



CHAPTER 1917



Ocean City, Maryland – WWW.AARP1917.ORG

November 2017

Officers

President

Bob McCluskey
410-250-0980

Vice President

Acting John Lucas

Recording Secretary

Debi McCluskey
410 250-0980

Treasurer

Santa Kvech
443-664-2003

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Jeff McArthur
Sue Harting
Norma Bull
Mary Jo Breslin
Donna Reid
Emeritus
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410 250-4533

Travel

Sandy Kvech
240 476-7423

Travel Treasurer - Alcea Sprung
410 352-5748

Scholarship

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410 250 - 0980

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Mary Ann Lemay

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Donna Reid

Lunch Bunch

Ron Apperson

The President's Corner....

Dear everyone,

It is with a heavy heart that I write this particular edition of "The President's Corner." The sudden passing of our vice-president, tax program coordinator, and good friend, John Bloecher, has left a void in our membership. John was a good guy and a valued member of our chapter; his contributions to this organization were greatly appreciated. His parting will not be easily digested. For those of you able to attend, **there will be a memorial service in his honor on Nov. 8 at 2:00 pm in the Ocean City Senior Center.** Non-perishable food items may be donated at that time to one of John's favorite charities, Shepherd's Crook in Ocean City. I know I speak for everyone in saying, "Rest in peace, big fella."

Knowing John, I'm sure he wouldn't want us to sit and mope over his passing. We can best honor his legacy by supporting the goals and activities of our organization that were dear to John's heart. With that in mind, our Christmas party next month will be held on Dec. 14 at 1:00 pm at The Clarion. Tickets will be available at our Nov. meeting on the 9th. A holiday gathering for local AARP chapters will be held on Nov. 10 at 2:00 pm on the campus of Salisbury University for those who are interested. Please RSVP to Salisbury U. if you plan to attend. Our Nov. luncheon will be at Harpoon Hanna's following our meeting. Please see Ron Apperson at the Travel Table for menu choices and payment. Ron can also inform you about future luncheons. While you're at the Travel Table, check out the upcoming trips and events that Sandy and her travel committee have scheduled for 2018. Also, remember to speak with Ann Toney about events at the Senior Center to further enhance your social calendar. Let's dedicate our forthcoming activities to John's memory and recall his spirit as we participate in our future events.

Happy Thanksgiving and Merry Christmas, everyone!

Respectively, **Bob McCluskey**

I look forward to seeing as many of you as possible on November 9th, 2017.

For additional website information [click here.](http://WWW.AARP1917.ORG)

Open to anyone over the age of 50 who enjoys fun with friends, opportunities for travel, camaraderie, educational and guest speakers and discounted local fare, just to name a few!



Our meetings are held at the Worcester County Senior Center located at 41st street, Bayside, Ocean City, on the second Thursday of every month, September through June. The Senior Center is just to the right of the Roland Powell Convention Center, almost under the water tower. Free parking is plentiful.

Meeting time is preceeded by coffee, snacks and time for travel and brochure browsing, followed at 10:00 am by our speaker and business meeting. The Senior Center is just to the right of the Roland Powell Convention Center, almost under the water tower. Free parking is plentiful.

Ocean City residency is not required to **JOIN US**, and belonging to another chapter is fine with us. Tell your friends or your neighbors!



SNACKS AND SUCH

Wouldn't you love to be a snack volunteer for one of our monthly meetings?? Show off your favorite cake, cookies, or cheese dip and cracker treats for all to enjoy???

We would love to have you share your culinary skills. These snacks are a great part of our meeting and always immensely appreciated. Donna Reid, our Snack Master volunteer, would love to hear from you. She is doing a great job with organizing our monthly snack donations. Give Donna a call if she can count on you to help at an upcoming meeting. Her phone is 301 518-4187



NEWS YOU SHOULDN'T MISS



John Bloecher, our Vice President of Chapter 1917, of Berlin, MD passed away suddenly last week. John performed a multitude of services for AARP frequently seen as a volunteer participant in whatever the service of the month offered. John was highly visible in his AARP service seen at events including the Health Fair, tax preparation, document shredding, state policy events and many others. John was a valued member of Chapter 1917, having served as Chapter President for a year, and returning this year to serve as Vice President. John avidly supported State AARP and other

local chapters in Cambridge and Ocean Pines in a multitude of their efforts for AARP seniors, including raising awareness for our own Senior Center. He chaired our local tax preparation program for seniors with volunteers often providing thousands of hours of free tax preparation annually. He was an avid supporter of food and clothing drives for the homeless and less fortunate in Ocean City. John will be missed.

