Consumable hemp products may be sold at a farmer’s market if:

- The farmer’s market is listed in the Iowa Department of Agriculture and Land Stewardship’s (IDALS) farmers market directory. If the market is not listed in the IDALS directory, consumable hemp may not be sold there. (Scan QR code at right to go directly to the IDALS farmers market list.)

- The individual selling consumable hemp products at an IDALS-listed farmers market has applied for and received a retail registration for consumable hemp from the Iowa Department of Inspections and Appeals (DIA). The cost of an annual registration is $475. Visit the DIA website at dia.iowa.gov/consumable-hemp for links to videos that walk through the process of applying for a consumable hemp retailer registration.

- The valid consumable hemp retailer registration documentation from DIA is posted in plain sight at the retailer’s farmers market booth/stand.

Selling consumable hemp at other events or locations

Selling or providing samples of consumable hemp at any other event or unregistered retail sites is prohibited (e.g., at a “pop-up,” roadside, or temporary stand; door-to-door; at private parties; in vending machines).

Selling foods made in a home kitchen that contain consumable hemp

Food that contains consumable hemp cannot be sold unless it is produced in a licensed food-processing plant. Bread, cake, pie, or other “cottage food” items made in a person’s home kitchen or other residential space may not be sold at farmers markets or any retail location, even with a consumable hemp retail registration.

Prohibited hemp products

The following consumable hemp products are not allowed to be sold:

- Those containing a total THC (all isomers of THC) greater than 0.3% (dry weight);
- Animal or pet products;
- Those intended for inhalation (e.g., vape cartridges, rolling papers, cigarettes, pre-rolls, or wraps);
- Those marketed or intended to cure, treat, mitigate, prevent disease, or affect the structure of the human body. This includes over-the-counter medications;
- Manufactured alcoholic beverages, meat or poultry products, or dairy products infused with hemp;
- Those manufactured in other countries or in jurisdictions without an approved USDA hemp plan.

Raw hemp

Harvested raw hemp is considered a raw agricultural commodity and is not regulated by DIA. However, raw hemp packaged for human consumption may be sold as long as it has been manufactured according to the rules and regulations found in Iowa Code Chapter 32, and the appropriate food licenses have been obtained prior to manufacturing.

Questions?

Please contact DIA if you have any questions about consumable hemp rules and regulations at 515.829.8899 or hemp-registration@dia.iowa.gov.