ELIH 5K

1 KVLE MARGOLIN MOUNT SINAI, NY M. 1 RUNNER 4858 00.025.270 06.44 8.8mph	Place	e Name	Hometown	Gender	Type	Bib#	Time	Pace	Speed	Division Rank
2 MIGNER MYSOMET Michael										
4 MELISSA ROCKWELL 5 KALES WANSON 5 KALES WANSON 6 NATE STEVENSON 7 CRIENT, NY 6 NATE STEVENSON 7 CRIENT, NY 6 NATE STEVENSON 7 DAVID BRIGHMA 8 EMMY SHATTES MILLER FLACE, NY 9 JOSEPH CERAM 8 EMMY SHATTES MILLER FLACE, NY M-7 PL 9 JOSEPH CRAM 10 LUSI MAYSONET 11 TRAVIS ZURAWSKI 11 TRAVIS ZURAWSKI 12 DAVID MALER PLACE, NY M-7 PL 13 DAVID BRIGHMA 14 REMANDAL 15 TRAVIS ZURAWSKI 16 LUSI MAYSONET 17 ROKURAWSKI 17 LUSI MAYSONET 18 CHANNER 18 PL 18 DAVID MALER PLACE, NY M-7 PL 18 TRAVIS ZURAWSKI 19 DAVID MALER PL 18 PL 18 TRAVIS ZURAWSKI 19 DAVID MALER PL 18 SHAUN BRIMBE 19	2	MARK BREEN	ORIENT, NY	M: 2	RUNNER	4828		06:45	8.9mph	Overall Male: 2
5 KALEB SWANSON CRIENT, NY M:5 RUNNER: 4922 0,223-93.5 07.16 8.2mph Maile 0-12.1 1 7 DAVID BRIGHMAM GREENFORT, NY M:5 RUNNER: 4922 0,223-93.6 07.2 8.1mph Maile 0-12.1 1 7 DAVID BRIGHMAM GREENFORT, NY M:6 RUNNER: 4928 0,223-93.6 07.2 8.1mph Maile 0-12.1 1 7 DAVID BRIGHMAM CREENFORT, NY M:7 RUNNER: 4930 0,223-93.3 07.3 8.0mph Maile 0-12.1 1 7 DAVID BRIGHMAM CREENFORT, NY M:7 RUNNER: 4930 0,223-94.3 07.3 8.0mph Maile 0-12.1 1 8 TARNUS ZURAWEKI PECONIC, NY M:9 RUNNER: 4930 0,223-94.3 07.3 8.0mph Maile 0-12.1 1 8 TARNUS ZURAWEKI PECONIC, NY M:9 RUNNER: 4930 0,223-94.3 07.3 8.0mph Maile 0-12.1 1 8 TARNUS ZURAWEKI PECONIC, NY M:10 RUNNER: 4930 0,224-14.9 07.5 8 7.5mph Maile 25-30:1 1 8 TARNUS ZURAWEKI M:10 RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:1 1 8 TARNUS ZURAWEKI M:10 RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 1 8 TARNUS RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 1 8 TARNUS RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 1 8 TARNUS RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 1 8 TARNUS RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 1 8 TARNUS RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 1 8 TARNUS RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 2 8 TARNUS RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 3 8.1mph Maile 25-30:2 3 8.1mph Maile 25-30:2 3 8.1mph Maile 25-30:2 1 8 TARNUS RUNNER: 4930 0,225-19.8 3 8.1mph Maile 25-30:2 3 8.1mph Mile 25-30:2 3 8	3	MIGUEL MAYSONET	RIVERHEAD, NY	M: 3	RUNNER	4889	00:21:56.66	07:04	8.5mph	Overall Male: 3
