



# Goulds Recreation

## 2023

---

Hello and a huge welcome to those interested in our Minor Softball Program! We are excited to be able to offer this program again this summer! Our priority is to provide a safe and fun environment for our participants, while offering quality programming. If you have any questions, do not hesitate to contact us at [gouldsrecinfo@gmail.com](mailto:gouldsrecinfo@gmail.com) or by phone at 709-745-7575. If your questions revolve around a confidential nature, please contact our Recreation Coordinator, Nicole, through email at [gouldsrecreation@gmail.com](mailto:gouldsrecreation@gmail.com) or by phone at 709-745-7504.

**REGISTRATION:** Registration will start 9am, Wednesday, May 10<sup>th</sup>, 2023.

Where to find the link:

- [www.gouldsrecreation.com](http://www.gouldsrecreation.com) and click on **2023 Minor Softball Registration**
- Goulds Recreation Facebook Page will have a current post containing link as well, on that day

Registration will be ongoing until 5:30pm, Friday, June 16<sup>th</sup>, or spaces fill, whichever occurs first. Please understand that Softball requires a lot of planning, therefore, late registration may not be accepted.

Please ensure that when you register on-line, you put in the correct contact information. Under the contact information section is where the parent or legal guardian puts their information. Under child registration is where you put the required information on your child. Please note that email under child registration will be the parent/guardians email again. We are unable to bypass this request. We will not be sending emails to the participants email addresses.

**SCHEDULE:** Our Minor Softball program schedule is TENTATIVE. We cannot officially confirm a schedule until we receive registration numbers. The sooner people register, the quicker we can confirm scheduling. We kindly ask for your patience, as we work through the organizing of this program.

Sessions will be during the day and on Thursday evenings for some groups. We are looking at offering clinics, and batting cage time slots at various times as well. An additional fee may apply for these extra program services.

The program will start the week of June 26-June 29. We have a tentative schedule included; however, this schedule can change depending on numbers registered.

**COST:** \$100 (first child); \$90 (each additional child in same family). This cost includes the Softball NL affiliation (insurance) fee, which is \$30/participant.

**AGES:**

7U: born in the years 2016 & 2017

9U: born in the years 2014 & 2015

11U: born in the years 2012 & 2013

13U: born in the years 2010 & 2011

15U: born between 2008-2009

Please ensure you register for the appropriate age category.

**Our Minor Softball program will be following Softball NL's Special Operating Rules for each division.**

**Pre-Activity Screening:**

- Goulds Recreation will ensure that every participant which include the coaches, athletes, officials and volunteers have signed the updated Softball NL Declaration of Compliance before activities can resume.
- All athletes are required to have their own water bottle, glove, helmet with an attached face mask/protector, batting glove (if needed, not required), proper footwear. \*\*Please see end of package for info on proper helmet.
- Catchers gear will be available and we will do our best to ensure it is not shared amongst athletes, unless it can be properly sanitized. If an athlete has their own catchers gear, only they will be permitted to use it.
- If your child has their own bat, they are using it at their own discretion. Goulds Rec will not replace any personal bats that may be damaged.

**WHAT TO BRING**

- A small (pocket size) labelled bottle of HAND SANITIZER (at least 60% alcohol based). Hand sanitizer will also be available on site and at entrances of the facilities as well.
- Glove, batting gloves, helmet with attached face mask and bat if you have one. Bats should be the appropriate weight and length for your child. If you are unsure if the bat your child uses is suitable for them, please feel free to speak to one of our softball instructors. If our softball instructors notice that a personal bat may not be the best option for your child, they will discuss that with you.
- Water bottle, properly labelled with the athletes name. Please ensure your child has enough water to get them through their session. There is nowhere on site to refill their water bottles.
- Each athlete must be wearing appropriate gym clothes (don't have to be softball pants) and appropriate footwear. Non-Metal Cleats are highly recommended, however, properly fitted sneakers are fine to wear as well. Following in line with

Softball NL, metal cleats are permitted in the 15U group. 13U and below are not permitted to wear metal cleats.

