



A W A R E

A Newsletter of the Diocese of Salt Lake City Council of Catholic Women

An Affiliate of the National Council of Catholic Women since 1928

WINTER 2018

DCCW PRESIDENT'S MESSAGE

Marcie Downs — St. Olaf, Bountiful

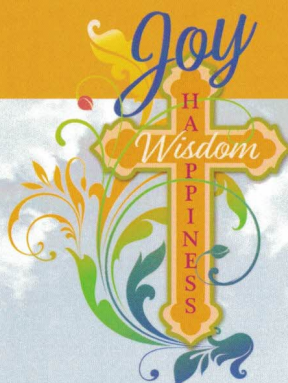
The Diocese of Salt Lake City Council of Catholic Women cordially invites you to attend our annual convention on Saturday, April 28 and Sunday, April 29, 2018 at the Sheraton Salt Lake City Hotel. The Southwestern Deanery Council of Catholic Women is the proud host of the convention.

This year we join together to **"BE FULL OF JOY"**. As you can see from the convention flyer, we have assembled a full, informative and inspiring program of presentations for our convention. Our two featured commissions this year are Leadership and Legislative. We are confident you will find Joy in each of our speakers and their presentations.

Our committee is working hard to provide a spiritual, educational, and fun-filled weekend. If you have any questions, feel free to email me. We look forward to seeing you at convention!

Joyfully yours,
Marcie

THE DIOCESE OF SALT LAKE CITY
COUNCIL OF CATHOLIC WOMEN
INVITES YOU



The **90th** *"Be Full of Joy"*
ANNUAL DCCW CONVENTION

APRIL 28 - 29, 2018

www.dccwutah.org

Sheraton Salt Lake City Hotel
150 West 500 South, SLC

Registration Deadline
March 26, 2018

To Register contact your
parish women's
organization or visit
www.dccwutah.org
for complete details,
registration forms and
sponsorship information.

KEYNOTE SPEAKER Sheri Wohlfert

"JOYFULLY HIS, THE ART OF LIVING IN THE JOY OF THE LORD"



Our keynote speaker is Sheri Wohlfert, Sheri is a Catholic wife, mom, speaker and teacher. She uses her great sense of humor and her deep faith to help others discover the joy of being a child of God. Her roots are in Kansas, but her home is in Michigan. The mission of her ministry is to encourage others to take a good look at the simple ways we can all find God doing joyful, blessed, amazing things smack dab in the middle of the laundry, ball games, farm chores and the hundred other things we manage to cram into a day.

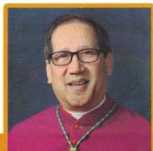
Sheri is sure to be an inspiration to us all!



The Legislative Commission welcomes **Rosie Rivera**. In 2017 Rosie Rivera was sworn in as head of one of the state's largest law enforcement agencies to oversee the Unified Police Department, county jail and court security. She is Salt Lake County's first female Sheriff. Sheriff Rivera, has a desire to focus on diversity within law enforcement as well as domestic violence; laws that can be improved to keep people safe. She believes this is a time to bring community together with law enforcement to solve problems. Her presentation: **"The Rise of a Female Sheriff"**.



The Leadership Commission presents **Deacon Scott Dodge**, who will speak on **"Women of Faith; Six Portraits of Greatness"**. Originally from Ogden, he converted to the Catholic faith in 1990 at St. Catherine of Sienna Parish, University of Utah Newman Center. He also met and married his wife Holly while at the U., they have six children. He holds a Master's Degree in Pastoral Ministry and has published articles in *America* and *Emmanuel* magazines and has been a contributor to the Italian online magazine *Il Sussidiario*. He teaches in the Diocese of Salt Lake City's Diaconal Formation Program and is currently pursuing a doctorate in Ministry from Mount Angel Seminary in Oregon.



The **Most Reverend Oscar A. Solis, Bishop of the Diocese of Salt Lake City**, will be the Main Celebrant for the 5:00 pm Mass at the Cathedral of the Madeleine. He will speak at the banquet Saturday night and join us as a presenter in honoring the **Women of the Year**.

AFFILIATE PRESIDENTS: PLEASE WATCH FOR YOUR COMPLETE CALL TO CONVENTION PACKET AND WOMAN OF THE YEAR INFO, WHICH WAS EITHER MAILED OR GIVEN OUT AT YOUR DEANERY MEETING. PACKETS ARE MAILED TO NON-AFFILIATE PARISHES AND MISSIONS. INFORMATION IS ALSO ON THE WEBSITE. BE SURE TO CHECK ALL DEADLINES.



**DCCW CONVENTION SPONSORSHIP
IS LIKE BEING OFFERED YOUR
FAVORITE ICE CREAM CONE**

TAKE IT!

YES – YOU CAN

*All you do is submit your
application. The president of the
Women's Council in your parish
can provide the guidelines and
application.*

DON'T WAIT!

**2018 DCCW
CONVENTION**

**Don't Be Shy—Tell
Them Why They
Can't Miss It!**

**DCCW CAN
HELP WITH
YOUR
CONVENTION
COSTS**

TODAY!!

**FOR INFO CONTACT
ERNESTINE FOLKS
862 E. 650 S.
SANTAQUIN, UT 84655**

ErnieFolks@outlook.com

Or

801-380-8993



**THE SACRAMENT OF RECONCILIATION
ALIVE IN YOUR HEART**

As I was contemplating on what to share in this Aware issue, I had difficulty in deciding on what theme I planned to share. Since Christmas, the most wonderful event of the year had passed, and we were already more than halfway into the first month of 2018, I felt an article on Christmas or New Year's resolutions were already out of season! After prayerful discernment, I finally decided to share some hints and suggestions on how to make a purposeful and fruitful Sacrament of Reconciliation, since the season of Lent is fast approaching. Lent truly is the season when the Church and the Lord Jesus call us to conversion, or a change of heart, in preparation for the pinnacle celebration of the Lord's resurrection.