There will be a Memorial Service for John on November 8th, 2017 at 2 pm at the Ocean City Senior Center. We are asking that everyone attending please bring a few non perishable items for contributions to Shepherd's Crook in his memory.

Memorial monetary donations can be made to Shepherd's Crook,
207 South Baltimore Ave, Ocean City, MD 21942.



Andrea Albrecht, our Membership Committee Chair, reports positive response to our quest for dues before the end of the year. Thank you to all who have filled out the renewal form and responded with your \$7.00. **You may PRINT the renewal page at the end of this document and return by mail (address is on form) or bring to next meeting.** You will need your National membership card.

F Y I - AARP1917 Board of Director Changes

In lieu of John Bloecher's passing, the board has approved John Lucas as our acting Vice President to complete John's term of office. The Board also approved Donna Reid to fill John Lucas board seat. Debi McCluskey will continue on in her role as secretary.



TRAVEL UPDATES FOR 2017

November 29, 2017: *Dial "S" for Santa* - Mystery Dinner Performance at the Princess Royale. **Doors will open at 5:00 pm for Guest Check-in.**

Feb 18-23, 2018: Iceland Blue Lagoon & Northern Lights - Now \$1873/person (Dbl)
Includes: Air transportation from Dulles Airport in Washington, Transfers to and from the Hotel in Iceland, 4 nights accommodation at the Canopy By Hilton Hotel, 4 Full Breakfasts and 4 Guided Tours.

March 5 (Mon): Joey Vincent Live at SugarHouse Casino in Philly - \$60/person. Includes: Bus Transportation, Water/Snacks & Gratuities, \$20 Slot Play, & Admission to Joey Vincent Live Show

NEW! April 29 – May 2: Virginia International Military Tattoo - \$569/Person (Dbl). One of the most patriotic displays of military bands, drill teams and performers from the US service branches and militaries from around the world – honoring, remembering and celebrating “Medal of Honor” recipients! Includes: Bus Transportation, 3 Nights Ocean Front Hotel Accommodations, 6 Meals (3B/3D), Premium Seating at the International Tattoo, Admission to the Hullabaloo, Guided Tour of the Norfolk Naval Station, Admission to the Nauticus National Maritime Center, Visit to the Douglas McArthur Memorial, Tours of the Battleship USS Wisconsin & Virginia Aviation Museum ... and, a Tram Tour of the Norfolk Botanical Gardens!

NEW! May 23 (Wed): Rails & Paddlewheels of the Susquehanna Valley - \$115/Person. Includes: Bus Transportation, Water/Snacks & Gratuities, Scenic Train Ride along the Swatara Creek, Lunch at Alfred's Victorian Restaurant and a Paddle Wheel Riverboat Cruise on the Susquehanna.

Check our website Travel page for more information www.aarp1917.org and click on Travel.

Yule Be Swinging Holiday Cabaret – December 14th - Clarion Resort & Hotel, 1pm -5pm
Last chance to purchase your tickets! \$25/person, Members -- \$35/person, Non-Member Guests

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- Clarion Resort, Coastal Hwy
- December 14th
- 1 pm - 5 pm
- \$25/person, Members
- \$35/person, Non-Member Guests



Look for more information soon regarding our winter fundraiser.



SPECIAL RECEPTION FOR AARP MEMBERS

November 10th, 2017 : Salisbury University will be hosting a "holiday gathering" at the University House, 1116 Camden Ave., on the university campus on Nov. 10 from 2--4 pm. Parking for the open house will be at the University House. Refreshments will be served. The purpose of the event is to introduce AARP members from the Ocean City, Ocean Pines, and Wicomico chapters to Salisbury U's continuing education and unique entertainment and cultural programs



Ron Apperson's Lunch Bunch

November 9th – Harpoon Hannah's – Rt. 54, Fenwick Island, DE
Please sign up at the travel table with Ron at the meeting.

NEWS FROM OUR SENIOR CENTER



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REMINDER TO ALL MEMBERS regarding your Senior Center card

Please remember to stop in the Senior Center office soon either before or after our meeting with your card for a quick update patch. It only takes a few seconds. Swipe your card or use your phone number to register each time you attend the Senior Center to keep our numbers up and keep this valuable Center open.

