



Still Something Special

White

CAPS

The Newsletter for Military Women Across the Nation

VOL. XXXVI NO.2

APRIL 2015

Cancer Fuels Runner's Quest for 1,000 Races

Story and photo by Irene Bowers, Correspondent for Virginian-Pilot



Almost dwarfed by her collection of race bibs, Linda Fox tallies 617 races, thus far, against her bucket list of 1,000.

Linda "Sunny" Fox runs from cancer. Consider it her starting point, with several thousand miles logged since she was first diagnosed in 2006.

Fox was a recreational runner prior to her thyroid cancer surgery and treatment. The disease provided perspective, and she latched onto running with a new approach.

"I told myself, 'I'm gonna run 1,000 races before I kick the bucket,'" she said. "And if I run that many, I'm gonna help others along the way."

Fox, age 58, has since run in 617 races, with many of them benefitting charitable organizations such as Team Hoyt Virginia Beach, Ainsley's Angels, Lee's Friends, and Down Syndrome Association of Hampton Roads, among others.

She is a 3rd Precinct police chaplain and a retired Naval Junior Reserve Officer Training Corps instructor.

A few years ago, she raised \$5,000 to purchase a race chair, in which she pushes children with physical challenges for certain events. Most recently, she ran

the New Year's Eve Beat the Ball 5K at Portsmouth Naval Hospital, pushing 19 year old Hunter Berns in the race chair, with his siblings nearby.

Her next race chair event is the Love Run in February to benefit Children's Hospital of The King's Daughters. Her support team of eight additional runners will be sponsored by the Joint Expeditionary Base Little Creek Fort Story Bargain Shop. Shop manager Georgiana Balling was glad to contribute.

"Linda does so much for the community, including the military," she said. "She is truly dedicated to serving others; we're happy to help her in any way."

Between training, racing and volunteering as a chaplain, the Wesleyan Chase resident substitute teaches NJROTC classes at Virginia Beach high schools, as

(continued to page 9)

In this issue...

From the Bridge	2
Silver Taps	9
FOAM off the WAVES	10
National Officers and Executive Committee Members	14
Ship's Store	15
Address Change/Renewal Form	16

ARTICLES

Women's History Month Honored	5
Region V Conference - Save the Date	5
Unit Transmittal for Name Change	6
Reverse Raffle	6
Get Ready for the 2016 Convention	7
Were You a Cryptographer during WWII?	7
The End of an Era - A Unit Disbands	8
Home Depot Foundation	8
Renaming of White Caps Contest	11
ATTA-WAVE AWARD	12
Berenice K. George Passes	12
Regional Conference/Region I	13

The President's Message



I am sincerely hoping all this cold and snow laden weather is behind us and everyone is enjoying Spring weather. The weather this year has hit most of our country hard and I hope you are thawed out. Those of us

here in the Tidewater Virginia area suffered through one of the coldest winters we have had in a long time. What with the snow and ice that arrived in late February, schools were closed for nearly two weeks. I know I can use some Spring weather!

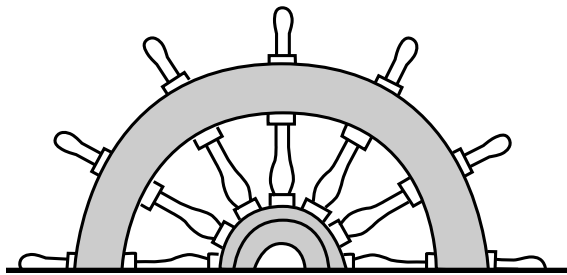
Regional Representatives received guidance for the units to submit name changes, as well as a checklist for units to follow to make sure they haven't missed any important steps. If you did not receive this information, please contact your

Regional Representative, Cheryl Adams, 2nd Vice President, or me for a copy. Units changing their names must submit the new name to me for approval by the National Executive Committee (NEC) prior to being able to use the name. Remember, National Bylaws states you must us Military Women Across the Nation or MWAN in your name. Once the name is approved, the unit can update their bylaws. Cathy Gerolimatos is ready to assist units with their bylaws.

As a reminder, if your dues are not paid for 2015 and you are not a Life Member, this issue of White Caps will be the last issue you will receive.

We are installing another Stained Glass Window this month at the Marine Corps Recruit Training Command, Parris Island, SC. This is very exciting as this is

(continued to page 7)



FROM THE BRIDGE

FIRST VICE PRESIDENT



Barb Sebring

One of the priorities on my to do list when I retired and moved to Las Vegas was to volunteer at the VA Hospital here. It was a challenge getting approved and all my paper work done but now I'm finally in the system and doing my part to help out. Apparently they think I'm pretty good at telling people where to go, so I work at one of the information desks. I do not qualify for VA Care so this has been a whole new learning curve for me. I enjoy my time there and would encourage those of you who live near a VA care facility to do the same and to report those hours to MWAN. As Meridith Cox points out, this work is so important to us in that it helps us stay in the VAVS National Advisory Board. It is a win, win! You get to do something important and fulfilling and MWAN gets to count your hours at the end of the year. Trust me. It is worth the effort.

SECOND VICE PRESIDENT



Cheryl Adams

Bad news is we have several more units that have disbanded since December of 2014.

Good news is we have two or three people who are interested in starting new units under MWAN.

It saddens me that some units have disbanded because they do not want to join with women from other military services. I hope that any unit thinking of disbanding for this reason will seriously consider the fact that our history and identity as Navy women/WAVES will not be diminished. It has taken the combined efforts of all our military services to keep this country great. We need to join together again in order to continue providing support, information and services to each other, the nation's Veterans, Reserves and active duty personnel.

Cathy Gerolimatatos and I will work as quickly as possible but helping to reorganize existing units and getting new ones up and running cannot be accomplished overnight. Units need to start planning and updating by-laws, etc., but no one expects

this to be accomplished overnight, either. Please contact your Regional Representative for guidance, forms and checklist. Cathy and I are standing by to help also. Our contact information is listed on the Officers and Staff page.

RECORDING SECRETARY



GinaMarie Doherty

WHAT A WINTER!! Too much of a good thing is not so good. Hope everyone stays warm and safe.

My idea for the new name of White Caps is Military Women's Log. I love the website and hope you all have had a chance to visit. It is so colorful and eye catching. A hearty BZ goes to Lynne Pine for her efforts and dedication to us all.

Thanks to all the ladies who offered their opinions and shared experiences with me about Military Women Across the Nation uniform ideas. Our Uniform Committee recommends to the membership to stay the course and when more Air Force and Army Sisters join, we will reenter into communications about a new uniform. For now, the Blue Vest and Garrison Cap is fine for all services, since each service has at least one blue uniform.

Remember to add your president and editor contact information to your newsletter and keep em coming! SISTERHOOD IS THE WAY!

GinaMarie Doherty

Veterans ARE Family

TREASURER



Monica O'Hara

A huge thanks to the Unit Treasurers and MAL's who have submitted their dues. If you have not already renewed your membership, please do so ASAP! This will be the last issue of White Caps until you renew. Those of you who are Life Members do not need to worry about National dues but may need to renew your unit membership.

