



Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities
Educational Equity For All

April 2020

California Department of Education News



Official Message from the State
Director of Special Education

United States Department of Education's
Supplemental Fact Sheet Addressing the

Risk of COVID-19 in Preschool, Elementary, and Secondary
Schools While Serving Children with Disabilities
<https://www.cde.ca.gov/ls/he/hn/vr20spedletter0323.asp>



COVID-19 Information and Resources

As Autism Speaks continues to monitor the evolving situation, our sincere hope is that you and your loved ones are staying safe and healthy.

We understand that many people with autism and their families are being directly impacted, seeing disruptions in services and coping with the uncertainty of what comes next. We want to share some resources and information that may help you at this time.

- School closures and disruption of school-based services
- COVID-19 Video Teaching Story from University of Miami – NSU
- The Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease 2019 (COVID-19) from the National Child Traumatic Stress Network includes age-specific tips for helping children cope with stress
- Coping with disrupted routines
- Disrupted Routines Teaching Story (coming soon)
- Continuing clinical care during social distancing and school/program closures
- Communication supports/visual aids (coming soon)
- Flu Teaching Story

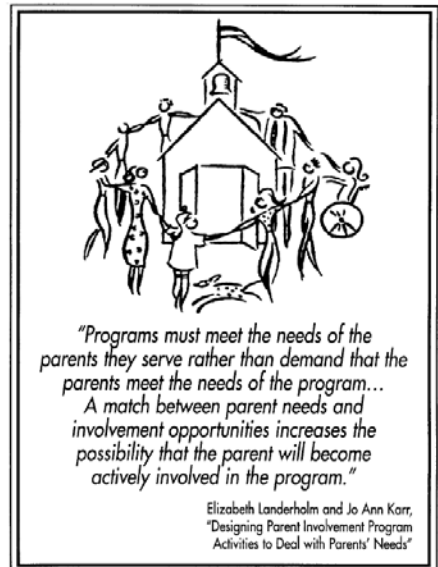
<https://www.autismspeaks.org/covid-19-information-and-resources>



Before Disciplining a Child
Please Know This Important
Truth



<https://parentswithconfidence.com/disciplining-a-child/>



Tana Donaghy, President, Educational Equity For All
Msistanad@educationequityforall.org; 909-964-5057
<http://www.educationequityforall.com/>

Feature Idea of Month

Resources for families and schools on addressing educational needs for students with disabilities during school closures:

[Support for Families of Children with Disabilities](#)
[California Deafblind Services](#)

[Family Resource Navigators](#)

[Amazing Educational Resources](#), Facebook page for parents of children with special needs

[Further list of online educational resources](#)

Be sure to check out these resources especially the last one. It has lots of activities for students at home.

Heavy Work and Sensory Processing Issues: What You Need to Know At a Glance

- Heavy work is any type of activity that pushes or pulls against the body.
- Heavy work activities can help kids with sensory processing issues feel centered.
- Heavy work engages a sense called proprioception, or body awareness.

Proprioception and Heavy Work

We typically think of people as having five senses: sight, smell, hearing, taste and touch. But there are two other senses that can affect motor skills. One is called the vestibular sense, and it controls balance and movement. The other is called the proprioceptive sense, and it controls body awareness.

A child's sense of body awareness and balance comes from the way receptors in her muscles and joints send messages to her brain. They tell her where her body is in space, where each body part is and what it's doing. It's the way she knows how much force to use to complete a task, like writing on paper or shutting a door.

t.ly/pkn39



<https://www.talktometechnologies.com/pages/activity-and-choice-boards-for-autism>

WEBSITES AND RESOURCES

t.ly/LbEWm

t.ly/jw8jP

<https://planningplaytime.com/shop>

MOM
Hacks
101

101 Fun & Free Ways For Kids To Learn At Home

t.ly/51qyb

ULTIMATE LIST FOR
Kids To Learn
AT HOME

- PRESCHOOL
- ELEMENTARY
- MIDDLE/HIGHSCHOOL
- FREE ONLINE RESOURCES
- VIRTUAL FIELD TRIPS



Many parents are rushing around looking for fun and free ways for their kids to learn at home because of recent [school closings](#).

This has been a little overwhelming for some parents and kids alike.

These learning prompts and free online learning resources will help your kids learn outside the classroom and give you peace of mind.



STAGES Learning materials  Academic readiness intervention system LANGUAGE BUILDER

A Free Autism Curriculum Kit to support families during COVID-19 School Closures

Free at home curriculum for early autism education
Given current circumstances, you may be faced with the unexpected challenge of educating and engaging your child with autism or other special needs at home. While so much is in flux, we want to give free lessons, materials, activity sheets, data tracking sheets, behavior management tools, and a basic overview of how to use the system. These materials are a sampling of lessons from Stages Learning Materials' Language Builder ARIS curriculum. The lessons and supporting materials are 100% free to families. We recognize that these are unsettling times, and even more difficult for families whose children have special learning needs. We hope by providing access to our Language Builder ARIS Curriculum, we can help alleviate some anxieties in the short term. t.ly/zWOjp