2020 LCC Swim & Dive Schedule

Day	Date	Teams	Location	Home	Swimming	Diving	Time	Warm up	Bus
Friday	6-Mar	Poway	Poway	yes	JV/V	Yes	3:15	2:30	1:30
Friday	13-Mar	Del Norte/Cathedral	Del Norte	No	JV/V	Yes	3:15	2:30	1:45
Friday	27-Mar	Carlsbad	Carlsbad	No	JV/V	Yes	3:15	2:30	1:45
Saturday	28-Mar	Carlsbad Dive Invite	Alga Norte	No	No	Yes	9:00am -12:00pm		No Bus
Saturday	28-Mar	Relay Meet	La Jolla High	No	Coach Invite	No	9:00am	TBD	No Bus
Monday	30-Mar	Picture Day	Moonlight Beach	No	JV/V	Yes	3:00pm		
Friday	3-Apr	Canyon Crest/ Cathedral	Cathedral	Yes	JV/V	Yes	Dive 3pm/ Swim 4pm	2:15/2:35	1:30
Friday	10-Apr	San Marcos	Palomar	Yes	JV/V	Yes	4:00pm	2:30	2:00
Saturday	18-Apr	Mission Hills	Alga Norte	Yes	JV/V	No	3:15	2:30	No bus
Saturday	18-Apr	Carlsbad Dive Invite	Alga Norte	No	No	Yes	9:00am -12:00pm		
Friday	24-Apr	Torrey Pines	West View	No	JV/V	Yes	3:45	3:00	2:15
Saturday	2-May	Leagues	Cathedral	All Teams need to help	Coach Invite	Yes	Swim Prelims 9:00am Diving 1:00pm? Swim Finals 3:00pm	TBD	TBD
Thursday	7-May	CIF Swim Prelims	Granite Hills	No	Those Qualified	No	3:00pm	1:00pm	11:45am
Friday	8-May	CIF Dive Championships	Mesa College	No	No	Those Qualified	10:00am	8:30am?	No Bus
Saturday	9-May	CIF Swim Finals	Granite Hills	No	Those Qualified	No	3:00pm	1:00pm	No Bus
Friday	15-May	CIF State Swim Prelims	Clovis West HS	No	Those Qualified	No	1:00pm	?	VAN
Friday	15-May	Championships	Clovis West HS	No	No	Those Qualified	?	?	VAN
Saturday	16-May	CIF State Swim Finals	Clovis West HS	No	Those Qualified	No	1:00pm	?	VAN

* Home Meets We will need volunteers!

For Dual Meets there will be 1 heat of JV Girls, JV Boys, Varsity Girls, then Varsity Boys for each event.

The meets will start with diving. Diving usually take 30-45 minutes depending on how many divers there are.

Order of events are the same for all meets: 200 Medley Relay, 200 Free, 200IM, 50 Free, 100 Fly 10-15 Min Break

100 Free, 500 Free, 200 Free Relay, 100 Back, 100 Breast, 400 Free Relay

Everyone will swim at meets unless notified before hand. A swimmer may swim 2 Individual and 2 Realys or 1 Individual and 3 Relays

Contact coaches as soon as you know you will be missing any meet. Patty Mackle 760 815-5227 pattymackle007@gmail.com

Meet are usually finished by 6:30pm Swimmers may NOT leave early to go home with their parents unless necessary.

Swimmers need to ride the bus. Coaches need a written note if not riding the bus. Swimmers may not go home with any other person.

Your child should call you when we are in route to LCC. Coaches may not leave until all swimmers are picked up. Please plan accordingly.