

3rd Annual Canterbury 10K Road Race
 Canterbury, CT
 4/15/2017 - 9:00 AM
 Results by: The EMPIRE Timing Co.
 www.theempiretc.com

***** 10K Results *****

Place	No.	Name	S	Age	Div	Gun Time	Pace	City	St
1	371	Peter Kazery	M	26	M2029	34:46.0	5:36	Ebensburg	PA
2	294	Brett Jackson	M	38	M3039	38:41.3	6:14	Brooklyn	CT
3	487	Jon Dipippo	M	47	M4049	39:23.1	6:21	Brooklyn	CT
4	292	Heath Leber	M	30	M3039	43:07.4	6:57	Bristol	CT
5	308	Kurt Ogren	M	48	M4049	44:39.5	7:12	Seymour	CT
6	277	Nicholas Bertora	M	26	M2029	44:44.7	7:13	Lebanon	CT
7	370	Steve Finton	M	57	M5059	44:57.9	7:15	Mystic	CT
8	490	Nojeem Ogungbo	M	33	M3039	46:12.1	7:27	New London	CT
9	320	Daniel Clements	M	31	M3039	46:16.7	7:27	Manchester	CT
10	299	Paul Baldini	M	45	M4049	46:30.2	7:30	North Haven	CT
11	486	Marlies Thomen	F	45	F4049	46:38.7	7:31	Hampton	CT
12	300	Keith Coburn	M	48	M4049	46:51.1	7:33	Waterford	CT
13	439	Craig Beers	M	51	M5059	48:09.9	7:46	Wethersfield	CT
14	305	David Flagg	M	43	M4049	48:48.7	7:52	Norwich	CT
15	348	Sean Alexander	M	44	M4049	49:05.5	7:55	Madison	CT
16	341	Connie McKinnon	F	27	F2029	49:08.9	7:55	Newington	CT
17	366	Bobbi Fedeli	F	35	F3039	49:48.1	8:01	Cromwell	CT
18	278	Mike Feinberg	M	40	M4049	49:49.1	8:02	North Haven	CT
19	363	Julie Perfetto	F	28	F2029	50:13.1	8:05	Newington	CT
20	298	Rick Canavan	M	46	M4049	50:22.3	8:07	Pomfret Center	CT
21	337	Brian Meacham	M	42	M4049	50:52.2	8:12	Woodbridge	CT
22	491	Courtney Sobanski	F	23	F2029	51:06.9	8:14	Putnam	CT
23	352	John Sacrey	M	65	M6069	51:11.5	8:15	Preston	CT
24	374	Lloyd Langhammer	M	55	M5059	51:34.7	8:19	Las Vegas	NV
25	331	Nancy Muenzner	F	52	F5059	51:50.1	8:21	Norwich	CT
26	306	Kelly Davidson	F	39	F3039	52:23.6	8:26	Canterbury	CT
27	313	Kristin Lowman	F	38	F3039	52:28.5	8:27	East Granby	CT
28	101	Katherine Stallfort	F	56	F5059	52:29.0	8:27	Wilton	CT
29	252	Bob Ward	M	72	M70+	52:36.3	8:28	Vernon	CT
30	304	Nancy Maerkle	F	49	F4049	52:37.9	8:29	Jewett City	CT
31	330	Karen Barbone	F	53	F5059	52:56.2	8:32	Canterbury	CT
32	303	Nichole Danis	F	41	F4049	53:23.4	8:36	Canterbury	CT
33	104	Stacy Young	F	38	F3039	53:38.1	8:38	Danielson	CT
34	365	Kara Urso	F	24	F2029	53:47.0	8:40	Middletown	CT
35	375	David James	M	52	M5059	53:54.4	8:41	Dayville	CT
36	319	Karen Scully	F	41	F4049	53:58.1	8:42	Gales Ferry	CT
37	307	Lincoln Kamau	M	41	M4049	54:11.2	8:44	Brooklyn	CT
38	302	Tom Piantek	M	57	M5059	54:11.3	8:44	South Windsor	CT
39	494	Nicole Pesjardins	F	35	F3039	54:13.1	8:44	Danielson	CT
40	489	Shawn Camp	M	33	M3039	54:23.7	8:46	Colchester	CT
41	332	Alicia Bonin	F	26	F2029	54:24.0	8:46	Somers	CT
42	254	Hilary Decrisantis	F	48	F4049	54:27.9	8:46	Bloomfield	CT
43	335	Heather Garosshen	F	32	F3039	54:59.5	8:51	Hampton	CT
44	321	Christopher Weed	M	25	M2029	55:03.6	8:52	Jewett City	CT
45	485	Dave Gordon	M	62	M6069	55:10.7	8:53	Rocky Hill	CT
46	420	Joe Bocchimo	M	51	M5059	55:13.0	8:54	Ellington	CT
47	259	Lynsey Malone	F	35	F3039	55:21.8	8:55	Canterbury	CT
48	283	Tracy Parkin	F	48	F4049	55:45.2	8:59	Monroe	CT
49	293	Emily Locher	F	41	F4049	55:48.0	8:59	Weston	CT
50	355	Brian Brinsmade	M	31	M3039	55:49.1	8:59	Shelton	CT

