

## Meal Prices

Breakfast		Lunch	
Grades PK-5	\$1.40	Grades PK-5	\$2.60
Grades 6-8	\$1.40	Grades 6-8	\$2.70
Grades 9-12	\$1.40	Grades 9-12	\$2.70
Adult	\$1.75	Adult	\$3.55
Extra Milk	\$0.40	Extra Milk	\$0.40

# September 2017

## Baltic School District Breakfast & Lunch Menu



### Monday



### Tuesday

\*Please\* remember to take at least ½ cup fruit & or veggies for a well balance meal

### Wednesday

Fill Up & Fuel Up  
at the  
Unlimited Fruit & Vegetable Bar



### Thursday

### Friday

**Long John Donut 1**  
A. Spaghetti w/Meatsauce w/Garlic Toast  
B. Chicken Wrap  
C. Turkey & Cheese Sub  
D. Chicken Salad Peas

**4**  
No School  
Have a Safe & Fun  
Labor Day

**Sausage/Cheese Biscuit 5**  
A. Nachos Grande  
B. Meatballs w/Gravy  
C. Trio Meat & Cheese Sub  
D. Chicken Ranch Salad  
A&B: Rice Corn

**Dutch Waffle 6**  
A. Fish Sticks w/Dinner Roll  
B. New Stuffed Crust Pepperoni Pizza  
C. Italian Sub  
D. Chef Salad Green Beans

**Breakfast Boat 7**  
A. Chicken Parmesan w/Pasta  
B. Corn Dog  
C. Cold Cut Sub  
D. Chicken Fajita Salad Peas

**Glazed Donut 8**  
A. Turkey & Gravy  
B. Chicken Sticks  
C. Turkey & Cheese Sub  
D. Chicken Salad  
A&B: Bread Mashed Potatoes w/Gravy

**Breakfast Pizza 11**  
A. Breaded Fish Sandwich  
B. Crispy Chicken Sandwich  
C. Ham & Cheese Sub  
D. Chicken Fajita Salad  
Green Beans

**Cheesy Eggs & Toast 12**  
A. Super Mexi Tots w/Bread  
B. Taco Quesadillas  
C. Trio Meat & Cheese Sub  
D. Chicken Ranch Salad Corn

**French Toast Sticks 13**  
A. Italian Meatball Sub  
B. Mini Corn Dogs  
C. Italian Sub  
D. Chef Salad Peas

**Egg & Cheese Biscuit 14**  
A. Breaded Pork Fritter  
B. Chicken Nuggets  
C. Cold Cut Sub  
D. Chicken Fajita Salad  
A&B: Dinner Roll Mashed Potatoes w/Gravy

**Cinnamon Roll 15**  
A. Beef Soft Shell Tacos  
B. Pepperoni Pizza  
C. Turkey & Cheese Sub  
D. Chicken & Fruit Salad Carrots

**Pancakes 18**  
A. Sloppy Joe  
B. Chicken Wrap  
C. Ham & Cheese Sub  
D. Chicken Fajita Salad  
Baked Fries

**Breakfast Burrito 19**  
A. Beef & Cheese Burrito  
B. Taco Pizza  
C. Trio Meat & Cheese Sub  
D. Chicken Ranch Salad Corn

**Waffles 20**  
A. Chicken Fajita Flatbread  
B. Hot Ham & Cheese  
C. Italian Sub  
D. Chef Salad Carrots

**Sausage Pancake Stick 21**  
A. Tex-Mex Mac & Cheese  
B. Popcorn Chicken  
C. Cold Cut Sub  
D. Chicken Fajita Salad  
A&B: Dinner Roll Green Beans

**Long John Donut 22**  
A. Pulled Pork Sandwich  
B. Hot Dog on Bun  
C. Turkey & Cheese Sub  
D. Chicken Salad Baked Beans

**Breakfast Pizza 25**  
A. Ham & Scalloped Potatoes w/Bread  
B. Pepperoni Pizza  
C. Turkey & Cheese Sub  
D. Chicken & Fruit Salad Green Beans

**Cheesy Eggs & Toast 26**  
A. Doritos Walking Taco w/Rice  
B. Taco Quesadillas  
C. Trio Meat & Cheese Sub  
D. Chicken Ranch Salad Corn

**French Toast Sticks 27**  
A. Pork Rib Sandwich  
B. Crispy Chicken Sandwich  
C. Italian Sub  
D. Chef Salad Baked Beans

**Egg & Cheese Biscuit 28**  
A. Macaroni & Cheese w/Bread  
B. Corn Dog  
C. Cold Cut Sub  
D. Chicken Fajita Salad Sidekicks Frozen Juice Cup

**Cinnamon Roll 29**  
A. Italian Pasta Bake w/Breadstick  
B. Cheeseburger  
C. Ham & Cheese Sub  
D. Chicken Fajita Salad Green Beans

### Breakfast Choices Offered Daily



- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Milk Choice



### Daily Lunch Menu Includes

- Grades PK-5: A, B, or C Entrées
- Grades 6-12: A, B, C, or D Entrées
- "D" Entrees include grain component
- Fruit & Vegetable Bar
- Milk Choice