

NTCA October Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Spaghetti w/ meat sauce, Romaine salad, w/g breadfruit	3 Chicken casserole, Steamed carrots, w/g bread fruit	4 Sloppy Jo on a w/g bun, Picante' corn, fruit	5 BBQ Chicken on a w/g bun, Baked beans, coleslaw, fruit	6 Pizza dippers or chesse pizza, peas, fruit
9 Turkey Hot dog on a w/g bun, baked beans, fruit	10 Chicken tetrazzini Steamed carrots, w/g bread, fruit	11 Turkey & cheese on a w/g bun, romaine salad, fruit	12 Nachos w/ cheese & meat, corn, fruit	13 NO SCHOOL
16 BBQ chicken on a w/g bun, baked beans, fruit	17 Chicken w/gravy, rice, spinach, w/g bread, fruit	18 Hamburger on a w/g bun, whole kernel corn , fruit	19 Chicken nuggets, seasoned rice, carrots, fruit	20 Macaroni & Cheese, green beans, w/g bread, fruit
23 Sloppy Jo on a w/g bun, whole kernel corn, fruit	24 Beef Hot dog on a bun, Vegetarian beans, fruit	25 Turkey Italian meatballs, pasta, romaine salad, w/g bread, fruit	26 Spanish Macaroni, peas , w/g bread, fruit	27 Turkey & Cheese on a w/g bun, carrots, fruit
30 NO SCHOOL	31 Spaghetti w/ meat sauce, romaine salad, w/g bread, fruit			