



Walk to
Emmaus
THE UPPER ROOM®

Central Alabama Emmaus Community

the 4th day newsletter

August 21, 2012

A MESSAGE FROM WALK #148 LAY DIRECTOR

As I sit here reflecting on my fourth days after my walk in February 2005, I am still amazed at the change in my life because of the wonderful gift my nephew, Tre Mills gave to me....The Walk to Emmaus. I fought it all the way because I was not ready for a spiritual retreat, but God had different plans for my life and I had the good sense to follow the right path.

Spring is my favorite time of the year because of the new life of all the beautiful trees and flowers. That reminds me of how our life is when we decide to follow God's plan for our life. Wonderful, marvelous new beginnings where I have been blessed beyond anything I could have ever imagined. I have made so many life long wonderful friends that I cherish so very much and would not have met had I not gone on The Walk to Emmaus.

More importantly, I have learned the unconditional love of Jesus Christ and all His Grace. My faith has been tested many times and because of my new spiritual walk, I have gotten through so many trying times in my life. My sweet precious sister, Carol Mills who is now in Heaven, would be so proud of me at this time in my life. She was my mentor, my confidant and my spiritual advisor. She guided me in my fourth days. I miss her so much, but I know she is smiling down on me as I take this journey.

My prayer for the pilgrims on Walk 148 is that they find the true meaning of Grace and that Jesus' love is unconditional and alive. I also pray that they know that whatever they have in their lives, all can be forgiven through the Grace and Love of our Lord Jesus



Christ. One of my favorite verses is Isaiah 40:31 "but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint" and I hold on to this in my life.

DeColores
Rita Henson Carswell
CAEW #75
Table of Anna

Women's Walk #148

Aug 22-25

Rita Carswell - Lay Director
Steve Dean—Spiritual Director
Prattville Cluster

Times To Remember

Wednesday 7pm Send-Off

Friday 7pm Candlelight

Saturday 7am Serenade

Saturday 4pm Closing



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A MESSAGE FROM WALK #148 SPIRITUAL DIRECTOR

What an amazing journey the Christian life can be. Each day is filled with opportunities that God uses to express His love to His greatest creation. As a believer for almost forty years, I can say that I have experienced both successes and failures in bringing glory to God but praise the Lord, through it all His love and grace has never changed and even in my stupidity and disobedience He still makes all things work together for our good (Romans 8:28).

Being reared in a "God fearing home", having surrendered my life to vocational ministry and studied in one of the finest seminaries, I heard on a regular basis God's love for me but never really understood the theology of grace until my original Walk to Emmaus. It was during this time away that I understood that NOTHING could separate me from the love of God (Romans 8:38-39). Immediately following my walk I knew I wanted to be a part of this great community in sharing with others what I had finally learned.

It is with that same anticipation I look forward to serving as Spiritual Director on Walk #148. Lay Director, Rita Carswell and I are prayerfully preparing for "The Best Walk Ever" and ask that you join us as we listen to God's Holy Spirit lead us to what will make this walk unique and special to each pilgrim. I also ask that you pray for the team as it will be a time for spiritual renewal and remembrance for them too. It is truly my heart's desire to express God's love through Jesus to each new pilgrim and remind them that He came to give us an abundant life of joy and peace (John 10:10).

Our Spiritual Team, along with the Lay Team and Table Leaders have been meeting and preparing fresh approaches to this time honored and proved Walk to Emmaus. Our goal is to shower God's love on pilgrims and each other as we celebrate the death, burial and resurrection of our Savior, Jesus Christ. Our goal is to educate and inspire each person to be all that God has prepared and planned for them to be according to His Word (Jeremiah 29:11).

As an Emmaus Community member I challenge you to be a part of Candlelight, Serenade, closing and any "behind the scenes" activities you are able to attend. Take this opportunity to live out your "4th Days" during this walk and every walk. The Walk to Emmaus is truly one of the best discipleship tools ever designed to build and further the Kingdom of God.

God Bless You and De Colores,
Steve Dean, Spiritual Director
CAEW #148



Sign Up For Emmaus Prayer Vigils

To sign up for a prayer vigil for Emmaus Walks locally and around the world go to:

<http://www.3dayol.org>

click on the walk number on the schedule and look for sign up information.

