

USAM SPRING 2021
April 11 - June 20
Troy Boys and Girls Club

DATE: April 11 – June 19 (10 weeks)

Time Listed below: Between the hours of 4 – 6 pm Mon, Tue, Thur, Fri and 10:30-12:30 pm Sat

Options:

1. 5 days – Mon, Tue, Thur, Fri and Sat. (Weekday 4-6pm, Sat 10:30-12:30pm)
 - a. Group size may be limited.
 - b. Cost: \$800
 - c. 12 and over age group, with all 4 strokes.
2. 5 days – Mon, Tue, Thur, Fri and Sat. (Weekday 4-5:30 pm, Sat 11-12:30pm)
 - a. Group size may be limited.
 - b. Cost: \$650
 - c. 8 and over age group, with 3 of 4 strokes, legal for racing
3. 2 day a week – Mon and Fri - 4-5:30 pm
 - a. Group size may be limited.
 - b. Cost: \$350
 - c. All ages, minimum swimming ability must be able to swim 50 free, 50 back and follow instructions.
4. 2 day – Tue and Thur – 4-5:30 pm
 - a. Group sized may be limited.
 - b. Cost: \$350
 - c. All ages, minimum swim ability must be able to swim 50 free, 50 back and follow instructions.
5. Stroke School (2 different 5 week only 1 day a week program) – Limited to 5 swimmers
 - a. Saturday - 11-12pm
 - b. Cost: \$110 + Insurance Partial \$40 annual fee.
 - c. All ages, must be able to swim 25 free, 25 back and follow instructions.

We plan on attending one meet in May or Early June so we will have competition during this season which is different from normal Spring Program and if able we may attend more for those interested. Our summer program will run from June 21 in to August.

With COVID guidelines changing we will continue to follow our current protocol, questionnaire, temperature checks at each practice and will continue to practice social distancing and mask wearing as applicable. As guidelines change and are made clear we may augment our practices to be in line with them.

Any new members that have not swam on the team in the past season/year will need be charged a Registration Fee that will include Insurance fee (\$50) for 2021 in addition to fees associated with program.

Email: headcoach@unclesamswimteam.com to lock in your spot today.