



The 12th annual CCCNYC Meet will be held Saturday, November 18, 2017 at Voice of America Park in West Chester, Ohio the site of **2008 CCCNYC** as well the **2007 NCAA Division III National CC Championships** and the **2008 USA Track & Field National Club Cross Country Championships**.

Medals to top 25 finishers in each age group and awards to all finishers.

REGISTRATION ONLY \$20 PER RUNNER

plus \$10 YES-Athletics Card

NOVEMBER 18, 2017 * WEST CHESTER, OHIO * WWW.YOUTHCROSSCOUNTRY.ORG

Any youth team is welcome to participate in the Cross Country Coaches National Youth Championship meet if they have finished as one of the top three teams at a CCCNYC sponsored meet. Individuals that finished as one of the top 20 individuals not on a team at a CCCNYC sponsored meet are also eligible to compete. If you are interested in hosting a CCCNYC sponsored meet, please contact the Meet Director Frank Miklavcic at fmiklavcic@aol.com.

Runners may also qualify based on the following time standards for their age group:

Age	Distance	Girls	Boys
6-8	2K	12:00	12:00
9-10	3K	14:00	13:30
11-12	3K	13:30	13:00
13-14	4K	17:30	16:00
13-14	5K	22:10	20:15
15-16	4K	17:30	--
15-16	5K	22:10	17:15
17-18	4K	17:15	--
17-18	5K	21:50	17:00

Race Equivlancy Time Calculator
<http://www.runworks.com/calculator.html>

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TEAM QUALIFYING

Due to the proximity of high school states meets to the CCCNYC, there is no qualifying for teams in the 15-16 and 17-18 age divisions. Any team composed of athletes from the same state who are all in the same age group may enter the meet provided they obtain YES-Athletics team memberships and YES-Athletics individual memberships. CCCNYC will accept up to a limit of 40 teams per race in each division. The first 40 teams to enter will be accepted. All teams in the other age groups must qualify through the above qualifying procedures.

INDIVIDUAL AWARDS

Individual medals will be awarded to each of the top 25 finishers in each age group and awards to all finishers.

TEAM AWARDS

Team trophies and medals will be awarded to the top three teams in each race. Teams consist of at least five athletes and no more than eight athletes.

INDIVIDUAL PARTICIPATION

The top 20 individuals not on a team at a CCCNYC sponsored meet, the AAU district or USATF association meet are eligible to compete. Any individual that finishes in the top 50 at a Nike Team Nationals Regional is eligible to compete as an individual. Individuals may qualify by meeting these qualifying times. Competitors must compete in their age divisions only. No athlete may compete in a younger or older division. Individuals may also qualify from their high school state meet or middle school state meet.

AGE DIVISIONS

AGE	YEAR OF BIRTH	RACE LENGTH
6-8	Born 2009-11	2k
9-10	Born 2007-08	3k
11-12	Born 2005-06	3k
13-14	Born 2003-04	4k
15-16	Born 2001-02	5k
17-18	Born after 11/18/98	5k

Thank you to our sponsor



Please contact us with any questions or concerns. If you want to be included on an email update as the meet approaches, e-mail fmiklavcic@aol.com

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