

May/June 2021
At a glance
Full descriptions of activities in bulletin.
 All worship and programming is online

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
23 Online Worship 11:15	24	25 Gratitude Team 10:30am Prayer Service 12pm Faith Formation Cttee 6:30pm	26 Prayer Service 8:30am Zoom Office Hours 2- 4:30pm	27 Banning gay conversion 10:30am Craft/Study 1:30pm Prayer Service 4pm	28 Film & Faith 7pm	29
30 Online Worship- Annual Meeting 11:15	31	1 Gratitude Team 10:30am Prayer Service 12pm	2 Prayer Service 8:30am Zoom Office Hours 2- 4:30pm	3 Cong. Care Craft/Study 1:30pm Prayer Service 4pm	4 5 Living Skies Regional Council	
6 Online Worship- Communion 11:15	7	8 Gratitude Team 10:30am Prayer Service 12pm	9 Prayer Service 8:30am Zoom Office Hours 2- 4:30pm	10 Craft/Study 1:30pm Prayer Service 4pm	11	12
13 Online Worship- Open Hearts 11:15	14	15 Gratitude Team 10:30am Prayer Service 12pm	16 Prayer Service 8:30am Zoom Office Hours 2- 4:30pm ES Leadership Team 7pm	17 Craft/Study 1:30pm Prayer Service 4pm	18	19

ANNOUNCEMENTS

May 23, 2021

306-761-0556 | eastsideunited@sasktel.net
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 Follow us on Twitter @Eastside_united
www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer

you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Pianist: Josh Hendricksen
 Tech Support: Brian Mitchell-Walker
 Attendance/Responses: Sterling Bjorndahl
 Prayers of the People: Stephannie Banks
 Congregational Care Greeter: Delia Baidoo

Last week's attendance: 55 Offering: \$930 Weekly budget: \$3167
 (not incl. PAR) April 16-30

Worship will be happening online via Zoom [HERE](#). You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom.

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Becca and Russell are working remotely. If you need to contact the Eastside United Office, please email Becca at eastsideunited@sasktel.net.

- **Becca's Hours:** Tuesday, Wednesday, Thursdays. In office Thursdays 10-11am
- **Russell's Hours:** Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: russell.eastside@gmail.com.
- **Zoom Drop-in Office Hours** Wednesdays from 2 – 4:30

Songs –

Spirit breath, be our Song – MV#150 vs. 1
 Spirit of Life - VU#381
 Spirit of Gentleness – VU#375
 The Spirit in Me – Jim Strathdee
 Teach me to Dance
 Oh a Song Must Rise – MV#142 Chorus
 Breathe on Me, Breath of God – V#382 vs. 1, 2, 3
 Dance with the Spirit – MV#156

In-Person Worship: Consistent with the recommendations of the Living Skies Regional Council and the United Church of Canada, we will reopen our physical space and resume traditional services when we can be confident that we can do so in a manner that is meaningful for our community and is safe for every member of our congregation. We will continue to keep you informed as our plans unfold. The Leadership Team has established a "Return to Worship Task Group" to discuss the protocols and possibilities for gathering in-person. If you are interested, or have feedback, please let [Sarah Tkachuk](#) know. We will review again in January.

We still need your support as our ministry continues! Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at: **Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1** Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. **We now take e-transfer! You can send e-transfers using eastsideunited@sasktel.net.** Thanks for your generosity!

Covid Vaccine Fact Sheet: We are all encouraged to get vaccinated when our turn comes, to protect ourselves and other, and to return to a new normal. Download the fact sheet [here](#), and check out Saskatchewan's vaccination plan. Remember that once vaccinated you can still be a carrier of the virus so masks and distancing practices need to continue. Please keep in your household bubble until after Easter.

Meditation Schedule: The meditation group will continue to meet via Zoom for now on Monday nights. If you have any questions, please contact [Shauna Powers](#). Reminder that the new start time is 7 pm!

Craft/Study: You can find the Zoom link [HERE](#). The link will be sent out in Tuesday's email as well. This week, we will be reading Part 1, pages 61-92. Let Becca know if you would like to participate.

We are continuing the A Work of Art, Culture, and Its Story during worship! If you have a piece of work or cultural item that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.

Board of Trustees: There is a vacant position available on the Board of Trustees. If you are interested in being responsible for ensuring records are kept, participating in governance and oversight of property of records, please let Sarah know. You can also contact the office if you have any questions.

Volunteers for the ICF: The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help, contact Doug Scheurwater. **We are also looking for those comfortable helping with deliveries.** There will be an indigenous and non-indigenous person helping. They are also looking for volunteers for **cooking on the grill for Saturday morning breakfasts.** Cookie makers are also needed. **Coolers are also needed** for delivering hot meals. Let Russell (or Linda Fowler for cookies) know if you can help.

