

#### Application for Athletic Participation Senior High School

FOR SCHOOL USE ONLY								
Physical Ev	alua	ation Da	te:					
MON	ITH		DAY	YEAR				
GPA FALL	GPA	WINTER	Reported					
			To FHSAA					

Name (as it appears on birth certificate)				Student Number			
Street Address			Home Phone		Age	Date Birtl	
City / State / Zip Coo	de		Parent Work Phone		_	rent Cell one	
Sex M F (choose one)	Date Entered 9 <sup>th</sup> Grade	Schoo	ol				Current Grade Level
List all previous high schools attended:							

#### FHSAA Bylaws, Article 9.8.1:

Student Must Provide School with Signed Consent and Release Form to Participate. A student must have the consent of his/her parent(s) or legal guardian(s) to participate in interscholastic athletic programs at a member school. The student and his/her parent(s) or legal guardian(s) must also release the FHSAA, its member schools and contest officials from all liability for any injury or claim that may result from the student's participation in interscholastic athletics. This consent and release from liability must be provided in writing on a form developed by this Association for that purpose. The form must be signed by the student and his/her parent(s) or legal guardians. The student cannot be allowed to participate in any activity related to interscholastic athletic programs until the fully executed consent form is on file in the school.

**Preparticipation Physical** – In compliance with Florida Statute 1006.20 –this physician's certificate is valid for one year (365 days) from the date of the physical examination.

Florida Statute s 1006.20(2)(c) The organization (FHSAA) shall adopt bylaws that require all students participating in interscholastic athletic competition or who are candidates for an interscholastic athletic team to satisfactorily pass a medical evaluation each year prior to participating in interscholastic athletic competition or engaging in any practice, tryout, workout, or other physical activity associated with the student's candidacy for an interscholastic athletic team. Such medical evaluation can only be administered by a practitioner licensed under the provisions of chapter 458, chapter 459, chapter 460, or s. 464.012, and in good standing with the practitioner's regulatory board. The bylaws shall establish requirements for eliciting a student's medical history and performing the medical evaluation required under this paragraph, which shall include a physical assessment of the student's physical capabilities to participate in interscholastic athletic competition as contained in a uniform preparticipation physical evaluation and history form. The evaluation form shall incorporate the recommendations of the American Heart Association for participation cardiovascular screening and shall provide a place for the signature of the practitioner performing the evaluation with an attestation that each examination procedure listed on the form was performed by the practitioner or by someone under the direct supervision of the practitioner. The form shall also contain a place for the practitioner to indicate if a referral to another practitioner was made in lieu of completion of a certain examination procedure. The form shall provide a place for the practitioner to whom the student was referred to complete the remaining sections and attest to that portion of the examination. The preparticipation physical evaluation form shall advise students to complete a cardiovascular assessment and shall include information concerning alternative cardiovascular evaluation and diagnostic tests. Results of such medical evaluation must be provided to the school. No student shall be eligible to participate in any interscholastic athletic competition or engage in any practice, tryout, workout, or other physical activity associated with the student's candidacy for an interscholastic athletic team until the results of the medical evaluation have been received and approved by the school.

The following items must **be properly completed and submitted** to the Assistant Principal for Administration **before** the student-athlete is issued equipment or begins participation in any form in accordance with Articles 9.7.1 and 9.8.1 of the FHSAA Bylaws.

Pre-participation/Physical Examination (FHSAA EL2)	Agreement to pay fines for unsportsmanlike conduct
Birth Certificate – initial eligibility	Completed Medical Release cards (2 total)
Completed Application for Athletic Participation (FHSAA EL3 included)	Mandatory insurance coverage
Affidavit of Compliance with Policy on Athletic Recruiting (FHSAA GA4)	Current utility bill or proof of residence
Completion of NFHS Concussion in Sports, Sudden Cardiac Arrest, & Heat Illness Prevention Videos	Positive Coaching Alliance (PCA) Consent Form
Completed Media Release Form	

#### PERMISSION TO PARTICIPATE AND TRAVEL

	School	and to accompany the team as a memb	er on its many trips.
Date:		Signature:	
		Signa	ture of parent or legal guardian
INSURA	NCE		
Insurance		Insurance program In order to partici	student-athletes shall be required to purchase athlet pate In the Hillsborough County Interscholastic spor
	Varsity Football (fall) Varsity Football (spring) Junior Varsity Football (fall) Baseball Varsity Basketball Junior Varsity Basketball Soccer Girls Flag Football Lacrosse	Softball Volleyball Junior Varsity Volleyball Varsity Wrestling Junior Varsity Wrestling Varsity Cheerleaders Junior Varsity Cheerleaders Manager Golf	Varsity Cross Country Junior Varsity Cross Country Swimming Tennis Track Student Trainer Other non-sport Participant
Date:		Signature:	
Date:		Signature:Signa	ture of parent or legal guardian
UNIFOR I understa	RMS, EQUIPMENT, AND SUPPLI and that I,	ES (student-athlete), and or supplies issued to me while participat	
UNIFOR I understa	and that I,	ES (student-athlete), and or supplies issued to me while participate issued to me.	I my parents/legal guardians, (parents/legal guardian ting in the sport of I agree to repair of
UNIFOR I understare response replace an	and that I,	ES (student-athlete), and or supplies issued to me while participate issued to me.	
UNIFOR I understare response replace an	and that I,	(student-athlete), and or supplies issued to me while participations issued to me.  Signature:  Signature:	If my parents/legal guardians, (parents/legal guardian ting in the sport of I agree to repair of ture of student-athlete
UNIFOR I underst: are respo replace an	and that I,	(student-athlete), and or supplies issued to me while participations issued to me.  Signature:  Signature:	I my parents/legal guardians, (parents/legal guardian ting in the sport of I agree to repair
UNIFOR I underst: are respo replace an Date:	and that I,	(student-athlete), and or supplies issued to me while participations issued to me.  Signature:  Signature:	If my parents/legal guardians, (parents/legal guardian ting in the sport of I agree to repair of ture of student-athlete
UNIFOR I understare responseplace and Date: Date:	and that I,	Signa  ES  (student-athlete), and or supplies issued to me while participat issued to me.  Signature:  Signa Signa Signature:	If my parents/legal guardians, (parents/legal guardian ting in the sport of I agree to repair of ture of student-athlete
UNIFOR I understare responseplace and Date: Date: I HAVE	and that I,	Signa  ES  (student-athlete), and or supplies issued to me while participat issued to me.  Signature:  Signa Signa Signature:	d my parents/legal guardians, (parents/legal guardian ting in the sport of I agree to repair of ture of student-athlete  uture of parent or legal guardian  ON FORM COMPLETELY.

