

Morrow County Services for Older Citizens
41 West Center Street, Mount Gilead, OH 43338
Phone 419-946-4191 Fax 419-946-1037
MARCH 2020 MENU



MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog Bun Redskin Potatoes Prince Charles Veggie Blend Malibu Fruit Mix Milk	3 Pork Cutlet Brussel Sprouts Sweet Potatoes Tropical Fruit Mix Roll Milk	4 Chipped Beef Green Beans Corn Three Berry Blend Texas Toast Milk	5 Pulled Chicken Bun Broccoli Cheddar Soup Sliced Beets Peaches Milk	6 Manicotti w/ Marinara Sauce Cooked Spinach Cooked Carrots Pears Milk
9 Shredded Beef Bun Potato Rounds Mixed Vegetables Pineapple Milk	10 Ham Cornbread Baked Beans Corn Strawberries Milk	11 Meatloaf Mashed Potatoes Sicilian Veggie Blend Fruit Salad Roll Milk	12 Pulled Pork Bun Corn Chowder Three Bean Salad Tropical Fruit Mix Milk	13 Egg & Cheese English Muffin Sandwich Broccoli Sweet Potato Tots Mandarin Oranges Milk
16 Chicken Patty Bun Mashed Sweet Potatoes Wax Beans Peaches Milk	17 Beef Vegetable Stew Mashed Potatoes Three Berry Blend Bread Milk	18 Chicken ala King w/ Vegetables Brussel Sprouts Applesauce Biscuit Milk	19 Sloppy Joe Bun Vegetable Soup Cucumber Salad Apricots Milk	20 Macaroni & Cheese California Blend Veggies Green Beans Pineapple Graham Crackers Milk
23 Pulled Chicken Bun Succotash Sweet Potato Tots Fruit Mix Milk	24 Egg & Bacon Sandwich Diced Hash Browns Broccoli Malibu Fruit Mix Milk	25 Chicken Lasagna Cooked Spinach Cooked Carrots Mandarin Oranges Milk	26 Veal Patty Bun Butternut Squash Bisque Tossed Salad Peaches Milk	27 Cheese Pizza Green Beans Cauliflower Pineapple Graham Cracker Milk
30 Chicken Breast Tuscan Asiago Veggies Corn Peaches Bread Milk	31 Roast Beef Mashed Potatoes Peas & Carrots Apricots Banana Muffin Milk		PLEASE RSVP THE DAY BEFORE BY 1:00PM. IF ORDERING FOR MONDAY YOU MUST CALL FRIDAY BY 1:00PM	Menu ingredient information may be obtained by contacting the Senior Center Nutrition Department 419-946-4191

Just a few reminders about our meal programs.

1. If you receive home delivered meals and are not going to be home for some reason, please call and cancel your meal. We cannot leave the meal if you are not going to be home. We also cannot leave the meal with anyone else. The meals are ordered at 1:30 the day before, so please cancel before 1:30.

If you signed up for lunch or an evening meal at the Senior Center please call and cancel your meal if you cannot come in.

2. We will try to deliver meals as long as the weather permits. Keep in mind if your driver feels as
 3. Please keep in mind we accept donations for your meals. We do not charge for the meals, but the meals are not free. If you can, we appreciate anything you can contribute towards the meal programs.

Thank you, if you have any questions please give us a call at the center.