



Key Note

8:35-10:05a

**Dr. Roderick Logan, DPT**

Certified Clinical Trauma Specialist

Certified Family Trauma Professional

Presentation Title: Viewing Grief and Loss Through the Trauma Lens: An Introduction

Description: Grief and loss are normal life experiences and still when it happens, it is as T.E. Lawrence describes, “pangs too sharp, griefs too deep, ecstasies too high for our finite selves to register.” In this state, our emotions can reach such a fevered pitch that our thoughts, language, and sense of balance fades into white noise. This presentation proposes that regaining control over grief and loss, as well as, terror and shame comes as we reconnect and re-sync with our values, our story, and our relational rhythm.

Bio: Dr. Roderick Logan is a certified trauma specialist. He is an Adoption Educator and Trauma Professional with Christian Family Care (Phoenix) and a non-clinical presenter with the Arizona Trauma Institute (Mesa). He holds a Master’s in Counseling and a Doctorate in Practical Theology. His trauma certifications CFTP and CCTSF are with ATI and IATP.

Roderick is a maven; an information specialist to whom people often look to for insight, a fresh perspective, direction, and a practical point-of-view. Roderick’s talent is most notable as a teacher and communicator and his array of professional services include counseling, coaching, mentoring, and advocating. Since 1981, Dr. Logan’s talents have found expression in industries of transportation, broadcasting, state government, mega-church, and child and family welfare. More than defining the problem, Roderick’s intention is to help others build towards resilience.

Roderick and his wife, Melody, have been married for 38 years. Together they raised two sons and a daughter and have eight grandchildren. Roderick is known among his family and friends as, “the man in a rowboat rowing backwards into the future.”

(1.5 PDU)

Session #1

10:15-11:15a

**Dr Tressia Shaw, MD**

Medical Director, Ryan House

Presentation Title: Ethics in Pediatric Palliative and Hospice Medicine

Description: This session will explore ethical issues frequently encountered within the pediatric palliative and hospice population. The speaker will focus on ethical situations relevant to child life practice.

(1 PDU)

Session #2 11:15-12:15p

**Maribeth Gallagher, DNP, FAAN**  
Hospice of the Valley

**Presentation Title:** A Better Balance: Practicing Mindfulness for Wellbeing

**Description:** Mindfulness practice helps people relax, focus and breathe, which calms the mind and body. Mindfulness Based Stress Reduction is strongly supported by research and found to improve physical symptoms (such as chronic pain, high blood pressure, shortness of breath and insomnia) and to decrease emotional and psychological distress (such as anxiety and depression). This presentation will provide an overview of Mindfulness and some brief experiential practices to immediately integrate into one's daily life.

(1 PDU)

Lunch & Vendors 12:15-1:15p

Partners that Heal 1:15-1:45p

Partners That Heal artists use improvisation, puppetry and music to comfort children in healthcare and crisis facilities. They provide the children and families with laughter and a sense of normalcy. This mini-session will serve as a fun experience for attendees to laugh and witness this amazing organization first hand.

Session #3 1:45-2:45p

**Jenna Teso, DBH, LMSW**  
Director of Behavioral Health  
Pima County Juvenile Detention Center

**Bridgette Werner, MSW, ACSW, C-GC, CILC, CCLS**  
Psychiatric Social Worker

Presentation Title: Pediatric Suicide: Meeting the Unique Needs of Families in the Aftermath

Description: This presentation will focus on the role that the Child Life Specialist can play in supporting families after a suicide has occurred. Risk factors and prevention will be reviewed, but the emphasis of the presentation will be on providing grief support unique to situations in which a suicide has occurred.

(1 PDU)

Closing 2:45-3:45p

**Cindy Steen, M.M. MT- BC**

NICU Music Therapist  
Soul to Sole Music Company

Presentation Title: Integrating Music/Art Therapy Techniques within Child Life Departments and Beyond

Description: This combined session will outline what music and art therapies entail. The session will be filled with uplifting stories and hands on interventions using specific modalities within the Child Life setting. Our focus is centered upon supporting health and healing in an integrative setting, adding another layer of patient, family and staff support.

**Becky Goudy MAPC**  
Professional Counselor, Artplay

Presentation Title: Experience Expressive Arts by Making Feeling-Based Hearts

Description: Ten attendees of this presentation will volunteer to create pastel hearts on canvas while designating feelings to the colors (example: purple = brave). Then, two people will share their heart art with the group, in unison with a discussion about how art-making can help individuals emote in healthy ways.

(1 PDU)

Evaluations & Certificates 3:45-4:00p

6.5 PDU (if you attend the Mentoring Breakfast)

## **Conference Registration**

### Early Registration Fees:

Professional - \$50  
Student - \$40  
ACLP Member - \$40  
Speaker – No fee

Registration Questions? Call Jessica Bryson CCLS at 602.512.3229

**\*\*Early registration will end February 28, 2018. Late registration will be \$60, no discounts will be provided to students or ACLP Members and you will not be able to register for the AZ Child Life Mentoring Breakfast. No admittance without received payment.**

## **Conference Handouts**

Handouts will not be provided at the conference. Please check back in March to view and print conference handouts. Handouts will be posted as they are received.