Signature of Assistant Principal for Administration

Date





# $Consent\ and\ Release\ from\ Liability\ Certificate\ (Page\ 1\ of\ 4)$

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

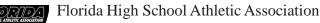
	1	•		will require this form to be re-submitted.
School:		Sc	chool District (if applic	able): Hillsborough County Public Schools
I have read the (con my school in inters know that athletic p sion, and even deat participating in athl hereby release and liability for any inju- athletic participation any injury or clain Florida, because o treatment for illness my records relating to photograph and/cand commercial ma authorizations and a	cholastic athletic competition. If accoraticipation is a privilege. I know on, is possible in such participation, an etics, with full understanding of the hold harmless my school, the schools ary or claim resulting from such athlet. I further release and hold harmlen resulting from THEIR OWN NE fany incident involving athletic pass or injury become necessary. I here to enrollment and attendance, acade tor videotape me and further to use materials without reservation or limita	nted on Page 4 of this "Conse epted as a representative, I ag f the risks involved in athletic declared to accept such risks. Tisks involved. Should I be 18 against which it competes, the participation and agree to the series my school/School Board EGLIGENCE and agree to the articipation. I hereby authority grant to FHSAA the right the time standing, age, discipline, ty name, face, likeness, voice tion. The released parties, hound that I may revoke any or series.	nt and Release Certificate" at ree to follow the rules of my c participation, understand the I voluntarily accept any and g years of age or older, or sha he school district, the contest ake no legal action against F of Hillsborough County, F ake no legal action agains ze the use or disclosure of to review all records relevan finances, residence and phys and appearance in connective wever, are under no obligatial	nd know of no reason why I am not eligible to represent y school and FHSAA and to abide by their decisions. It all responsibility for my own safety and welfare while ould I be emancipated from my parent(s)/guardian(s), It officials and FHSAA of any and all responsibility and HSAA because of any accident or mishap involving my elorida, of any and all responsibility and liability for the school/School Board of Hillsborough County, my individually identifiable health information should to my athletic eligibility including, but not limited to ical fitness. I hereby grant the released parties the right on with exhibitions, publicity, advertising, promotional on to exercise said rights herein. I understand that the ubmitting said revocation in writing to my school. By
tom; where divorce	tal/Guardian Consent, Ac ed or separated, parent/guardian wi consent for my child/ward to participa	ith legal custody must sign.)		d and signed by a parent(s)/guardian(s) at the bot- <u>PT</u> for the following sport(s):
List sport(	(s) exceptions here			
C. I know of, and spossible in such place is possible in such place in a pla	participation and choose to accept any in release and hold harmless my child ibility and liability for any injury or or a sishap involving the athletic participate, Florida of any and all responsipations the school/School Board of Himoty medical treatment for my child/source to the FHSAA, upon its requested and further to use said child marerial materials without reservation the potential danger of concussions than injury is sustained without proper or the feature of the potential danger of concussions than injury is sustained without proper or the feature of the featur	ows of, the risks involved in ity and all responsibility for his 's'ward's school, the schools claim resulting from such athl pation of my child/ward. It bility and liability for any it lisborough County, Florida ward should the need arise fd's/ward's individually identifst, of all records relevant to miscipline, finances, residence a l's/ward's name, face, likenes on or limitation. The released and/or head and neck injuries er medical clearance.  D CAREFULLY. YOU TVITY. YOU ARE AGOMPETES, THE SCHOONG THIS ACTIVITY. TO THE ACTIVITY OUR RIGHT TO PETES, THE SCHOONG	wher safety and welfare while against which it competes, the tetic participation and agree to the property of	pation, understand that serious injury, and even death, e participating in athletics. With full understanding of the school district, the contest officials and FHSAA of to take no legal action against the FHSAA because of old harmless my child's school/School Board of m THEIR OWN NEGLIGENCE and agree to take volving the athletic participation of my child/ward is under the supervision of the school. I uld treatment for illness or injury become necessary. I possibly including, but not limited to, records relating to the released parties the right to photograph and/or connection with exhibitions, publicity, advertising, no obligation to exercise said rights herein.  also have knowledge about the risk of continuing to the right to photograph and/or connection with exhibitions, publicity, advertising, no obligation to exercise said rights herein.  also have knowledge about the risk of continuing to the released parties and rights herein.  BETYOUR MINOR CHILD ENGAGE OF THE TYOUR STEPPERS ARD FHSAA IN THE RIGHT TO RESET OFFICIALS AND FHSAA IN THE RIGHT TO RELEASED TO LET YOUR TO REFUSE TO LET YOUR WIGHT TO REFUSE TO LET
F. I understand to writing to my school G. Please check to	te series contests, such action shall hat the authorizations and rights gran bl. By doing so, however, I understandhe appropriate box(es):  d is covered under our family health in the series of the	ated herein are voluntary and that my child/ward will no lo	that I may revoke any or all onger be eligible for participa	of them at any time by submitting said revocation in tion in interscholastic athletics.
Company:	d is covered by his/her school's activi	ties medical base insurance at	Policy Number:	
XX I have purchas	sed supplemental insurance through n	ny child's/ward's school.		parent/guardian signature is required)
Name of Parent/Gua	ardian (printed)	Signature of Parent/O	Guardian	Date

Date

Date

Name of Parent/Guardian (printed)

Signature of Parent/Guardian







### **Consent and Release from Liability Certificate for Concussions (Page 2 of 4)**

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

School: School District (if applicable): Hillsborough County Public Schools

#### **Concussion Information**

Concussion is a brain injury. Concussions, as well as all other head injuries, are serious. They can be caused by a bump, a twist of the head, sudden deceleration or acceleration, a blow or jolt to the head, or by a blow to another part of the body with force transmitted to the head. You can't see a concussion, and more than 90% of all concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. All concussions are potentially serious and, if not managed properly, may result in complications including brain damage and, in rare cases, even death. Even a "ding" or a bump on the head can be serious. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, your child should be immediately removed from play, evaluated by a medical professional and cleared by a medical doctor.