Community Prayer Requests

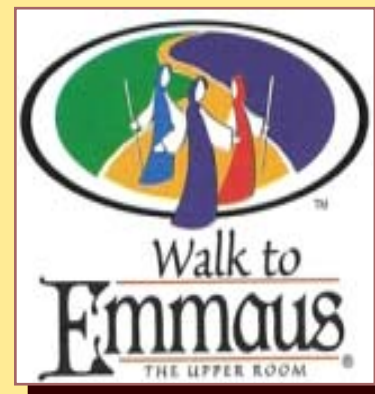
<http://www.caw.org>

2012 Walk Dates to Remember

Men's Walk #149 Sept 19-22
Waldo Edwards - Lay Director
Jamie Barkley—Spiritual Director
Elmore Cluster

Women's Walk #150 Oct 17-20
Lynn Mitchell - Lay Director
Mike Wells—Spiritual Director
Lake Martin Cluster

For additional Emmaus and Chrysalis information and updates, periodically refer to our website at www.caw.org
Remember, God equips & gives you the means & strength you need to serve, and bring others to Christ.



“Then the two from Emmaus told their story of how Jesus had appeared to them as they were walking along the road, and how they had recognized him as he was breaking the bread.”

Luke 24:35 (NLT)



**Agape Needs:
65 of each item for All Walks**

Pilgrims of Women's Walk #148

Pilgrim		City	ST	Church	Sponsor(s)	
Barbara	Alexander	Montgomery	AL	True Divine	Jamie	Brown
Karla	Amos	Wetumpka	AL	House Church Messianic	Doug	Amos
Jennifer	Andrews	Opelika	AL	Journey Church of Valley	Marsha	Blackstock
Beleshun	Blakely	Troy	AL	Brundidge COC	Kelley	Parker
Donna	Byrd	Greenville	AL	Antioch East Baptist	Brad & Kathy	Jones
Melanie	Christian	Black Mountain	NC	Montreat Presbyterian	Rita	Carswell
Dorrie	Cox	Montgomery	AL	Frazer UMC	Laurie Shipp &	Rebecca Bright
Robin	Dean	Pike Road	AL	Eastmont Baptist	Deborah Messick &	Judy Fuller
Blake	Eatman	Montgomery	AL	Eastmont Baptist	Deborah Messick &	Susan Dorsey
Shannon	Emfinger	Lanett	AL	Plant City Baptist	Alan	Emfinger
Renee	Fields	Camp Hill	AL	LaFayette Heights Baptist	Ramona	Hood
Brenda	Ford	Opelika	AL	First Baptist Opelika	Amy	Brandon
Amanda	Gilliland	Greenville	AL	Antioch East Baptist	Brad & Kathy	Jones
Suzanne	Graves	Carrollton	GA	Southern Hills Christian	Glenn	Graves
Paige	Herring	Montgomery	AL	Rigby Street Baptist	Deborah	Messick
Kaye	Huddleston	Opelika	AL	First Baptist Opelika	Kathy Brown &	Marsha Davis
Barbara	Jones	Lanett	AL	Converge Auburn	Kevin	Beasley
Karen	Lynn	Opelika	AL	Cornerstone UMC	Brett	Lynn
Carolyn	Lytle	Birmingham	AL	Dawson Baptist	Jim	Pace
Melissa	Massey	Wetumpka	AL	Robinson Springs UMC	Sue	Morris
Dela	McBrayer	Prattville	AL	Centerpoint Fellowship	Carol	Reynolds
Susie	McGough	Greenville	AL	Southside Baptist	Gina	Mount
Dena	McKenzie	Auburn	AL	Cornerstone UMC	Ashley	Belcher
Regina	Meredith	Prattville	AL	River of Life	Jason	McCord
Carol	Mixon	Greenville	AL	Antioch East Baptist	Brad & Kathy	Jones
Lucy	Moore	Montgomery	AL	Church of the Ascension	Michelle	Parkinson
Michelle	Moskal	Trussville	AL	Church of the Highlands	David	Moskal
Nell	Murphy	Montgomery	AL	Frazer UMC	Kris	Johnson
Debora	Murray	Montgomery	AL	Unity United COC	Barbara	Kennedy
Mary	Patton	Opelika	AL	First Baptist Opelika	Kathy Brown &	Marsha Davis
JoAnne	Perry	Montgomery	AL	none	Susan Dorsey &	Deborah Messick
Kay	Pettit	Auburn	AL		Claire	Goldman
Nancy	Power	Elmore	AL	Robinson Springs UMC	Kathy	Scott
Kenosha	Reynolds	Montgomery	AL	Ambassadors For Christ	Clarence	Stewart
Tammy	Salter	Wetumpka	AL	Thelma Baptist	Mitzy	Taylor
Denise	Shivers	Cusseta	AL	Church of the Highlands	Melissa	Harris
Luretta	Washington	Prattville	AL	Rivers Chapel UMC	Frank	Clem
Reba	Williams	Auburn	AL	Church of the Highlands	Richard & Carrie	Newton

