



Presidents Message:

Happy Fall and winter everyone! It was really nice seeing a group of you this past weekend in Dixon for the Club's annual fall Specialty. Lisa Blutman, our show and dinner chair, did an amazing job of organizing so that everything ran very smoothly. On Saturday we watched some beautiful dogs and puppies compete for their trophies. That evening we enjoyed a delicious barbecue meal from Cattleman's restaurant. During the dinner we approved the club's nominating committee for next year and saw Roxanna Twedt receive two club challenge trophies that have now been retired because of her winnings. Congratulations Roxanna! The only sour note during the weekend was the low attendance, both at the show and dinner. I would still love to hear from you all as to what we can do to improve attendance. Please reach out to me at Dsklarin@comcast.net to discuss!

Looking forward, our next club event is our annual Holiday Party and meeting at the Brass Door restaurant in San Ramon. This non dog event will take place on December 2, and is always a fun get together. After lunch, there will be a brief meeting, auction, gift exchange, and the reveal of our winners for our raffle- drawing. Tickets are still available for purchase from Gail Kreiger and Lisa Blutman. You do not need to attend the lunch to win! Please join us for this festive event!!



Going into the new year, we will be holding our Annual meeting and election of officers and the board on January 20th, 2024. This will take place at the Pet Food Express in Danville. After our meeting, we will have a fun and informative program about barn hunt, an activity that our westies are very well suited to. Please join us- with your dogs- to see friends and learn new things.

Hope your holiday season is filled with love, joy, and peace. Sending my best to you and your furry ones!

With westitude,

Debbie

Fall Specialty and Dinner

A NOTE OF THANKS TO OUR 2023 SPECIALTY TROPHY SPONSORS

Club year "51" is almost in the books. 2023 Spring and Fall Specialties have come and gone. The entry was small but exhibitors were enthusiastic and the Westies loved showing off. Trophy sponsorship was fantastic. Donations to the trophy fund paid for spring and fall awards.

I'd like to thank **Nancy and Walt Berger** for their sponsorship of the Best of Breed award. **Rick and Debbie** generously donated to sponsor the Best of Opposite to Best of Breed award. **Gen Krieger's** donation to the trophy fund sponsored the Best of Winners award. The Winners dog award was sponsored by **Vickie Casacca and Mick Brown**. The Winners Bitch award was sponsored by **Ron and Cindy Kangas**. The Best Bred by Exhibitor award was sponsored by **Barbara Callaway. Jim and Linda Gilcrest**



sponsored the Best Owner Handler award. **Rick and Debbie** were also sponsors of the Best Puppy in Sweepstakes and Best of Opposite Sex to Best Puppy in Sweepstakes awards. **Lisa Blutman** sponsored the Best Veteran in Sweepstakes award. I was happy to be a sponsor of the Best of Opposite Sex to Best in Veteran Sweepstakes award. Our club members are so generous. All the donations to our trophy fund this year and every year are very much appreciated.

If you have an idea for next year's trophies, please let me know. Thank you all so much.

Gail

Specialty Report

Thank you all for your participation, attendance, donations and enthusiasm at this years specialty. I am please to announce this year's winners.

Best of Breed and Terrier Group 3: GCHB CH Elvador Starlight Goblet of Fire owned by Roxanna Twedt

Winners Bitch, Best of Winners, Best of Opposite Sex to Best of Breed, Best of Breed Owner Handled and Best Bred By Exhibitor:

Litman's Gailaurie Be My Valentine owned by Lisa Blutman, Gail Krieger, and Wendy Corr

Winners Dog: Gailaurie's Stolen Heart From Litman. Owned by Gail Krieger and Lisa Blutman

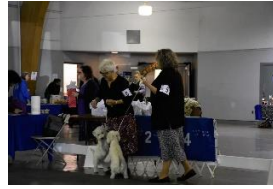
Reserve Winners Dog; Camcrest Winchester at Morkisle: owned by Sharon Mork

Puppy Sweepstakes:

