



## Black Belt Exam Requirements

Present Rank	Forms	Kicks	Self Defense	Breaking	Essay	Option Exam	BB candidate training	One mile Running	Sparring	Competition
<b>H. Red</b> To Deputy	Three color belt forms your own choice and 8 jang	All belts	White - H Red (Choose Three)	4 breaks (Power breaking bricks, jump turning hook kick, speed hand, and one kicking technique of your choice)	Yes	No	3 or more	Yes	One and one Two and one	Once a year
<b>Deputy</b> To 1st	Three color belt forms your own choice and Korye	All belts	Blue - Deputy (Choose Three)	Hurricane side Speed hand Power break	Yes	No	3 or more	Yes	One and one Two and one	Once a year
<b>1st Dan</b> To 2nd	Korye and KumKang	All belts	Blue - Deputy (Choose Two & 1st Dan)	Hurricane hook Power break	Yes	Yes, choose one from below	3 or more	Yes	One and one Two and one	Once a year
<b>2nd Dan</b> To 3rd	Korye, Kum Kang and Taeback	All belts	Blue - 1st Dan (Choose Two & 2nd Dan)	Hurricane side with huddle Power break	Yes	Yes, choose one from below	3 or more	Yes	One and one Two and one	Once a year
<b>3rd Dan</b> To 4th	Korye, Kum Kang, Taeback and Pyeongwon	All belts	Blue - 2nd Dan (Choose Two & 3rd Dan)	Creative 4 breaks Something related to Speed, Power, and Skills	Thesis	Creative performance (5-10 Mins)	3 or more	Yes	One and one Two and one	Once a year

### Option Exam for 1st Dan Black Belts and Higher

**If you would like to create your own option, please consult an instructor about it.**

**The purpose of these options is to see your creative and skill, please show us something you are good at.**

**Make it the highlight of your exam by choosing the right option for you.**

Option 1	Option 2	Option 3	Option 4	Option 5	Option 6	Option 7	Option 8
<ul style="list-style-type: none"> <li>• 6 Forms</li> <li>• Weapon</li> </ul>	<ul style="list-style-type: none"> <li>• 4 Breaks</li> <li>• Weapon</li> </ul>	<ul style="list-style-type: none"> <li>• 10 Hosinsools</li> <li>• 6 Forms</li> </ul>	<ul style="list-style-type: none"> <li>• 10 Hosinsools</li> <li>• Weapon</li> </ul>	<ul style="list-style-type: none"> <li>• 6 Forms</li> <li>• 4 Breaks</li> </ul>	<ul style="list-style-type: none"> <li>• Rolls and Falls</li> <li>• 10 Hosinsools</li> </ul>	<ul style="list-style-type: none"> <li>• 4 Self defense</li> <li>• 4 Breaks</li> </ul>	<ul style="list-style-type: none"> <li>• 10 Hosinsools</li> <li>• 4 breaks</li> </ul>