Conference Room - Women's Walk #148

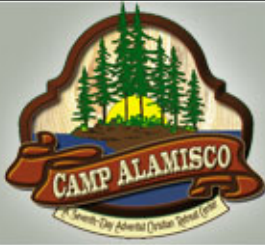
Lay Director	Rita Carswell
Assistant Lay Directors	Cindy Clem Betty Jo Landrum Lynn Mitchell Michelle Templeton
Spiritual Director	Rev. Steve Dean
Assistant Spiritual Directors	Rev. Kevin Beasley Rev. Alicia Cargill Rev. Brian Dovey Rev. Elvis North
Music	Suzie Beeson Abby Land
Media	Mo Moseley
Table Leaders	Lisa Abercombie Shanda Foster Lynnie Kopp Charlotte Mattox Wanda Ryals Angi Rhymes
Assistant Table Leaders	LaNell Black Stacey Hand Helen Lane Joyce Morrow Barbara Rosser Bobbie Walters
Board Rep.	Judy Lovelady

Work Areas - Women's Walk #148

SUPPORT AREA	CHAIRPERSON
AGAPE	Christine Mills/Linda Brewer
BEDTAGS	Kim Belden
BOOK COVERS / BAGS	Darlene Gill
BOOK TABLE	Glenn Kinard
CANDLELIGHT	Frank Clem
ENTERTAINMENT	Terri Sasser, Marian Woodman, Crystal Strickland
FRIDAY NIGHT PARTY	Jamie Brown/Lorri Schoonover
GREETERS	Gene Ann Mullins/Glenn Kinard
HOUSING & REGISTRATION	Bat Barnt/Catherine Goodwin
LOGISTICS	Brad Rhymes
MEAL PREPARATIONS	Tennie Sanford
MEAL SERVICE	Kris Johnson/Gene Ann Mullins
NAME TAGS	Brenda Easterwood
NEWSLETTER	Sherry Watkins
PHOTOGRAPHY	Rita Harmon
REFRESHMENTS	Linda Pearson
SERENADE	Kay Walters/Jamie Brown
SPEAKERS' PRAYER CHAPEL	Steve Kopp/Tre Mills
SPONSORS' HOUR	Jimmy & Jane Ferguson
72 HOUR PRAYER VIGIL	Shay Baugh/Jamie Brown
WORSHIP	Claire Goldman, Helena Britton



Welcome To The Women of Walk #146



In Case Of Emergency
Camp Alamisco
256-825-9482

LOST YOUR BADGE?

Contact

Brenda Easterwood at

blyn56@gmail.com

The cost to replace a lost badge is \$2.



NEWSLETTER EDITOR

Sherry Watkins, 334-320-7486

Sherry@Go2REassistant.com

(Be sure to put CAEW in the subject line)

Please send me articles, updates, cluster & reunion group photos and information to share with the Emmaus community.

Address, contact phone, or email changes?

Help keep your information updated. Go to

www.CAEW.org

If you don't have email or computer access, call anyone in the Community to assist you with any update needed to your current address, phone or other information.