6 NATE STEVENSON ORIENT, NY M: 5 RUNNER, 4822 02,224,640 07.20 8.1mph Mail 45 - 49.1 7 7 DAVID BRIGHAM AGREENPORT, NY M: 6 RUNNER, 4845 02,230,43 07.20 8.1mph Mail 45 - 49.1 1 8 EMMY SHATTES MILLER FLACE, NY M: 7 RUNNER, 4855 02,231,43 07.20 8.1mph Mail 45 - 49.1 1 9 JOSEPH CERAMI ASSTRAMENT RUNDER	4	MELISSA ROCKWELL	ORIENT, NY	F: 1	RUNNER	4906	00:22:09.85	07:08	8.4mph	Overall female: 1
7 DAVID BRIGH-MAM GREEN/PORT, IV M. 6 RUNNER 4866 0.02250.48 07.22 8.1mph Maile 45-49-1	5	KALEB SWANSON	EAST MARION, NY	M: 4	RUNNER	4923	00:22:33.25	07:16	8.2mph	Male 0 - 12: 1
8 EMMY SHATTES MILLER PLACE, NY F.2 RUNNER 4850 0.2301430 07.26 8.1mph	6	NATE STEVENSON	ORIENT, NY	M: 5	RUNNER	4922	00:22:46.01	07:20	8.2mph	Male 13 - 18: 1
9 JOSEPH CERAMI 10 LUIS MAYSONET 11 TRAVIS ZURAWSKI 11 TRAVIS ZURAWSKI 12 DAN OKALEY 12 DAN OKALEY 13 KETH CORSO 13 KETH CORSO 14 CATOLOGUS, NY 15 RUNNER 14 SHAUN BUMBLE 15 MICHAEL DEGORE 16 MICHAEL DEGORE 16 MICHAEL DEGORE 17 MOUNT SINAI, NY 18 RUNNER 18 GAYN DRAGO 18 GEENPORT, NY 19 F.3 RUNNER 19 RUNNER 19 RUNNER 19 00.0263/528 08:12 7.3mph 18 Male 19 -24: 1 19 MAR WILLIAMS 19 CARREST STAMMERS 19 MOUNT SINAI, NY 19 F.3 RUNNER 19 00.0263/528 08:12 7.3mph 18 Male 19 -24: 1 19 MAR WILLIAMS 19 MOUNT SINAI, NY 19 F.3 RUNNER 19 00.0263/528 08:12 7.2mph 18 GAYN DRAGO 19 MATTITUCK, NY 19 BRYAN DRAGO 19 MATTITUCK, NY 20 STEVEN SWANSON 21 BRYAN DRAGO 22 GRAFAM BUCK 22 GRAFAM BUCK 22 GRAFAM BUCK 23 BARBARA POLINODA 24 ERIC DANTES 25 MICHELE MCGLONE 26 ROSALLE RUNS 27 MARY SHALUEY 28 DIMITRA ANDREOU 29 GREENPORT, NY 19 F.3 RUNNER 29 MOUNT SINAI, NY 20 STEVEN SWANSON 20 STEVEN SWANSON 20 STEVEN SWANSON 21 BRYAN DRAGO 32 BARBARA POLINODA 24 ERIC DANTES 25 MICHELE MCGLONE 26 ROSALLE RUNS 27 MARY SHALUEY 28 DIMITRA ANDREOU 37 MARY SHALUEY 29 DIMITRA ANDREOU 38 MOUNT SINAI, NY 38 MITH SWANSON 39 CREENPORT, NY 40 F.5 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 45 - 59: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 46 - 59: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1mph 40 Male 40 - 44: 1 4 RUNNER 490 00.0263.50 80:25 7.1	7	DAVID BRIGHAM	GREENPORT, NY	M: 6	RUNNER	4846	00:22:50.48	07:22	8.1mph	Male 45 - 49: 1
10 LIJS MAYSONET	8	EMMY SHATTES	MILLER PLACE, NY	F: 2	RUNNER	4916	00:23:04.31	07:26	8.1mph	Overall female: 2
11 TRAVIS ZURAWSKI PECONIC, NY	9	JOSEPH CERAMI	EAST MARION, NY	M: 7	RUNNER	4853	00:23:16.93	07:30	8.0mph	Male 50 - 54: 1
12 DAN OAKLEY CUTCHOGUE, NY	10	LUIS MAYSONET	RIVERHEAD, NY	M: 8	RUNNER	4887	00:24:14.94	07:49	7.7mph	Male 35 - 39: 1
13 KETTH CORBO	11	TRAVIS ZURAWSKI	PECONIC, NY	M: 9	RUNNER	4932	00:24:44.09	07:58		Male 25-29: 1
14 SHAUN RUMBILE	12		•		RUNNER	4903				Male 60 - 64: 1
15 MIA NGUYEN GREENPORT, NY 5:3 RUNNER 4862 00.2548.96 08:19 7.2mph Male 25-29:2	13	KEITH CORSO	GREENPORT, NY	M: 11	RUNNER	4858		08:12		Male 19 - 24: 1