3rd Annual Canterbury 10K Road Race
 Canterbury, CT
 4/15/2017 - 9:00 AM
 Results by: The EMPIRE Timing Co.
 www.theempiretc.com

***** 10K Results *****

Place	No.	Name	S	Age	Div	Gun Time	Pace	City	St
51	301	Aleasha Coburn	F	48	F4049	55:58.0	9:01	Waterford	CT
52	260	Stacy Levy	F	49	F4049	55:59.2	9:01	Wilton	CT
53	362	Sandy Navarro	F	57	F5059	56:12.3	9:03	Pomfret	CT
54	282	Stephanie Shaughness	F	45	F4049	56:13.0	9:03	New Fairfield	CT
55	359	Lisa Semancik	F	45	F4049	56:23.9	9:05	Pomfret Center	CT
56	269	Frank Paparazzo	M	35	M3039	56:37.5	9:07	Woodbury	CT
57	281	Bruno Pasqualucci	M	56	M5059	56:37.7	9:07	Seymour	CT
58	346	Matthew Boast	M	26	M2029	56:41.1	9:08	Plainfield	CT
59	310	Haylee Olson	F	20	F2029	56:44.8	9:08	Thompson	CT
60	226	Kaleign Ligus	F	24	F2029	57:13.2	9:13	Willimanti	CT
61	227	David McCleary	M	52	M5059	57:38.5	9:17	Griswold	CT
62	358	Norm Diggs	M	55	M5059	57:55.1	9:20	Gales Ferry	CT
63	342	Lisa Gardiner	F	48	F4049	58:10.4	9:22	Vernon Rockville	CT
64	338	Jill Weitknecht	F	36	F3039	58:16.3	9:23	Canterbury	CT
65	198	Georgia Panagopoulos	F	58	F5059	58:17.4	9:23	Westerly	RI
66	345	Randy Bissonnette	M	54	M5059	58:34.4	9:26	Putnam	CT
67	496	Mark Dicocco	M	38	M3039	58:44.7	9:28	East Haddam	CT
68	273	Liz Gagnon	F	35	F3039	58:51.1	9:29	Norwich	CT
69	201	Rose Buckingham	F	69	F6069	59:06.7	9:31	Norwich	CT
70	350	Sheryl Ouellette	F	42	F4049	1:00:00.4	9:40	Bristol	CT
71	340	Lawrence Grosso	M	61	M6069	1:00:24.1	9:44	East Haddam	CT
72	334	Jean Hoffman	F	41	F4049	1:00:29.8	9:45	Norwalk	CT
73	336	Michelle Bartholic	F	40	F4049	1:00:30.5	9:45	Dayville	CT
74	373	Brian Andstrony	M	61	M6069	1:00:36.1	9:46	Plainfield	CT
75	326	Jessica King	F	32	F3039	1:00:44.9	9:47	Norwich	CT
76	276	Kevin Goyen	M	49	M4049	1:00:48.4	9:48	East Hampton	CT
77	364	Melissa Kopacsi	F	40	F4049	1:01:08.1	9:51	Danielson	CT
78	289	Kathleen Boni	F	48	F4049	1:01:40.8	9:56	North Branford	CT
79	256	Don Welsh	M	62	M6069	1:02:13.7	10:01	Quaker Hill	CT
80	369	Dave Olson	M	50	M5059	1:02:19.8	10:02	Thompson	CT
81	288	Louise Melanson	F	56	F5059	1:02:41.4	10:06	Bloomfield	CT
82	323	Smith Kidkarndee	M	33	M3039	1:03:00.3	10:09	Glastonbury	CT
83	353	Sarah White	F	42	F4049	1:03:17.7	10:12	Bristol	CT
84	251	Bill Bentley	M	51	M5059	1:03:29.4	10:14	Lisbon	CT
85	318	Sara Hughes	F	39	F3039	1:03:33.4	10:14	Coventry	CT
86	344	Ziqiang Guan	M	24	M2029	1:03:36.8	10:15	New Haven	CT
87	314	Hunter Boni	M	15	M1419	1:03:54.6	10:18	North Branford	CT
88	317	Allison Mangles	F	31	F3039	1:04:08.7	10:20	Hamden	CT
89	316	Ivy Wetherell	F	32	F3039	1:04:09.3	10:20	Danielson	CT
90	410	Mike Piotrowski	M	55	M5059	1:04:22.6	10:22	Ellington	CT
91	169	Ben Mattheis	M	63	M6069	1:04:39.0	10:25	Cheshire	CT
92	351	Adrian Padgett	M	39	M3039	1:04:51.5	10:27	Groton	CT
93	262	Lisa Shamaly	F	49	F4049	1:05:01.5	10:28	Oxford	CT
94	271	Jesse Mattei	F	36	F3039	1:05:33.4	10:34	Watertown	CT
95	280	Heidi Seaton	F	50	F5059	1:06:11.1	10:40	Centerbrook	CT
96	275	Jennilee Fratellenic	F	36	F3039	1:06:13.4	10:40	East Haddam	CT
97	265	Sharon Rosenblatt	F	28	F2029	1:06:40.9	10:44	Cheshire	CT
98	361	Don Decristofaro	M	45	M4049	1:07:57.5	10:57	Ledyard	CT
99	339	Sandhya Sridhar	F	40	F4049	1:09:02.3	11:07	Newtown	CT
100	492	Dawn Combies	F	42	F4049	1:09:03.9	11:07	Jewett City	CT