#### Signs and Symptoms of a Concussion:

Concussion symptoms may appear immediately after the injury or can take several days to appear. Studies have shown that it takes on average 10-14 days or longer for symptoms to resolve and, in rare cases or if the athlete has sustained multiple concussions, the symptoms can be prolonged. Signs and symptoms of concussion can include: (not all-inclusive)

- · Vacant stare or seeing stars
- · Lack of awareness of surroundings
- Emotions out of proportion to circumstances (inappropriate crying or anger)
- · Headache or persistent headache, nausea, vomiting
- · Altered vision
- · Sensitivity to light or noise
- · Delayed verbal and motor responses
- · Disorientation, slurred or incoherent speech
- Dizziness, including light-headedness, vertigo(spinning) or loss of equilibrium (being off balance or swimming sensation)
- · Decreased coordination, reaction time
- · Confusion and inability to focus attention
- · Memory loss
- Sudden change in academic performance or drop in grades
- · Irritability, depression, anxiety, sleep disturbances, easy fatigability
- In rare cases, loss of consciousness

#### **DANGERS** if your child continues to play with a concussion or returns too soon:

Athletes with signs and symptoms of concussion should be removed from activity (play or practice) immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to sustaining another concussion. Athletes who sustain a second concussion before the symptoms of the first concussion have resolved and the brain has had a chance to heal are at risk for prolonged concussion symptoms, permanent disability and even death (called "Second Impact Syndrome" where the brain swells uncontrollably). There is also evidence that multiple concussions can lead to long-term symptoms, including early dementia.

#### Steps to take if you suspect your child has suffered a concussion:

Any athlete suspected of suffering a concussion should be removed from the activity immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance from an appropriate health-care professional (AHCP). In Florida, an appropriate health-care professional (AHCP) is defined as either a licensed physician (MD, as per Chapter 458, Florida Statutes), a licensed osteopathic physician (DO, as per Chapter 459, Florida Statutes). Close observation of the athlete should continue for several hours. You should also seek medical care and inform your child's coach if you think that your child may have a concussion. Remember, it's better to miss one game than to have your life changed forever. When in doubt, sit them out.

#### Return to play or practice:

Following physician evaluation, the *return to activity process* requires the athlete to be completely symptom free, after which time they would complete a step-wise protocol under the supervision of a licensed athletic trainer, coach or medical professional and then, receive written medical clearance of an AHCP.

For current and up-to-date information on concussions, visit http://www.cdc.gov/concussioninyouthsports/ or http://www.seeingstarsfoundation.org

#### Statement of Student Athlete Responsibility

Parents and students should be aware of preliminary evidence that suggests repeat concussions, and even hits that do not cause a symptomatic concussion, may lead to abnormal brain changes which can only be seen on autopsy (known as Chronic Traumatic Encephalopathy (CTE)). There have been case reports suggesting the development of Parkinson's-like symptoms, Amyotropic Lateral Sclerosis (ALS), severe traumatic brain injury, depression, and long term memory issues that may be related to concussion history. Further research on this topic is needed before any conclusions can be drawn.

I acknowledge the annual requirement for my child/ward to view "Concussion in Sports-What You Need to Know" at www.nfhslearn.com. I accept responsibility for reporting all injuries and illnesses to my parents, team doctor, athletic trainer, or coaches associated with my sport including any signs and symptoms of CONCUSSION. I have read and understand the above information on concussion. I will inform the supervising coach, athletic trainer or team physician immediately if I experience any of these symptoms or witness a teammate with these symptoms. Furthermore, I have been advised of the dangers of participation for myself and that of my child/ward.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date	
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	
Name of Parent/Guardian (printed)	Signature of Parent/Guardian		



# Consent and Release from Liability Certificate for Sudden Cardiac Arrest and Heat-Related Illness (Page 3 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

School:	School District (if applicable): Hillsborough County Public Schools

#### **Sudden Cardiac Arrest Information**

Sudden cardiac arrest is a leading cause of sports-related death. This policy provides procedures for educational requirements of all paid coaches and recommends added training. Sudden cardiac arrest is a condition in which the heart suddenly and unexpectedly stops beating. If this happens, blood stops flowing to the brain and other vital organs. SCA can cause death if it's not treated within minutes.

Symptoms of sudden cardiac arrest include, but not limited to: sudden collapse, no pulse, no breathing.

Warning signs associated with sudden cardiac arrest include: fainting during exercise or activity, shortness of breath, racing heart rate, dizziness, chest pains, extreme fatigue.

It is strongly recommended all coaches, whether paid or volunteer, are regularly trained in CPR and the use of an AED. Training is encouraged through agencies that provide hands-on training and offer certificates that include an expiration date.

Automatic external defibrillators (AEDs) are required at all FHSAA State Series games, tournaments and meets. The FHSAA also strongly recommends that they be available at all preseason and regular season events as well along with coaches/individuals trained in CPR.

#### What to do if your student-athlete collapses:

- 1. Call 911
- 2. Send for an AED
- 3. Begin compressions

#### **FHSAA Heat-Related Illnesses Information**

People suffer heat-related illness when their bodies cannot properly cool themselves by sweating. Sweating is the body's natural air conditioning, but when a person's body temperature rises rapidly, sweating just isn't enough. Heat-related illnesses can be serious and life threatening. Very high body temperatures may damage the brain or other vital organs, and can cause disability and even death. Heat-related illnesses and deaths are preventable.

Heat Stroke is the most serious heat-related illness. It happens when the body's temperature rises quickly and the body cannot cool down. Heat Stroke can cause permanent disability and death.

Heat Exhaustion is a milder type of heat-related illness. It usually develops after a number of days in high temperature weather and not drinking enough fluids.

Heat Cramps usually affect people who sweat a lot during demanding activity. Sweating reduces the body's salt and moisture and can cause painful cramps, usually in the abdomen, arms, or legs. Heat cramps may also be a symptom of heat exhaustion.

#### Who's at Risk?

Those at highest risk include the elderly, the very young, people with mental illness and people with chronic diseases. However, even young and healthy individuals can succumb to heat if they participate in demanding physical activities during hot weather. Other conditions that can increase your risk for heat-related illness include obesity, fever, dehydration, poor circulation, sunburn, and prescription drug or alcohol use.

