



HIGH PERFORMANCE HOCKEY CAMP

WELCOME TO ND SPORTS CAMP

This parent guide has been created to provide you with helpful and important information regarding your child's enrollment with ND Sports Camp. Please take the time to read the information carefully and keep it on hand for easy reference throughout the program.

CAMP LOCATION

North Dumfries Community Center
2958 Greenfield Rd., Ayr

CAMP HOURS

Camp hours are from
12:30am to 4:30pm daily.
(Full Day: 9:00am to 4:00pm)

WHAT TO BRING

CAMPER CHECKLIST

Please ensure your child brings the following to camp each day:

- closed toe shoes
- hat
- snack (& lunch if staying for the full day)
- water bottle
- weather/activity appropriate clothing
- change of clothing
- sunscreen
- skates/helmet
- hockey equipment
- medications (if required)

PARENT CHECKLIST

Please ensure the following prior to the first day of camp:

- registration forms have been completed
- payment has been received
- have read through this parent guide
- notified the camp of any allergies
- requested early drop off or late pick up if required
- provided written authorization for pick-up if someone other than the child's parent(s) will be picking up.
- notified camp if your child needs to borrow any of the required sporting equipment

CAMPER DROP OFF AND PICK UP

All campers are to be dropped off and picked up at the North Dumfries Community Center (MacNeil-Hall room), where there will be a login/logout sheet to be signed by the child's parent/guardian each day. Please make sure the information in the book is correct and that proper emergency contact information has been provided.

EARLY DROP OFF AND LATE PICK UP

Early drop off is between 12:00pm and 12:30pm daily (Full Day: 7:30am and 9:00am). Late pick up is available between 4:30pm and 5:30pm daily. If you wish to take advantage of this opportunity, please make sure the camp has been notified prior to your camp start date.

MEDICATIONS AT CAMP

Parents of children requiring prescription medication while at camp must complete a Medical Consent Form on site. Medication must be stored in its original container with only the one day's dosage in it and submitted to camp staff each morning. Do not place medication in with your child's belongings for self-administration.

EPI-PENS & INHALERS

Any child bringing an epi-pen or inhaler to camp must bring it in a separate fanny pack/case that the child must wear at all times. Please check expiry date on supplies prior to the start date of program. A Medical Consent Form will need to be completed on site.

ILLNESSES/ABSENCES

To ensure everyone has an enjoyable program, please be respectful of the exclusion guidelines for communicable diseases. Know when to play, and when to stay away to prevent the unnecessary spread of common childhood illnesses. If your child will be absent for any reason, please contact the Camp Director.

CAMP CONTACT INFORMATION

Camp Director – Terry Stone
terry@ndsportscamp.ca
(519) 502-1088

Registration
registrar@ndsportscamp.ca

Administration
admin@ndsportscamp.ca