16 MIA NGUYEN GREENPORT, NY F:3 RUNNER 4900 0026:05.20 60.25 7.1mph Overall female: 3	14								•	
17 KERRY MCCROSSEN MATTITUCK NY M	_		·						•	
18 GAVYN DRAGO MATTITUCK, NY M. 14 RUNNER 4981 00.26:50.80 08.28 7.1mph Female 55 - 59:1	16		·							
19 MAUREEN STAMMERS HUNTINOTON STATION NY STEVEN SWANSON EAST MARION NY M. 15 RUNNER 4865 00.25:6.66 08:41 6.9mph Male 40 - 44:1 42 18 PAYAN DRAGO MATTITUCK, NY M. 17 RUNNER 4865 00.27:39.34 08:55 6.7mph Male 65 - 59:1 18 PAYAN DRAGO MATTITUCK, NY M. 17 RUNNER 487 00.27:39.34 08:55 6.7mph Male 65 - 59:1 18 PAYAN DRAGO MATTITUCK, NY M. 18 RUNNER 4861 00.26:27.05 09:36 6.7mph Male 65 - 59:1 18 PAYAN DRAGO MATTITUCK, NY STATITUCK, NY STA										
JANZEN STATION, NY 25 STEVEN SWANSON EAST MARION, NY M: 15 RUNNER 4865 00:27:11.44 08:46 6.8mph Male 40 - 44: 1 26 RRYAN DRAGO MATTITUCK, NY M: 16 RUNNER 4865 00:27:11.44 08:46 6.8mph Male 45 - 49: 2 GRAHAM BUCK GREENPORT, NY M: 17 RUNNER 4867 00:27:43.29 08:56 6.7mph Male 45 - 49: 2 MARY STATION, NY M: 18 RUNNER 4871 00:27:43.29 08:56 6.7mph Male 40 - 44: 2 MARY STATION, NY M: 18 RUNNER 4871 00:27:43.29 08:56 6.7mph Male 45 - 49: 2 MARY STATION, NY MILE RUNNER 4891 00:28:05:51 09:03 6.6mph Male 40 - 44: 2 MARY STATION, NY MILE RUNNER 4891 00:28:45.70 09:10 6.5mph MALE 40 - 44: 2 MARY STATION, NY MILE RUNNER 4991 00:28:44.40 09:16 6.5mph MILE AND MALE 40 - 44: 2 MARY STATION, NY MILE RUNNER 4991 00:28:44.40 09:16 6.5mph MILE RUNNER 4991 00:28:44.40 09:16 6.5mph MILE AND MALE 40 - 44: 2 MARY STATION, NY MILE RUNNER 4991 00:28:44.40 09:16 6.5mph MILE RUNNER 4991 00:28:44.40 09:16 6.5mph MILE AND MALE 40 - 44: 2 MILE AND MALE 40 - 4	_		•							
BRYAN DRAGO	19			F: 5	RUNNER	4921	00:26:55.08	08:40	6.9mph	Female 55 - 59: 1
22 GRAHAM BUCK GREENPORT, NY Fi. 6 RUNNER 487 00.27:39.94 08:56 6.7mph Female 50 - 54: 1 24 ERIC DANTES CUTCHOGUE, NY M. 18 RUNNER 4861 00.28:05.51 09:03 6.6mph Female 50 - 54: 1 25 MICHELE MCGLONE BROOKLER LAW 26 ROSALE RUNG GREENPORT, NY Fi. 8 RUNNER 4891 00.28:27: 50 09:10 6.5mph Female 40 - 44: 2 28 MICHELE MCGLONE 27 MARY SHALVEY 28 DIMITTRA ANDREOU 29 JOHN CLARK MOUNT SINAI, NY M. 19 RUNNER 4891 00.28: 54.77 09:10 6.6mph Female 49: 10 09:85.47 09:10 6.4mph Female 49: 10 09:85.47 09:10 6.4mph Female 49: 10 09:85.47 09:10 6.4mph Female 49: 10 09:90:85.47 09:10 6.4mph Male 30: 39: 2 04 6.4mph Male 30: 39: 3 04 6.4mph Male 30: 39: 39: 3 04 6.4mph Male 30: 39: 39: 3 04 6.4mph Male 30: 39: 39: 30: 30: 30: 30: 30: 30: 30: 30: 30: 30	20	STEVEN SWANSON	EAST MARION, NY	M: 15	RUNNER	4924	00:26:56.76	08:41	6.9mph	Male 40 - 44: 1
