

# Amaril Uniform One-Stop-Shop Measurement Guide

\*These metrics have been provided by each vendor and not by Amaril Uniform Company\*

## Men's



### Bib Overalls: 8333A Unlined (measured in inches)

	Small	Medium	Large	X-Large	2XL	3XL	4XL	5XL
Waist	29-31	32-33	34-36	38-40	42-44	44-46	46-48	50-52
Short	28-30	28-30	28-30	28-30	28-30	28-30	28-30	28-30
Reg	32	32	32	32	32	32	32	32
Tall	34	34	34	34	34	34	34	34
X-Tall	36	36	36	36	36	36	36	36
XX-Tall	38	38	38	38	38	38	38	38

### Bib Overalls: 8333AM Quilt-Lined (measured in inches)

	Small	Medium	Large	X-Large	2XL	3XL	4XL	5XL
Waist	27-29	30-32	33-34	36	38	40-42	44	46-48
Short	28-30	28-30	28-30	28-30	28-30	28-30	28-30	28-30
Reg	32	32	32	32	32	32	32	32
Tall	34	34	34	34	34	34	34	34
X-Tall	36	36	36	36	36	36	36	36
XX-Tall	38	38	38	38	38	38	38	38

\*8333AM: Quilt-Lined: Because there is additional fabric, we suggest going up **at least** one size in the waist (L>XL)



### Navy Sweatshirts (measured in inches)

	Small	Medium	Large	X-Large	2XL	3XL	4XL	5XL
Chest	38-40	40-41	42-44	44-46	46-48	48-50	50-52	52-54
Sleeve (R)	34	34	34	34	34	34	34	34
Sleeve (T)	36	36	36	36	36	36	36	36
Sleeve (XT)	38	38	38	38	38	38	38	38

### Two-Tone and Reversible Sweatshirts (measured in inches)

	Medium	Large	X-Large	2XL	3XL	4XL	5XL
Chest	40-41	42-44	44-46	46-48	48-50	50-52	52-54
Sleeve (R)	36	36	36	36	36	36	36
Sleeve (T)	38	38	38	38	38	38	38

\*Hi-Visibility products cut long in arm and body to meet ANSI Class III requirements for roadway safety



### Shirts and Sweaters (measured in inches)

	Small		Medium		Large		X-Large		2XL		3XL	
Neck	14.25	14.75	15	15.5	16	16.5	17	17.5	18	18.5	18	18.5
Chest	35	37	38	40	42	44	46	48	50	52	54	56
Waist	29	31	32	34	36	38	40	42	44	46	48	50
Sleeve	33	33.5	34	34.5	35	35.5	35.5	36	36	36.5	36.5	37

	Large Tall		XL Tall		2XL Tall	
Neck	16	16.5	17	17.5	18	18.5
Chest	42	44	46	48	50	52
Waist	36	38	40	42	44	46
Sleeve	37	37.5	38	38.5	39	38.9



**Shirts: SML2, MPU4, SMH6, iQ Series QT12, QT20, QT30, QT32 (measured in inches)**

	Small	Medium	Large	X-Large	2XL	3XL	4XL	5XL
Chest	35-38	38-41	41-45	45-49 ½	49 ½-54	54-58 ½	58 ½-63	63-67 ½

**Shirts: SEL2, SET8**

	Small	Medium	Large	X-Large	2XL	3XL	4XL	5XL
Chest	38 ½-40	40 ½-42	42 ½-44	44 ½-46	46 ½-48	48 ½-50	50 ½-52	52 ½-54

**Shirts: SLU2, SND2**

	Small	Medium	Large	X-Large	2XL	3XL	4XL	5XL
Neck	13-14 ½	14 ½-15 ½	15 ½-16 ½	16 ½-17 ½	17 ½-18 ½	18 ½-19 ½	19 ½-20 ½	20 ½-21 ½
Chest	32 ½-36	36 ½-40	40 ½-44	44 ½-48	48 ½-52	52 ½-56	56 ½-60	60 ½-64
Waist Max	35 ¾	39 ¾	44 ¾	48 ¾	52 ¾	56 ¾	60 ¾	64 ¾



**Shirts, Outerwear and Base Layer Tops (measured in inches)**

	Small		Medium		Large		X-Large		2XL		3XL		4XL		5XL		6XL	
Chest	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68
Waist	28	30	32	34	36	38	41	43	46	48	51	54	58	62	66	70	74	78
Hip	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68

**Pants, Shorts and Base Layer Bottoms (measured in inches)**

	Small	Medium	Large	X-Large	2XL	3XL	4XL
Waist	28-30	31-34	35-38	39-42	43-46	47-50	51-54

\*Carhartt FR Bibs run by waist and inseam, much like denim jeans. We suggest the following: 36x32 > 38x30

\*Carhartt FR Bottoms run snug, we suggest very similarly to the bib overall: 36x32 > 38x30 or 38x32



**Knit Shirts – Chest Size (measured in inches)**

Fabric	Small	Medium	Large	X-Large	2XL	3XL
Ultra-lightweight	36	40	44	48	52	56
Lightweight	36	40	44	48	52	56
Midweight	38	42	46	50	54	58
Heavyweight	38 ½	42 ½	46 ½	50 ½	54 ½	58 ½
Fleece	44	48	53	56	60	64