- Every athlete should be wearing sunscreen upon arrival to their session and if need be, have sunscreen with them to reapply. Our staff cannot assist with the application of sunscreen
- A ball cap is recommended (properly labelled)
- Ensure all personal items are marked with your child's name

## SESSION GUIDELINES

- Only counselors/staff, registered athletes and Goulds Rec approved volunteers are permitted on the fields. We kindly ask that parents and others refrain from entering the fields. This is a safety procedure that we follow.
- Attendance will be taken and athletes will be directed to a certain area for them to place their belongings.
- Warm-ups will be done, however, coaches/counselors will inform when warm-ups can start.
- Depending on the age groups, and attendance, participants may be placed in small groups and rotate around to training stations.
- Sessions are broken up into stations, which cover various areas of skill development. The sessions may also consist of modified games for learning purposes. Groups that partake in the Thursday evening time slots will be engaged in a game. The game may be modified depending on the attendance, and time will also play a factor.
- During sessions and game play, it is very important that the athletes and everyone watching know that our program is fun based and meant to be learning opportunities to increase skill development. ***Our counselors/coaches/umpires will not tolerate taunting, name calling, or anyone devaluing them as counselors/ coaches/ umpires.*** Athletes or spectators engaged in this inappropriate behaviour will be asked to leave the premises. The inappropriate actions of spectators (ie. Parents) may play a factor in determining if your child will be permitted to continue on with the program. Please do not put your child in that situation.
- Depending on registration, an adjustment to the program may be made if we have enough registered to offer more game play.

## SAFETY MEASURES

- All our counselors are trained in the High Five Principles of Healthy Child Development ([www.highfive.org](http://www.highfive.org)), policies and procedures, supervision, safety/cleaning protocols and first aid.

- For the safety of participants, Goulds Recreation, as advised by the Royal Newfoundland Constabulary, will follow specific procedures should a parent/guardian arrive on site appearing to be under the influence. Counselor/volunteer will immediately contact their supervisor, as well as the RNC.
- it is recommended that those considered vulnerable to the effects of COVID-19 or other respiratory illnesses, or who have family members considered vulnerable to use discretion in availing of our softball program.
- Facilities and equipment will be cleaned daily. Additional attention to high use areas such as washrooms, gate entrances and equipment

**UNEXPECTED CLOSURES:** In the event of poor weather, our minor program will be cancelled. Refunds will not be issued for unexpected closures. Our facebook page: Goulds Recreation Association will be updated to provide you with the information. We will give as much notice as possible, however, due to our fast-changing weather, a decision may not be made until a half hour before program start time. If clinic slots are cancelled due to weather, we will look at rescheduling at a later date.

**MANAGING ILLNESS:** Children **MUST** stay home if they feel sick (fever, sore throat, cold symptoms, headache, diarrhea, vomiting).

- Parents/Guardians must ensure that you list your child's underlying health conditions and/or symptoms due to allergies
- Counselor/Staff/volunteers who present with symptoms will be removed from the program area and follow recommendations put forth by Public Health
- If a child displays symptoms of concern during the program the following will be adhered to:
  - Guardian on site will immediately have to remove their child from the program area.
  - If guardian not on site, a counselor/volunteer will immediately remove them from the site
    - The child will be isolated
    - Good handwashing for child and counselor/staff/volunteers
    - Both the counselor/staff/volunteer and child will wear mask and gloves and guardian will immediately come to the site to pick up their child
    - Materials used by the child will be removed and area will be sanitized according to sanitization guidelines

**MEDICATIONS/ALLERGY INFORMATION:** Please do not bring nuts or nut products, fish products, kiwi on site. We are also scent aware. If your child requires medication, has allergies or any medical condition please contact us. Our staff/volunteers are not permitted to administer medications.

**COUNSELOR/STAFF CONTACT INFORMATION:** If you have any questions or concerns on our softball program, please email [gouldsrecinfo@gmail.com](mailto:gouldsrecinfo@gmail.com) or call 709-745-7575 (please leave voicemail). Once a sports head counselor has been assigned, an email will be sent out to all participants on how to contact our sports head counselor directly. If your questions or concerns are of a confidential matter, please email Recreation Coordinator, Nicole at [gouldsrecreation@gmail.com](mailto:gouldsrecreation@gmail.com) or call her direct line at 709-745-7504 (please leave voicemail).

