

# **Maximizing Propulsion Efficiency**

**Length:** 1 Hour

**Description:**

This presentation will review important upper extremity research, discuss the importance of propulsion technique and wheelchair configuration, and discuss how the construction and design of the wheelchair frame can contribute to better efficiency. The goal is to maximize function and help clients maintain quality of life.

**Instructional Level:** Beginner to Intermediate

**Credits:** 1.0 CCU / 0.1 CEU

**TPTA approval pending**

**TOTA approval pending**

**Presenter:**

**Christie Hamstra MSPT, DPT, ATP**