#### What to do if these symptoms develop:

Any student who develops any of the above symptoms understands and agrees to stop all physical activity and seek immediate medical attention.

By signing this agreement, I acknowledge the annual requirement for my child/ward to view both the "Sudden Cardiac Arrest" and "Heat Illness Prevention" courses at <a href="www.nfhslearn.com">www.nfhslearn.com</a>. I acknowledge that the information on Sudden Cardiac Arrest and Heat-Related Illness have been read and understood. I have been advised of the dangers of participation for myself and that of my child/ward.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date



## Consent and Release from Liability Certificate (Page 4 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

## Attention Student and Parent(s)/Guardian(s)

Your school is a member of the Florida High School Athletic Association (FHSAA) and follows established rules. To be eligible to represent your school in interscholastic athletics, in an FHSAA recognized sport (i.e. bowling, competitive cheerleading, girls flag football, lacrosse, boys volleyball, water polo and girls weightlifting or sanctioned sport (i.e. baseball, basketball, cross country, tackle football, golf, soccer, fast-pitch softball, swimming & diving, tennis, track & field, girls volleyball, boys weightlifting and wrestling), the student:

- 1. This form is non-transferable; a separate form must be completed for each different school at which a student participates.
- 2. Must be regularly enrolled and in regular attendance at your school. If the student is a home education student or attends a charter school or Florida Virtual School Full time Program or a special/alternative school or certain small non-member private schools, the student must declare in writing his/her intention to participate in athletics to the school at which the student is permitted to participate. Home education students and students attending small non-member private schools must be approved through the use of a separate form prior to any participation. (FHSAA Bylaw 9.2, Policy 16 and Administrative Procedure 1.8)
- 3. Must attend school within 10 days of the beginning of each semester to be eligible during that semester. (FHSAA Bylaw 9.2)
- 4. Must maintain at least a cumulative 2.0 grade point average on a 4.0 unweighted scale prior to the semester in which the student wishes to participate. This GPA must include all courses taken since the student entered high school. A sixth, seventh or eighth grade student must have earned at least a 2.0 grade point average on 4.0 unweighted scale the previous semester. (FHSAA Bylaw 9.4)
- 5. Must not have graduated from any high school or its equivalent. (FHSAA Bylaw 9.4)
- 6. Must not have **enrolled in the ninth grade for the first time** more than four school years ago. If the student is a sixth, seventh or eighth grade student, the student must not participate if repeating that grade. (FHSAA Bylaw 9.5)
- 7. Must have signed permission to participate from the student's parent(s)/legal guardian(s) on a form (EL3) provided the school. (Bylaw 9.8)
- 8. Must not turn 19 before September 1<sup>st</sup> to participate at the high school level; must not turn 16 prior to September 1<sup>st</sup> to participate at the junior high level; and must not turn 15 prior to September 1<sup>st</sup> to participate at the middle school level, otherwise the student becomes permanently ineligible. (FHSAA Bylaw 9.6)
- 9. Must undergo a pre-participation physical evaluation and be certified as being physically fit for participation in interscholastic athletics (form EL2).
- 10. Must be an amateur. This means the student must not accept money, gift or donation for participating in a sport, or use a name other than his/her own when participating. (FHSAA Bylaw 9.9)
- 11. Must not participate in an all-star contest in a sport prior to completing his/her high school eligibility in that sport. (FHSAA Policy 26)
- 12. Must display good sportsmanship and follow the rules of competition **before**, **during and after** every contest in which the student participates. If not, the student may be suspended from participation for a period of time. (FHSAA Bylaw 7.1)
- 13. Must not provide false information to his/her school or to the FHSAA to gain eligibility. (FHSAA Bylaw 9.1)
- 14. Youth exchange, other international and immigrant students must be approved by the FHSAA office prior to any participation. Exceptions may apply. See your school's principal/athletic director. (FHSAA Policy 17)
- 15. Must refrain from hazing/bullying while a member of an athletic team or while participating in any athletic activities sponsored by or affiliated with a member school.

If the student is declared or ruled ineligible due to one or more of the FHSAA rules and regulations, the student has the right to request that the school file an appeal on behalf of the student. See the principal or athletic director for information regarding this process.

By signing this agreement, the undersigned acknowledges that the information on the Consent and Release from Liability Certificate in regards to the FHSAA's established rules and eligibility have been read and understood.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date	_
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_

Revised 05/17



## Florida High School Athletic Association

# Preparticipation Physical Evaluation (Page 1 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Student's Name:				Sex:	Age:	Date of Birth:	' /
School:							
Home Address:							
Name of Parent/Guardian:				E-mail:			
Person to Contact in Case of Emergency:							
Relationship to Student: Home Phot	ne: (		Work Ph	one: ()		Cell Phone: () _	
Personal/Family Physician:		Cit	y/State:			_ Office Phone: ()	
Part 2. Medical History (to be completed by stud	dent or p	arent). Ex	plain "yes" ans	swers below	. Circle q	uestions you don't know	answers t
•	Yes No		ı J			•	Yes N
1. Have you had a medical illness or injury since your last			Have you ever be			_	
check up or sports physical?		27.		heeze or have	e trouble br	eathing during or after	
2. Do you have an ongoing chronic illness?			activity?				
3. Have you ever been hospitalized overnight?			Do you have astl				
4. Have you ever had surgery?				_	_	re medical treatment?	
5. Are you currently taking any prescription or non-						rective equipment or	
prescription (over-the-counter) medications or pills or using an inhaler?					2	For your sport or position ll, foot orthotics, shunt,	
6. Have you ever taken any supplements or vitamins to			retainer on your	teeth or hearii	ng aid)?		
help you gain or lose weight or improve your		31.	Have you had an	y problems w	ith your ey	es or vision?	
performance?			Do you wear gla				
		33.	Have you ever h	ad a sprain, st	rain or swe	lling after injury?	
medicine, food or stinging insects)?						or dislocated any joints?	
8. Have you ever had a rash or hives develop during or after exercise?			Have you had an tendons, bones o		ems with p	ain or swelling in muscles,	
9. Have you ever passed out during or after exercise?			If yes, check app	-	k and explo	ain below:	
10. Have you ever been dizzy during or after exercise?			Head	Elbo	W	Hip Thigh	
11. Have you ever had chest pain during or after exercise?				Fore	arm –	Knee	
12. Do you get tired more quickly than your friends do			Back	Wris	t –	Shin/Calf	
during exercise?			Chest	Hand	1	Ankle	
13. Have you ever had racing of your heart or skipped heartbeats?			Neck Back Chest Shoulder	Fing	er _		
			Upper Arm				
15. Have you ever been told you have a heart murmur?			Do you want to				
16. Has any family member or relative died of heart				ght regularly t	o meet wei	ight requirements for your	
problems or sudden death before age 50?			sport? Do you feel stres	and out?			
17. Have you had a severe viral infection (for example,			Have you ever b		with cickl	a call anamia?	
myocarditis or mononucleosis) within the last month?			•	_		ng the sickle cell trait?	
18. Has a physician ever denied or restricted your			•	_		nunizations (shots) for:	
participation in sports for any heart problems?			Tetanus:	•			
19. Do you have any current skin problems (for example,			Hepatitus B:			ox:	
itching, rashes, acne, warts, fungus, blisters or pressure sores)?	,					· · ·	
20. Have you ever had a head injury or concussion?		FEM	IALES ONLY (	ptional)			
21. Have you ever been knocked out, become unconscious or lost your memory?					period? _		_
22. Have you ever had a seizure?						riod?	_
23. Do you have frequent or severe headaches?						n the start of one period to	
24. Have you ever had numbness or tingling in your arms,		_	the start of anoth	er?			-
hands, legs or feet?						ast year?	
25. Have you ever had a stinger, burner or pinched nerve?			what was the ion	gest time betw	een period	s in the last year?	-
Explain "Yes" answers here:							