We have processed 26 reinstatements and 33 new members during the first two months of this year. Hopefully, we will keep that momentum going.

The following donations have been received for the General Fund:

MALs: Anna Beahon, Nina Boyles, Jean Chittenden, Doris Dixon, Cidney Engberg, Mary Eshelman, Donna Harnish, Patricia Jernigan, Marion Pedrick, Sarah Post, and Ingeborg Zagona.

Units and unit members: Ruth Stork (First State, 10), Kathleen Carroll (North Coast WAVES, 21), Ila Mae Cole (Three Rivers, 28), Helen Sadowski (Northwest Florida, 52), (Military Women of Tampa Bay 55), Barbara Lyons (Jersey Shore, 68), Marie Bliss (Tidewater Tidal WAVES, 152), Dassa Carvey (152), Geraldine Rivera (152), Evelyn Ruppel (Fox Cities, 153). Heart of America (009) made a donation in memory of Beverly Saxon-Ellis and Sister Camilla Morris (MAL) in memory of Sister Joan of Arc (Leola Rodrigues). Columbia River Ripples (70) and the Beaverton, OR Police Department made donations in memory of Freddie McBride.

Military Women of Tampa Bay also sent contributions to the Stained Glass Window and Scholarship Funds.

We have received proceeds of \$136.72 from the Military Best fundraiser.

Sadly, Mississippi Mates, Unit 150, has turned in their Charter. The unit made a generous donation to the General Fund when they disbanded.

Thank you all for your support!

BY-LAWS CHAIRMAN



Cathy Gerolimatatos

I'm making a prediction: *The coming months will be extremely busy.* A Transition Team and procedure for units to submit changes has been established. If you haven't received a copy of the Unit Change Transmittal, let us know. We'll get it right to you. I see it clearly: Units are busy deciding what their new name will be as well as reviewing bylaws. There's excitement in the air. Some units already have new members from our sister services. Can't get more exciting than that! Some of you have already submitted your bylaws for review. Woe is me--there's a lot happening.

Before I go any further, I'd like to make a recommendation that will, more than

likely in the long run, save all of us time. Please understand, I, along with the MWAN Bylaws Transition Team, are here to review your bylaws to ensure it aligns with National Bylaws. In order to accomplish this:

1. Decide what your new name is. Ensure the name you've decided upon meets the name requirement of MWAN Bylaws Article V Section 2E1c. At this point you may submit your name change to MWAN for approval. Remember to keep your Regional Representative and State Director apprised. I'd recommend getting the proposed name change done ASAP. That's just "me" making a recommendation.

2. Review your Unit Bylaws. a. Incorporate your new name into your Unit Bylaws. b. Edit or rewrite that which refers exclusively to sea services and fold in that which embraces all our sister services. c. Determine if there is a bylaw "in practice" that the unit does not follow and decide whether to modify that bylaw or to begin putting in practice what is in the bylaw--while maintaining compliance with National Bylaws. d. Correct any Unit Bylaws that is in conflict with MWAN Bylaws. e. Agree on what you would like to submit for review by MWAN Bylaws Transition Team. Do NOT vote to approve just yet. Agree to what changes you would like to see.

3. Submit the DRAFT of proposed changes to the Unit Bylaws to the MWAN Bylaws Transition Team.

4. Review and discuss MWAN Bylaws Transition Team's recommendations. If there are any questions or concerns, fire off a quick e-mail or make a telephone call. Sometimes, there's an easy answer.

5. Once MWAN Bylaws Transition Team approves the proposed changes to the Unit Bylaws schedule a VOTE at the next unit meeting.

I've already received three Bylaws for review. One was approved by the unit membership before sending to me and, unfortunately, some sections are in conflict with MWAN Bylaws. As a result, there will be some back and forth in ironing out these differences and the unit will have to vote again to change their bylaws. Let's keep it as simple as we can. E-mail me! Call me! Send me your DRAFT! I'll do my best to help.

What if you can't find your Unit Bylaws? Make an inquiry to MWAN's 2nd Vice President. There's a possibility, she has a copy.

What if MWAN's 2nd Vice President does NOT have a copy of your Unit Bylaws? I will happily send you a template

to help you build or rebuild your bylaws.

Now, if that isn't complicated enough, and I know we're all anxious to make things happen and we need it to happen right now, please bear with your MWAN Bylaws Transition Team as your Bylaws Chair has some traveling planned to include time out-of-the country. I intend to check e-mail regularly, however, I may not be able to answer your question immediately as I may not have the appropriate reference(s) with me to do so. Have a little patience--I know I NEED patience! I hope to tap into others who may be able to help in my absence.

I'm making another prediction: *We're going to get there.*

SHIP'S STORE



Linda Coffield

Thank you to all the ladies who suggested new names for the Ship's Store. We have some very talented ladies in this group. The Board of Directors will vote at mid-term and the winner will receive a new MWAN t-shirt.

The new patch was sold out in 2 days! Good news, I have more coming in 4-6 weeks, so if you have ordered the new patch and haven't received it yet...it will be coming soon.

SPECIAL ONE TIME OFFER: If you order just the new patch (\$4), it will only cost \$2.00 to have it shipped. See the Feb 2015 White Caps for a picture of the new patch.

FINE PRINT SPECIAL: Get a free historical WN item, we are giving away a FREE WN auto decal with each order of \$10.00 or more (excludes shipping). Limit one free WN auto decal per customer. Orders MUST: 1) Total \$10 BEFORE shipping is added; 2) Specify SPRING IS IN THE AIR" on the Feb 2015 order form for your free WN auto decal; & 3) MUST be received by 31 May 2015.

PLEASE NOTE: Use the MOST RECENT White Caps order form. Your order may be delayed if the correct payment and/or shipping are not included.

VAVS NATIONAL REP



Meridith Cox

Are you a MAL? Do you live near a VA hospital or clinic? Would you like to join our efforts to help veterans at these facilities? If so, I would love to hear from you. You can call or email me. My contact information is on the officers/staff page.

You do not have to be a unit member to volunteer. The new *Continuing to Serve* publication for our certified volunteers is a training tool, a way of keeping in touch with one another, and a method of sharing ideas across the regions. As such, it is *required* reading. Several volunteers told me that they did not have time to read it, yet asked me questions about their work that had been answered in the publication. I am trying to bring all local Representatives and Deputies up-to-speed, and right now this is the best way to do it.

You should already have scheduled in your Annual Joint Review (AJR) by now and I am expecting 100% compliance.

Today, many more veterans need our help. Our volunteers have my heartfelt thanks as they can and do make a big difference to these veterans.

VA MEDICAL/HEALTH



Ruth Storck

Epistaxis is the medical term for a nose bleed. Most nose bleeds are not a major medical event. Nose bleeds can be caused by allergies, dry air, smoke irritation, sinusitis (nose inflammation), colds, objects placed in the nose, being hit in the nose, or just picking the nose.