For questions call Ann Toney at the Ocean City Senior Center (410-289-0824).



INFORMATIONAL SPEAKERS and meeting fun



Scott Farley

Worcester Co Center for Aging



Joe Mitrecic ,

Worcester County Commissioner



MaryBeth Carrozza

Worcester Co Delegate

SMILE A 
LITTLE



**When I'm an old lady I'm
going to leave snacks in
little bags on the floor
all over the house in
case I fall down**



BE ALERT TO FRAUD



Did you know that if you were a victim of the Equifax hack, you can freeze your credit so no one can get a credit report, apply for a credit card or a loan in your name? This applies to any transaction that requires another party access your personal credit report, as in purchasing a car, a home or an equity line. If you freeze your credit card for on credit company, it applies for all. To unfreeze your credit, you may be charged a small sum and you must have a personal identification number (pin) to do so. Please keep this pin and other information in a safe place.

You may submit a request electronically at Experian.com/upload or in writing to: Experian, PO Box 9554, Allen, Texas, 75013

Other Ways to Take action

Discover and many other banks, credit and debit card companies are offering new benefits.

Most will have the option of going into your online account and signing up for monitoring of your credit report and also set up other alerts for monitoring when your card is used. This allows for you to know very soon if someone is hijacking your account with your card number. Call your bank or credit company to find out how to protect your finances in our new age of technology and hackers.

Free Hypertension Clinics & Health Education

Mon., November 6
Apple Drug, Berlin 10 am – 12 pm
Tues., November 7
Rite Aid, Selbyville, DE 10 am – 12 pm
Hocker's Super Center
Clarksville, DE 1 pm – 3 pm
Wed., November 1
Rite Aid, Berlin 1 pm – 3 pm
Rite Aid, Ocean Pines 1 pm – 3 pm
Wed., November 15
Hocker's Grocery Store 10am – 12pm
Bethany, DE

Bereavement Support Group

Wednesday, November 22 | Conference Room 1 • 7 pm – 8 pm
For further information, please call Pastoral Care Services at 410.641.9725
e-mail gmsnell@atlanticgeneral.org.

T.O.P.S. of Berlin – Group #169

Mondays | Conference Room 1 • 5 pm – 6:30 pm
Support and educational group promoting weight loss and healthy lifestyle. For more info, contact Edna Berkey at 410-251-2083.

Breast Cancer Support Group

Wednesday, November 15 | Atlantic Health Center Conference Room • 1 pm – 2 pm
Lunch is provided so registration is requested. Call Women Supporting Women Office—410-548-7880

Celiac Disease Support Group

Thursday, November 9 | Conference Room 1 • 7 pm – 8 pm For more information contact Betty Bellarin at 410-603-0210

Diabetes Support Group

Monday, November 6, 6:00 pm St. Paul's Church, Berlin
Wednesday, November 1, 7:00 pm Ocean Pines Library
Educational programming and peer support.
For information call Darlene, 410-641-9703

Stroke Support Group

Thursday, November 30 | Conference Room 1 • 2 pm–3 pm
For stroke victims/survivors and caregivers. For more information contact Anne Waples, 443-614-5720.

NAMI Lower Shore Support Group

Tuesday, November 14, 6:30 pm to 8:00 pm
For more information contact Gail Mansell at 410-641-9725 or gmsnell@atlanticgeneral.org

Overeaters Anonymous Support Group

Thursday, November 16 | Conference Room 1 6:00pm - 7:00 pm
Help for anyone struggling with a compulsive eating problem. For more information, contact Bett Weaver at 410-202-9078.

Parkinson's Support Group;

Tuesday, November 14 | Gull Creek, 1 Meadow St. Berlin, MD • 3:15 pm - 4:30 pm
Programming, exercise and support of peers.
For more information contact Kay Rentschler at 410-641-4765 or delmarvaparkinsonsalliance.org.

Yoga

Tuesdays | James G. Barrett Medical Office Building, Rotunda, Berlin, MD • 5:30 pm - 6:45 pm
For more information contact Georgette Rhoades at 410-641-9734 or grhoades@atlanticgeneral.org. Cost: \$72 for 8 sessions, or \$10 drop-in fee for first time.

CPAP Mask Fitting

For those who currently use a CPAP machine and need to have their mask fitting assessed. **This is a free service.** Appointment necessary. To make an appointment, contact Robin Rohlfing at 410-641-9726.

