

**Volga Dance Academy Summer Camps 2019**  
**Week of June 10-14, 2019**

Start Time	End Time	Day 1	Day 2	Day 3	Day 4	Day 5
8:00	9:00	Before Care (Please add \$75/week)				
9:00	9:45	Cardio/Physical Training				
10:00	10:45	Latin Basics (Samba)	Latin Basics (Samba)	Latin Basics (Samba)	Latin Basics (Samba)	Latin Basics (Samba)
11:00	11:45	Ballet/Hip-Hop	Ballet/Hip-Hop	Ballet/Hip-Hop	Ballet/Hip-Hop	Ballet/Hip-Hop
12:00	1:00	Lunch Break				
1:00	1:45 PM	Martial Arts or Rounds and Routines	Martial Arts or Rounds and Routines	Martial Arts or Rounds and Routines	Martial Arts or Rounds and Routines	Martial Arts or Rounds and Routines
2:00	2:45	Yoga or Rounds and Routines	Yoga or Rounds and Routines	Yoga or Rounds and Routines	Yoga or Rounds and Routines	Yoga or Rounds and Routines
3:00	3:45	Standard Basics (Quickstep)	Standard Basics (Quickstep)	Standard Basics (Quickstep)	Standard Basics (Quickstep)	Standard Basics (Quickstep)
4:00	6:00	After Care (Please add \$75/week)				