




JL Taekwondo Academy *Class Schedule*

May 31, 2016

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | | | 9:30 - 11:00 Competition Team <i>Please Ask Master</i> |
| | | | | | | 10:00 - 11:00 Demo Team |
| | | | | | | 11:00 - 11:40 Cout A : Green / Orange / Blue Cout C : H.Blue / Brown |
| 4:20 5:00 | Family - All Belts | *** Test Skills Private *** | Family - All Belts | *** Test Skills Private *** | Family - All Belts | 11:50 - 12:30 Cout A : White / Yellow |
| 5:00 5:40 | Cout A : Little Dragons (Orange Stripe and Above) Cout C : Orange / Blue / H.Blue | Cout A : Little Dragons White / Yellow / Green Cout C : Brown / Purple / Red | Cout A : Little Dragons (Orange Stripe and Above) Cout C : Orange / Blue / H.Blue | Cout A : Little Dragons White / Yellow / Green Cout C : Brown / Purple / Red | Cout A : Little Dragons (Orange Stripe and Above) Cout C : Orange / Blue / H.Blue | Cout C : Purple & Up Black Belt |
| 5:50 6:30 | Cout A : Little Dragons White / Yellow / Green Cout C : White / Yellow / Green | Cout A : Orange / Blue / H.Blue Cout C : Deputy Black Preparation | Cout A : Little Dragons White / Yellow / Green Cout C : White / Yellow / Green | Cout A : Orange / Blue / H.Blue Cout C : Deputy Black Preparation | Cout A : Little Dragons White / Yellow / Green Cout C : White / Yellow / Green |  Kids Birthday Parties!! |
| 6:40 7:20 | Cout A : Brown / Purple / Red Cout C : Deputy & Black Belt | Cout A : White / Yellow / Green Cout C : Form Class Black Belt | Cout A : Brown / Purple / Red Cout C : Deputy & Black Belt | Cout A : White / Yellow / Green Cout C : Spiritual Class Black Belt | Cout A : Brown / Purple / Red Cout C : Deputy & Black Belt | |
| 7:20 8:00 | Cout A : Family White / Yellow / Green Cout C : Black Belt preparation | Cout A : Junior / Adult All Belts Cout B : Demo Class Cout C : Sparring Arm & Shin Guard | Cout A : Family White / Yellow / Green Cout C : Black Belt preparation | Cout A : Junior / Adult All Belts Cout B : Weapon Class Cout C : Sparring Full Guard | Cout A : Family White / Yellow / Green Cout C : Student Leader | |
| 8:00 8:40 | Cout A : Family Orange and Above Cout B : Kendo Class Cout C : All Black Belt | | Cout A : Family Orange and Above Cout C : All Black Belt | | Cout A : Family Orange and Above Cout C : | <i>Please Ask Office</i> |

1. Parents are encouraged to watch classes. Please respect the class by **remaining quiet** and turning all cell phone ringers to "silent"
2. "Private Lesson" is for all students who want to improve their Forms, Self-defense and/or Breaking technics. There is no extra charge.
3. If you have any questions, please also visit www.jltaekwondo.com or contact Master B.Y. Yoon anytime at (919) 467-1234 or jltaekwondo2015@gmail.com