Tai Chi

Wednesdays | James G. Barrett Medical Office Building, Rotunda, Berlin, MD • 5:30 pm - 6:30 pm For more information contact Kim Reed at 410-213-2822. Cost: \$85 for 8 sessions, or \$15 drop-in fee for first time. Ends Nov. 15

Meditation Group

Wednesdays | Conference Room 2 • 7:15 pm–8:15 pm
Taught by Kim Reed, 410-213-2822. Meditation for stress elimination, healing the body, and creating mindful awareness. Cost \$70 for the series (if paid in full up-front) or \$15 per session drop-in fee. Ends Nov. 15

Walk With A Doc

November 18, 9 am Ocean Pines South Gate Lake (meet at the War Memorial) Free event open to the public. Enjoy a family and pet-friendly fun walk with a brief health presentation.

Special Events

Medical Mondays — Berlin
"What's New in Breast Imaging and Breast Cancer Detection" with Dr. Gerard Hogan
November 13, 2017, 5:30 PM to 6:30 PM
124 N. Main St., Berlin, MD

- About mammography advances including 3D – tomosynthesis
- Understand other modalities for breast cancer imaging
- Understand the difficulty in finding breast cancer even with imaging

Medical Mondays — Delaware
"Treatment Options for Knee Arthritis" with Dr. Thomas Beck

November 27, 2017, 5:30 PM to 6:30 PM
Aquacare
38069 Town Center Dr., Unit 15, Millville, DE 19967
(located in the Giant shopping complex)

- Presentation will cover:
- Diagnosing arthritis vs. injury pain
 - Ways to manage and treat arthritis, both life-style and medical
- Registration is requested but not required.
To register call 410-641-9268 or online
www.atlanticgeneral.org/calendar

Holy Savior Catholic Church
Flu Clinic and Health Fair
1705 Philadelphia Ave., Ocean City
November 10, 10:00 AM to 1:00 PM
Flu Shots . Carotid. Blood pressure . Bone density.
Weight/BMI. Dermascan. And much more...
Free and open to the community.

Flu and Blood Pressure clinic — St. Mary's Episcopal Church, 3rd St. Pocomoke
November 11, 10:00 AM to 2:00 PM
Free and open to the community.

Need More Information?

For a full listing of community events visit
www.atlanticgeneral.org/calendar. For more information about these programs contact Donna Nordstrom, Director Community Health, at 410-629-6820 or dnordstrom@atlanticgeneral.org.

FUN, GAMES, AND TRAVEL

(SEND IN PICS OF YOUR TRAVEL FUN
TO INFO@AARP1917.ORG)



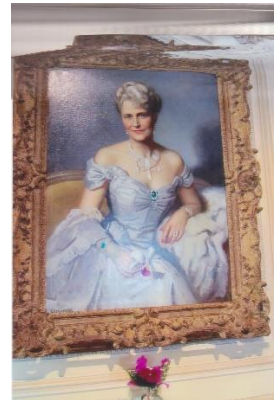
Broadway's

Billy Porter in Kinky Boots, NYC, May 2017





HILLWOOD MANSION, MUSEUM AND GARDENS
WASHINGTON DC APRIL 2017



Former residence of Marjorie Meriweather Post, philanthropist, socialite and business woman.







Chapter 1917

MEMBERSHIP REGISTRATION FORM

Number_____

Check _____

Cash_____

Card_____

Last Name_____First Name_____

Spouse Name (if joining together)_____

Address_____

City/State/Zip_____

Phone number preference_____

PRINT E-mail address _____

From your AARP National card:

National Membership ID#_____Expiration Date_____

Membership requirement: You must be a paid-up member of the National AARP organization to become a Chapter 1917 member.

Chapter Membership fee is \$7.00 per person/per calendar year.

Make checks payable to: AARP Chapter 1917

Mail to: MEMBERSHIP, AARP 1917, PO Box 4193, Ocean City, MD 21843

Please include a stamped self-addressed envelope; otherwise your membership card must be picked up at the membership table at a membership meeting.

Meetings are held the second Thursday of each month (except July and August) at the Worcester County Senior Center, Ocean City, located at 41st St., next to the Convention Center. Coffee and conversation at 9:30 am, meeting at 10am. Visit our website www.aarp1917.org or friend us on Facebook at [AARPCOMPACT1917](https://www.facebook.com/AARPCOMPACT1917)