23 BARBARA POLIWODA 4 ERIC DANTES 5 MICHELE MCGLONE 5 MICHELE MCGLONE 6 MATTITUCK, NY 5 F. 7 RUNNER 4 881 6 0.028:27.05 6 MICHELE MCGLONE 6 MATTITUCK, NY 6 F. 7 RUNNER 4 881 7 0.028:27.05 7 MARY SHALVEY 7 MARY SHALVEY 8 F. 8 RUNNER 8 M. 910 7 0.028:27.05 7 MARY SHALVEY 8 F. 8 RUNNER 8 M. 910 7 0.028:27.05 7 MARY SHALVEY 9 F. 8 RUNNER 8 M. 910 7 0.028:27.05 7 MARY SHALVEY 9 F. 9 RUNNER 8 M. 910 7 0.028:27.05 7 M. 911 8 C. 6 mph 9 Female 65 - 59: 2 7 MARY SHALVEY 9 F. 10 RUNNER 9 M. 902:885.20 9 M. 918 8 G. 6 mph 9 Female 65 - 59: 2 8 RUNNER 9 M. 902:885.20 9 M. 918 8 G. 6 mph 9 Female 65 - 59: 2 9 M. 10 RUNNER 9 M.	21	BRYAN DRAGO	MATTITUCK, NY	M: 16	RUNNER	4865	00:27:11.44	08:46		Male 45 - 49: 2
24 ERIC DANTES CUTCHOGUE, NY M: 18 RUNNER 4861 00:28:05.51 09:03 6.6mph Male 40 - 44: 2 26 MICHELE MCGLONE MATTITUCK, NY F: 7 RUNNER 4891 00:28:27.05 09:10 6.5mph Female 55 - 59: 2 26 ROSALIE RUNG GREENPORT, NY F: 9 RUNNER 4915 00:28:54.75 09:10 6.5mph Female 65 - 59: 2 27 MARY SHALVEY F: 9 RUNNER 4915 00:28:54.75 09:27 6.4mph Female 65 - 59: 3 28 JOHN CLARK MOUNT SINAI, NY M: 19 RUNNER 4834 00:29:17.96 09:27 6.3mph Male 35 - 39: 2 31 JENNY BREW AMAGANSETT, NY M: 20 RUNNER 4867 00:29:18.57 09:27 6.3mph Male 35 - 59: 2 32 CASSIN DUNCAN NEW YORK, NY F: 12 RUNNER 4867 00:29:91.85 09:27 6.3mph Mele 50 - 54: 2 33 LIBSY KOCH M: 21 RUNNER 4807 00:29:91.83 00:37 6:2mph Female 45 - 49: 2	22	GRAHAM BUCK	GREENPORT, NY		RUNNER	4847	00:27:39.94	08:55		Male 55 - 59: 1
MICHELE MCGLONE MATTITUCK, NY F: 7 RUNNER 4891 00.28.22.705 09:10 6.5mph Female 55 - 59: 2 1 1 1 1 1 1 1 1 1	23				RUNNER	4721			•	
26 ROSALIE RUNG GREENPORT, NY F. 8 PUNNER RUNNER 4912 PM 00.28:52.01 PM 6.6mph Pm Female 45 - 49:1 Pm 27 MARY SHALVEY BROOKLYN, NY F: 10 RUNNER 4813 PM 00:28:52.01 PM 6.4mph Pm Female 45 - 69:1 Pm 29 JOHN CLARK MOUNT SINAI, NY M: 19 RUNNER 4854 PM 00:29:07.80 PM 09:23 PM 6.4mph Pm Female 35 - 59: 2 PM 31 JENNY BREW AMAGANSETT, NY F: 11 RUNNER 4864 PM 00:29:176.57 PM 09:27 PM 6.3mph Pm Female 50 - 59: 2 PM 32 JLBSY KOCH NEW YORK, NY F: 12 RUNNER 4867 PM 00:29:16.57 PM 09:27 PM 6.2mph Pm Female 50 - 54: 2 PM 34 JACOB DELEON MOUNT SINAI, NY M: 21 RUNNER 4867 PM 00:30:47.92 PM 09:56 PM 6.0mph PM Male 50 - 54: 2 PM 35 JACOB DELEON MOUNT SINAI, NY M: 22 RUNNER 4803 PM 00:31:35.54 PM 10:11 S.9mph PM Female 45 - 49: 3 PM 36 CHRISTY WEBB F: 14 RUNNER 4810 PM 00:31:35.45 PM 10:11 S.9mph PM Female 50 - 54: 3 PM 37 EMILY KRAUS F: 16 R	24	ERIC DANTES	•		RUNNER	4861	00:28:05.51		•	Male 40 - 44: 2
