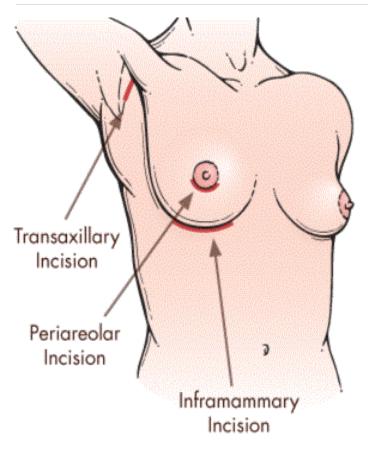
## **Newport Center for Special Surgery**



## Where are my Breast Augmentation Incision Options? Whether you

choose saline breast implants or silicone breast implants, both must be placed by making a small cut, or incision in the breast area. Fortunately, when considering breast implant surgery, you have many options of incision location to suit your lifestyle.

There are 4 basic breast augmentation incision options: under the areola, called periareolar, under the lower fold of the breast called inframammary, in the armpit, called transaxillary, and through the belly button, (TUBA).

The **periareolar incision** for breast implant surgery is made in the lower edge of the nipple area. It is very popular because the incision when it heals can blend seamlessly into the lighter skin of the breast. In some, there can be a very visible scar line however. There can be also be some loss of nipple sensation with this incision, and some report more difficulty breast feeding.

Another popular breast implant surgery option is the **inframammary incision** or 'breast crease' incision. The breast augmentation incision is hidden by bras or the natural drop of the breast. It poses very few problems with breast feeding.

With the **transaxillary incision**, the scar is hidden in the armpit. The disadvantage is that while rare, it can be associated with nerve injury in the arm, and is more difficult to achieve good placement of the implant for that natural look.

**Through the belly button incisions** can be made, and the scar is concealed in the belly button. However, the belly button is a long way to the breast, and it is thought to be more difficult for the surgeon to achieve a natural look with this incision. For more information, call **949 644-8182** or go to <u>www.newportbreastsurgery.com</u>