Best in Puppy Sweepstakes: Litman's Gailaurie Be My Valentine

Best Of Opposite Sex in Puppy Sweepstakes: Gailaurie's Stolen Heart From Litman





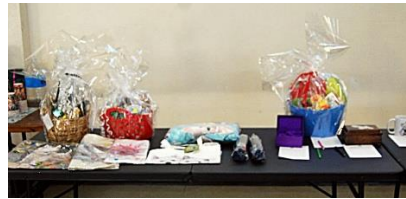
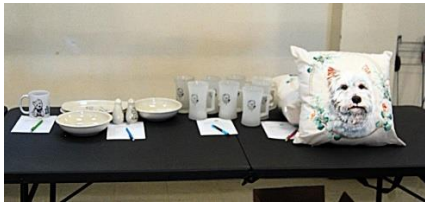
Barn Hunt and Costume Contest

A great congratulations to Dirk belonging to Vickie Cassaca and Mick Brown for finding the rat for his Novice B in Barn Hunt and for his participation in the costume contest





The Dinner and Auction



Photos courtesy of Ron Kangas and Jim Gilcrest



Annual Awards

Did your dog earn an AKC title, Earthdog, Barn hunt, Agility, Scent work, Tracking, Obedience, Fast CAT. Conformation. or any other? If so, you are entitled to an annual award! Please send the following information, no later than November 15, 2023, to David Snook. David.Snook@att.net.

Name of Dog

Title Earned

Date of Title

Owners

The Annual Awards will be presented at the Holiday Party on December 2, 2023.

Do Dogs Need Clothes?

Dogs and clothes – it's a topic that's often debated. Some people say they love to dress their dogs up in cute outfits, while others think it's cruel and unnecessary. But are clothes good for your four-legged friend, or should you avoid dressing up your pup? We're here to help you find out!

Not All Dog Clothes Are Created Equal

First, it's important to point out that not all dog clothes are created equal. Some outfits are designed with a pup's comfort and safety in mind, while others only serve the purpose of human entertainment. To put it simply, dog clothes can be helpful or potentially harmful, depending on the garment.

Necessary Garments for Dogs



Although your furry friend won't necessarily enjoy wearing them, some garments can actually be beneficial for dogs. Let's take a look at some examples and the benefits they offer.

Sweaters & Coats

Sweaters and coats can help protect your dog against the elements. They're a good choice for dogs with short or thin coats, or any pup that's uncomfortable in cold weather. Insulated sweaters and coats are especially useful if you live in a cold climate or have a sick or aging dog.

Sun Shirts

UV-blocking [sun shirts](#) can keep your dog cool and provide them with sun protection. This is especially important for breeds with thin and light-colored coats and dogs that spend a lot of time outdoors. Make sure to choose a sun shirt that has a [UPF rating of 50+](#) so your dog is well protected from the sun's harmful rays.

Vests

Several types of vests can be helpful for dogs and their human companions. Reflective vests are perfect for nighttime walks and can help protect your pup against cars and other dangers. If your dog tends to get anxious, consider investing in an [anxiety vest](#). These snugly-fitting garments apply pressure to your dog's body and may help soothe and calm them. Finally, [cooling vests](#) are perfect for hot weather. Most work by using evaporative cooling to draw heat away from your dog's body, lowering their core temperature in the process.

Booties



[Booties](#) can be a great way to protect your pup's feet from the cold, ice, and salt on sidewalks and roads in wintertime. Non-slip booties are also helpful for senior dogs who may have difficulty with mobility. In addition, booties can help protect your dog's paws in hot weather and prevent injuries from thorns, sharp rocks, and other hazards.

Life Jackets

If your dog spends a lot of time in the water, a high-quality life jacket is a must. They're perfect for dogs that like to go boating with their family or enjoy swimming at the beach



or in the pool. Life jackets are especially helpful for dogs that aren't strong swimmers, and for [short-nosed breeds](#) like Pugs and Bulldogs that have trouble staying afloat.