LGBT Banning Conversion Efforts in Regina: Recently, Russell has been speaking about the push to ban conversion therapy in Regina. If you would like to read about it, you can find the Global News piece [here](#). There is also an article from the Leader Post [here](#). If you would like to be part of the Affirming Ministry team organizing, let Russell know. Letters to your city councilor and mayor in support of the ban would be very helpful. Find the contacts [here](#). Check out <https://www.noconversioncanada.com> for information.



Please act: Contact your councilor and commend the city for taking this step forward.

Getting involved in your local community: If you are interested in caring for your community and assisting with neighborhood cleanups, we ask that you consider taking time to pick up garbage in your local community.

Eastside T-Shirts: If you ordered a t-shirt, please come pick them up! They are ready! They can be picked up on Thursdays between 10 am and 11 am. If you did not order but are interested in purchasing one, email Becca to see what colour and sizes are available. \$30/each.



Please share your favourite hymns with us! Let us know by filling out this Google Form [HERE](#).

Volunteer Positions: Eastside United is looking to fill a rotating roster of volunteers to help run the technology during in-person worship on Sundays once we are able to return to being in-person. This will include: running PowerPoint during worship, and hosting Facebook Live,. Please email eastsideunited@sasktel.net to volunteer, or for more information. We need the volunteers in place and trained before we can return to in-person worship.

Cloth Masks: It is now recommended that we double mask, and one suggestion is to wear a cloth mask over a surgical mask. It is very important to wear masks when we are out in public, especially indoors. **It is now policy to wear a mask when in the church building.** If you would like a mask, please email the office indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Oleskon, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net to let Becca know what changes you would like to make, and he will submit the changes for processing.

Hello Neighbour Card Reminder: If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it. **This is more important again as we are asked to reduce our contacts and go out less!**



Were you unable to attend worship in the past? Don't worry about it! You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service. They can also be found on our Facebook page.

Text In Church: We are trying something new! We have a 60-day trial of Text in Church which allows us to send group texts and e-mails about events and for newcomers. If you would like to receive text notifications about special services and events at Eastside, text the word 'Loop' to 306-517-6797.



Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at www.eastsideunited.ca under the **What's New** heading!



a ZOOM gathering for
Young Adults
18-35 years



ALL ARE TRULY WELCOME
Every Wednesday at 6:30pm
a safe space for
open-minded, faith-based
and engaging conversation

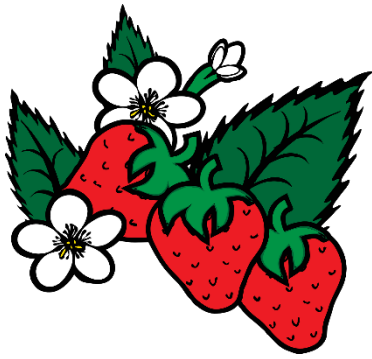
hosted by
McClure United Church
in Saskatoon

Contact Rev Laura Fohse for the ZOOM link:
Text (306-291-5838) or
email laura@mcclureunitedchurch.org

Made with PosterMyWall.com

Climate Change: from Concern to Action - A discussion group based at Wesley United Church in Regina via Zoom: 7 pm Wed. May 26, 2021

Thinking about climate change? Unsure what to do about it? Come together with others to talk about what we can do to address our concerns. We'll be guided by "For the Love of Creation," a faith-based initiative for climate justice, endorsed by many faith groups including KAIROS Canada and the United Church of Canada. See <https://fortheLoveofCreation.ca/>. This program includes resources for small group conversations as well as advocacy. Join Dan Beveridge and Wilma Bell Wessel who will facilitate the group assisted by Leslie Beck who will be Zoom host. All are welcome, no matter what you know, or where you are from!



Broadway United is having a strawberry sale! A flat of strawberries costs \$30 (only full flat available this year). They accept cheque or e-transfer. If you would like a ticket for a flat, please contact broadwayunited@accesscomm.ca or call 306-352-1526. Deadline for orders is May 26, and pickup will be on Saturday, June 5 from 8:30am to 11:45am.



May Gratitude Image shared by Delia Baidoo

Regina's Just Transition

REGINA'S PATH TOWARDS SUSTAINABILITY

FEATURING SPEAKERS:

SETH KLEIN author of "A Good War"

JAMIE KIRKPATRICK Blue Green Alliance

HAYLEY CARLSON Sask Environmental Society

MAY 25 2021

6PM - 8PM

Zoom code:
838 720 8988

HOSTED BY:
REGINA CITY COUNCILLORS
DAN LEBLANC
SHANON ZACHIDNIAK
CHERYL STADNICHUK
ANDREW STEVENS