High blood pressure, especially in the elderly, can cause the nose to bleed profusely, requiring you to go to the emergency room for a resolution. This usually involves packing the nose. It is not very comfortable and needs to be monitored to assure the blood is not continuing to bleed down the back of the throat. The priority of this bleed is to get it stopped and treat the high blood pressure to keep the nose bleeds from returning.

It is important as we get older to be aware of conditions that could let us know early on that a problem is occurring. Recurring nose bleeds for no obvious reason is an issue that should be discussed with your doctor. I hope you all have come through this winter with good health and are looking forward to spring and summer. I am ready for a change of seasons.

HEARTSPRING PROJECT



Jeanne Hooper

"And they came flooding in..." I asked all of you to hold on to your Boxtops following our flood last April. Once I gave the go-ahead, boxtops have

arrived in droves! Twelve hundred boxtops, plus 21 bonus boxtops, are ready to ship to Heartspring. During the last few months, Units 9, 52, 56, 70, 94, 113, 152 and MAL Betty Patrick have all donated those hundreds of boxtops! Unit 56 (Gulf Coast Dolphins) is a first time donor, at least during my reign as Heartspring Chairman. Thank you one and all, and keep 'em coming!

SCHOLARSHIP CHAIRMAN

Patricia Cerchio-Vieira



As you read this, we will be in the process of evaluating the scholarship submissions. We have had a lot of interest

this year, including considerable interest from our newest segment of eligible members, the Army and Air Force and their Guard and Reserve components.

In addition to members spreading the word via their own personal networks, we were lucky enough to have an announcement that was published in the Virginian-Pilot Newspaper get picked up by the Military Times Daily Early Bird Brief. The Early Bird has been DoD's go to source for news for years. The announcement was then picked up by a number of base newspapers.

News about the scholarship helps not just with the scholarship, but it also helps with getting the word out about MWAN. Thanks to all those who have helped spread the word.

We will be announcing our scholarship winner in June. Stay tuned.

STAINED GLASS WINDOW CHAIRMAN

Barbara J. McGuire



ATTENTION – ATTENTION. The SGW is complete and will be installed 17 April 2015 at the 4th Recruit Training Battalion, Parris Island, S.C. The details for installation are a "work in progress"; however, I wish to extend an invitation to all of you to attend the ceremony.

Please call or email me (my information in this WC) for further information.

Also, checkout the following site for travel information to the base: <http://www.graduations-for-basic-training.com/ParrisIsland/Transportation.asp>.

Thanks to all for your patience and contributions to the SGW fund. Your generosity is what helped create this window.



Hope to see some of you 17 April, in Parris Island, S.C.

PUBLIC RELATIONS

Jennifer Baun



I am seeing some articles being included in local papers about the units and organizational change. I must admit, I find that extremely encouraging. Remember, if you need help with this or a press release sent for your area let me know. I am happy to help. It is also important that we keep the similar message when sending out information.

As events and conferences occur around your areas, please reach out to me. We'd love to see how we can help get some representation at those events to promote Military Women Across the Nation and to boost the membership in units.

I also want to bring to your attention that our logo is meant for use in an official capacity. It is trademark. If anyone or a unit would like to use it any other way than as a representation in publications, banners, newsletters, etc., permission needs to be obtained along with a letter authorizing you to use the logo. Otherwise, we have no control over printers, copy companies, and others using our emblem. In fact, those companies should not be willing to reproduce the emblem for their own legal protection. If there is something of interest to you or your unit, contact the Ship's Store. Others may be interested in the same product.

EXECUTIVE SECRETARY

Barb Turner



Do you have a copy of your DD-214 (discharge paperwork) from the military?

There is no other paperwork more important than your DD-214. You need it to prove your honorable service for all types of different veteran benefits. Does your family know where you keep that DD-214? Can they find it quickly, if necessary? If you do, then please make an appointment right now with your family and let them know how important the DD-214 really is. Funeral homes require a copy of the DD-214 for military services.

If you do not have a copy of your DD-214, please log on to www.va.gov/benefits and see what the procedure is to request a copy of your DD-214. Do NOT delay; get up from reading this issue of the White Caps and request your DD-214 today!

This issue of the White Caps is the last issue you will receive if you have not paid your 2015 MWAN Dues. Life members can mail in a donation to the Stained Glass Window project, the Scholarship program, or General Fund, for example, should you so desire. In the meantime, I hope when you are reading this issue that the snow has all gone away.

If your unit is holding on by a thread, before you disband, please get in touch with your State Director and/or Regional Representative, or Cheryl Adams, the MWAN 2nd Vice President.

WHITE CAPS EDITOR

Judy Faries



I want to thank everyone for all of the wonderful submissions of names for the White Caps, From the Bridge and FOAM Off the WAVES sections. Our team is looking over all the names submitted and will make recommendations to the Board of Directors during the mid-term. Keep the suggestions coming. You still have time to submit your recommendations.

Remember that the next cut-off for input for the June 2015 issue will be **1 May 2015**



Women's History Month Honored



VADM Nora Tysons talks to WWII WAVES Judith Hayward and Isabella Bryant.



RADM Ann Phillips (standing, left) was moderator for the discussion panel with VADM Nora Tyson (standing, right) and (seated, l-r) Judith Hayward, Isabella Bryant and JoAnn Teel.

Hampton Roads Naval Museum offered attendees a chance to meet some of the Navy's finest female service members during a discussion panel celebrating Women's History Month.

Rear Admiral Ann Phillips, USN (Ret), the first woman assigned as a Destroyer Squadron Commodore, served as moderator for a discussion.

Panelists represented important watershed eras for women in the Sea Service, from World War II forward.

Judith Hathaway was a lieutenant in the United States Navy during World War II. She attended midshipman school at Smith College, supply corps school at Harvard, and was stationed in Washington, D.C., and Fort Lauderdale, FL, during the war. Ms. Hathaway was in the Navy from October 1942 through December 1945.

Isabella Bryant served as a cryptologist from 1943 to 1945, and joined the Navy because she wanted to do something for her country.

Jo-Anne Teel served as a Data Processing Technician and retired in 1993 as a Data Processing Chief.

Vice Admiral Nora Tyson, the first woman to command a U.S. Navy Carrier

Task Force, was on hand to speak about today's Navy.

Each panelist kept the audience mesmerized with their history, sea stories and sense of humor. Judith Hayward told of her earning the title of "Pistol Packing Mama" as she was responsible for collecting payroll, in cash, at the bank on paydays, and transporting money back to her command. Even though she had an armed guard, she was required to carry a weapon and knew how to use it!

Judith said a college friend was talking of joining the Army, but she, herself, held out for the Navy, "...because the uniforms were better looking!"

Isabella Bryant was a Specialist Q second class petty officer, working to decode messages. Before joining the Navy, she would exchange letters with her boyfriend until the letters stopped coming. "I wanted to finish what he tried to do," Isabella said.