MARY SHALVEY	25		•		RUNNER	4891			•	Female 55 - 59: 2
BROKLYN, NY			GREENPORT, NY						•	
29 JOHN CLARK MOUNT SINAI, NY M: 20 RUNNER 4854 00:29:07.80 09:23 6.4mph Male 35 - 39: 2									•	
30 CHRIS MULLIGAN AMAGANSETT, NY M: 20 RUNNER 4899 00:29:17.96 09:27 6.3mph Male 55 - 59: 2 31 JENNY BREW AMAGANSETT, NY F: 11 RUNNER 4867 00:29:16.56 09:37 6.2mph Female 50 - 54: 2 32 CASSIN DUNCAN NEW YORK, NY F: 12 RUNNER 4867 00:29:51.65 09:37 6.2mph Female 45 - 49: 2 33 LIBBY KOCH Fill RUNNER 4881 00:29:59.38 00:29:1.65 00:30:40 6.2mph Female 45 - 49: 2 34 CHRISTOPHER WEBB MOUNT SINAI, NY M: 22 RUNNER 4881 00:31:05.58 10:01 6.0mph Male 30 - 54: 2 RUNNER 4883 00:31:35.54 10:11 5.9mph Female 45 - 49: 4 RUNNER 4883 RUSHIN MILIUS F: 16 RUNNER 4890 00:31:35.45 10:11 5.9mph Female 45 - 49: 4 RUNNER M83 RUNNER 4890 00:31:36.58 RUNNER MEN POLIWADA M: 23 RUNNER MEN POLIWADA RUNNER MEN POLIWADA M: 23 RUNNER MONTGOMERY-MEDINA 42 JEREMY SCHLEIMER M: 25 RUNNER MONTGOMERY-MEDINA 42 JEREMY SCHLEIMER M: 25 RUNNER MS: 25 RUNNER MILE SS THORNTON MILE SS THORNTON MILE SS THORNTON MILE SS THORNTON MOUNT SINAI, NY M: 26 RUNNER MEN POLIWADA MILE SS THORNTON MILE SS THORNTON MILE SON GREENPORT, NY M: 26 RUNNER MILE CORSO GUTCHOGUE, NY M: 26 RUNNER MILE SON GREENPORT, NY M: 27 RUNNER MILE SON GREENPORT, NY M: 28 RUNNER MILE SON GREENPORT, NY M: 29 RUNNER MILE SON GREENPORT, NY M: 29 RUNNER MILE SON GREENPORT, NY M: 29 RUNNER MILE SON GREENPORT, NY M: 20 RUNNER									•	
31 JENNY BREW AMAGANSETT, NY F: 11 RUNNER 4845 00.29:18.57 09:27 6.3mph Female 50 - 54: 2									•	
32 CASSIN DUNCAN			•							
33 LIBBY KOCH	_		•						•	
CHRISTOPHER WEBB			NEW YORK, NY							
35 JACOB DELEON MOUNT SINAI, NY M: 22 RUNNER 4863 00:31:05.58 10:01 6.0mph Female 30 - 34: 1 36 CHRISTY WEBB F: 14 RUNNER 4930 00:31:35.54 10:11 5.9mph Female 45 - 49: 4 37 EMILY KRAUS F: 16 RUNNER 4895 00:31:38.08 10:12 5.9mph Female 50 - 54: 3 38 KRISTIN MILIUS F: 16 RUNNER 4895 00:31:38.08 10:12 5.9mph Female 50 - 54: 4 39 KEN POLIWADA M: 23 RUNNER 4904 00:31:46.24 10:14 5.9mph Male 50 - 54: 3 40 EMILY MINIGER SHELTER ISLAND, NY M: 24 RUNNER 4896 00:32:08.70 10:22 5.8mph Female 35 - 39: 1 41 JOHNATHAN GREENPORT, NY M: 24 RUNNER 4896 00:32:08.70 10:22 5.8mph Female 35 - 39: 1 42 JEREMY SCHLEIMER M: 25 RUNNER 4913 00:33:45.72 10:53 5.5mph Male 35 - 39: 3 43 MELISSA THORNTON F: 18 RUNNER 4925 00:33:45.78 10:53 5.5mph Male 35 - 39: 3 44 JOSEPH CORSO CUTCHOGUE, NY M: 26 RUNNER 4857 00:34:03.80 10:59 5.5mph Male 65 - 69: 1 45 MIKE CORSO GREENPORT, NY M: 27 RUNNER 4857 00:34:03.80 10:59 5.5mph Male 60 - 64: 2 