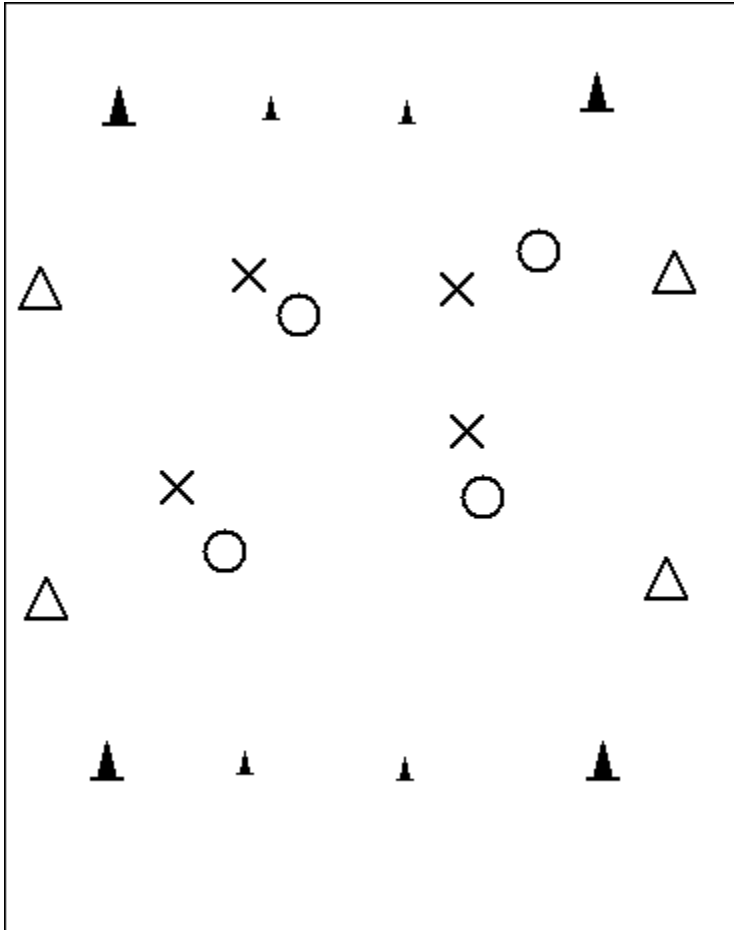


GIVE AND GO GAME



Set up- regular sized 4v4 field. Three teams of 4.

The game- 4 v 4 game in the middle with 4 more players outside the field. The team in possession can use the players on the outside to score.

Play for 5 goals or 5 minutes and then switch the game up so team on the outside goes into the middle.