



NATIONAL HEAD START ASSOCIATION

## Kitchen Table Talk - March 18 Shared Resources

- Activities for parents and children
  - [Vroom tips](#)
  - [Healthy Activities to Do At Home from Action for Healthy Kids](#)
  - [Triple P Positive Parenting](#)
  - [Scholastic Learn At Home](#)
- [HIPPA regulations](#) for doing telehealth during COVID-19 have been updated
- [Current OHS Guidance](#)
- [General Disaster guidance](#) that OHS says applies to this situation
- Communicating with children and families:
  - <https://theautismeducator.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf>
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  - Providing parents with the CDC info
  - Using a [Tip page](#) from SAMHSA and Do the Five on Dojo for the families to keep them informed.
  - Our director has been giving us letters to send out through families. I am listening to and validating parents feelings about the virus.
  - Sharing a printable [mini book](#) from Teachers Pay teachers that explained what is going on in kid language.
  - Using childplus and facebook to share resources about COVID-19
  - Sending home packets to families and will be uploading to our facebook since that's where families see the most
- Video Conferencing Resources
  - [Google Hangouts](#)
  - [Zoom](#)

- [Webex](#)
- We've had teachers create a [YouTube](#) channel with educational videos, songs, etc. to share with their families and to post video messages to their families.