

2015 Archived Event Schedule

JANUARY 2015

January	Power 44 44 day Health & Fitness Challenge	
1/1	New Year's Pole Flow Intention Setting Teacher: Elle Anders	
1/2	Movie Night: PRIDE Fundraiser Sponsored by Yoga Rasa for VBEF \$12 suggested donation online, \$14 at the door	
1/10	Quarterly Master's Path Meeting Mandatory for all students in Master's Path Programs 10:30 am - 12 pm	All MITs
1/10-11	Meditation Intensive: Dharana Teacher: Tracie Brace Hatton, E-RYT 500	300
1/26	Founder's Day Recognition Awards Night 7:30 pm	
1/28	An evening with David Romanelli Dave returns to launch his new book: Happy is the New Healthy Teacher: David Romanelli	
1/29	Awaken Your Inner Teacher 6:30 pm With Tracie Brace Hatton, E-RYT 500	
1/31-3/28	'Cliff Notes' for Yoga Workshop Series Presented by the Yoga Rasa teachers	

FEBRUARY 2015

2/7-8	Anatomy of Yoga, Part 1 of 2 Teacher: Ande Smith, RYT 200 Part 2: February 28 - March 1	300
2/14	Into-Me-See...A Workshop for Pairs Teachers: Elle Anders & John Murphy	
2/20-22	Texas Yoga Conference http://texasyogaconference.com/	
2/28-3/1	Anatomy of Yoga, Part 2 of 2 Teacher: Ande Smith, RYT 200 Part 1: February 7-8	300

MARCH 2015

3/7	Stripping Away Illusions Teacher: Elle Anders	
3/9-4/3	Fitness Evolution Session 1 Teacher: Tracie Brace Hatton Training dates: March 9, 11, 13, 16, 18, 20, 23, 25, 27, 30, April 1, 3 Training time: 7-8 am	
3/14-15	Meditation Intensive: Dhyana Teacher: Tracie Brace Hatton, E-RYT 500	500
3/14	Business of Abundance Training 11 am - 1 pm Mandatory for all teachers	All staff
3/17-19	The Law of Divine Compensation An Abundance Workshop Teacher: Tracie Brace Hatton, E-RYT 500	
3/20-22	Invitational Leadership Retreat Leaders' retreat to discuss vision & direction of Yoga Rasa.	
3/26	Awaken Your Inner Teacher	
3/27-29	Asana Immersion, Part 1 of 3 Teacher: Tracie Brace Hatton, E-RYT 500 Part 2: April 10-12 Part 3: April 17-19	300

APRIL 2015

4/3	Movie Night: Temple Grandin Save the date!	
4/4	Tending the Heart ~ A Day for Women With Padma Shakti Saturday 10 am - 5 pm	
4/10-12	Asana Immersion, Part 2 of 3 Teacher: Tracie Brace Hatton, E-RYT 500 Part 1: March 27-29 Part 3: April 17-19	300
4/11	Quarterly Master's Path Meeting Mandatory for all students in Master's Path Programs 11:30 am - 1 pm	All MITs
4/17-19	Asana Immersion, Part 3 of 3 Teacher: Tracie Brace Hatton, E-RYT 500 Part 1: March 27-29 Part 2: April 10-12	300
4/24-26	Yoga of Camping Guides: Carie Kostak and Ande Smith Location: Brazos Bend State Park	

7/20	Rasa Yoga Open House - All Day Basics and Breathing - 6 pm	
7/21-23	Healing Immersion 48	
7/25-26	Master's Path Review Session	300/500
7/30	Awaken Your Inner Teacher With Padma Shakti 6 pm	

AUGUST 2015

8/1	Master's Path Assessment Ayurveda Certification Assessment 8 am - 2 pm	300/ 500
8/7-9	Rasa Asana Immersion, Part 1 of 3 Teacher: Tracie Brace Hatton, E-RYT 500 Part 2: August 21-23 Part 3: August 28-30	500
8/11-13	Healing Immersion 48: Healing the Heart	
8/21-23	Rasa Asana Immersion, Part 2 of 3 Teacher: Tracie Brace Hatton, E-RYT 500 Part 1: August 7-9 Part 3: August 28-30	500
8/28-30	Rasa Asana Immersion, Part 3 of 3 Teacher: Tracie Brace Hatton, E-RYT 500 Part 1: August 7-9 Part 2: August 21-23	500
8/29	Visible Belief Education Foundation (VBEF) Showcase 6 pm	
8/31	Open House	