Emmaus Work Area	2012 Community Board Representative
72 Hour Prayer Vigil	<u>Wendy Rajan</u>
Agape	<u>Lynnie Kopp</u>
Book Table	<u>Pat Barnt</u>
Candlelight	<u>Don Ingram</u>
Food Preparation	<u>Robert Turner</u>
Friday Night Party	<u>Tracie Starr</u>
Greeters	<u>Kathy Nichols</u>
Housing and Registration	<u>Kathy Nichols</u>
Logistics	<u>Danny Sanford</u>
Meal Service	<u>Rita Carswell</u>
Music & Media	
Photography	<u>Sharon Irish</u>
Refreshments	<u>Tracie Starr</u>
Serenade	<u>Michelle Granberry</u>
Speaker's Prayer Chapel	<u>Wendy Rajan</u>
Sponsor's Hour	<u>Kay Morris</u>
Supplies	<u>Judy Lovelady</u>
Worship	<u>Darrell Pearson</u>
Registrar - Men's	<u>Jim Snyder</u>
Registrar - Women's	<u>Lynn "Mo" Moseley</u>
Name Badge Coordinator	<u>Brenda Easterwood</u>
Community Website Coordinator	<u>Allen Brewer</u>
Community Newsletter	<u>Sherry Watkins</u>
Community Spiritual Director	<u>Jamie Barkley</u>
Community Lay Director	<u>Darrell Pearson</u>
Community ALD	<u>Don Ingram</u>
Community Treasurer	<u>Michelle Granberry</u>
Community Secretary	<u>Sharon Irish</u>
Communications Coordinator	<u>Pat Barnt</u>
Community ASDs	<u>Dru Mattox, Mike Wells</u>
	& <u>David Waldrop</u>
Chrysalis Committee Chairperson	<u>Angi Rhymes</u>

2012 CAEW—CLUSTER INFORMATION

East Alabama Emmaus Cluster:

Contact—Dave & Lorri Schoonover

email: lorrianddave@yahoo.com

Covered dish dinners are on the first Tuesday following each walk at 6pm at Auburn UMC or Trinity UMC (Opelika).

Elmore County Emmaus Cluster:

Contact – Shirley Esco

email: dsesco9696@dishmail.net - 334-569-3909

Meets the 2nd Tuesday of each month at Elmore UMC.

Lake Martin Area Emmaus Cluster :

Contact – Jim Ferguson

email: thefergusons73@gmail.com

Meets on Mondays following a walk at 6:30pm and have a covered dish dinner. Rotate between Flint Hill UMC, Dadeville FUMC, Trinity UMC, and Hillabee Baptist.

Millbrook Miracles Emmaus Cluster:

Contact – Jamie Brown

email: jybsphr03@aol.com - 334-462-0300

Meets at 12 noon on the 4th Sunday of each month for a covered dish meal. Odd numbered months at Millbrook FUMC and even numbered months at Robinson Springs UMC.

Montgomery Emmaus Cluster:

Contact John Morris

JMorris1050@yahoo.com - 334-277-2392

Covered dish dinners are held at Aldersgate UMC on the 4th

Tuesday of each month at 6:30pm

Prattville Walkers Emmaus Cluster:

Contact Brad Zimanek

iowahawks22@msn.com - 334-717-0739

or

Ed Reschke – ereschke@hotmail.com

Bring snack and drink to share. Meetings on 3rd Thursday at 6:30pm at Trinity UMC in Prattville. .

Selma Emmaus Cluster:

Contact – Shelton Nichols

email: sheltononree@charter.net - 334-875-2252

Covered dish dinners held the first Tuesday of each month at 6:30pm at Church Street UMC in the fellowship hall.

Valley Emmaus Cluster:

Contact – Gary Harris

Email: music@lumchurch.com

Covered dish dinners are held at various church locations at 6:30pm on the Tuesday following each walk. If walks are back to back, the two walks are combined in one dinner after the second walk.



Central Alabama Walk to Emmaus



Lay Director
Mike Whitt

#147

May 16-19, 2012

Spiritual Director
Rev. Greg Nobles