3rd Annual Canterbury 10K Road Race
 Canterbury, CT
 4/15/2017 - 9:00 AM
 Results by: The EMPIRE Timing Co.
 www.theempiretc.com

***** 10K Results *****

Place	No.	Name	S	Age	Div	Gun Time	Pace	City	St
101	295	Tonya Jackson	F	37	F3039	1:09:07.6	11:08	Brooklyn	CT
102	263	David Acker	M	61	M6069	1:09:24.5	11:11	Branford	CT
103	354	Judith Lackey	F	55	F5059	1:09:29.8	11:12	Avon	CT
104	349	Heidi Groeger	F	34	F3039	1:09:40.3	11:13	Storrs Mansfield	CT
105	315	Kate Vogel	F	44	F4049	1:09:55.5	11:16	Middletown	CT
106	357	Michele O'Neill	F	42	F4049	1:09:57.2	11:16	Colchester	CT
107	495	Laune Adams	F	58	F5059	1:10:10.1	11:18	Southington	CT
108	325	Del McCartney	M	50	M5059	1:10:10.8	11:18	Voluntown	CT
109	272	Tina Velasquez	F	41	F4049	1:11:47.4	11:34	East Hampton	CT
110	225	Beth Haydu	F	51	F5059	1:12:22.2	11:39	East Hampton	CT
111	270	Maria Depaola	F	42	F4049	1:12:22.7	11:39	North Branford	CT
112	309	Michael Burgess	M	49	M4049	1:13:19.9	11:49	Jewett City	CT
113	368	Megan Cassidy	F	30	F3039	1:14:07.0	11:56	Bristol	CT
114	322	Christine Bourque	F	51	F5059	1:14:26.1	11:59	Sterling	CT
115	493	Mary Kay Rendon	F	54	F5059	1:14:41.7	12:02	Windsor	CT
116	274	Cathleen Hinsch	F	53	F5059	1:16:36.4	12:20	Middlefield	CT
117	360	Deanna Shipman	F	47	F4049	1:17:02.8	12:24	Groton	CT
118	286	Joanne Volovski	F	46	F4049	1:17:16.6	12:27	Harwinton	CT
119	287	Mike Volovski	M	46	M4049	1:17:18.3	12:27	Harwinton	CT
120	291	Heather Campbell	F	29	F2029	1:17:33.1	12:29	Hebron	CT
121	347	Colleen Alexander	F	41	F4049	1:17:47.1	12:32	Madison	CT
122	356	Wilma Jones	F	55	F5059	1:17:47.7	12:32	Niantic	CT
123	367	Robert Hanna	M	46	M4049	1:17:49.3	12:32	Ledyard	CT
124	290	Kevin Ross	M	64	M6069	1:18:29.4	12:38	Fairfield	CT
125	102	Jess Reed	F	36	F3039	1:20:00.0	12:53	Vernon	CT
126	253	Lesley Fearnley	F	60	F6069	1:20:43.9	13:00	Middletown	CT
127	297	Lora Rainier	F	45	F4049	1:21:16.7	13:05	Jewett City	CT
128	296	Jay Rainier	M	45	M4049	1:21:17.2	13:05	Jewett City	CT
129	328	Andrew Bishop	M	53	M5059	1:22:45.7	13:20	Enfield	CT
130	329	Alice Bishop	F	53	F5059	1:22:47.2	13:20	Enfield	CT
131	205	Dawn Parkinson	F	46	F4049	1:23:08.4	13:23	Middlefield	CT
132	279	Kelly McNally	F	30	F3039	1:24:10.3	13:33	Hampton	CT
133	267	John Marion	M	42	M4049	1:24:35.5	13:37	Oakdale	CT
134	266	Katie Leclair	F	43	F4049	1:24:36.6	13:37	Canterbury	CT
135	372	Jenn Raub	F	26	F2029	1:25:01.7	13:42	Preston	CT
136	234	Anne Cella	F	57	F5059	1:25:35.3	13:47	Wallingford	CT
137	233	Caitlin McCleary	F	21	F2029	1:27:06.8	14:02	Griswold	CT
138	384	Kameror Prosser	M	14	M1419	1:27:08.4	14:02	Jewett City	CT
139	324	David Goldwerd	M	42	M4049	1:28:00.2	14:10	Glastonbury	CT
140	264	Sarah Froehlich	F	22	F2029	1:28:36.6	14:16	Woodstock	CT
141	327	Dawn Ellsworth	F	38	F3039	1:28:42.3	14:17	Moosup	CT