safety & Patient Assessment • Patient Loading – Loaded Toboggan –green/blue • Unloaded Toboggan – black • First Aid Room - Orientation & protocol • Burrito Pack for Toboggan (at First Aid Room) • Platform Building • Mountain Sweep |
| Day 6 | <ul style="list-style-type: none"> • Ski / Snowboard Skills • Unloaded Toboggan – black • Patient Loading – Loaded Toboggan – blue • Introduction to tail-roping • Scene Safety & Patient Assessment • Platform Building • Mountain Sweep |
| Day 7 | <ul style="list-style-type: none"> • <i>Shadow Day</i> – ski with various patrollers – observe and assist when necessary • Mountain Sweep |
| Day 8 | <ul style="list-style-type: none"> • Patient Loading – Loaded Toboggan – black • Patient Loading – Loaded Toboggan – black with tail roper • Advanced platform building • Scene Safety & Patient Assessment • Mountain Sweep |
| Day 9 | <ul style="list-style-type: none"> • Patient Loading – Loaded Toboggan – black • Patient Loading – Loaded Toboggan – black with tail roper |

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| | <ul style="list-style-type: none"> • Patient Loading – Loaded Toboggan – black without tail roper • Advanced Platform building • Scene Safety & Patient Assessment • Radio Protocol – wear a radio (if available) • Mountain Sweep |
| Day 10 | <ul style="list-style-type: none"> • Patient Loading – Loaded Toboggan – black • Patient Loading – Loaded Toboggan – black with tail roper • Patient Loading – Loaded Toboggan – black without tail roper • Practice entire response scenario – green/blue • Scene Safety & Patient Assessment • Radio Protocol – wear a radio (if available) • Mountain Sweep |
| Day 11 | <ul style="list-style-type: none"> • Patient Loading – Loaded Toboggan – black • Patient Loading – Loaded Toboggan – black with tail-rope • Advanced Platform Building • Practice entire response scenario – black • Scene Safety & Patient Assessment • Radio Protocol –wear a radio (if available) • Mountain Sweep |
| Day 12 | <ul style="list-style-type: none"> • Review – Prepare for S+T testing • Mountain Sweep |