Here are some helpful tips for a more meaningful confession. These ideas I have heard from fellow confessors who shared their advice for people to make effective and heart-changing confessions.

One - **MAKE A GOOD EXAMINATION OF CONSCIENCE.** Ideally, to examine our heart and conscience thoroughly, we need to do it in the context of our prayer life and our relationship with God. We need to spend some time asking God to identify the broken areas of our lives that are in need of repair and healing.

Two - **WRITING OUR TRANSGRESSIONS IN A SPIRITUAL JOURNAL.** Many times when we are at the confessional - we do not remember all the sins that we would like to confess. So we tell the confessor, "...and the sins that I can no longer remember, and all the sins that I have committed in my past life". While it is true that even if we list things, we tend to miss something, still, it would always be beneficial if we write down our sins. There is nothing wrong with writing our sins in one's journal to help us remember our offenses.

Three - **DON'T GO FROM ONE PRIEST TO ANOTHER.** One of the benefits of going to Confession regularly and going to the same priest, is that we are not only given absolution, but we are given spiritual direction. If we go to the same priest every time we go to confession, we will have the opportunity to know our confessor and visa-versa. The priest can gently lead and guide us. The priest will certainly not make a list of all the sins that are confessed, but going to him regularly will help him better understand our spiritual direction and growth.

Continued....

Four - LET YOUR PENANCE BE MORE THAN JUST SOMETHING TO HURRY THROUGH. Penitents have the tendency to be content with the minimum requirement. Doing your penance should not be done hurriedly. Do not rush in fulfilling your penance. You should go beyond what is being required. Try to spend more time in silent adoration before the Blessed Sacrament, and be grateful to the Lord for the chance of being forgiven, and the healing that will take place.

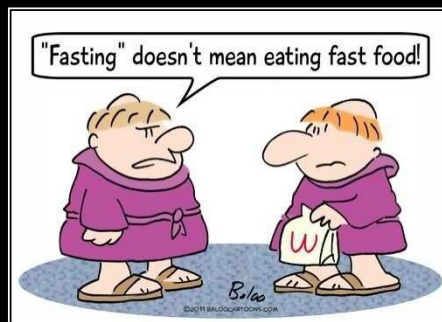
Five - BE AS HONEST AS POSSIBLE IN YOUR CONFESSION. Open your heart humbly to your confessor. If there are things you hesitate to share, these would probably be the things you need to share when you are making your confession. Don't keep things to yourself. Talk about those things and let God completely cleanse you of the things you are holding in your heart. A penitent's style of confessing often dictates the amount of counseling a priest offers. So, be open. Be humble. Be forgiven, and be totally healed of your offenses.

So therefore, if you want to have renewal of heart and soul, you need to let go of your need to hold on to old behaviors and patterns. Let your old self crumble for a new you to come out. Give God a chance to let his mercy, love and graciousness work in your life. Father Richard Rhor, a spiritual writer and guide writes: "Transformation more often happens, not when something new begins, but when something old falls apart."



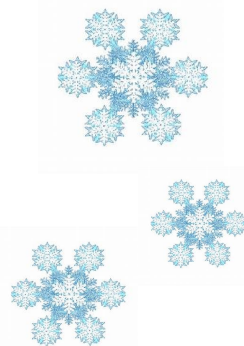
REMINDER:
ALL CHANGES FOR THE DCCW
ROSTER, ESPECIALLY NEW
AFFILIATE PRESIDENTS, NEED TO
BE EMAILED TO DCCW
SECRETARY, KATHY FAZIO,
ASAP
tommycreek2@infowest.com

Kathy will forward
updates to NCCW



Happy Ash Wednesday

Trub3324, ifunny.mobi



DCCW MISSION STATEMENT

To unite Catholic women's organizations and individual Catholic women in the state of Utah, Diocese of Salt Lake City, in purpose, through **support, empowerment, and education** in the areas of **spirituality, leadership and service** and respond with Christian values to current issues in the church and society.

**National Council of Catholic Women
SAN FRANCISCO PROVINCE DIRECTOR**
Pat Voorhes — St. Vincents, Murray



UPDATE FROM NCCW

I first want to wish each of you a most blessed and very Happy New Year! I write this article as I am preparing to attend the January Board Meeting in Washington DC. The NCCW President Maribeth Stewart Blogoslawski has planned a very busy agenda. We begin our meetings on Friday night, January 19th, all day Saturday, January 20th and Sunday, January 21st and return home Monday, January 22nd. I will report on the meeting at the DCCW meeting January 27th.

The NCCW website is down and under conversion to a new and more effective database until the middle of

January. Thank You for your patience.

The Service Commission's program for Human Trafficking will have three components: Education, Mentoring, and requests for specific items for homes where those rescued from human trafficking are living. We are working in concert with the US Catholic Sisters Against Human Trafficking and will also have the Catholic Daughters of the Americas and the Auxiliary of the Knights of St. Peter Claver joining us for this project.

We are asked to pray in a special way for an end to human slavery on the Feast Day of St. Josephine Bakhita, February 8th. There is a novena that begins on January 31st and ends on her feast day February 8th. If you "Google" St. Josephine Bakhita you will find the prayer cards, the novena and several other prayer services.

February 9th through the 11th is the San Francisco Province Meeting. The Dioceses of Salt Lake City, San Francisco, Orange and Los Angeles will be represented. The focus of this meeting will be Cultural Diversity, Mentoring, Respite, and Legislative Advocacy.

**FEAST DAY
ST. JOSEPHINE BAKHITA
8TH FEBRUARY**



"Mary protected me even before I knew her!"

St. Josephine Margaret Bakhita, 1869-1947, was born in Darfur, Sudan. Kidnapped at the age of 9, she was resold many times until she was bought in 1883 by the Italian Consul, Callisto Legnani, who took her with his family back to Italy.