Revised 05/17



## Florida High School Athletic Association

# Preparticipation Physical Evaluation (Page 2 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Height: W	leight:	% Rody Fat (ont	ional).		Pulse	Blood Pressure:	Date of Birth:	
Temperature:						Blood Tressure.		_,/
Visual Acuity: Right 20/						Unequal		
FINDINGS	NORMAL				ABNORMAL FIN			INITIALS
MEDICAL								
1. Appearance								
2. Eyes/Ears/Nose/T	hroat							
3. Lymph Nodes								
4. Heart								
5. Pulses								
6. Lungs								
7. Abdomen								
8. Genitalia (males o	only)							
9. Skin							_	
10. Neurological								
11. Psychiatric								
MUSCULOSKELETAL		-						-
12. Neck								
13. Back								
14. Shoulder/Arm							_	
15. Elbow/Forearm								
16. Wrist/Hand								
17. Hip/Thigh								
18. Knee								
19. Leg/Ankle								
20. Foot  - station-based examina	ion only							
ASSESSMENT OF EXA	•	J/PHYSICIAN A	SSISTA	NT/N	URSE PRACTITIO	)NER		
						direct supervision with the	e following conclusion	n(s):
Cleared without limi		•				•		
Disability:					Diagnosis:			
					· · · · · · · · · · · · · · · · · · ·			
Precautions:								
Not cleared for:						Reason:		
Cleared after comple	ting evaluation/rehabilit	tation for:						
						For:		
Keleffed to						101		
Dagamman dational								
Recommendations:								
	in Aniston (A)						D.	, ,





# Preparticipation Physical Evaluation (Page 3 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Student's Name:		
ASSESSMENT OF PHYSICIAN TO WHOM REFERRED (if applicable		
I hereby certify that the examination(s) for which referred was/were performed	d by myself or an individual under my direct supervision	with the following conclusion(s):
Cleared without limitation		
Disability:	Diagnosis:	
Precautions:		
Not cleared for:		
Cleared after completing evaluation/rehabilitation for:		
Recommendations:		
Name of Physician (print):		Date: / /
Address:		
Signature of Physician:		

Based on recommendations developed by the American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine and American Osteopathic Academy for Sports Medicine.



# School District of Hillsborough County MEDICAL RELEASE FORM

Name of Student:			
Name of Parent:			
Parent home phone:	Parent business phone:	Parent ce	Il phone:
and all medical and surgical treatme officials of the Hillsborough County S treatments, anesthetics, operations, a	OR PART II ) and/or legal guardians of nts, including anesthesia and operations that may chool Board. The intention hereof is to grant au and diagnostic procedures that may now or during rill be taken until an attempt is made to cont	<ul> <li>be deemed advisable be thority to administer and the course of the patie</li> </ul>	ly any qualified physician selected by agents or I to perform all and singularly any examination, nt's care, be deemed advisable or necessary by
IN WITNESS of our consent and agree	ement to the matters stated above, we have subsc	ribed our signature belov	v.
Signature of parent or guardian:		Date:	
STATE OF FLORIDA COUNTY OF HILLSBOROUGH SUBSCRIBED AND SWORN TO B	EFORE ME A NOTARY PUBLIC, THIS	DAY OF	_ 20
My Commission expires:			
Notary Public:			
PART II (ONLY COMPLETE PART As parent or guardian of the ath	I <b>OR PART II)</b> ete listed above, <u>I <b>do not desire</b></u> to sign the med	ical and surgical release	form above.
Signature of parent or guardian:		Date:	
(Do not sign both parts. This for	m does not need to be notarized if Part II is signe	d.)	



# School District of Hillsborough County MEDICAL RELEASE FORM

Name of Student:			
Name of Parent:			
Parent home phone:	Parent business phone:	Parent ce	ll phone:
and all medical and surgical treatme officials of the Hillsborough County S treatments, anesthetics, operations, a	OR PART II ) and/or legal guardians of nts, including anesthesia and operations that may chool Board. The intention hereof is to grant au and diagnostic procedures that may now or during rill be taken until an attempt is made to cont	be deemed advisable by thority to administer and the course of the patien	y any qualified physician selected by agents or to perform all and singularly any examination, nt's care, be deemed advisable or necessary by
IN WITNESS of our consent and agre-	ement to the matters stated above, we have subsc	ribed our signature belov	v.
Signature of parent or guardian:		Date:	
STATE OF FLORIDA COUNTY OF HILLSBOROUGH SUBSCRIBED AND SWORN TO B	EFORE ME A NOTARY PUBLIC, THIS	DAY OF	
My Commission expires:			
Notary Public:			
PART II (ONLY COMPLETE PART As parent or guardian of the ath	I OR PART II) ete listed above, <u>I do not desire</u> to sign the med	ical and surgical release t	form above.
Signature of parent or guardian:		Date:	
(Do not sign both parts. This for	rm does not need to be notarized if Part II is signe	d.)	