How to Pick the Perfect Clothes for Your Dog

There are a few things you should keep in mind when choosing clothes for your dog. First, make sure to measure your dog and choose garments of the appropriate size. Clothes that are too tight can be uncomfortable and potentially dangerous, while clothes that are too loose may fall off or get caught on things.

It's also important to choose dog clothes that are made from durable, comfortable, and safe materials. Avoid materials with rough seams or other parts that might rub against your dog's fur and cause irritation or discomfort. You should also steer clear of materials that can be harmful if your pup tries to chew on them.

Finally, it's a good idea to choose clothes with adjustable straps and closures for maximum security and safety. Outfits should also be easy to clean by hand or in the washing machine (on a gentle cycle) after use. If possible, look for dog clothes made from materials that are resistant to stains and odors.

Unnecessary Garments for Dogs

Now that we've looked at some of the most helpful dog clothes out there, let's take a look at some not-so-helpful garments.

Pajamas

Unless your pup has trouble staying warm at night, pajamas are generally unnecessary and may even be uncomfortable for dogs. In addition, most pajama fabrics aren't breathable and can cause your dog to overheat. Instead of dressing your dog up in pajamas, provide plenty of warm bedding in colder weather so they can stay comfortable at night.



Hats & Scarves

Hats are another type of clothing that's generally not necessary for dogs. They can be uncomfortable and difficult to wear, and they may also interfere with your pup's vision and hearing. Dogs should never be left unattended with scarves since they can be a choking hazard. They can also get caught on things and cause your dog to become entangled. Instead, look for a dog coat or sweater with a high collar to keep your pup warm during winter walks.



Costumes & Fashion Clothing

We've saved the most controversial type of dog clothes for last – costumes and fashion clothing. There's no denying that dogs can look cute in these types of clothes, but there are a few reasons you might want to avoid them.

First, many costumes and fashionable items are uncomfortable and restricting. This can cause dogs to become agitated, anxious, and even aggressive. Additionally, most clothing like this isn't made from breathable materials and could cause your pup to overheat.

Finally, these types of outfits can be a safety hazard if they get caught on something or your dog starts to chew on them. They can also limit your pup's vision and hearing, making it difficult for them to interact with the world around them.

If you do choose to dress your dog in a costume, make sure it's made from comfortable and safe materials, is easy to put on and take off, and doesn't restrict your pup's movement or vision.

Final Thoughts

Dogs are generally not big fans of dressing up. Clothes can be uncomfortable, restrictive, and may even cause your pup to feel anxious or agitated. However, there are some instances where dog clothing is necessary for safety reasons or if the weather requires it.






Nominating Committee

The Board of Directors approved the following individuals to serve on the nominating committee for our new year beginning in January. They are:

Lisa Blutman, Cindy Kangas, and Rick Sklarin. On November 10, 2023, they will submit their slate of officers and board to the Club secretary who will e-mail out this slate with our rules from the Constitution to all members. The nominations will be read to the members at the holiday party on December 2.






The
San Francisco Bay.
West Highland Terrier Club
Invites You
to

Our Annual
Holiday Luncheon

Sat. Dec. 2, 2023

No Host Cocktails 11:00
AM.



Gift Exchange \$15.00


Place: The Brasserie Restaurant
2154 San Ramon Valley Blvd.
San Ramon Ca 94583

Menu: Includes Dessert

Prime Rib 9oz	\$ 50.00
Seafood Salad	50.00
Pacific Salmon	50.00

Price Includes Tax + Tip
+ Room Rental

RSVP
Marie Thompson
2757 Corregas Rd
Apex Ca 95003




Five Fall Foods to add to your Pet's Plate

Fall is a time for harvest, and so many delicious fruits and vegetables make it onto our plates during these months. Whether you're enjoying a delicious slice of apple pie or diving into a bowl of butternut squash soup, nothing beats the fall flavors.

Luckily, many of the wonderful harvest foods that we enjoy during fall are also perfect for our pets as well.