Working as a nanny, she encountered the Canossian Sisters, and gaining her freedom as an adult, entered the order as a novitiate in 1893, taking orders in 1896. In 1902, she was assigned to their house in Schio, Northern Italy.

Mostly working as the doorkeeper, she was known as "Madre Moretta" by the local community, in respect for her gentleness, calmness, smile, and holiness.

The publication of St. Josephine's memoirs brought her fame in 1930; and she was beatified in 1992, then canonised in 2000 by St. John Paul II. Patron Saint of Sudan, St. Josephine is venerated as a modern African saint, in particular for slaves and the oppressed.



UPCOMING MEETINGS:

NCCW San Francisco Province Meeting

Feb. 9-11, 2018, Salt Lake

Salt Lake Deanery Luncheon: March 10, 2018

DCCW Convention Hotel & Reg Due: March 26

DCCW Board Meeting: Apr. 27, 2018

Sheraton City Center, SLC

DCCW Convention Apr. 28-29, 2018

Sheraton City Center, SLC

DCCW Board Meeting: June, 2018

Northern Deanery

NCCW Convention: Aug. 29-Sept. 1, 2018

Pittsburgh, Pennsylvania—details nccw.org



FIRST VICE PRESIDENT/PRESIDENT-ELECT

Casey Pond — St. Olaf, Bountiful

How wonderful that we are continuing the theme of “joy” on all levels of Council this year! With all that is going on in our country and in the world, it may be easy to fall into negativity and pessimism. But we, as baptized Catholics, are called to joy. As confirmed Catholics, we bear joy as one of the fruits of the Holy Spirit. As children of God, we are blessed with joy.

We Catholics even have a patron saint of humor and joy – St. Philip Neri!

Our DCCW Convention coming up is a chance to associate with other faithful, joyful women. As your 1st Vice-President, my focus right now is to put together the program book for the Convention. In that, you have a great opportunity to share joy with others by purchasing an advertisement for the program book. The ad you create – a memorial, a thank you, a congratulations, a heartfelt sentiment – will be a tangible example of how a person or a group of people brought joy, happiness, or goodness to you or to others. You, now, can return that joy through a printed recognition, whether it be a quarter page, a half page, or a full page. Please see your affiliate president, deanery president, or a DCCW officer for details.

I am looking forward to printing your ads and sharing the wonderful experience of our Convention with you!



DIRECTOR OF MEETINGS/ WOMAN OF THE YEAR CHAIR

Bobbie Hunt — St. Rose of Lima, Layton

As this article is being written it is January, cold and snowy, which we have to be thankful for as we need the snow for our water year. But I am looking forward to April, to convention, where it will be warm and sunny (we hope).

Speaking of convention much planning goes into this yearly function. Of course the venue, the program, the food, the name tags, the bags, the vendors, the raffles etc. etc.

There are deadlines for all of the above. This year as Easter is Sunday April 1st **the deadline for convention registration and hotel is March 26th**, the Monday of Holy Week. This may sound early but there is so much to do, especially when it comes to the printing.



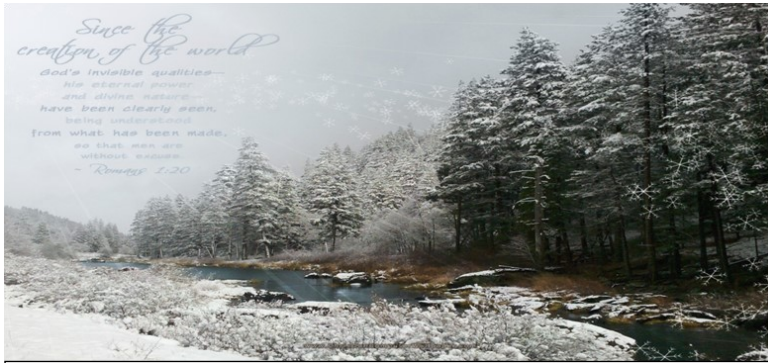
The Woman of the Year is always a highlight of the convention. Medals have to be ordered and engraved. The names of each woman of the year is printed in the convention program and there is a special Woman of the Year banquet program. **The deadline for registering the Woman of the Year and her guests, including the banquet, is also March 26th.**

Please, please, please get started now with your parish selection of your Woman of the Year so that the name of each woman of the year will be in the convention and banquet programs.

Peace and Joy,
Bobbie

SECOND VICE PRESIDENT

Barb Kerouac — Sts. Peter and Paul, West Valley



Since the creation of the world, God's invisible qualities--his eternal power and divine nature--have been clearly seen, being understood from what has been made, so that men are without excuse. Romans 1:20

"NO EXCUSES"

Each and every year we start out with New Year's resolutions with all the intent of improving our lives in the next year. We make plans and slowly most of those New Year's Resolutions fade away without making the changes we know will improve our lives. I'm a poster child for this re-occurring phenomena every year. Why?? It is hard to change, and easier to stay the status quo.

Good intentions are also another thing that I seem to be the master of.... and yet know carrying out those intentions will improve my life and sense of

humility. It takes a vigilante, steadfast mind to improve one's life and hard work. Can I? Will I? make the changes I need in my life?

Who knows, the only thing I know for sure, is GOD is always with me and in control. To know through Faith and His graces all is possible. I am so grateful we, as Catholics, have the sacrament of reconciliation to gain forgiveness for all my shortcomings.

I hope to fulfill what is required to make this year's DCCW Convention a great success. We have had 2 beautiful quilts donated, and I am working on donations for our raffle and Silent Auction fundraisers.

Just a gentle reminder to gear up for the **ugly bag, raffle, and silent auction items** that we are asking from our affiliates. Your generosity and creativity astonishes me. More importantly, that is what provides funding for our work at the Diocese level. Thank you.