***Goulds Recreation Association is committed to providing quality programs that promote positive social, cognitive, physical and emotional development. Based on this, we want to ensure that there is a mutual understanding of what is acceptable behaviour and unacceptable behaviour. Our staff/volunteers will take every reasonable effort to ensure meaningful participation. Please read the following guidelines for acceptable and unacceptable behaviours.***

**ACCEPTABLE BEHAVIOURS:** Goulds Recreation counselors/staff/volunteers, patrons, participants and guardians are expected to exhibit the following behaviour while participating/observing in programs and services:

- |           |                  |                   |
|-----------|------------------|-------------------|
| - respect | - kindness       | - safety          |
| - honesty | - responsibility | - healthy choices |

**UNACCEPTABLE BEHAVIOR:** behaviour with the intent to harm others, property or which would otherwise negatively impact program quality is unacceptable and will not be tolerated. Counselors/volunteers will use discretion to take appropriate action if unacceptable behaviour occurs. Our general process of addressing unacceptable behaviour is as follows:

- Unacceptable behaviour will be discussed with the participant
- Depending on behaviour, parent/guardian of the participant will be notified of the unacceptable behaviour and may be asked to arrange immediate pick-up of the participant.

**First occurrence:** Counselors/Volunteers and/or Rec Coordinator will work with the participants and Parent/Guardian (if applicable) to identify solutions to assist the participant in displaying expected behaviours in the future.

**Second occurrence:** The participant may be re-introduced to the program following a meeting, with parents/guardians (if applicable) to establish an individualized plan to prevent further unacceptable behaviour and encourage positive behaviour

**Third occurrence:** The participant may be removed from the program/facility on a part-time or full-time basis.

With parents/guardians who will be in attendance to watch their child, we expect the same positive behaviour. If not, on the first occurrence, our counselors/volunteers/rec coordinator will address their concerns and work with you to find a solution.

On the second occurrence, you will be asked to leave the premises (in which your child may need to leave as well) and discussion will take place between you and counselors/volunteers and/or Recreation Coordinator at a later time away from the group to come up with a solution.

On third occurrence, you will not be permitted on the premises during your child's session/game. Another parent/guardian will have to be identified as being on-site for your child.

**If Goulds Recreation is unable to ensure the safety and well-being of patrons, participants, other, the security of property or program quality, we reserve the right to remove the patron/participant displaying unacceptable behaviour from the program or facility.**

***Softball NL Policy. Every athlete in the 15U and below age groups will need their own face mask & helmet combo in order to participate in our program. Most sport stores will carry these. We do not recommend that you wait until last minute to purchase one. They tend to sell out fast!***



Mizuno MBH250



Easton Prowess



Rawlings Youth Velo



Demarini Paradox



Schutt



All Star



Worth



Rip-It

## **TENTATIVE MINOR SOFTBALL SCHEDULE 2023**

**\*\*This schedule may change, depending on registration\*\***

Thursday evening game time schedule will be sent out at the beginning of the program. Games will either be 5:45-6:45 or 7-8

- 7U:** Mondays & Tuesdays 2:15pm-3:30pm + Thursday evening
- 9U:** Mondays & Tuesdays 11:30am-12:45pm + Thursday evening
- 11U:** Mondays & Tuesdays 10:00am-11:15am + Thursday evening
- U13:** Mondays 3:45pm-5pm & Thursdays 2:15pm-3:30pm
- U15:** Tuesdays & Thursdays 3:45pm-5pm

**\*\*WEDNESDAYS will be dedicated to batting cage times and clinics.**

**\*\*Batting cage time slots will be opened to the U13, U15 age groups, possibly the U11 group.**

**\*\*Additional practice times and clinics will include Pitching/catching clinics, fielding and batting for various age groups.**

**\*\*Emails will be sent out in regards to the batting cage and clinics once dates and times have been set.**