When the Navy solicited volunteers to go to Hawaii towards the end of the war, Isabella didn't hesitate to volunteer. She was excited and honored to be selected for the assignment.

When Jo-Anne Teel joined in the '70's, women still weren't allowed to serve aboard ships. Even during boot camp, there was no shipboard training for women like there is today. When she was assigned to a ship, as a chief, it was a shock. Her husband educated her on the proper way to request permission to board the ship. "Had he not done this," Jo-Anne said, "I would have gone aboard and just announced 'Here I am!'"

Jo-Anne also told of her first experience at General Quarters. She had not been through any training but knew where her assigned station was. Not knowing what to do when she arrived, she watched the others as they buttoned their shirts all the way up. She followed suit and did the same. Then she noticed they were tucking their pant legs into their stockings. Jo-Anne thought, "Oh-oh!" She was wearing panty hose!

RADM Phillips entered the discussion with her own embarrassing moment when she went aboard a ship for the first time and went up the wrong brow!

VADM Nora Tyson, now Deputy Commander of U.S. Fleet Forces, commanded the USS Bataan during relief efforts in Louisiana following Hurricane Katrina, leading the Navy's contributions to disaster relief efforts on the U.S. Gulf Coast in the aftermath of Hurricane Katrina. She was the first woman to lead a Carrier Strike Group. She commanded the USS George H.W. Bush Strike Group in its maiden deployment.

When asked what they would say to young women coming into the military today, each one of them said, without hesitation, "Go for it! Do your best and don't turn down an opportunity! You can't go wrong!"

REGION V CONFERENCE

SAVE THE DATE - 27 JUNE 2015

PLANS ARE IN THE WORKS FOR A REGION V CONFERENCE. IT WILL BE HELD IN RALEIGH, N.C. THERE WILL BE MORE INFO TO FOLLOW, AS PLANS ARE FINALIZED.

Pat Brown, Regional Representative, and Mary Freeman, Alternate Regional Representative, are the points of contact. Contact Pat at 757-567-1913, or Mary, at 757-679-0820.

Unit Transmittal for Name Change, Logo, Bylaws

To facilitate the transition for units, a transmittal form has been developed to be used in submitting unit name change, new/revised unit logo, and bylaws. Name change is to be approved first, so that it can be incorporated into the unit bylaws. For an electronic copy of the transmittal sheet contact your Regional Representative, or any of your elected officials.

Date: _____

To: Military Women Across the Nation Transition Team

WAVES National's _____ Unit # _____
has agreed to submitting the following unit new name for consideration by the MWAN Transition Team:

_____, Unit # _____,
of Military Women Across the Nation.

The draft Unit Bylaws have been reviewed by unit members and are submitted for review by the MWAN Transition Team.

Once the MWAN Transition Team recommendations are received, the proposed unit name change, unit bylaws and unit logo/emblem will be put for before the unit's membership for approval/vote.

Attachments (If not submitted at the same time, cross out one that is not applicable):

1. Draft Unit Bylaws (Email to: MWAN Bylaws Chair with copy to 2nd VP, SD/SO, Regional Rep, MWAN President)
2. Proposed Unit name and/or Logo/Emblem (MWAN President for review by NEC)

Submitted by:

Name and Title _____

Email Address _____

Phone Number _____

Cut along dotted line 

BIG Prizes to be given in a Reverse Raffle!

Here's your chance to win big, while helping out the organization. A reverse raffle will be held for Military Women Across the Nation to really get things rolling. We will be selling only 250 raffle tickets; the cost is \$10 each. Since it is a reverse raffle, the prizes are big with a \$1,000 grand prize and \$450 to the runner up. There will also be some other gift cards mixed in. The way you win is to be the last person standing, kind of like musical chairs. The draw down will be held once all 250 tickets are sold. In other words, we will draw numbers eliminating tickets after all the tickets are sold. So purchase yours individually and/or for your unit today! To get your tickets, please send the stub below and a check made out to MWAN/WN. Mail the stub and your check or money order to **Jennifer Baun, MWAN Reverse Raffle, 4068 Lockwood Blvd., Youngstown, OH 44511**. A virtual ticket will be e-mailed or sent to you with your raffle number. All winners' names will be published.

NAME: _____

E-mail: _____

Address: _____

City, State, Zip: _____

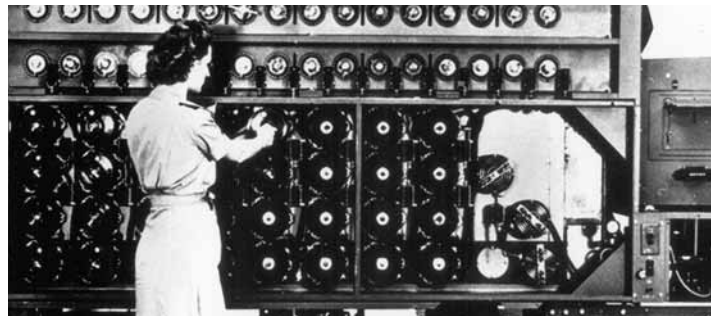
Unit # or MAL: _____ ID #: _____

Get Ready For 2016 Convention in Tunica, MS



The Memphis Belles (Unit 151) and Nashville Volunteers (Unit 94) were selected to host the WAVES National 21st Biennial Convention. So start making your plans to attend the 2016 convention. You may be asking where in the world is Tunica, MS? Well, it is the Gateway to the Blues, mid-way between the two coasts and its proximity to Memphis, TN increases the options for recreational excursions and transportation from the Memphis International Airport. Stay tuned to the **June White Caps** for more information as it becomes available.

Were You a Cryptographer During WWII?



Jenise Morgan learned that her maternal grandmother, who passed away in 2006, worked as a War Dept. cryptographer during WWII. It was a secret she never shared with her children or grandchildren. As a documentary filmmaker, Jenise's instinct is to turn her camera on the significant and little-discussed contributions of female cryptographers. Jenise recently traveled to Texas to meet Helen Nibouar, who you can read about at: <http://www.statesman.com/news/news/local/herman-austin-woman-reconnects-to-coded-past/nStcy/>. Jenise is looking for any other cryptographers to include in her documentary about the work of women cryptographers. Please contact her at jenise.morgan@gmail.com or by phone (909) 723-7159 or by snail mail at 2445 15th St NW #405 / Washington, DC / 20009.

President's Message (continued from page 1)

the ninth window/inlaid shadow box to be installed and, personally, the fourth one I have been a part of. This is the first to be installed at a Marine Corps facility and I look forward to this opportunity. The windows have been installed around the country to commemorate women in the military and to remind all those who see the windows that women have always been an anchor in history. Much deserved thanks go to Barbara McGuire for all her hard work in making this happen.

Please review our National Bylaws for any needed changes and submit your recommendations to Cathy Gerolimos. This is your opportunity to make changes. Proposed Bylaw Amendments will be presented at the 2016 Convention for voting by membership.