IMMEDIATE PAST PRESIDENT/NOMINATING COMMITTEE CHAIR

Bonnie Siegrist — Blessed Sacrament, Sandy



DCCW 2018 CALL FOR OFFICER NOMINATIONS Nominations are Open and Due April 1st

The Nominating Committee is active and set to seek nominees for the DCCW 2018-2020 offices of 1st Vice President/President Elect, 2nd Vice President, Secretary, and Treasurer. An official Call for Nominations with **position descriptions** and **eligibility requirements** along with a **candidate information form** to submit were emailed to the DCCW Board of Directors and affiliate presidents. Forms are also available on the DCCW website www.dccwutah.org

We're asking everyone's help in reaching out to qualified women in your parish and deanery councils, or a current member of the DCCW board. We're encouraging women to "leave your comfort zone" and "step

out of the box" with the faith that you have God-given talents to share with your Catholic sisters throughout the diocese. We know there are many qualified ladies, who have so much to offer. Is it time you said yes?? We're certainly hoping so!

If you have any questions, please contact a Nominating Committee member below:

Bonnie Siegrist, utahbonnie@comcast.net
Angela Martinez, omartini25@comcast.net
Michael O'Shea, msmichaeloshea@gmail.com
Barbara Larsen, blarsen7@hotmail.com
Donna Dischbein, duck@netutah.com
Jeanne Audiss, jaudiss1234@yahoo.com
Susan Porter, portersm57@gmail.com

LEADERSHIP COMMISSION

Becky Colombo, Co-Chair — St. Anthony of Padua, Helper

Pat Musich, Co-Chair — St. Helen's, Roosevelt

THE POWER OF WOMEN

If your
actions
inspire
others to
dream more,
learn more,
do more &
become more,
**YOU ARE A
LEADER.**

— John Quincy Adams

Some of you may have watched the Golden Globe Awards and listened to Oprah's speech about the empowerment of women in our current world.

As women of faith, we know over the centuries how women have been oppressed and how far they have overcome obstacles in our cultures. They have become leaders and inspired so many others to dream big and to change so many things in our world. Yet there is still a long way to go.

We know our strength as we gather in groups to pray and to try to better the lives of women and children. Leadership is not only holding an office or having a "title". Leadership can be the force that keeps a family home together, a force that keeps religion strong among children and parents alike, and leadership can come in the form of love and kindness.

A true leader is one who can make another person feel comfortable, loved, important, valued, needed, and cherished for who they are. When we accept responsibilities, and serve in different ways in our parishes or even in our social groups, we are expressing a desire to help others and live a true stewardship as God has asked us to do. We should not do it for glory or recognition, but out of love for our fellow woman, man, and child. When we do it for this reason, it is amazing how joyous and happy we feel when we accomplish our goal! It doesn't feel like a duty, but rather a gift we are giving to help our families and our friends.

I know personally if I help someone, the smile it puts on my face, and if you think back, I'm sure you can tell the minute the endorphins, oxytocin, serotonin, and dopamine are released in your brain that make you "feel good". I'm sure it rushes from your brain straight to your heart (and sometimes to your tear ducts)! These acts of love and strength make us true leaders in the eyes of others who benefit from them.

Becky

MEMBERSHIP, DEVELOPMENT AND RESOURCE TEAM

Amy Kennedy — Cathedral of the Madeleine & Anne Smith — St. Thomas More



Mary - Woman, Mother and Perfect Disciple; A Role Model for Us

A biblical based retreat researched by Susan Espinoza (DCCW Spirituality Commission Chair) will be led by Anne Smith (DCCW MDR) and available in the Wasatch Deanery. The retreat will provide participants an opportunity to deepen their understanding of and relationship with Mary and perhaps even explore their own discipleship with Christ. The CCW Ladies of St. Thomas More in Cottonwood Heights will host the event on **April 14 from 9 AM -12 PM, free of charge**. To register contact Roxanne at 801/942-5285, ext. 106.

SPIRITUALITY COMMISSION

Susan Espinoza, Chair — St. Joseph the Worker, West Jordan

Suzie Brown, Co-Chair — St. Joseph the Worker, West Jordan

A New Year's Resolution that could benefit us all. Susan

PUTTING PAUSE INTO PRACTICE

"Whatever you feed the most wins"

Pausing in the New Year

Go to your garage. Find something that you have moved at least three times. Give it away – to a friend, St. Vincent de Paul or the charity of your choice.

Pausing in the New Year

Write a letter to someone you love – with real paper, pen, envelope and stamp.

Pausing in the New Year

Grab a box of crayons. If you feel overwhelmed at any point today, sit down for 10-minute coloring break.

Pausing in the New Year

Buy a bouquet of fresh flowers for your desk or home, and take time to arrange them yourself.

Pausing in the New Year

Put a Hershey's kiss on every coworker's desk or on each family member's pillow close to bedtime.

Pausing in the New Year

Try the Jewish practice of praying after a meal, instead of before.

Pausing in the New Year

Set your cell phone alarm to go off every hour or so. When it does, stop what you are doing and think of something for which you are grateful.

Pausing in the New Year

Eat your evening meal by candlelight.

Pausing in the New Year

Take a new route as you commute to work or run errands. Notice what is new or different.

Pausing in the New Year

There are over 10,000 named saints. Pick an obscure one and learn one fact that makes you smile or gives you hope.

Pausing in the New Year

Reread one of your favorite children's books.

Pausing in the New Year

Give a flower to someone who had a tough week.

Pausing in the New Year

Make a 3"x5" card that says "Thanks for being you" and give it to someone you encounter during the day.

Pausing in the New Year

Pick a favorite psalm. Begin your day by reading the psalm aloud.

Pausing in the New Year

Use your cell phone to take a photo of an ordinary event, person, plant or part of nature that made you smile. Use it as your screen saver for the next day.

Pausing in the New Year

Memorize a new prayer and start your day with it.

pause
creating space to focus

SERVICE COMMISSION

Lisa Adamson, Chair — St. Olaf, Bountiful

Cheers to a New Year....