46 THOMAS CAVANAUGH MOUNT SINAI, NY M: 28 RUNNER 4857 00:35:06.79 11:19 5.3mph Male 30 - 34: 2 47 DAN BINGHAM MOUNT SINAI, NY M: 28 RUNNER 4857 00:35:06.79 11:19 5.3mph Male 30 - 34: 2 48 CONNIE HAVENS EASTPORT, NY F: 19 RUNNER 4857 00:35:36.78 11:29 5.3mph Male 30 - 34: 2 49 GRAINNE BREEN ORIENT, NY F: 20 RUNNER 4857 00:35:36.78 11:29 5.3mph Male 35 - 59: 3 40 KERPY CONRADI F: 21 RUNNER 4854 00:38:38.04 12:24 4.8mph Female 30 - 34: 2 41 GRAINNE BREEN ORIENT, NY F: 20 RUNNER 4854 00:38:38.04 12:24 4.8mph Female 30 - 34: 2 41 GRAINNE BREEN ORIENT, NY F: 21 RUNNER 4854 00:38:38.04 12:24 4.8mph Female 30 - 34: 2 42 SESICA ALTIERI CUTCHOGUE, NY F: 21 RUNNER 4894 00:38:45.36 12:30 4.8mph Male 65 - 69: 3 43 HORDAS MCKEON MOUNT SINAI, NY M: 31 RUNNER 4894 00:38:45.36 12:30 4.8mph Male 65 - 69: 3 44 GRAYSON RUCKER					_					
Semilar Nation			MOUNT OINM NIV		_				•	
Semilar Kraus			MOUNT SINAL, NY						•	
38 KRISTIN MILIUS F: 16 RUNNER 4895 00:31:38.08 10:12 5.9mph Female 50 - 54: 4 39 KEN POLIWADA M: 23 RUNNER 4904 00:31:46.24 10:14 5.9mph Male 50 - 54: 4 40 EMILY MINIGER SHELTER ISLAND, NY F: 17 RUNNER 4896 00:32:08.70 10:22 5.8mph Female 35 - 39: 1 41 JOHNATHAN MONTGOMERY-MEDINA GREENPORT, NY M: 24 RUNNER 4988 00:32:48.19 10:34 5.7mph Male 35 - 39: 3 43 MELISSA THORNTON F: 18 RUNNER 4913 00:33:45.72 10:53 5.5mph Female 30 - 34: 1 44 JOSEPH CORSO CUTCHOGUE, NY M: 26 RUNNER 4857 00:34:03.80 10:59 5.5mph Male 65 - 69: 1 45 MIKE CORSO GREENPORT, NY M: 27 RUNNER 4859 00:34:05.21 10:59 5.5mph Male 60 - 64: 2 47 DAN BINGHAM M: 29 RUNNER 4859 00:35:05.79										
Miles Mile									•	
Mailor M				_					•	
NY GREENPORT, NY M: 24 RUNNER 4898 00:32:48.19 10:34 5.7mph Male 19 - 24: 2			CLIELTED ICLAND						•	
MONTGOMERY-MEDINA 42 JEREMY SCHLEIMER 42 JEREMY SCHLEIMER 55 RUNNER 4913 00:33:45.72 10:53 5.5mph Male 35 - 39: 3 43 MELISSA THORNTON 44 JOSEPH CORSO 45 CUTCHOGUE, NY 46 MIKE CORSO 56 GREENPORT, NY 47 RUNNER 4859 00:34:03.80 10:59 5.5mph Male 65 - 69: 1 48 MIKE CORSO 48 GREENPORT, NY 49 GRAINNER 4859 00:34:03.80 10:59 5.5mph Male 65 - 69: 1 49 GRAINNER 4850 00:34:05.21 10:59 5.5mph Male 60 - 64: 2 40 THOMAS CAVANAUGH 48 CONNIE HAVENS 48 CONNIE			NY						·	
## MELISSA THORNTON ## JOSEPH CORSO ## CUTCHOGUE, NY M: 26 RUNNER 4857 00:33:45.78 10:53 5.5mph Male 65 - 69: 1 ## JOSEPH CORSO CUTCHOGUE, NY M: 26 RUNNER 4857 00:34:03.80 10:59 5.5mph Male 65 - 69: 1 ## MIKE CORSO GREENPORT, NY M: 27 RUNNER 4859 00:34:05.21 10:59 5.5mph Male 60 - 64: 2 ## THOMAS CAVANAUGH MOUNT SINAI, NY M: 28 RUNNER 4852 00:35:05.79 11:19 5.3mph Male 30 - 34: 2 ## DAN BINGHAM MOUNT SINAI, NY M: 29 RUNNER 4747 00:35:08.28 11:20 5.3mph Male 55 - 59: 3 ## CONNIE HAVENS EASTPORT, NY F: 19 RUNNER 4877 00:35:08.28 11:20 5.3mph Female 55 - 59: 4 ## GRAINNE BREEN ORIENT, NY F: 20 RUNNER 4824 00:37:52.08 12:12 4.9mph Female 55 - 59: 4 ## GRAINNE BREEN ORIENT, NY F: 21 RUNNER 4746 00:38:28.04 12:24 4.8mph Female 55 - 59: 5 ## SUNNER 4824 00:37:52.08 12:12 4.8mph Female 30 - 34: 2 ## SUNNER 4824 00:38:34.02 12:26 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.02 12:26 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.02 12:26 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.02 12:26 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.02 12:26 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.02 12:26 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.02 12:26 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.63 13:03 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.63 13:03 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.63 13:03 4.8mph Male 65 - 69: 2 ## SUNNER 4824 00:38:34.63 13:03 4.8mph Male 65 - 69: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 66 - 64: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 3 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 4 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 4 ## SUNNER 4829 00:43:03.16 13:53 4.3mph Male 65 - 69: 4 ## SUNNER 4829	41		GREENPORT, NY	M: 24	RUNNER	4898	00:32:48.19	10:34	5.7mph	Male 19 - 24: 2
44 JOSEPH CORSO CUTCHOGUE, NY M: 26 RUNNER 4857 00:34:03.80 10:59 5.5mph Male 65 - 69: 1 45 MIKE CORSO GREENPORT, NY M: 27 RUNNER 4859 00:34:05.21 10:59 5.5mph Male 60 - 64: 2 46 THOMAS CAVANAUGH MOUNT SINAI, NY M: 28 RUNNER 4852 00:35:05.79 11:19 5.3mph Male 60 - 64: 2 47 DAN BINGHAM M: 29 RUNNER 4852 00:35:05.79 11:19 5.3mph Male 55 - 59: 3 48 CONNIE HAVENS EASTPORT, NY F: 19 RUNNER 4877 00:35:36.78 11:29 5.2mph Female 55 - 59: 3 50 KERRY CONRADI F: 20 RUNNER 4824 00:37:52.08 12:12 4.9mph Female 55 - 59: 5 5 51 KIM ZABLOCKY CUTCHOGUE, NY M: 30 RUNNER 4746 00:38:28.04 12:24 4.8mph 481e 0 - 56: 2 52 JESSICA ALTIERI CUTCHOGUE, NY F: 22 RUNNER	42	JEREMY SCHLEIMER		M: 25	RUNNER	4913	00:33:45.72	10:53	5.5mph	Male 35 - 39: 3
45 MIKE CORSO GREENPORT, NY M: 27 RUNNER 4859 00:34:05.21 10:59 5.5mph Male 60 - 64: 2 46 THOMAS CAVANAUGH MOUNT SINAI, NY M: 28 RUNNER 4852 00:35:05.79 11:19 5.3mph Male 30 - 34: 2 47 DAN BINGHAM M: 29 RUNNER 4747 00:35:08.28 11:20 5.3mph Male 55 - 59: 3 48 CONNIE HAVENS EASTPORT, NY F: 19 RUNNER 4877 00:35:36.78 11:29 5.2mph Female 55 - 59: 4 49 GRAINNE BREEN ORIENT, NY F: 20 RUNNER 4824 00:37:52.08 12:12 4.9mph Female 55 - 59: 5 50 KERRY CONRADI F: 21 RUNNER 4746 00:38:28.04 12:24 4.8mph Female 30 - 34: 2 51 KIM ZABLOCKY CUTCHOGUE, NY M: 30 RUNNER 4931 00:38:34.02 12:26 4.8mph 481e 65 - 69: 2 52 JESSICA ALTIERI CUTCHOGUE, NY F: 22 RUNNER	43	MELISSA THORNTON		F: 18	RUNNER	4925	00:33:45.78	10:53	•	Female 30 - 34: 1