**Woven Shirts (measured in inches)**

	Small	Medium	Large	X-Large	2XL	3XL
Neck	16 ¾	17 ¾	18 ¾	18 ¾	20 ¾	21 ¾
Chest	41 ½	45 ½	49 ½	53 ½	57 ½	61 ½
Sleeve (R)	34	34 ½	35	35 ½	36	36 ½
Sleeve (T)	35 ½	36	36 ½	37	37 ½	38



**All C54 Long-Sleeve Shirts (measured in inches based on non-laundered garment)**

	Medium	Large	X-Large	2XL	3XL
Sleeve	37	37 ¼	37 ½	38	38 ½
Chest	48	51 ½	55	58 ½	62
Length	30	30 ½	31	32	33

**All C52 Long-Sleeve Shirts (measured in inches based on non-laundered garment)**

	Medium	Large	X-Large	2XL	3XL	4XL	5XL
Chest	37	41 ½	45	49	52 ½	56 ½	60 ½
Center Back Length	27 ½	28	28	28 ½	29	29 ½	30 ½



**Jackets and Sweatshirts (measured in inches)**

	X-Small	Small	Medium	Large	X-Large	2XL	3XL	4XL
Sleeve	32 1/8	32 ¼	33 5/8	34	34 5/8	35 ¼	35 7/8	36 ½
Chest	32-34	35-36	37-40	41-44	45-48	49-52	53-56	57-60
Waist	28	29-30	31-34	35-38	39-42	43-46	47-50	51-54
Hip	31	32-34	35-38	39-42	43-46	47-50	51-54	55-58



and brand FR sizing charts unavailable as of 4.27.15

## Women's



### Shirts, Sweatshirts and Jackets (measured in inches)

	X-Small	Small	Med	Large	X-Large	2XL
Waist	2	4	6	8	10	12
Bust	33	34	35	36	37	39
Sleeve	30 ½	30 ¾	31	31 ¼	31 ½	31 ¾
Waist	26	27	28	29	30	32
Hip	36	37	38	39	40	42



### Shirts: SLU3 and iQ Series QT11 (measured in inches)

	X-Small	Small	Medium	Large	X-Large	2XL
Waist	2-4	6-8	10-12	14-16	18-20	22-24
Bust	33-35	35-37	37-39 ½	39 ½-42 ½	42 ½-46 ½	46 ½-50 ½
Hip	35 ½-37 ½	37 ½-39 ½	39 ½-42	42-45	45-49	49-53



### Shirts, Sweatshirts and Outerwear (measured in inches)

	X-Small	Small	Medium	Large	X-Large	2XL
Waist (W)	0-2	4-6	8-10	12-14	16-18	20
Waist (M)	24-25	26-27	28-29	30-32	33 ½-35 ½	36
Bust	31-32	33-34	35-36	37 ½-39	40 ½-42 ½	45
Hip	34 ½-35 ½	36 ½-37 ½	38 ½-39 ½	41-42 ½	44-46	48 1/2



### Sports Bra Sizes S-3XL (Measured by Band and Cup)

	Small	Medium	Large	X-Large	2XL	3XL
	32B/32C	32D	34D	36D	40C/40D	42C/42D
	34A/34B	34C	36C	38C/38D	42C	
		36A/36B	38A/38B			

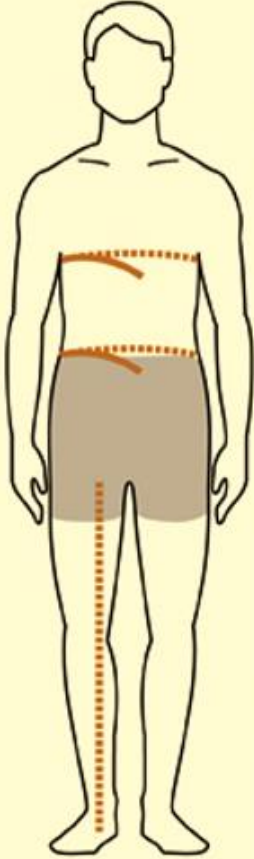


### Jackets and Sweatshirts (measured in inches)

	X-Small	Small	Medium	Large	X-Large	2XL	3XL	4XL
Sleeve	29 1/2	30	30 ½	31	31 ½	32	32 ½	33
Chest	33	34-35	36-37	38-39	40-41	42-43	44-45	46-47
Waist	25	26-27	28-29	30-34	32-36	34-38	36-40	38-42
Hip	35	36-37	38-39	40-42	43-45	46-48	49-51	52-54

# Measurement Guide Compliments of Carhartt®

## How to Measure



For best results, measure over your undergarments.

### Chest:

Measure just under arms and across shoulder blades holding the tape firm and level. If your chest falls between sizes, order the next size up.

### Waist:

Measure around your natural waistline, keeping the tape comfortably loose.

### Inseam:

Measure pants that fit you well. Lay them flat, with the front and back creased smooth. Measure along the inseam from crotch to bottom of leg hem. Or, if you don't have pants that fit comfortably, measure from your crotch to your desired pant length.

### Tall Sizes:

Our Tall sizes are two inches longer in the length and sleeve than our Regular size garments.

## How to Measure



For best results, measure over your undergarments.

### Bust:

Measure the fullest part of your bust, keeping the tape level to the floor.

### Waist:

Measure your natural waist where your torso is the smallest.

### Hips:

Stand with heels together and measure the fullest part of your hips (approximately 8" below the natural waist)

### Inseam:

Measure your favorite pair of pants from the crotch to the hem.