## **Student Media Release Form**

Da	ate:		<u> </u>	
Sc	chool:			
Stı	udent ID Number:			
Stı	udent Name:			
Ho	ome Address:			
Cit	ty:	State:	Zip:	
De	ear Parent/Guardian:			
ev vic po sp yo	roughout the school year, the medents. Hillsborough County Public deotape your child for promotional esters, brochures, and newsletters ecial district events. Before your ou must give your permission by significant side.	Schools also may w and educational rea ; on the Internet, rad child can participate	ish to interview, photograph sons to utilize in publication io, or television; or for other in any of the above activitie	n, or ns, r es,
	I give my permission for my chi for use in school/district publicati Internet or by the general news rhis/her name to be published in snews publications or broadcasts. I do not give my permission for videotaped for use in school/distrimedia for print, broadcast, or on school/district publications, on the	ons, school district p media for print, broad school/district publica r my child to be inter rict publications, or fo websites; nor for his	roductions, or for use on the deast, or on websites; and for ations, on the Internet, or in wiewed, photographed, or or use by the general news /her name to be published it	e or in
Pa	arent/Guardian signature:			
Pa	arent/Guardian name (please print):_			
Da	oto.			

#### Social Media Policy and Guidelines for Student Athletes

Newsome High School recognizes and supports the student-athletes' rights to freedom of speech, expression, and association, including the use of social media; however, parents and student-athletes must acknowledge that playing and competing for NHS is a privilege and not a right. As a student-athlete, you have the responsibility to portray your team, your school, and yourselves in a positive manner at all times.

Student athletes should understand that third parties, including the media, faculty, and future potential NCAA officials can easily access your social media profiles and view all personal information. Inappropriate material found by third parties affects the perception of the student athlete, the athletic department, and NHS. Student athletes need to remember that NOTHING is private on social media.

#### NHS will not tolerate disrespectful comments and behavior online, such as:

- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity examples: derogatory comments regarding another individual; taunting comments aimed at a student athlete, coach, or team at another institution; derogatory comments against race, gender, and sex.
- No photos, videos, posts, or comments should depict or encourage unacceptable, violent, or illegal activities: examples: hazing, sexual harassment/assault, nudity, inappropriate gestures, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use.

Student-athletes found to have violated the NHS Social Media Policy may be subject to the following penalties:

- 1. Written or Verbal Warning
- 2. Meeting with Head Coach and Athletic Director
- 3. Game suspension or removal from athletic team

#### Hazing

Hazing is defined as recklessly or intentionally endangering the mental or physical safety or health of any student for purposes including, but not limited to, initiation or admission into or affiliation with any organization operating under the sanction of a high school and in accordance with section 1006.63, F.S.

Newsome High School strives to maintain a healthy athletic program in which all students feel safe and welcome and can be proud of the school and athletic program they represent. I understand that hazing of any kind is not allowed on this campus and in the athletic program. This includes mental, verbal, and physical acts. I further understand that it is my duty to report any acts of hazing that I see to a coach or administrator on campus.

The undersigned parent(s) guardian(s) and student athlete acknowledge having received an adequate opportunity to review this agreement, including policies on Hazing and Social Media. By signing below, I agree to uphold this Newsome Policy and understand that any violation may result in my immediate suspension from athletics and further disciplinary action as outlined in school policy and procedures.

Students name:	_Students signature:
Parent/guardian name:	Parent/guardian signature:
Date:	



## School District of Hillsborough County Payment of Fines

Student Name	Parent/Guardian Name	
School	Sport	
I am responsible for my conduct and District of Hillsborough County. An	derstand that as an athlete representing my school, behavior in the athletic program of the School y fines or penalties assessed against the school as a ad/or parent will be the responsibility of the student	
against my school if I am ejected of	chool Athletics Association (FHSAA) charges a fine or disqualified for unsportsmanlike conduct or gross e event of my ejection or disqualification while pay the fine or fines as follows:	
<ol> <li>General Unsportsmanlike Cor</li> <li>Gross Unsportsmanlike Cond</li> </ol>		
contests as a result of my ejection of understand that I will not represent rebeen paid to my school. We un	HSAA may not allow me to participate in athletic or disqualification for unsportsmanlike conduct. We my school in any athletic contests until all fines have derstand that as a student-athlete I am subject to principal of my school depending on the severity of	
Print Student's Name Date	Signature of Student-Athlete	
Print Parent/Guardian Name Date	Signature of Parent/Guardian	

<sup>\*</sup>General unsportsmanlike conduct includes, but may not be limited to, use of profanity, fighting, flagrant foul, or other unsportsmanlike acts.

<sup>\*\*</sup>Gross unsportsmanlike conduct is an act of malicious and hateful nature toward a contest official or opponent. Such acts include, but are not limited to: cursing, striking, or threatening a contest official during a contest or at any other time because of resentment over occurrences or decisions during a contest; physical contact with an opponent that is beyond the normal scope of competition and appears to be with the intent of inflicting bodily harm on the opponent; spitting on contest official or opponent; directing gender, racial, or ethnic slurs toward a contest official or opponent; or other such acts that may be deemed unacceptable conduct by the principal of the school.



# Positive Coaching Alliance Parental Permission to Release Student Data

We would like your permission to use your child's information to evaluate the effectiveness of: The Positive Coaching Alliance trainings that we are offering at some schools. We need this data to track your student's progress and examine if the PCA training is having a measurable effect on your child's success.

This form tells you about the program and any data that will be used by the evaluation.

As a student athlete, your child will still benefit from the PCA training, even if you do not want us to use the information to evaluate the effectiveness of the program. Your allowing us to use the data lets us improve our program for your child and future students.

#### What educational records are needed?

To evaluate this program, we will need to have your permission to ask Hillsborough County Public Schools to provide your child's data to an external evaluator. This is private information that we must have your approval to use. The requested records are: pre-Post survey results; grades; discipline records; attendance records; district and state test scores.