I hope everyone had a blessed, joyous, and peaceful holiday season. As I was making my resolutions for 2018, I thanked God for all he has given me, and I found myself thinking of others who are less fortunate. I resolved that I would try to remember, always, this entire year, those among us that need help. I will make a conscious effort to give back in some way each month, if not each week, if not each day. Research shows that helping others can lead to greater happiness, less stress, better pain management and better overall health.

Here is a short list I read of meaningful ways to help others in the new year....

OFFER KINDNESS PROACTIVELY - Let a car in front of you on the highway. Hold the door or elevator. Pay for a stranger's coffee or lunch. Call a friend to see how they are doing. Check in on an elderly relative or neighbor or bring dinner to someone having a rough time.

VOLUNTEER YOUR TIME - Participate where you can, as much as you can. Help at a food bank. Teach someone a skill. Clean up a local park. Help at a school, animal shelter, or retirement home.

DONATE TO A CAUSE - It's easy to provide instant gratification to those in need. Donate monies online or in your local community.

DONATE UNUSED ITEMS - Clear out your clutter. Free your home of unworn clothes and unused furniture. Take items to your local goodwill or homeless shelter. Another idea is to donate blood. You have some to spare, and it replenishes itself!

SAY "THANK YOU" - make an effort to say "thank you" to every person who plays a part in your life, big or small. Better yet, show them your praise publicly. Praising others in front of people can have an impact that lasts beyond the moment.

As Catholic women, I know we all give of our time, talent and treasure. But keeping it at the top of our list all year will help our fellow man as well as do us all good.

In the **Catholic Woman** magazine, our NCCW Service Commission Chair asked each of us to focus on domestic violence and help the women, children and even men this affects. Every year in Utah 1 in 3 women and their children will experience domestic violence in their lifetime. More than 40% of adult homicides in Utah since 2000 have been domestic violence related and the third leading cause of homelessness is domestic violence. The statistics are alarming. Overall in Utah, 3000 men, women and children stay in shelters around the state each year. The average stay is 30 days before they transition out on their own. This problem may even be impacting someone you know.



For our service project this year I chose to help these people through donating to our shelters. At our board meeting in November, I kicked off this endeavor. I made a list of shelters that need our help and a list of their needs. Each deanery president will pass the information to their affiliated parishes and they can choose which shelter to donate to and how they will carry out their collection. I have chosen shelters that reach all the areas in the diocese so delivery will be easy. Additionally, I am willing to deliver your items myself, if you would like. Please keep track of what you receive and donate so we can compile a total and report on our success at the convention. Please keep track of what you receive and donate so we can compile a total and report on our success at the convention.

(Continued)

Continued.....SERVICE COMMISSION

I chose eight shelters that range from Ogden to Saint George. This will keep our efforts in our local communities. I have also compiled a list of the most needed items. There are a variety of options in many areas and with varying costs. There should be something on the list for everyone. The DCCW Board wanted to take part as a group to make a donation. At our last board meeting we decided to use the money from our raffle to purchase as many pillows as we could. We were able to buy **30** pillows. Each deanery will be given 6 each to donate to their respective shelters.

I hope you will all be excited to make a difference in these shattered lives.
Blessed to be among you,
Lisa Adamson



Service Project!

DCCW Domestic Violence Shelter Service Project

Please note below the list of shelters and the list of items needed:

YCC Family Crisis Center - Ogden

Safe Harbor - Kaysville

YWCA - Salt Lake City

Center for Women and Children in Crisis - Orem

Colleen Quigley Women's Center - Price

Canyon Creek - Cedar City

Dove Center - St. George

Women's Crisis Center - Vernal

Black Trash Bags: 13 gallon or 33 gallon or larger

Lysol Wipes

Notebooks or journals and pens

Kids snacks and juice boxes

Baby wipes and Desitin

NEW pillows

NEW make-up.

NEW sweatpants for women. All sizes

NEW bras. All sizes

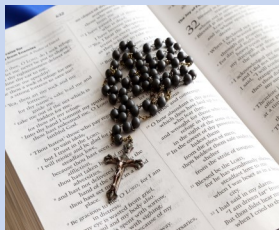
NEW underwear for women and children. All sizes

NEW Pajamas for toddlers.

NEW socks for women and children.

NEW t-shirts for women and children. All sizes

UNITE WITH COUNCIL SISTERS ACROSS THE COUNTRY ON NCCW MONTHLY ROSARY CALL



On the 13th of every month, NCCW members are welcome to join Spirituality Commission Chair Mary Rowley in the rosary. Our first rosary call began on October 13th, 2017, the 100th anniversary of the miracle of the sun at Fatima. Unite with your council sisters across the country for this powerful prayer each month!

NCCW Members' Call Information

Call in number for all calls: (515) 739 - 1261 - Pin 703993#

Times are 5 pm (PT), **6 pm (MT)**, 7 pm (CT), and 8 pm (ET)

1. If you join the call after the start time, please do not announce yourself despite the instruction to do so.

2. When you join the call, please mute your phone by pressing *6. You can take the phone off mute if you wish to speak by pressing *6 again.

6:00 PM
Mountain Time



LEGISLATIVE COMMISSION

Donna Murphy, Chair — St. Thomas More, Sandy

The beginning of the 3rd week of the Utah General Legislative Session is underway. There are over 1,000 bills, which will be either passed, failed or die in committee reports. Senator Allen Christensen's Senate Bill (SB) 48, which would have taken away Children's Health Insurance Program (CHIP) from 475 youths in Utah by reinstating a waiting period of 5 years before applying for Medicaid, has died in committee. Senator Christensen did not have enough support or votes to go forward with the bill. Bishop Oscar Solis had written to Senator Christensen and reiterated how "Utah has long been a home to those who are fleeing persecution and seeking a better life. As a state, we must support immigrants and advocate for them instead of placing unnecessary obstacles in their way" as per Jean Hill's article in her Prayer and Action Network's article.