I hope to see many of you at the Region 1 Conference in Las Vegas. The conference is to be in late August – announcement and registration form is in this issue. All regional conferences are open to all MWAN members, so if you are going to be in the area and want to see what's going on in other regions, you are welcome

to attend. Region 5 is also making plans to hold their conference in late June.

If you are near a VA Medical Center (VAMC) or one of the Community Based Outreach Centers (CBOC) please consider becoming a volunteer. Volunteering provides the VAMC/CBOC with invaluable resources and the experience is so very rewarding. This is another way to give back to your community and support veterans in need. Contact Meridith Cox, our VA Voluntary Services National Representative, to become a volunteer.

Several recommendations have been made for the new name for our newsletter and the committee is looking for even more suggestions. If you have an idea but have not yet submitted it to Judy Faries, please do so ASAP. Judy's committee will be making recommendations to the Board of Directors as an amendment to the National Bylaws at the National Mid-Term meeting in August. So, get your suggestions in to Judy! Members will have an opportunity to vote on the proposed bylaw changes at the 2016 Convention in Tunica, MS.

Names changes for Ship's Store, Foam Off the WAVES, and From the Bridge are also being solicited. These are not constrained by the bylaws and once a decision is made, the new name can be put to use immediately. Your input is important. I often hear complaints from members who object to decisions being made but those complaining did not take the time to make a recommendation or voice their opinion when asked. Don't be one of those. Submit your recommendations – these past snowbound days when you couldn't get out provided a very good opportunity to brainstorm your ideas and submit them to the appropriate committee.

If you need copies of White Caps to use for recruiting, please contact Barb Sebring, 1st Vice President. She receives the extra copies of each issue to be used for this purpose.

Please keep our troops in your thoughts and prayers.

Always Navy~
Dassa

The End of an Era – When A WAVES National Unit Disbands

by Barb Turner, MWAN Executive Secretary

In answer to your questions about “what is a unit supposed to do with old records, such as minutes, bank statements, newsletters, pictures, etc.” when the unit disbands? The Bylaws and Procedures Manual provide guidance for turning in the Charter and what to do with the balance in the unit treasury, but not much else. Units should check with a local or state historical society or a history department to see if they are interested in any of the records and/or pictures. For those historical records that “no one is interested in keeping” it is suggested to check with the MWAN Historian, Sharon Woods to see if she can take them off of your hands or not. Additionally, you can check to see if there is a Women’s History Museum on a college campus. Please don’t throw away anything without checking to see if someone might want to keep whatever it may be.

Any bank statements (after the final audit) and minutes, for example should be

shredded. Any other records with names, addresses, etc. should also be shredded. If you don’t have access to a shredder or your unit has too many of those types of records to use a home shredder, check with your local non-profits to see where you can take those records to be securely shredded at no charge. Some banks offer the public free shredding on a monthly basis.

Regular members of a unit that disbands are automatically switched to mem-

ber-at-large (MAL) status as long as her dues are current. Regular and Life members are made MALs and will remain as such unless she joins another unit at which time she will become that unit’s member. Please remember to keep your state director (SD), regional representative (RR) and the MWAN 2nd Vice President informed of your unit’s status. Don’t let it be a surprise for the SD or RR to read about your unit’s disbanding in a White Caps article.



Mason Jars by Barb Turner

Pint sized mason jars with the WN logo or MWAN logo on red, white & blue jar. \$15 each or two for \$25 plus shipping & 10% back to WN.

E-mail: turners_5@sbcglobal.net

Home Depot Foundation - Volunteer Project

by Barb Turner, MWAN Exec Secretary

The mission of the Home Depot Foundation is to improve the homes and lives of U.S. military veterans and their families. As a member of WAVES National I was contacted by a local Home Depot in August 2014 to see if I could find a veteran who may have a home project that he or she needed to have done but, could not afford to do the project or, perhaps didn’t have the right tools for the job, or were disabled and unable to do a specific type of work. The veterans that I spoke with did not have any projects that needed to be taken care of in this way. And, since I could not locate a veteran or veteran and family in need, I decided to ask if Home Depot would consider taking care of a project that my husband and I inherited when we purchased his parents’ home in 2008. There was a cement wheelchair ramp on the back of the house and it was unsafe. Snickers, our beloved dog, could not get up the ramp when there was ice on it and I tore my Achilles heel one day going in the back door with a basket of laundry.

My husband and I are disabled veterans with a combined total of 47 years of honorable naval service and I decided to ask if the Home Depot Team would help us get rid of the cement ramp and build a 4’ x 4’ wooden porch with steps in its place. Ben and I have volunteered many hours at each and every duty station to help others and it was nice to know that we did qualify for this project.

After several delays our wish came true on Friday, 13 February 2015. Removal of the ramp took four Home Depot volunteers five hours with a jackhammer to take the ramp completely down, as it was filled with steel rebar and bricks. Now we have a safe back porch that is 4’ x 6’ with steps and it is absolutely wonderful! Thank you, Louis Young (Army veteran) and co-project volunteers, Aaron Smiley, Rusty Story and Victoria Codispoti for a job truly well done! Ben and I now have a beautiful wooden porch that is strong and level and no longer a safety issue. For more information about the Home Depot Foundation, go to <http://homedepotfoundation.org>.



Original cement ramp



New 4’ X 6’ porch. (l-r): Ben Turner, Victoria Codispoti, Russell “Rusty” Story, Aaron Smiley, Barb Turner and Louis Young (U.S. Army veteran)



Please send all WN member/former member Silver Taps information to Executive Secretary, Barb Turner (address on page 14)

