

# August 2022

	Mon 1	Tues 2	Wed 3	Thurs 4	Fri 5
<b>A.M. Snack</b> 8:00-8:45	Cereal Milk	Muffins Milk	Jelly Bread Milk	Yogurt Juice	Waffle Juice
<b>Lunch</b> 11:00-12:00	Pasta w/ Meat Sauce Brocoli w/ ranch Peaches	Meat Balls Garlic Bread Peas Oranges	Cold Meat Sandwiches Mixed Veggies Banana	Scrambled Eggs Crecent Roll Hashbrowns Apples	Chicken & Noodles Corn Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Goldfish Milk	Rice Cake Milk	Cheese slices oyster crackers Water	Teddy Bears Milk	Celery w/ flavored Cream cheese Water
	Mon 8	Tues 9	Wed 10	Thurs 11	Fri 12
<b>A.M. Snack</b> 8:00-8:45	Biscuit Milk	Pancake Milk	Cinnamon Roll Milk	Cottage Cheese Pineapple water	Cereal Milk
<b>Lunch</b> 11:00-12:00	Cheese Quesadilla Carrots Pears	Chicken Salad Crackers French Fries Mango	Pizza Corn Blueberries	Sausage mac & Cheese Green beans Strawberry/Banana Mix	Cheese Cubes Waffles Diced Potatoes Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Yogurt Juice	Wheat Thins Milk	Apple w/Carmel Milk	Chips & Salsa Juice	Iced Animal Crackers Milk
	Mon 15	Tues 16	Wed 17	Thurs 18	Fri 19
<b>A.M. Snack</b> 8:00-8:45	Bagel w/ Butter Milk	Corn Chex Cereal Milk	French Toast Stick Milk	Peaches Milk	Assorted Cereal Milk
<b>Lunch</b> 11:00-12:00	Chicken & Rice Corn Strawberries	Sausage Links Bread Hashbrown Oranges	Shredded Beef Crescent Roll Mash Potatoes Applesauce	Chicken Patty Bun Baked Beans Mixed Berries	Hot Dogs Bun Green Beans Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Animal Crackers Milk	Banana Milk	Ranch Oyster Crackers Milk	Meat Slice Cracker Water	Cheese its Milk
	Mon 22	Tues 23	Wed 24	Thurs 25	Fri 26
<b>A.M. Snack</b> 8:00-8:45	Pop Tart Milk	Sausage Milk	Cereal Milk	Wow Butter Bread Juice	Cinnamon roll/square Milk
<b>Lunch</b> 11:00-12:00	Chili Bean Soup crackers Carrots Pineapple	Sausage Link Roll Green Beans Blueberries	Sloppy Joe Corn Bread French Fries Pears	Chicken Nuggets French Toast Stick Cali Blend Applesauce	Fish Sticks Jelly Bread Mash Potatoes Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Snack Mix Milk	Pretzels Juice	Assorted Veggies Milk	Vanilla Wafers Milk	Pudding Juice
	Mon 29	Tues 30	Wed 31		
<b>A.M. Snack</b> 8:00-8:45	English Muffin Juice	Nutra Grain Bar Milk	Cereal Milk		
<b>Lunch</b> 11:00-12:00	Hamburger Bread Baked Beans Peaches	Tator Tot Casserole Bread Pears	Grilled Cheese Peas Banana		
<b>P.M. Snack</b> 2:45-3:30	Graham Cracker Apple Slices Water	Carrot Sticks w/ Ranch Milk	Puffcorn/ Popcorn Juice		

\* Snacks include 2 of the food groups

\*Lunch includes at least 1 serving of each of the food groups

\*All Juice is 100% Juice

\*Milk always served with A.M. Snack/Lunch

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Brilliant Beginnings  
LEARNING CENTER

**MILK**

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