SB 65 Child Neglect Amendments sponsored by Senator Lincoln Fillmore and co-sponsored by Representative Brad Daw is a complicated bill which amends the definition of neglect and makes related restrictions. The bill has many items which are amended but includes the mandatory reporting of a member of the clergy to report information if they had received information from other sources, even though the member of the clergy heard this information from the perpetrator. Overall this bill includes that a member of the clergy are not exempt from any efforts required by law to prevent further abuse or neglect by the perpetrator. This bill is quite lengthy and involves many issues of child protection.

There are bills locally which are working on continuing future expansion of Medicaid, as well as increasing the penalty of hate crimes committed against people of protected classes. Our Pope Francis has addressed some of the difficulty of federal issues as immigrants and Deferred Action for Childhood Arrivals, (DACA) as a means of encouraging people to have dialogue, not denial, as he finds strength in valuing differences.

Last month, January 14, in Vatican City, was the celebrating Mass for the World Day of Migrants and Refugees in the *Intermountain Catholic* newspaper. The article was titled, 'Pope: Fear becomes sin when it leads to hostility toward migrants'. Pope Francis spoke about how people in host countries may be afraid that newcomers "will disturb the established order (or) will 'steal' something that have long labored to build up. And the newcomers have their own fears of 'confrontation, judgment, discrimination, failure'". He describes both sets of fears as "legitimate, based on doubts that are fully comprehensible from a human point of view." The article continued with how sin, enters the equation only when people refuse to try to understand, to welcome and to see Jesus present in the other, especially "the poor, the rejected, the refugee, the asylum seeker." Our Bishop, The Most Rev. Oscar A. Solis, said at an interfaith prayer service to end racism with hundreds of people in attendance on MLK Day, "We come tonight to pray, to seek courage and inspiration, to help break the chains of hate and racial inequality that still bind to many hearts." In 1958, Rev. King said, "Along the way of life, someone must have the sense enough and the morality enough to cut off the chain of hate. This can only be done by projecting the ethics of love to the center of center of our lives."

It is within our Catholic Social Justice Teaching as citizens that we speak up on behalf of our beliefs and let our politicians know how we would like them to vote on issues as their constituents. So as a reminder, contact your legislators during our Utah general session, while they are currently voting on issues. Please remember to include in the subject title of the email, as "Your constituent" with your physical address, so they know you have an opinion to share with them on a topic. Continue to be kind and respectful, be brief and to the point, and clearly inform them on how you would like them to vote on a bill. Do not be afraid of including your Catholic belief and thank them for their time.

For more information on current issues on Capitol Hill in Utah follow on www.lw.utah.gov and for the Diocese, is www.dioslc.com for Catholic Social Justice Information. Please feel free to come see me on Capitol Hill or call me at 801-414-4725 with any questions.

EASTERN DEANERY

Barbara Jewkes, President — St. Anthony's Helper

As I looked back at the recent Christmas Holiday Season with fond memories and thanksgiving for another Christmas spent with my loved ones here to help celebrate with us this beautiful, holy and sometimes chaotic time, it hit me that not everyone is quite so lucky this year. We have all been through the extreme feeling of sadness and loss after losing a dear loved one (parents, spouse, other relatives or dear friends) especially at certain times in those first few years, but in my opinion losing one so close to the Holidays exacerbates the pain for the family members and changes their Holiday Season forever. In this regard I feel very fortunate, but we have had so many deaths in our county in the last few months, and more than a handful were fellow parishioners from St. Anthony's. In a small community it seems that we know most. A young adult man and his sister (my children's schoolmates) lost both their mother and father (our schoolmates) within five weeks. I attended four funerals in one week in mid-December, all relatives of my relatives and personal friends. That got me thinking about what I consider one of the most important ministries in the Catholic Church, the Funeral Dinner/Bereavement Luncheon Ministry.



Funeral
Luncheon
Volunteers

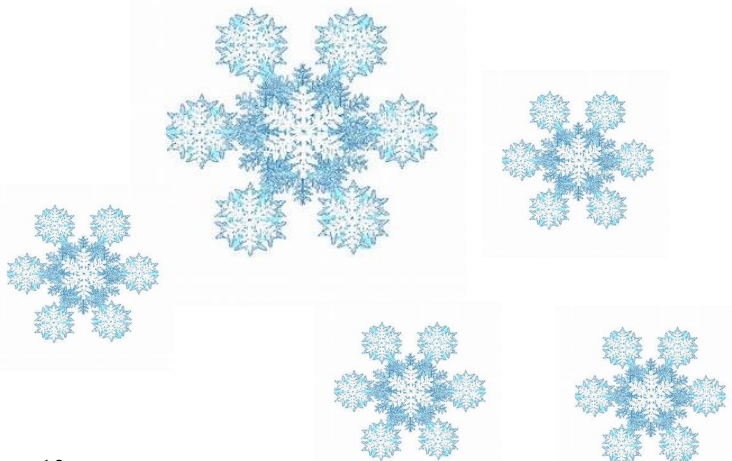
I am one member of the amazing volunteer Funeral Dinner crew at St. Anthony's and try to help as often as I can, as I feel blessed to do so. What a beautiful service to provide to those in need. This is very evident by the sincere gratitude of the family members. This act of kindness removes the burden on the family of the deceased for this special gathering at one of the most tumultuous and stressful times they will ever encounter. They can visit with friends and family members, some who may have traveled from out of town to attend the funeral, offer them a good meal and not be concerned with any of the details. Their burden is lifted for a short while. In most cases, all that is asked in return is a small donation to the committee by paying it forward for the next family in need. If a family cannot afford to pay, that is also taken into consideration.