Federal law (FERPA) requires us to keep educational information about your child private. We will keep your child's records private by not providing any of the information to anyone not directly involved in the evaluation of PCA training, reviewing analyses and reports to make sure students are not identified, only releasing analyses that do not identify individual students, and only keeping the individual information necessary for analysis for two years.

We will only use the educational data for the purposes explained in this document, and all copies of your child's education information will be destroyed or returned to the school district office at the conclusion of the project. No individually identifying educational data will be saved by the researchers.

#### What happens if you decide not to let your child take part in this study?

You should only agree to release your child's information if you want to. You should not feel that there is any pressure to release it. If you decide not to release your child's data, or change your mind, your child will still be able to participate in the program, will not be in trouble or lose any of his/her rights.

#### You can get the answers to your questions, or concerns.

If you have any questions, concerns or complaints about this study, call the Athletics Department at 813-273-7536

### Consent for Child to Participate in this Research Study

**I consent to release my child's data.** I understand that by signing this form I am releasing educational data about my child and I have verified my child's Hillsborough County Public Schools district ID number (i.e., Student Number).

Date

I DO NOT consent to release my child's data for the research project. (Parental Initials)





# Affidavit of Compliance with the Policies on Athletic Recruiting & Non-Traditional Student Participation

For: Any student who changes attendance to a member school at any time, regardless of whether the change occurs during the school year

(i.e. a transfer) or during the summer period between school years, including youth exchange, international and immigrant students, or is a "Non-Traditional" student (i.e. home education, certain charter and special/alternative school, certain private school, FLVS Full Time Public Program, etc.) participating for your school. *This form is not required for students entering from a terminating grade* 

school (i.e. 5th grade to 6th, 8th grade to 9th grade).

Action: Must be read and signed in the presence of a notary public by the student and his/her parent(s)/legal guardian(s) appointed by a court

of competent jurisdiction. This form only needs to be done once for each change of schools or change in participation as a

"Non-Traditional" student at a member school.

Due date: Must be received by the school on or before the first day of practice as established on the FHSAA Calendar for the first sport in which

the student wishes to participate, as posted on the FHSAA Website.

Required by: FHSAA Policies.

**Purpose:** To heighten the awareness of and compliance with rules prohibiting athletic recruiting on the part of student-athletes, their parents

legal guardians, and member schools, as well as participation with a member school as a "Non-Traditional" student.

Verification: Page 3 will be checked for completeness. Submission of this form DOES NOT grant eligibility.

#### TO: STUDENT-ATHLETE

The school that you have chosen to attend, or participate for as a "Non-Traditional" student, is a member of the Florida High School Athletic Association (FHSAA). The FHSAA has rules that prohibit a member school from making any effort to encourage or entice a student to attend or participate there for athletic purposes. This is called athletic recruiting, and it is not permitted on the high school level. The Florida Legislature, in fact, has directed the FHSAA to "adopt bylaws that specifically prohibit the recruiting of students for athletic purposes." Florida law also regulates the participation in interscholastic athletics by "Non-Traditional" students.

What follows is an explanation of athletic recruiting rules, as well as regulations related to participation by "Non-Traditional" students, and the penalties for violating them. You and your parent(s) or legal guardian(s) must read this document and declare that you were not recruited to attend or participate for the school for athletic purposes and that you are aware of the regulations regarding participation as a "Non-Traditional" student by signing the attached "Affidavit of Compliance" in the presence of a notary public. The signed affidavit must be submitted to the member school prior to a date not earlier than the first day of practice of the first sport in which the student wishes to participate, as posted on the FHSAA Website.

Please read this information carefully. Sign the affidavit truthfully and honestly. Do not sign the affidavit if you have any questions about these rules or believe that a violation of these rules may have occurred. Instead, have your school's athletic director contact the FHSAA Office by phone at 352.372.9551 ext. 340 or by e-mail at compliance@fhsaa.org. Violations of these rules and regulations can and do result in severe penalties for the school and the student-athlete. Making an inaccurate statement by signing the affidavit when you know you should not will only make these penalties worse for all involved if violations are later determined to have occurred.

#### What is athletic recruiting?

Athletic recruiting is any attempt by any employee or athletic department staff member of an FHSAA member school, a representative of the school's athletic interests or a third party to pressure, urge or entice a student who does not currently attend or participate for that school to change his/her attendance or participation there for the purpose of athletic participation. This occurs when the school employee, athletic department staff member or representative of the school's athletic interests makes improper contact with the student or a member of his/her family in an effort to pressure or urge the student to go to that school OR promises, offers or gives the student an impermissible benefit in an effort to entice the student to go to or participate for that school.

#### Who is "a representative of the school's athletic interests?"

Any person, business or organization that participates in, assists with, and/or promotes a school's athletic program is considered to be a representative of the school's athletic interests. This includes, but is not limited to:

- A student-athlete or other student participant in the athletic program at that school;
- The parents, guardians or other family members of a student-athlete or other student participant in the athletic program at that school;
- Immediate relatives of a coach or other members of the athletic department staff at that school;
- A volunteer with that school's athletic program;
- A member of an athletic booster organization of that school;
- A person, business or organization that makes financial or in-kind contributions to the athletic department or that is otherwise involved in promoting the school's interscholastic athletic program.

#### What is improper contact with a student who does not attend a school?

Any contact or communication of any kind with a student who does not attend or participate for a particular school, or a member of the student's family, in attempt to pressure, urge or entice the student to change attendance to a different school for athletic reasons is improper. The improper contact can either be in person, through written or electronic means such as letters, flyers, e-mails, text messages, social media or through a third party. Did someone talk you into changing to this school to play athletics? Did someone urge you to change to this school to play athletics? If so, you may have been athletically recruited.



Affidavit of Compliance with the Policies on Athletic Recruiting & Non-Traditional Student Participation

#### What is an impermissible benefit?

An impermissible benefit is any benefit that is promised, offered or given to a student or a member of his/her family but is not offered or generally made available to all students who apply to or attend or participate for the school. Did someone promise, offer or give you anything more than what any other student who attends or participate for this school is generally promised, offered or given that caused you to decide to change to this school? If so, it probably is an impermissible benefit.

#### What is a "third party"?

A "third party" is an independent person, business or organization who may or may not be a representative of the school's athletic interests.