Apples

Apples are a fall staple for savory and sweet dishes that humans eat, but they also make great snacks for your pets.

Apples are [rich in vitamins and minerals](#) like vitamins A and C, iron, and zinc. These help to strengthen your pet's immune system, reduce the risk of disease, and boost their overall health.

They're also a great source of fiber for your pet, especially the peels. The fiber content assists with your pet's digestion, helping them to break down their food more efficiently. Chewing on an apple can also help clean your pet's teeth.

However, like other high-fiber foods, too many apples can lead to digestive problems like diarrhea or vomiting. Apples also have a high sugar content with around [19 grams of sugar](#) per apple, so feed your pet this fruit in moderation.

Before you feed your pet an apple, always remove the core and any seeds. Not only do they create a choking hazard, but apple seeds also contain a cyanide compound that can be poisonous to your pet if ingested in high doses.

Pumpkin

What would fall be without pumpkins? Luckily, your pets can also enjoy this quintessential autumn favorite. Pumpkins, as well as other squash, are considered superfoods for your pet because they're packed with so many vitamins and minerals.

Pumpkins are full of antioxidants like beta-carotene and lutein which give them their signature orange color. These antioxidants are great for your pet's eyes, and they also help support their skin and coat health.



Pumpkin also contains a variety of vitamins and minerals, like potassium and vitamin C, which support your pet's immune system, as well as prebiotics that promote digestive health.

What makes pumpkin such [a great superfood](#) for your pet, however, is the high content of soluble and insoluble fiber. Many veterinarians recommend adding pumpkin puree to your pet's food if they're experiencing digestive issues like diarrhea or constipation.

If you buy canned pumpkin, always make sure it's 100% pumpkin puree and not pumpkin pie mix. Pumpkin pie mix includes a variety of spices like cinnamon and nutmeg that aren't safe for your pet to consume.

Sweet Potato

Like pumpkin, sweet potato is also full of antioxidants like beta-carotene that support your pet's eye health. They're also a low-fat food that's full of vitamins and minerals like vitamins A and B6, calcium, and potassium, all of which help support your pet's vital functions like their muscles and nerves.

Sweet potatoes are also rich in fiber, helping to improve your pet's digestive health and allowing them to feel fuller for longer. They're often included as a source of carbohydrates in grain-free pet food too.

Sweet potatoes make great treats for your pet, but they should be fed in moderation because of their high sugar content. If your pet is diabetic or overweight, [avoid feeding them sweet potatoes](#) because they have a high glycemic index – making them dangerous for pets with diabetes.

You should also avoid feeding your pet raw sweet potato. It can be difficult to chew, and your pet's digestive system will have difficulty breaking it down. Instead, boiling, baking, or roasting are all fantastic, healthy options.

Cranberries

Cranberries are common on Thanksgiving dinner tables, but these tart fruits can also be a great snack for your pet. Despite their small size, cranberries pack a nutritional punch and are considered a superfood for pets and people alike.

Cranberries are rich in antioxidants including anthocyanins, quercetin, and polyphenols. All of these help to protect your pet's immune system, fighting against inflammation, disease, and cognitive decline.



As your pet ages, their body creates free radicals. While some free radicals are natural, too many of them can damage your pet's cells, making them age faster. [Antioxidants help control](#) these free radicals and slow oxidation, keeping your pet feeling younger for longer.

Cranberries are also full of vitamins and minerals, including vitamins C, E, B1, B2, and K, as well as dietary fiber. Because they're low in calories, they also make a great snack or treat without risking your pet becoming overweight.

Carrots

Carrots make an ideal pet treat because they're rich in vitamins and nutrients but low in fat and calories. Your pet can enjoy lots of carrots without worrying about the additional calories added to their diet.

These orange vegetables are full of vitamin A, potassium, and fiber. They get their signature color from beta-carotene, an antioxidant that's great for your pet's eyesight, as well as their immune system.

The crunchy texture of carrots also makes them an ideal chew toy. You can even freeze carrots to make the perfect toy for a teething puppy or kitten. The texture is also ideal for helping keep your pet's teeth clean.