I know that in some parishes, it is the responsibility of the CCW to prepare, serve and clean up after the bereavement meal, others rotate volunteers with other parish duties. At St. Anthony's we have a parish committee, comprised of mostly retired women (some belong to our women's group, others do not) who provide this service, although years ago it was a function of our Altar Society. I think this is the case in most parishes in our Diocese, and some are lucky enough to have a few good men who volunteer to help as well. I sincerely pray that this beautiful service will continue to thrive in our parishes, and may God bless all those who choose to serve.

Lately I've been replacing my
"I'm sorry's" with "Thank you's."

Like instead of "sorry I'm late" I'll say "thanks for waiting for me," or instead of "sorry for being such a mess" I'll say "thank you for loving me and caring about me unconditionally!" And it's not only shifted the way I think and feel about myself, but also improved my relationships with others, who now get to receive my gratitude instead of my negativity.

tinybuddha.com



SALT LAKE DEANERY

Margaret Cragin-Massarone, President
Sts. Peter and Paul, West Valley City



The Advent Season celebrated in the Salt Lake Deanery parishes includes many multicultural events which enhance the joy and expectation of Christmas. The Feast of Our Lady of Guadalupe is an important connection for our Hispanic people to their ancestry. It includes traditional Mariachi music as well as food from Mexico and Central America and beautiful flowers offered to our Blessed Mother, the Patroness of the Americas.

Simbang Gabi, a Filipino celebration, is traditionally celebrated from December 16 to December 24. Wonderful food is prepared and shared with members of the church.

For our Filipino people, it is an important spiritual preparation for Christmas. The celebration is also seen as a way of requesting blessings from the Lord.

Los Posadas, also celebrated from December 16 to the 24th, occurs Diocese wide; it involves a prayer service, which reenacts the journey of Joseph and Mary to Bethlehem. Children enjoy this event as they swing away at the piñatas and munch on sweet bread, hot chocolate and, if you are lucky, flavorful tamales and other authentic dishes.

We hope and pray that your Christmastide has been fruitful, joyful and seasoned with many rich and diverse experiences offered by our sisters from other cultural backgrounds.

Please plan to join the Salt Lake Deanery on Saturday, March 10 at St. Patrick's parish for our annual Spring Luncheon!

Salt Lake Deanery Spring Luncheon

MARCH 10, 2018
Saint Patrick's Catholic
Church, 1058 West 400
South, Salt Lake City

Spring

11 AM Social—12 PM Lunch

Cost: \$15/person (\$20 Day of Event)

Guest Speaker: Office of Hispanic Ministry,

"The Importance of V Encuentro"

Raffle Prizes, 50/50
Drawing, Cookie
Walk

Sponsored by
Salt Lake Deanery CCW
Contact: Margaret Cragin
801-554-3863

50 QUESTIONS TO ASK YOUR KIDS AFTER SCHOOL INSTEAD OF "HOW WAS YOUR DAY?"

- What made you smile today?
- Can you tell me an example of kindness you saw/showed?
- What did you do that was creative?
- Who did you sit with at lunch?
- Was anyone in your class gone today?
- Tell me something you know today that you didn't know yesterday.
- Did you like your lunch?
- What was the hardest rule to follow today?
- If you could change one thing about your day, what would it be?
- What made your teacher smile?
What made her frown?
- If you could switch seats with anyone in class, who would it be? And why?
- What kind of person were you today?

WASATCH DEANERY

MaryAnne Mulvihill, President — St. Therese, Midvale



Wasatch Deanery Facebook Page: Catherine is very busy posting to our Facebook page, which can be found at <https://www.facebook.com/groups/WDCCW/>. She posts prayers and uplifting stories almost every day, and pictures of our Deanery meetings and the parish CCW meetings that she receives.

Blessed Sacrament – held our Annual Ladies Tea in October in recognition of Council Sunday and celebration of the good works the CCW does. Our 30th Annual Holiday Blessings Boutique was held in November with 60 crafter booths, food, raffle & fun. We enjoyed our Christmas pot luck party at our December meeting with a bottle of wine exchange game instead of our usual ornament exchange. Once again, we co-sponsored with the Knights of Columbus, the Parish Adult “Advent” Party. January will bring the installation of new officers: Donna Florum and Kim Matus, Co-Presidents; Michelle Beasley, Vice President; Cheryl Johnson, Secretary; and Kristina Kausse, Treasurer. This year we are able to donate \$10,000 from profits earned at our annual Garage Sale and Boutique to Blessed Sacrament Church, School & ministries as well as various local, national & international organizations. A highlight for the month of February will be our parish party celebrating the paying off of our church mortgage!



St. John the Baptist: Saint John the Baptist Ladies Luncheon Committee pictured had a successful Luau in November as our fund raiser for the Saint John the Baptist Social Justice Ministry. In December we collected a truck load of items for the women’s shelter in Utah County while styling in our first ever Christmas PJ Party. We each made a bracelet for the moms in the shelter with a message of encouragement on the package. This week our January meeting will focus on developing healthy eating habits for 2018 and how to kick the sugar habit.



St. Vincent de Paul: In November, the ladies heard from and donated personal items to South Valley Services. At their Christmas meeting, St. Vincent de Paul Parish CCW donated \$700.00 worth of food to KidsEat! KidsEat! is currently providing up to 2000 meals each week so hungry children in the Salt Lake Valley have food for the weekend. Kids Eat! supplies food to children at the Boys and Girls Clubs, Neighborhood House, Head Start and several public schools.

St. Peters: December meeting the ladies were busy putting together gifts for our Homebound and Seniors. January 7th we gathered for an Epiphany party at one of our ladies home. Our Latina sisters shared a Christmas custom with us which was fun and entertaining. We ended the evening with drawings of gifts for six lucky ladies. We are having our main fundraiser of the year this Sunday after the 10:30 mass, the Spaghetti Dinner ending with five games of Bingo. Everyone looks forward to this event. It is a good time with friends. We have replaced our Palm Sunday Bake Sale this with the Fat Sunday Bake Sale scheduled for February 11th. The money from this bake sale is used to send women to the DCCW annual convention in April.