SEPTEMBER 2015

9/4-6	Healing Immersion 48: Healing the Heart	
9/7	Free Day of Yoga - Bay Area 8-11 am, Texas Avenue Park	
9/12-11/7	'Cliffs Notes' to Yoga Workshop Series Presented by the Rasa Yoga Lead Teachers	
9/13	Annual Yoga Stability PotLuck	
9/14	Open House All Day	
9/14-10/23	Pole-Lates 6 Week Challenge Monday at 9:15 am, Friday at 9 am for 6 weeks!	

9/16-18	Healing Immersion 48: Healing the Heart By application.	
9/19-20	Meditation Intensive: Dharana Teacher: Tracie Brace Hatton, E-RYT 500	300
9/21	Founder's Recognition Award Ceremony 6:30 pm International Day of Peace	
9/23	Awaken Your Inner Teacher 6:30 pm	
9/26-27	Meditation Intensive: Dhyana Teacher: Tracie Brace Hatton, E-RYT 500	500
9/29-10/1	Healing Immersion 48: Healing the Heart By application.	

OCTOBER 2015

10/2-4	Healing Immersion 48: Healing the Heart By application.	
10/4	Kirtan with Rick Franz	
10/7-12/30	Ayurvedic Certification: Samyama Series Krama III: Integration and Assimilation	
10/10	Quarterly Master's Path Meeting Mandatory for all students in Master's Path Programs 11:30 am - 1 pm	All MITs
10/10-11	Weekend Intensive: Yoga as Pranayama Teacher: Tracie Brace, E-RYT 500	300/ 500
10/12	Open House All Day	
10/16-18	Padma teaching at the Texas Yoga Retreat! Location: Ancient Yoga Center in Austin	
10/20-22	Healing Immersion 48: Healing the Heart	
10/24-25	Weekend Intensive: Yoga as Self-Mastery Teacher: Tracie Brace, E-RYT 500	500
10/26	Spooky Pole Flow: Trick AND Treat! Monday, 5-5:45 pm Open to all students with current Rasa Yoga tuition	
10/26	Fall Festival of Fun Studio Party	
10/29	Awaken Your Inner Teacher 6 pm	
10/30	Movie Night "Awake" - the Life of Parahansa Yogananda 7 pm	

NOVEMBER 2015

- 11/5-8 **Healing Immersion 108**
By application.
- 11/7 **Healing Through Yoga & Ayurveda**
Teacher: Gracie Alcocer, RYT 500
- 11/10-12/22 **Prosperity Workshop with Padma Shakti**
6 Week Series (no class 11/24)
Tuesdays 7-8 pm
Text: Prosperity by Charles Fillmore
- 11/14-15 **Leadership Development I: Advanced Art of Yoga Studies** 300/
(Formerly Advanced Yoga Studies) 500
Teacher: Padma Shakti (Tracie Brace Hatton), E-RYT 500
- 11/16 **Let's Get Grateful Party**
All Day
- 11/20-21 **Your Inner Hawaii with Dave Romanelli**
- 11/23-25 **Healing Immersion 48: Grace and Gratitude**
- 11/28 **Mistletoe Market Festival**

DECEMBER 2015

- 12/2-4 **Healing Immersion 48: Healing the Heart**
- 12/4-6 **Invitational Leadership Retreat**
Leaders' retreat to discuss vision & direction of Yoga Rasa.
- 12/12-13 **Leadership Development II: Yoga Sadhana** 500
(Formerly Advanced Yoga Studies)
Teacher: Padma Shakti (Tracie Brace Hatton), E-RYT 500
- 12/14 **Open House**
All Day
- 12/18-20 **Healing Immersion 48: Healing the Heart**
- 12/19 **Santa Baby**
Have you been naughty or nice?
Saturday 2-4 pm
- 12/29-31 **Healing Immersion 48: New Year Rising**
- 12/31 **New Year's Meditation & Intention Setting**
Nataraja Yoga Flow
Leader: Padma Shakti (Tracie Brace Hatton), E-RYT 500