

# September

2019

## ST IGNATIUS

### Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>LABOR DAY</b>	3 Taco pie, black beans, rice, fruit	4 Beef lasagna, <b>veggie</b> lasagna, salad, fruit WW rolls	5 <b>Grilled cheese</b> , chicken and noodle soup, <b>veggies and Ranch</b> , fruit	6 <b>Grandparent's Day</b> <b>No Haute Lunch</b>	7
8	9 Migas, flour & <b>corn</b> tortillas, refried beans, salsa, salad, fruit	10 Nachos with beef beans, cheese etc, salad fruit	11 Pizza, <b>Cheese GF</b> salad fruit	12 Hot dogs, <b>veggie dogs</b> , chips, chopped veggie salad with Ranch, fruit	13 Grilled chicken with pesto pasta, <b>veggie</b> pasta, carrots, garlic bread, fruit	14
15	16 Sloppy joes, <b>pickles</b> , corn cob, green beans , fruit, V Sloppy Joes	17 Chicken ( <b>Cheese</b> ) enchilada pie, rice and beans, fruit	18 Pizza, <b>Cheese GF</b> salad fruit	19 Spaghetti and meatballs, <b>veggie</b> meatballs, garlic bread, salad, fruit	20 Pulled pork sliders, roasted zucchini, V BBQ, fruit	21
22	23 Turkey meatloaf, <b>veggie</b> loaf, Mashed potatoes and gravy, <b>peas</b> fruit	24 Nachos with beef, beans, cheese etc, salad and fruit	25 Pizza polenta casserole, salad and fruit	26 Chicken and <b>waffles</b> Tofu carrot, celery Ranch, fruit	27 Hamburgers , <b>veggie</b> burgers, fixins, tater tots, fruit	28
29	30 Grilled chicken, pasta Alfredo , <b>roasted</b> broccoli, fruit, GF V pasta					
		<b>*denotes</b> Alternative meal GF DF V				