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Strong Island Running Club Printed: 10/16/2022 9:20:22 AM Page: 1 of 2

ELIH 5K

Place Name		Hometown	Gender	Туре	Bib#	Time	Pace	Speed	Division Rank
61	CAROL KANE	GREENPORT, NY	F: 24	RUNNER	4880	00:45:07.07	14:33	4.1mph	Female 70 - 100: 1
62	STELLA SQUIRE	ORIENT, NY	F: 25	RUNNER	4920	00:45:48.46	14:46	4.1mph	:
63	CHARLES SQUIRE	GREENPORT, NY	M: 38	RUNNER	4919	00:45:49.65	14:46	4.1mph	Male 50 - 54: 4
64	JEN CORWIN		F: 26	RUNNER	4860	00:47:18.71	15:15	3.9mph	Female 35 - 39: 2
65	AMANDA HANSEN		F: 27	RUNNER	4876	00:47:48.33	15:25	3.9mph	Female 35 - 39: 3
66	HELEN CORSO	CUTCHOGUE, NY	F: 28	RUNNER	4856	00:48:54.65	15:46	3.8mph	Female 70 - 100: 2
67	SUSAN HLAVENKA	SEAFORD, NY	F: 29	RUNNER	4879	00:49:04.59	15:49	3.8mph	Female 60 - 64: 2
68	KIMBERLY CARTER	SOUTHOLD, NY	F: 30	RUNNER	4851	00:49:50.72	16:04	3.7mph	Female 50 - 54: 5
69	NICOLE ALLOWAY	SOUTHOLD, NY	F: 31	RUNNER	4841	00:49:51.30	16:04	3.7mph	Female 50 - 54: 6
70	SARA DEMENKOFF	HOBOKEN, NJ	F: 32	RUNNER	4864	00:51:31.18	16:37	3.6mph	Female 45 - 49: 5
71	OMAR BRADLEY	MOUNT SINAI, NY	M: 39	RUNNER	4844	00:52:37.89	16:58	3.5mph	Male 60 - 64: 4
72	JAMES VERNEY	MOUNT SINAI, NY	M: 40	RUNNER	4928	00:52:38.12	16:58	3.5mph	Male 50 - 54: 5
73	STEPHANIE VARELLAS	MATTITUCK, NY	F: 33	RUNNER	4927	00:52:39.84	16:59	3.5mph	Female 35 - 39: 4
74	LUANN NICOSIA		F: 34	RUNNER	4901	00:52:41.17	16:59	3.5mph	Female 35 - 39: 5
75	ISHMAEL MOHAMMED	MOUNT SINAI, NY	M: 41	RUNNER	4897	00:52:42.67	17:00	3.5mph	Male 35 - 39: 5
76	CHRISTOPHER MANFREDI		M: 42	RUNNER	4839	00:53:05.65	17:07	3.5mph	Male 55 - 59: 5
77	TINA CONTENTO	GREENPORT, NY	F: 35	RUNNER	4855	00:53:06.18	17:07	3.5mph	Female 55 - 59: 6
78	GREG CAMPO		M: 43	RUNNER	4849	00:53:07.24	17:08	3.5mph	Male 70 - 100: 1
79	KRISTIE GOLDEN		F: 36	RUNNER	4875	00:53:07.24	17:08	3.5mph	Female 70 - 100: 3
80	ANDREA MANFREDI		F: 37	RUNNER	4840	00:53:07.86	17:08	3.5mph	Female 55 - 59: 7
81	FIONA MCKEE	CHAPPAQUA, NY	F: 38	RUNNER	4892	00:53:08.68	17:08	3.5mph	Female 55 - 59: 8
82	MARIA MCKEE	CHAPPAQUA, NY	F: 39	RUNNER	4893	00:53:10.21	17:09	3.5mph	Female 60 - 64: 3
83	TRUDY KOSAVICH	EAST MARION, NY	F: 40	RUNNER	4882	01:07:35.43	21:48	2.8mph	Female 70 - 100: 4