WN MEMBERS

Leona J. Gerstemeier* (Rosemary)	USN	006/PA	Bertha "Riv" D. Ebenstein (Draisen)	USN	MAL/FL
Beverly J. Saxon-Ellis (Pountney)	USN	009/MO	Dorothy M. Hosack (McEwen)	USN	MAL/FL
Maida Kelly (Baker)	USN	015/FL	Irma M. Malcolm (Julke)	USN	MAL/FL
Edna E. Olberding* (Pezley)	USN	052/FL	Carolyn R. Michaels	USN	MAL/FL
Janet M. O'Connor (Matthews)	USN	059/NJ	Audrey E. Perkins	USN	MAL/FL
Pauline K. Richie (Roberts)	USN	059/NJ	Ruth P. Pine	USN	MAL/FL
Marie A. Clare	USN	068/NJ	Virginia Jewett*	USN	MAL/IL
Elsie A. Height (Andersen)	USN	068/NJ	Pearl M. Hetterman (Bodfish)	USN	MAL/MA
Ruth L. Schill (Loeffler)	USN	068/NJ	Madelyn L. Provancher (Stevens)	USN	MAL/MA
Winifred A. McBride (Fleskes)	USN	070/OR	L. Bernice Reagan (Bourgeois)	USN	MAL/MA
Ethel S. Lombard	USN	074/FL	Marian S. Sinnott (Snow)	USN	MAL/MA
Helen B. Hughes	USN	084/IA	Marion E. Frohman (Epstein)	USN	MAL/MD
Roberta Lynn Robles	USN	086/CA	Emilie A. Hasselman (Placatka)	USN	MAL/MI
Norma A. Day* (Anderson)	USN	093/UT	Mary J. McMorro	USN	MAL/MI
Betty C. Corvan (Brooding)	USN	113/VT	Martha A. Traver (Bezenah)	USN	MAL/MI
Shirley Krabbe (Waxel)	USCG	114/AZ	Ruth P. Vincent (Ojala)	USN	MAL/MI
Audrey B. (Velma) Hutchinson (Brogger)	USN	128/OH	Audrey C. Hansen	USN	MAL/MN
Betty L. McIntosh (Richey)	USN	129/KY	Ruth B. Thompson	USN	MAL/NC
Grace Alexander (Swank)	USN	144/NC	Katherine B. Benton (Burdick)	USCG	MAL/NJ
Bernice M. Zimmerman (Bonack)	USN	153/WI	Catherine M. Williams (Pfeiffer)	USN	MAL/NJ
Michelina B. Langston (Ginevra)	USN	155/AZ	Veronica T. Fitzwilliam (Torre)	USN	MAL/NY
Ruby A. Chenard (Wagers)	USCG	MAL/CA	Alice S. Phelps (Sullivan)	USN	MAL/NY
Betty R. Clasen (Ross)	USN	MAL/CA	Florence G. Tilden	USN	MAL/NY
Doris V. Edwards* (Spolander)	USN	MAL/CA	Barbara E. Root	USN	MAL/OR
Dorothy L. Hensler*	USN	MAL/CA	Bernice A. Cox (Hallstead)	USCG	MAL/PA
Norma R. Jones (Levy)	USN	MAL/CA	Velma G. Wiggins (Morgan)	USN	MAL/TX
Ellen Maschke (Manning)	USN	MAL/CA	Eula K. Kimber*	USN	MAL/UT
Catherine W. Schroder(Friis)	USN	MAL/CA	Lucille C. Sisson (Walters)	USN	MAL/VA
Grace E. Versino (Mitchell)	USN	MAL/CA	Eleanor G. Jeffries (Johnston)	USN	MAL/WA
Natalie V. Zucker (Mogilner)	USN	MAL/CA	Vivian E. Davies (Reesor)	USN	MAL/WI
Helen M. Franks*(Merrill)	USN	MAL/CO	Barbara P. Rice (Preble)	USN	MAL/NH
Lillian Steinhaufel (Jones)	USN	MAL/CO	Marion W. Gardner (Weitzel)	USN	MAL/WI
Mary R. Varva (Woodyard)	USN	MAL/DC			

* WAVES National Charter Member

Gone, but not forgotten!

Cancer Fuels Runner's Quest... (continued from page 1)

well as substitute teaches in other city public schools.

She is married to Bill Fox, also a cancer survivor; and they have one grown daughter, Kristen Fox. In 2013, Linda Fox was unexpectedly honored to be featured in Will Bowen's book, "Happy Stories."

She treasures a medal fashioned by a child with Down Syndrome as better than "any hunk of metal on a ribbon." Fox owns sneakers for every type of distance and terrain running, including marathons and mud runs.

"I have more pairs of shoes in the closet than people have underwear," she said, grinning.

She recently finished a marathon in Hawaii but thinks it may be time to hang up her big-mile sneakers.

"The long-distance races take a lot out of me, and it doesn't make sense to beat up the body too much," she said.

One of the side effects of her thyroid removal is reduced function of the salivary glands. Fox works to overcome it by carrying hydration on the long-distance

runs, but it takes its toll.

She is willing to accept reality but not sympathy.

"This is the no-whining zone," she said, noting that pushing children like Hunter serves as a reminder. "I have nothing to complain about; I have two legs and a heart that work."

(Editor's Note: Linda "Sunny" Fox is a retired Master Chief and also a member of Tidewater Tidal WAVES, Unit 152.)

FOAM OFF THE WAVES

HEART OF AMERICA

Unit #9 (KS) – I am so excited about our organizations' move to include all military women veterans, Active Duty, and Reserve. This opens up so many possibilities. There is a contest to rename our newsletter and Ship's Store. So get your thinking caps on and enter the contest. Already, we have a new unit being chartered in our region. We have new posters/brochures available that can be displayed at any event. Linda Cantrell is a teacher and will be displaying one of the posters in her classroom. Good idea, Linda. We can not underestimate the power of exposure no matter the venue.

For meeting information please contact Michele Batliner at (816) 315-9229 or mbatliner@att.net

NORTH COAST WAVES

Unit #21 (OH) – North Coast WAVES has taken its annual brief, winter hibernation, and we are definitely not ready to come out yet. Quite a bit of the country has had more than its fair share of winter and cold and it is not over. We've had a record number of low temps this February. Nevertheless, we began the unit social calendar on 14 March.

During the break, we have been busy finding a new home for our meetings (again), members have worked on and attended a God and Country event, and the United Veterans Council Annual Banquet and Awards. Our by-laws committee members have been working to get these updated and prepare our package to National for approval. All-in-all, we had a productive winter.

STARS & STRIPES

Unit #36 (CA) – We held their bi-monthly meeting at Napoleon's Italian Restaurant. As always we had many helping hands to stuff pillows. Veterans Village Welcome Home Project Women Vets are also helping by stuffing pillows at their bi-weekly meetings.

We welcomed a new member - Lyn Leader, Navy, retired. Our guest speaker, Ann Marie Conte, an 11 year Air Force vet and potential member, talked about Habitat for Humanity housing programs for veterans. All the work is in the local area and donations/sales from the "Re-Store" support the program.

All were informed about the Region Conference to be held in Las Vegas, 25 August, at the Tuscany Suites. Lynne Pine has details.

For meeting unit information please contact Roxanne Jones by email at: roxanne.jones@score.com or call her at: (619) 479-0149.

NORTH WEST FLORIDA WAVES

Unit #52 (FL) – We received the sad news that Elaine Olberding, a Charter Member of our unit, passed away, 26 February, at the age of 86.

Elaine was the force behind the founding of Unit 52 and served as President for several years. We will miss her.

The Unit is diligently working on plans for a name change, and we hope to have that completed in the next few months. In March, President Laura White invited the unit for an afternoon of lunch and card playing, and several of us were very competitive in games of Spades or Hearts!

MILITARY WOMEN OF TAMPA BAY

Unit # 55 (FL) - At the January meeting, Barbara J. McGuire tendered her resignation as Unit President. Following a motion to nominate her successor and a vote, Jouay Koppari was sworn in as the new President of Military Women of Tampa Bay Unit #55.



Outgoing President Barbara J. McGuire and incoming President Jouay Koppari.

Her first order of business was for us to meet at The Recipe Box for lunch after the meeting. Congratulations Jouay. Fair Winds and Following Seas, BJ!