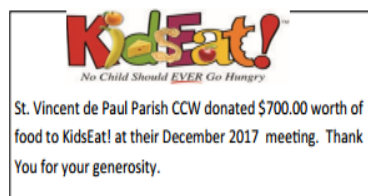
Epiphany party



St. Peter hosts DCCW Meeting



WDCCW at STM luncheon



SOUTHWEST DEANERY

Mary LeBaron, President — St. Paul's, Hurricane

From Cedar City in the north, Kanab in the East and Hurricane and St. George in the south, the Southwestern Deanery is busy year round serving their communities, taking Christ's message of love to their neighbors. The women's Council of **Saint Christopher's in Kanab** may be small but they are fierce. Working together with the Knights of Columbus, they put on charity events during the year to raise funds for Parish and community necessities. In particular, the Knights' annual spaghetti dinner is anticipated by the entire community and the CCW co-hosts an annual multi-denominational St. Patrick's Day Dinner charity event, that is supported by the entire town.

Saint Paul's Women's Council keeps busy with projects throughout the year. To serve the community, Saint Paul's participates annually in several events: they conduct a baby clothes and diaper drive to provide material goods to Hope Pregnancy Center, they provide a complete Thanksgiving Dinner for the residents of the Dove Center for victims of domestic violence and they sponsor a tree in the Hurricane Festival of Trees that contributes to the Hurricane Shop With A Cop program. They also work to build parish community at Saint Paul's by hosting several parish activities such as a Christmas Party, a Sweethearts Valentine Dance and a Saint Patricks Day luncheon. Their last meeting of the year is a well-deserved Tea for the Women's Council Members.

Saint George has also been actively serving their parish family and community through their efforts in conducting a "Snack Drive" for the kids of the local schools, a Diaper Drive for Hope Pregnancy Center and a Christmas Hat-Glove-Stuffed Animal Drive for our sister Mission San Pablo of Beryl Junction. The parish enjoys the best desserts when they hold their annual "Around the World" Christmas Bake Sale and the First Communicants and Confirmande are blessed with gracious receptions. The Saint George women's Council has also been kept busy providing funeral receptions (including for the heartbreaking loss of our beloved Deacon Mark) and hosting farewell and welcome receptions as wonderful Father Adrian moved north to Cedar and inspirational Father Daas came south to Saint George. They also graciously hosted a DCCW retreat last Spring.

Christ the King's Women Council in Cedar City has also been kept busy with receptions! They said goodbye this year to Father Bob, Father Richard and Sr. Yvonne and welcomed Fr. Adrian Komar. They raffled a beautiful statue of Mary and a quilt and held several other activities for their members. They hosted a Christmas party for the religious education children after their Christmas program and also sponsored the annual Parish Christmas Dinner held at Rusty's restaurant. With 100 people in attendance and the clergy and Sr. Yvonne as honored guests, it was a great success. They hosted the Stations of the Cross during Lent as well as a Lenten Tree holding requests for needed items for the various entities they support. They hosted the first ever DCCW Board meeting in the Southern Deanery and also graciously hosted a DCCW "Mary" retreat this February.

God has blessed us richly this year. Our women are a blessing to their respective parishes and communities. In return they have been blessed by the DCCW.



NORTHERN DEANERY

Sylvia Orosco, President — St. Joseph, Ogden

Holy Family Council of Catholic Women, South Ogden **Karen Fawbush, President**

HFCCW has been busy the past several months. The Northern Deanery had us collect gently used sweaters and coats for individuals, who are being released from jail. We collected three large bags full of coats and delivered them to our Northern Deanery President. The Lantern House is an ongoing project collecting personal hygiene items and baby products that are also being delivered to the YCC. We had a very fun Christmas party in December with lots of food, games and presents. We had a great turnout. Holy Family will be hosting the February Deanery Meeting on February 3, 2018. Our Pastor and Officers decided to change our usual monthly meeting structure to draw more women into Council of Catholic Women. We decided to get great speakers every other month that will do presentations on topics of interest to women and parishioners. So far we are seeing more interest in attending our meetings. Our goal is to become a Council devoting more time and energy towards the spiritual wellbeing of our members and not so much on how we can do more fund raising.

St Mary's Council of Catholic Women West Haven **Jessica Jurkowski, President**

In December St. Mary's held our annual Advent Dinner at Long Horn Steakhouse. We had 30 ladies in attendance. This year we all brought an ornament to exchange, which everyone seemed to enjoy. For January we held our annual Baby Shower for Jesus. We had 18 ladies in attendance. Deborah from St. Martha's Baby Project spoke to us about the services that they offer. The ladies of the parish were very generous and we sent an abundance of blankets and burp cloths.

St. Rose Council of Catholic Women Layton **Wendy DiGiacomo, President**

We had our bake sale in December, and it was a success. We had raffle baskets and shared the event with the Knights. They served their breakfast and the teen ministry also participated with a couple of baskets of their own. Our annual bingo is next month.

Northern Deanery President's Report **Sylvia Orosco, President**

Happy New Year. As you can see our parishes have been very busy doing all types of charity functions. I am very pleased with our Deanery Project collecting coats for the Weber County inmates when they are released from the jail. It was a remarkable success. We will be drawing the raffle ticket at our Deanery Meeting on February 3, 2018. I can't wait to see who the lucky winner of this beautiful quilt will be. It was donated by our Deanery Secretary, Jane Mathis. Holy Family will be hosting the next Northern Deanery meeting. We will be discussing a new project that probably will start after the new Deanery Board is in place.



THANKS FOR READING ♥

THE AWARE NEWSLETTER

Bonnie Siegrist, Editor — Blessed Sacrament,

THANKS FOR READING ♥

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