Carrots are versatile vegetables that can be fed to your pet in a variety of ways, from raw to steamed or pureed. So, experiment to see what your pet likes best.

From the AKC Pet Insurance Blog. Written by Richard Rowlands



San Francisco Bay West Highland White Terrier Club 2023-24 Calendar

Fall Specialty and Banquet	October 28, 2023	Dixon May Fair Grounds, Dixon, CA
Holiday Party	December 2, 2023	Brass Door Restaurant, San Ramon, CA
Annual Meeting and Program	January 20, 2024, 12:00 noon	Pet Food Express, Danville
Spring Specialty	April 12, 2024	Lodi Grape Festival Grounds
Other meetings TBD		



SAN FRANCISCO BAY
WEST HIGHLAND WHITE TERRIER CLUB

2023 OFFICERS AND BOARD OF DIRECTORS

President: Debbie Sklarin

Vice-President: Lisa Blutman

Secretary/Treasurer: Gail Krieger

Board of Directors: Sherry Byrd, Marie Thompson, and Roxanna Twedt,

Helaine Campbell, IPP

2023 COMMITTEES

Tartan Lisa Blutman

Awards: David Snook

By-Laws: Lisa Blutman, Gail Krieger, Jim Gilcrest

Specialty chair: Lisa Blutman

Fundraising: Lisa Blutman, Chair, Debbie Sklarin, Gail Krieger, Helaine Campbell, Marie Thompson

Holiday Luncheon: Marie Thompson

Education and Program: Gail Krieger

Job Descriptions: Gail Krieger

Historian: Helaine Campbell

Membership: Cindy Kangas

Obedience, Rally, and Performance:

Standing Match and Show: Gail Krieger, Chair, Lisa Blutman, Sherry Byrd, Roxanna Twedt

Sunshine: Helaine Campbell

Trailer and Inventory: Gail Krieger and Lisa Blutman

Webmaster: Linda Gilcrest

Web Information Coordinator: Helaine Campbell

WHWTC of America Liaison: Lisa Blutman

WHWT Foundation: Roxanna Twedt

Westie Rescue and Placement of Northern California (WRAP) Liaison: David and Linda Snook

Please consider volunteering your time by serving on one of the Club's committees. Volunteering is a wonderful way to meet new people and to help shape the future of our organization. If you are interested, please contact Debbie Sklarin. We need assistance with Programs, Assistant Web Master, Special Events, and Tartan.

Visit us online at <http://www.sfbaywestieclub.com> for the latest news and updat





Rainbow Bridge

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The HIGHLAND TARTAN is published at least four times per year in March, June, September and December. We encourage any Club Member or Subscriber to submit articles or information which they feel would be of interest to the Club. Please send material of interest to the Editor by the first day of the month of publication. All materials are published at the discretion of the Editor. Opinions are those of the writer and not necessarily those of the Editor or the Board of Directors of the San Francisco Bay West Highland White Terrier Club. Send materials for publication to Lisa.blutman@aol.com.

When submitting information for an ad, please have it camera ready. Indicate the size (full or half page) and mark the areas to be used for written copy. Copy should be typed to size on white paper. Your photos and copy will be returned, if requested.

Subscription cost for non-members is \$15.00 per year. Advertisement costs for a Full Page: \$20.00; Half Page: \$10.00; Business Card size: \$15.00; for 4 issues. Advertisements are any show wins other than specialty photos in the specialty edition or professional advertisements of interest to the membership.

Whelping Box: List litter announcements in the Tartan: Number of dog and bitch puppies, sire, dam, whelp date and breeders. \$5/issue, members only. **This is not an advertisement for the sale of puppies.**

There is no charge for Rainbow Bridge notices

Please make **check Payable to SFBWHWTC**. Payment must accompany advertisement. Send subscription requests to SFBWHWTC, and mail to: *Lisa Blutman 710 Wiegand Way, Dixon, CA 95*