GULF COAST DOLPHINS

Unit #56 (FL) - We participated in the Newcomer's Day held at the North Port George Mullen Center in January.

Andrea made the large display board and provided a patriotic themed table covering. We answered questions while

several women veterans stopped by and we gave them information on MWAN and invited them to our meetings.



Newcomer's Day participants were (from l-r): Andrea Cadieux (Navy), Mary Lou Johnson (Army), Dorothy Savasky (Air Force) and Donna Francisco (Navy).

Last November, we received a \$100 donation in memory of Jo McMahon, a long-time member. We used the donation, to which the unit added another \$100, to buy 11 sets of sheets for the Athena House. Athena House is a place where homeless women veterans can stay while they get back on their feet.

For meeting information contact Donna Francisco at email address: dfrancis43@comcast.net.

REDWOOD EMPIRE WAVES

Unit # 77 (CA) - We have celebrated our 25th anniversary and the unit has maintained a good membership, however, due to age and medical problems, many are unable to attend monthly meetings and participate in civic activities.

Unit news is transmitted through our newsletter – The Redwood Log.

At the Bay Area ALL WOMEN VETERANS' LUNCH, two of our members were honored and presented with a Certificate of Recognition from the California Legislature Assembly together with Quilts of Valor handmade by members of Amador Valley Quilters.

Of course, our yearly participation in the Veterans' Day Parade is always a highlight in our schedule.

Our Christmas luncheon was exceptional and attended by two prospective new members. The usual gift for Toys for Tots was replaced this year by a \$100 gift to COTS – Committee on the Shelterless in nearby communities.

The unit's aim is, of course, to "spread the word" about MWAN and actively recruit members of the Army and Air Force.

For information on meeting schedule, etc. please contact Suzanne Saville at (707) 479-9896.

FOAM OFF THE WAVES

FLATWATER WAVES

Unit #98 (NE) - We will have our first meeting for this year at the USA Steak Buffet, 820 East 23rd Street, Fremont, NE, on Saturday 11 April.

We will have our meeting first and then go through the buffet line at noon. We can stay and visit after the meeting.

We will determine our new name for the unit, collect dues and get acquainted after the long winter.

For meeting information please contact Pat Hunsche, (402) 426-2013, phunsche@abbnebraska.com.

OCEAN STATE

Unit #118 (RI) – A few years ago, members decided, instead of having a Christmas party, we would spend the month of December visiting our shut-in members. That idea is still going strong and numerous visits were made this past December. Members of the unit split into teams and traveled to residences around the state of Rhode Island, bringing a plant as a gift to each homebound member. Luisa White said, "I would be hard pressed to say who enjoyed the visits more, we who did the visiting or those we visited."

In February, we also had to say goodbye to long-time member Tina McNiel. She was our first Rhode Island State Director and was very active in unit programs and co-chaired many New England conferences. Always singing at our events, Tina had sung with the Navy

Band while in the service during World War II. Six unit members gathered at her visitation in Providence to honor and salute her. Fair winds and following seas to our sister, Tina McNiel.

For meeting information, please contact Margaret Pedlow Smith at email: mpedlowsmith@gmail.com or call (504) 756-4570

TIDEWATER TIDAL WAVES

Unit #152 (VA) - January saw us celebrating the holidays with a pot luck at Martha Kastler's home. Auction funds will be used to finance our donations to various charitable organizations assisting veterans.

Jo Anne Teel participated in a panel discussion at the Hampton Roads Naval Museum in March to tell about her experiences in the Navy. Isabella Bryant, WW II WAVE, and one of the newest members to join MWAN, also participated. They were honored to have VADM Nora Tyson on the panel.



Members decide what items they want to bid on in the Silent Auction, before the live auction begins.

Unit President Venetta Charles and Dassa Carvey were invited to the

Hampton Military Affairs Committee's "Meet and Greet". They had the opportunity to talk about MWAN with the college Student Military and Veterans Associations and also distribute flyers and applications.

The Hampton, VA, City Council recognized our unit for their participation in the Stand Down for Homeless Veterans, which was held last November.



ADM Michelle Howard congratulates MAC(SW/AW) Sandie M Tolley on her reenlistment.

MAC(SW/AW) Sandie M. Tolley shipped over in March and ADM Michelle Howard, Vice Chief of Naval Operations, was on hand to do the honors! BZ! Sandie is stationed at NSA Security Department, Naples, Italy, and will be transferred back to the States this year.

For meeting information, contact Dassa Carvey, at Dassa_2@verizon.net, or (757) 363-3059.



ATTENTION!! ATTENTION!!!

Renaming of the White Caps Contest

We are holding a contest for renaming the White Caps as well as the From the Bridge and the FOAM Off the WAVES sections. Judy Faries is the chairman for the committee to review the submissions and recommendations to the Board of Directors. The renaming of the White Caps will be an item at the 2016 convention for approval

from the members. So put your thinking caps on and remember we need to rename the newsletter to be inclusive of all services.

Please provide your submissions to Judy Faries. If you have any questions please feel free to contact Judy Faries. Contact information is on page 14.

The cut-off for all submissions is **1 June 2015**. Please include your contact information as there will be prizes for the winning entries.

REGIONAL CONFERENCES

All MWAN members are encouraged to attend any Regional Conference. These conferences are to discuss issues to be presented by the Regional Representative at the Board of Directors Mid-Term Meeting, as well as provide information and education. If you happen to be in the area of a conference, please attend. You may be able to make suggestions to benefit all members as well as take information back to your own region.

Region 1 Conference of MWAN Las Vegas, Nevada August 25, 2015

Hotel Reservation Info:

Tuscany Suites & Casino
255 E Flamingo Rd
Las Vegas, NV

Phone: 877-887-2261 ask for MWAN rate.

The hotel does not have an airport shuttle. They recommend that if you have just one person traveling, you take Showtime shuttle located in the baggage claim #10 area. The cost is \$8.50, one way. If more than one person is traveling, then a cab would be cheaper. You can make your own arrangements for the shuttle return to the airport or the hotel can call for you. I would recommend you have the hotel make the arrangements.

Rooms are \$67.00 (12% tax included) per night up; if there are more than 2 guests in a room, there will be \$20 per person per night plus 12% tax. Check in time is 3 p.m. and check out is 11 a.m. If a late check-out is needed, you may have to pay for an additional night.

Return this form no later than July 1 for registration:

To: Lou Ann Huskisson, Region 1 Representative
10410 W Diana Avenue Peoria, AZ 85345-7421
Phone: 623-972-7369

Registration fee is \$20 payable to Region 1.