#### What are the penalties for violations of athletic recruiting rules by a member school?

A member school that violates athletic recruiting rules will be assessed one or more of the following penalties:

- A public reprimand;
- A financial penalty;
- Forfeiture of all contests and awards won in which the student who was athletically recruited or received an impermissible benefit participated or contributed;
- One or more forms of probation (administrative, restrictive or suspension) for one or more years;
- Prohibition against participating or coaching in certain competitions, including state playoffs, for one or more years in the sport(s) in which the violation(s) occurred;
- Prohibition against participating in any competitions for one or more years in the sport(s) in which the violation(s) occurred;
- · Restricted membership for one or more years during which some or all of the school's membership privileges are restricted or denied;
- Expulsion from membership in the FHSAA.

#### What are the penalties for a student who is found to have been athletically recruited or receives an impermissible benefit?

A student who is found to have accepted an impermissible benefit will be ineligible for athletic competition for one or more years at the school where the violation occurred, and may be declared ineligible for athletic competition at all FHSAA member schools for one or more years.

#### What are the regulations regarding the participation of "Non-Traditional" students?

A Non-Traditional student is eligible to participate provided:

- The student meets the same residency requirements as other students in the school at which he/ she participates; and
- The student meets the same standards of acceptance, behavior and performance as required of other students in extracurricular activities; and
- The student registers with the school his/her intent to participate in interscholastic athletic competition as a representative of the school, utilizing the official Association process as approved by the Executive Director, prior to a date not earlier than the first day of practice for the sport(s) in which he/she wishes to participate, as posted on the FHSAA website; and
- The student complies with all FHSAA regulations, including eligibility requirements regarding age and limits of eligibility, and local school regulations during the time of participation; and
- The student provides proof of basic medical insurance coverage and both independently secured catastrophic insurance coverage and liability
  insurance coverage which names the FHSAA as an insured party in the event the school's insurance provider does not extend coverage to such
  students; and
- The student provides his/her own transportation to and from the school; and
- The student provides to school authorities all required forms (including, but not limited to, the EL2, EL3 and, where applicable, the EL7, EL7V, EL12, EL12V and EL14) and provisions.

#### What are the penalties for violations of regulations regarding "Non-Traditional" student by a member school?

Allowing students to participate without properly registering a non-traditional student will subject the school to a monetary penalty.





# Affidavit of Compliance with the Policies on Athletic Recruiting & Non-Traditional Student Participation

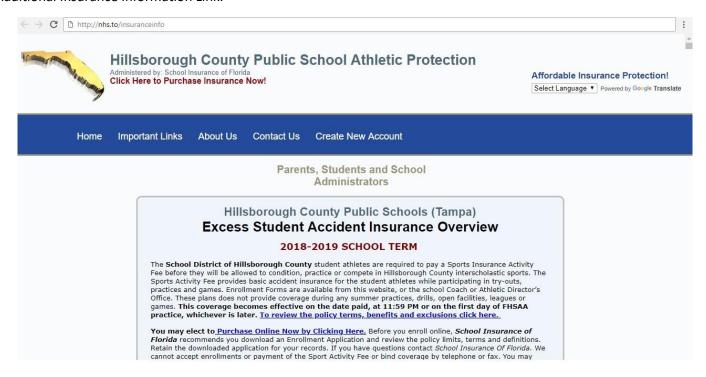
The student/parent must complete, obtain all applicable signatures before a notary public and submit this form to the school **on or before the first day of practice for the first sport in which the student wishes to participate**, as established on the FHSAA Calendar. Submission of this form **DOES NOT** grant eligibility. The student must be **ELIGIBLE** in all other respects.

We, the undersigned, being sworn, certify that the  1. Student {full legal name}	•		("THIS STUDENT"),
who was born on {date}			\
participate for {school now attending/participating}		-	_
commencing on {date}			(,,
THIS STUDENT has previously attended/particip		ary schools beginning with the most recent and	! working back in time}
2. I have read and understand the definition of contact" and "impermissible benefit", or I have re	f athletic recruiting, including the ead and understand the regulations	explanation of the terms "representatives of th regarding participation as a "Non-Traditional	e school's athletic interests", "improper ' student.
3. No employee, athletic department staff m third party has had communication, directly or ir pressure, urge or entice THIS STUDENT to change	ndirectly, through intermediaries, or	or otherwise with THIS STUDENT or any me	ember of his/her family in an attempt to
4. No employee, athletic department staff m third party is giving, has given, has offered or proor any member of his/her family for the purpose of	mised to give, directly or indirectly	y, through intermediaries, or otherwise any im	
5. If THIS STUDENT is a "Non-Traditional" EL7V, EL12, EL12V and EL14 forms <b>prior to a c</b> on the FHSAA Website			
6. If THIS STUDENT is a youth exchange (J EL3 forms and, where applicable, the EL4 Form.	I-1 and F-1 Visas), international or	r immigrant student, THIS STUDENT has sub	omitted to THIS SCHOOL the EL2 and
I understand that I am swearing or affirming making a false statement includes fines and/o SCHOOL to fines, forfeitures, probations and postor STUDENT/PARENT(S)/LEGAL GUARI	r imprisonment. I further under sible expulsion from membership	stand that the penalties for knowingly making	g a false statement may subject THIS
	/	STATE OF FLORIDA, COUNTY OF	
Signature of Student	Date	Sworn to or affirmed before me on {dat [Notary Seal:]	
Printed Name of Student			
	/		
Signature of Parent/Legal Guardian	Date		
Printed Name of Parent/Legal Guardian		Signature of Notary	
Signature of Parent/Legal Guardian	/ <sub>Date</sub>	Printed Name of Notary	
		NOTARY PUBLIC My commission expires:	, 20
Printed Name of Parent/Legal Guardian		Personally known to me	
		OR Produced Identification	
		Type of Identification Produced	

#### Insurance Link:



#### Additional Insurance Information Link:



In the continuing effort to prevent sports injuries and to educate student-athletes about concussions, sudden cardiac arrest and heat-illness prevention, we require all student-athletes to view an online presentation on each topic prior to any conditioning, tryout or competition.

These courses, presented by the National Federation of State High School Associations (NFHS) are free but do require an email log in. Each course provides a completion certificate which must be submitted with all other required paperwork.

Concussion course signup link: nhs.to/concussion

Sudden Cardiac Arrest course signup link: nhs.to/cardiac

Heat Illness Prevention course signup link: nhs.to/heat