

Meeting Alzheimer's

A Hope Filled and Inspiring Workshop for Caregivers

Free to Public

Saturday, September 30th

**Check In 8:30 am
9:00 am to 12:00 noon**

**St. Phillips Episcopal Church
Fellowship Hall**

166 Woodland Ave. - Columbus

For information or registration

Pre-registration Required

**stphilevents@gmail.com
614 537-3972**



Presenter: Rev. Mary Raysa

An experienced trainer-educator, Mary, brings a wealth of knowledge and personal experience on how to connect with persons living with Alzheimer's. *Healing Moment's* has received a national award for best practices in Alzheimer's education.

Healing Moments
Alzheimer's/Dementia
Education, Advocacy™

Workshop Description

Discover how persons with Alzheimer's reveal to us the true value of life - theirs and ours.

This compassionate program teaches:

- *about the disease*
- *changes in behavior and sensory capabilities*
- *value of affirmation and acceptance*
- *ways to reduce conflict and stress*
- *how to have a meaningful relationship*
- *how our loved one can make a positive difference in our lives*
- *exercises which create positive interactions*
- *hope for healing and transformation*

Check out this Nationally Acclaimed Program
www.HealingMoments.org



CONNECTING 2 WORLDS:
Alzheimer's and Caregivers