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____
Email address _____
Branch of service _____ Unit Number/MAL _____
Member _____ Guest _____ Arrive _____ Depart _____
Special Needs _____
Sharing room with _____
Member _____ Guest _____ Arrive _____ Depart _____
Email address _____

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Miscellaneous Information:

1. **Conventions are biennial.**
2. WHITE CAPS is published six times a year: Feb., Apr., June, Aug., Oct., and Dec. **Items for publication must be received by the 1st of the month before publication.**
3. **National Dues: \$25.00 for the calendar year - 1 January to 31 December, submitted to the National Treasurer. Unit members submit to Unit Treasurer; Members-at-Large, submit directly to the National Treasurer.**
4. When dues have been paid by new members, **membership cards will be issued to each new member directly with a copy to unit treasurers for those unit members. Regular members will not be issued another membership card but Life members will be issued a permanent Life Membership card.**
5. All changes of address must be forwarded to the Exec. Secretary sixty days before moving, if possible. There will be no re-mailing of WHITE CAPS unless the member forwards \$7.50 to Monica O'Hara, Treasurer.
6. You may submit your White Caps articles via e-mail to Judy Faries at, Mizjudy97@gmail.com with a copy to Dassa Carvey at Dassa_2@Verizon.net.

<u>Submit Date</u>	<u>Publish Date</u>	<u>Issue</u>
1 May 2015	Jun 2015	Jun
1 Jul 2015	Aug 2015	Aug
1 Sep 2015	Oct 2015	Oct
1 Nov 2015	Dec 2015	Dec
1 Jan 2016	Feb 2016	Feb
1 Mar 2016	Apr 2016	Apr

Store Use :

MWAN Ship's Store

Women Veterans ~ Still Something Special

April 2015

Date : _____

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Item Description	Color	Size	Price	Qty	Total

* **ALLOW 6 WEEKS FOR ENGRAVED ITEMS** * Additional items may be listed on a separate page * **Subtotal**

Up to \$45 = **\$7** \$ 46 to \$100 = **\$13** \$101 & above = **\$20** ➡ **ADD Shipping**

No phone orders. Make Check/Money Order to "MWAN/WN SHIP'S STORE" **Total Due**

MAIL CHECK WITH ORDER FORM TO: LINDA COFFIELD, 3902 LOWIN COVE, MEMPHIS TN 38128-1913
 Questions? Call: (901) 372-9028 ♦ or write lmcoffield@comcast.net

Name Badge w/WN Logo \$15 Brushed Gold Plastic w/Bold, Black Letters, Double Clutch back <i>(Magnet back On Request)</i> Name on Badge: _____ (Nickname/Maiden/Other Info) _____ Branch: _____ Years/From: _____ To: _____ WN Unit Name & Number: _____	Outgoing Officer Pin w/WN Logo \$12 Brushed Gold Plastic w/Bold, Black Letters, pin type back Name on Badge: _____ Office Held: _____ Years in Office: From _____ To _____ WN Unit Number: _____
--	--

Sister Warrior Pin \$5 Round, Quarter Size Clutch Back	Travel Alarm Clock \$6 Pop-Open, Digital w/lighted face & WN logo on Blue Case 2 1/4" x 2 3/4" x 1" Closed	Wrist Watch \$28 2-tone (gold & silver) w/second hand White face w/WN logo & 12 numbers; Black leather band (7 5/8"); Gold gift box	Jacket Navy Blue w/WN Logo \$20 Zipper Close: SM only \$20 Snap Close: Med - 4X \$25
Golf Shirt w/WN logo \$25 Navy: SM-MED-LG--2XL White: SM-LG-LX-2XL	Sweatshirt \$20 Navy w/WN Logo SM, LG, XL, 2XL	CHECK OUT THE FINE PRINT SPECIAL	T-Shirt \$10 Navy w/White screened Logo SM-MED--3X-4X
Anchor Lapel Pin \$4 Original Hat Pin Style, 1/2" with single pin clutch back	Necktie \$12 Women's USN - Black w/Velcro closure-One Size	Waist Bag \$10 "Fanny-style"; cotton canvas w/ Embroider logo; 2 zips; adj 30 7/4	Vet WAVES Patch \$4 Round, 3 1/2 inch patch Blue/Gray/White
Small Patch \$4 SPECIFY: WN Logo <u>OR</u> Service (Navy, Marines; Coast Guard, Army, Air Force) Size vary 2 1/2"-3"	Anchor Patch \$5 WAVES Anchor & Prop Embroidered in Blue & Grey on White background; 4 1/2" diameter	Large Patch \$10 WN Logo; May be sewn or ironed on back of jacket or vest. Size 8 1/2" diameter	Teddy Bear \$7 W/Service Patch on Belly SPECIFY: Which Service
"Original" Hat Pin \$10 WAVES w/Anchor & Prop	USN Hat Pin \$4 Spread eagle w/USN	WN Logo Charm \$7 Round, Enamel WN Logo (1/2")	Anchor Charm \$7 Original Hat Pin Style (3/4")
USN- Patriotic Ribbon Pin \$4	WOMEN Vets Patch \$5 "It's time to honor & support them"	Did you see the picture of the new patch!	WN Logo Bottle Cap \$7 Earrings – stars or hearts
WN Logo Lapel Pin \$4 Round, Enamel WN Logo	Service Logo Lapel Pin \$4 SPECIFY: Navy, USMC, USCG, ARMY, AF	Magnet \$1 Flat, 2 1/2" Circle; White w/WN Logo	Luggage Tag \$2 Blue plastic w/WN Logo
Anchor Earrings \$14 Pierced, Original Hat Pin Style (3/4") (Clip-on Available on Request)	WN Logo Earrings \$12 Pierced, 1/2" Round Enamel WN Logo (Clip-on Available on Request)	Songbook \$8 SPECIFY: "Songs WAVES Sing" <u>OR</u> "Bainbridge Bootcamp Songs"	Notes Cards \$8 10 Single-fold notes w/envelopes
Dogtag Lapel Pin \$5 Dog-tag shape, 3/4", silver-color pin w/ chain says: Women Proudly Served	Gold T-Shirt \$12 Gold w/Blue screened logo on back and small logo on upper left front. S/M--XL--2XL--3XL--4XL	License Frame \$2 Top: WAVES National Bottom: Women of the Sea Services	Decal \$1 WN Logo for cars, etc SPECIFY: Blue/White <u>OR</u> Blue/Yellow
Patriotic Key Chain \$6 Stars or Stripes in Red, White and Blue Canvas material	Pencils 2/ \$1 One pencil with web address printed in white and one stars and stripes pencil combo	Sewing Kit \$2 Blue Case w/WN Logo & WEB address printed in white; 2"x3 1/4"x1 1/4" Needles/threader/scissors/pins, etc.	WN Bumper Sticker \$1 Two-tone blue WN emblem and dark blue letters on white; glossy paper; Approx 3" x 10

Garrison Cap \$22
 Ladies' Style, Dark Blue, lined w/WN Logo Patch provided 55% Poly/45% Wool; DRY CLEAN ONLY Sizes 21, 22, 23, 24 & 25 (Measure Circumference of your head; Add 1 & ROUND UP for Size)

COINS AND KEY CHAINS ARE ALL SOLD OUT

