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Individual, Couple and Family Therapy  
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**AUTHORIZATION TO RELEASE INFORMATION**

Client's Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_

Date of Birth:     /    /      
(day/month/year)

I \_\_\_\_\_, hereby authorize the **Katherine Tomkinson**  
(client's name)

to release to \_\_\_\_\_, information contained in my Clinical Record  
(agency, organization, school, hospital, professional)  
as follows (state type of information below):

\_\_\_\_\_

For the purpose of: \_\_\_\_\_

I \_\_\_\_\_, hereby authorize \_\_\_\_\_ to  
(agency, organization, school, hospital, professional)  
release to **Katherine Tomkinson**, information contained in my Clinical  
Record as follows (state type of information below):

\_\_\_\_\_

For the purpose of: \_\_\_\_\_

Such information shall be released in accordance with my instructions as set out and initialed below:

- A. \_\_\_\_\_ I authorize you to release information verbally;
- B. \_\_\_\_\_ I authorize you to release information in writing;
- C. \_\_\_\_\_ the written information referred to in "B" above may **NOT** be delivered by facsimile or any other form of electronic communication

I agree that this authorization continues in force until \_\_\_\_\_ (date – Maximum 1 year)  
unless I revoke it in writing prior to that date.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date