

Boys 7 Special Rules

Court

- Rims @ 8 feet
- Foul line @ 12 feet (maximum)
- 27.5" balls
- Players to wear WTPR uniforms

Format

- 4 on 4 full court
- Man to man defense
- No fast breaks
- Defense sets up below the foul line extended
- Focus on footwork as opposed to trying to steal the ball
- Players can shoot free throws as a result of being fouled in the act of shooting or to penalize defense for excessively rough play – coaches will align players around lane for instructional purposes only – change of possession after free throws have been taken

Time

- 60 minutes total is given as a time slot – here are some suggested time frames breakdown:
 - 5 minutes arrival
 - 15 Minutes workout/warmups
 - 28 minute games – four - seven minute quarters
 - 10 minutes to cleanup

Stats

- No score
- Running clock – coaches are responsible for time management
- Coaches will ref with major focus on skill development
- Team size of eight boys is the target

Scorebook

- Scorebook will serve as a tool to use for end of the year evaluations
- Feel free to capture other stats like steals, rebounds, or assists
- Coaches will provide year-end rankings to be used for Boys 7 draft