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St. Joseph The Worker Parish, Russell, MB St. Theresa's Parish Rossburn, MB

Responsorial Psalm 51: Have mercy, O Lord, for we have sinned.

Did you Know! The National Catholic Broadcasting Council offers Sunday & Daily TV Mass on the Web, visit the website at www.dailytvmass.com or www.youtube.com/dailytvmass to watch Mass each day.

An Alphabet for LENT

-----Section Break(Continuous)-----

Accept with patience the little "hurts" and "slights" that come your way.
Be open-handed and open-hearted, willing to give of your time, talents and yourself.
Christ cautioned against a gloomy approach to penance. Wear a cheerful face this lent.
Deny yourself that next candy bar and milk shake and give their value in money to some needy cause.
Endure hardship like a true witness of Christ Jesus (2 Timothy 2:3)
Fast from a food that you particularly enjoy.
Give some thought to performing one or more of the spiritual or corporal works of mercy.
Hair shirts may be out of style, but penance remains a necessary part of Christian discipleship.
Ignorance of scripture is ignorance of Christ, according to St. Jerome. Try to read a section of the New Testament daily during Lent.
Jesus fasted 40 days and 40 nights in the wilderness. Wait 40 days, 40 hours, or at least 40 minutes for something you want very much.
Keep up your Lenten practices with courage and perseverance befitting a disciple of Christ.
Let us not grow weary of doing good; in due time we shall reap our harvest (Galatians 6:9)
Mass in the morning, Mass at noon, Mass in the evening_ it should be possible to attend Mass often on Lenten weekdays.

Never miss an opportunity to speak comforting, enlightening, or forgiving word.
Observe the Lenten regulation in effect in your diocese.
Pray the rosary, or part of it, during Lent.
Quiet times for prayer and reflection can be scheduled.
RepARATION for sin is always in season, but Lent is an especially good time for it.
Search your heart for your "pet" bad habit and determine to weaken its hold on you.
Three enemies: the world, the flesh, the devil _may try to foul up your Lenten plans. Be on your guard.
Undertake only panacea that won't make you a bear or a bore to live with.
Visit some sick, elderly, or homebound person several times a week.
Walk the sorrowful way with Christ: make the Station of the Cross.
X-ray your reasons for passing judgment on others. Resolve to be less critical.
You have beer, raised up in company with Christ; set your heart on what pertains to higher realms where Christ is seated at God's right hand (Colossian 3:1)
Zeal and determination, plus the grace of God, will help you emerge the conqueror from every Lenten test

-----Section Break(Continuous)-----

Adapted from an article in the VISITOR by Florence Wedge

THE TEST

A mother was out walking with her 4-year-old daughter. The child picked up something off the ground and started to put it into her mouth. The mother took it away and said "Don't do that!" "Why not?" asked the child. "Because it's on the ground," said her mother. "You don't know where it's been. It's dirty, and it's probably loaded with germs that could make you sick." The child looked at her mother with total admiration and said, "Mommy, how do you know all this stuff? You're so smart." The mother said, "All Moms know this stuff. It's on the Mom's Test. You have to know it or they don't let you be a Mom." There was silence for a minute or so as the child thought this through. "Oh, I get it," she said at last. "And if you don't pass the test you have to be the Daddy?"

Zoom Along with Us you can use it on your computers, tablets, i-pads & smart-phones
We still have **Sunday zoom Mass at 9:00 a.m.**

St. Joseph The Worker News:

St. Joseph's Russell needs **volunteers** to **read** and **usher** on **Sunday Morning Mass**, please choose which Sunday and sign up on the Ministry Schedule – found on the table where the donation envelopes are located. Thank you!

Please remember in your prayers those who are sick in hospitals, care homes, or in their homes & those who care for them. If you wish to receive the Sacraments of Anointing, Confession, or Holy Communion – please call the parish office & leave a message: 204-773-2924.

First Communion – Next class will be March 2nd from 3:30 – 4:30 p.m.

Praying with Pope Francis, February: For Parishes: We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Beloved: Finding Happiness in Marriage You are invited in the New Year at St. Joseph The Worker
Next Session Wednesday March 1st at 7:00 p.m.

For more information contact Father Paul Bisson, 204-773-2924, or Deacon Darin Douglas, 204-532-2157.

Stations Of The Cross will be available on Zoom at **7:00p.m. Friday March 3rd**. This will continue until Easter. This is a good way to enliven our prayer life and slow down our mind to really see what God has in mind for us.

World Day Of Prayer March 3rd 2023 at St Joseph the Worker at 2:00 p.m.

