

Registration #1

Participating in Meals

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____

_____ # _____ # _____ # _____ # _____ # _____

Med LG X LG XX LG XXX LG XXXXLG

T-Shirt/Tank: Circle

Registration #2

Participating in Meals

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____

_____ # _____ # _____ # _____ # _____ # _____

Med LG X LG XX LG XXX LG XXXXLG

T-Shirt/Tank: Circle

Registration

Participating in Meals

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____

_____ # _____ # _____ # _____ # _____ # _____

Med LG X LG XX LG XXX LG XXXXLG

T-Shirt/Tank: Circle

Registration is capped at 120 women....first come... first served!

Pre-Registration \$55.00 Per Person

Includes 4 meals: Saturday Breakfast, lunch, and dinner Sunday breakfast only

Please Pre – Order your T- Shirts

Total Registrants: _____

Total T-Shirts: _____

_____ x \$20.00= \$ _____

Total for 2x _____ x\$20.00 = \$ _____

Total for 3x _____ x\$20.00= \$ _____

Total for 4x _____ x \$20.00= \$ _____

Total Tank Tops:

(Number Limited) _____ x \$15.00= \$ _____

Campership fund Donation \$ _____

Grand Total \$ _____

Check or M.O. # _____

All deposits are non-refundable

Please do not send cash through the mail

Make Check payable to: WITS

Mail to:

Rosalie Alvarez

WITS

17017 E Bygrove Street

Covina, CA 91722

For More Information Call:

Rosalie (626) 549-8914

www.womeninthespirit.com

Or on Facebook



Exit 210 Freeway at Azusa Avenue/Highway 39. Go North through the city of Azusa toward the mountains. Enter the San Gabriel Canyon and drive approximately 11 miles to the East Fork Bridge. When you reach the bridge, turn right and CROSS THE BRIDGE. Drive approximately 4 miles to Camp Williams Resort and Campground on the left-hand side.

IMPORTANT!

Please Carpool – Parking is Very Limited

Please Note: NO pets and NO children under the age of 13.

Friday May 19th, 2023

4:00-6:00 pm Registration/T-Shirts
6:00-6:30 pm Committee Meeting
6:45-7:45 pm Welcome to WITS Mission Statement,
Introduction of Committee
8:00-9:15 pm Speaker Meeting
9:15-10:00 pm Last Call Meeting

Saturday May 20th, 2023

6:00-7:00 am Morning Meditation Meeting
7:00 -8:00 am Attitude Adjustment Meeting
7:00-8:15 am Spiritual Walk
8:00 --9:00 am Registration/T-Shirts continue
8:15-9:00 am Breakfast
9:30-11:00 am Weave and Mend
11:00 am -12:00 pm My Intention Workshop
12:00-12:45 pm Lunch
1:00-2:30 pm Small Group workshop
2:30-5:00pm Free Time (see detailed description)
5:00-6:00 pm Dinner
6:15-7:30 pm Speaker Meeting
8:00-10:00 pm Dance
10:15-11:00 pm Candlelight Meeting

Sunday May 21st, 2023

6:00-6:45 am Morning Meeting
7:00 -7:50 am Yoga
7:00 am – 8:00 In the Can
8:15-9:00 am Breakfast
9:15-10:30 am Speaker Meeting
10:30 - 10:45 am Higher Power Prayer Requests
10:45 am – 12:00 pm Countdown/Raffle/50-50

12:00 pm End of retreat breakdown & Cleanup

Donations are appreciated. We are asking you to donate sodas, coffee, chips, cookies, etc. for the hospitality tent.

Thank you!!!!

SUGGESTED

“STUFF” TO BRING AND “STUFF” TO KNOW

CAMPING

Tent
Sleeping Bag
Air Mattress
Lantern / Flashlight
Cooler
Folding Chair i.e. Beach Chair
Food / Drinks
Blankets
Fishing Gear
Trash Bags
Insect Repellant
SUNSCREEN

NO FIRES ALLOWED

Shower Tokens May Be Purchased

PERSONAL

Warm Jackets
Hat / Gloves
Hiking Shoes
Jeans / Shorts
Sweatshirts
Rain Gear / Extra tarps
Umbrella (just in case)
Warm Socks
Sweats / Thermals
Toiletries / Toilet Paper
Towel & washcloth / Soap
Shower shoes are suggested!
Cards or board games to share
Canteen / water for the hike
Backpack or Fanny pack
Camera / Video Recorder
12 Step Recovery Books
Spiritual Readings / Meditations
Notebook / Pen and Pencil

AND most of all...

A warm and loving heart!

Fishing is available on the East Fork River.

You must be licensed

You can purchase a TWO-DAY license at
Big 5 Sporting Goods
WalMart