Mass Intentions For This Week:

First Sunday Of Lent

Saturday Feb 25 7:30 p.m. Russell + Duncan Spurway from Funeral Mass offering

Sunday Feb 26 9:00 a.m. Russell **Zoom on-line Mass 9:00 a.m. & YouTube after 10:15 am**
+ Lorne Gallant req. by Lori, Kyle & Kim, Colin
11:00 a.m. Rossburn For all parishioners by Father Paul

Monday Feb 27 Health of family & friends req. by Jean Goba

Tuesday Feb 28 + Emilienne Mangin req. by George Mangin & family

Wed. Mar 1 + Deceased Family req. by Frank & Madeline Mangin
7:00 p.m. Beloved: Finding Happiness in Marriage at St Joseph the Worker

Thurs. Mar 2 **No Mass** Fr Paul away for eye appointment

Friday Mar 3 8:30 a.m. Russell Adoration
9:00 a.m. Special Intentions req. by Irene Deschamps
10:45 a.m. Rossburn First Friday Sacred Heart Of Jesus
2:00 p.m. World day of Prayer 2023 at St Joseph the Worker
7:00 p.m. Zoom Station Of The Cross

Second Sunday Of Lent

Saturday Mar 4 10:45 a.m. Rossburn First Saturday Immaculate Heart of Mary

7:30 p.m. Russell + Jutta Leven req. by Anne & Ubald Deschambault

Sunday Mar 5 9:00 a.m. Russell **Zoom on-line Mass 9:00 a.m. & YouTube after 10:15 am**
For all parishioners by Father Paul

11:00 a.m. Rossburn + John Ryshtylo req. by the McLaughlin's



Dear Padre,

In the Scripture passages about Jesus in the desert, it says he was alone. How do we know about things that happened to Jesus when he was alone?

In today’s Gospel, we hear one passage about the temptation of Jesus in the desert. Matthew, Mark, and Luke all refer to this incident, but none indicates that anyone was with Jesus.

There were witnesses to many incidents in the life of Jesus. But sometimes the disciples of Jesus depended on his instruction. The first Christians heard about Jesus’ instruction and life from the apostles. This preaching of the apostles occurred before Matthew, Mark, Luke, or John wrote anything down.

Over time, the evangelists gathered this preaching together and put it in written form. Gradually these writings became accepted as the gospel, inspired by the Holy Spirit. The apostles were witnesses to what Jesus said and did, so Jesus did tell them things that others did not hear about until later.

Whatever Jesus experiences, he redeems. That means that while temptations are part of our life, they do not have to lead us away from God. Jesus shows us the way to meet them and overcome them. ●

The Redemptorists / DearPadre.org



CHRIST IN THE WILDERNESS BY IVAN KRAMSKOY, 1872

Do you have a question for the Padre?

Go to [DearPadre.org](https://dearpadre.org) to send your question and to learn more about *Dear Padre*.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
February 27	February 28	March 1	March 2	March 3	March 4	March 5
<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>St. Katharine Drexel, Virgin</i>	<i>Lenten Weekday</i>	<i>Second Sunday of Lent</i>
Lv 19:1–2, 11–18	Is 55:10–11	Jon 3:1–10	Est C:12, 14–16, 23–25	Ez 18:21–28	Dt 26:16–19	Gn 12:1–4
Mt 25:31–46	Mt 6:7–15	Lk 11:29–32	Mt 7:7–12	Mt 5:20–26	Mt 5:43–48	2 Tim 1:8–10
						Mt 17:1–9

Our Parish COMMUNITY

February 26, 2023

First Sunday of Lent (A)

Genesis 2:7–9, 3:1–7 / Romans 5:12–19 or 5:12, 17–19 / Matthew 4:1–11



The Gift of Boredom

FR. JOSEPH JUKNIALIS

Boredom is not a bad thing. It’s a good thing. In fact, boredom is a gift. Lost in boredom, we begin to explore new interests and develop unrealized talents. We daydream and begin to form new hopes for our future. For these reasons, periods of boredom are especially good for children and why computers and mobile phones become distinct drawbacks for children and adults alike. It is also in the reverie of boredom that we find ourselves recognizing our limitations, faults, and weaknesses as human beings—the beginning steps to growth and wholeness.

Being bored can be like living in a desert, and that’s not a bad thing to do once in a while. Deserts and their absence of anything to distract us become places where we come to know ourselves. It’s what took place in Jesus on his journey into the desert. There, he was confronted by his humanity in the temptations he experienced.

There, he came to realize his calling and the beginnings of where it would take him. There, in the desert, he came to know himself.

The season of Lent, then, becomes an opportunity for us to create a desert for ourselves. Putting limits on our television and computer time can create a desert. Snacking between meals can become a mindless distraction; thus, fasting can become another desert. Setting aside time for quiet and prayerful reflection becomes one more such desert experience. A grace of this Lent would then become a fuller and more honest knowledge of ourselves—a kind of resurrection. ●

Reflect

Do you deal with boredom in a healthy way?

A WORD FROM POPE FRANCIS

May this time of Lent also be a time of the desert for us. Let us take time for silence and prayer—just a little, it will do us good—in these spaces let us stop and look at what is stirring in our hearts....placing ourselves before the Word of God in prayer.

ANGELUS, ST. PETER’S SQUARE, MARCH 6, 2022



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